

# St Margaret's CE Primary School

## PE and Sports Premium Action Plan 2022/23



Department for Education Vision for the Primary PE and Sport Premium ALL pupils leaving primary school should be physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport. The premium must be used to fund additional and sustainable improvements to the provision of PE and sport to encourage the development of healthy, active lifestyles.

It is expected that schools will see an improvement against the following 5 key indicators:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school.
2. The profile of PE and sport being raised across the school as a tool for whole school improvement.
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport.
4. Broader experience of a range of sport and activities offered to all pupils.
5. Increased participation in competitive sport.

This year the school will receive an estimated £19,5000 to spend on school P.E. and Sport. Outlined below is how we anticipate to use this particular funding. The reader needs to be aware that there is a huge amount of additional activity which has historically taken place at St. Margaret's, which does not come from sports premium funding.

Government focus area	What do we want to achieve?	How will we achieve it?	How much will it cost?	Review of impact
1, 2	Continued access to high quality PE coaching in standard curriculum areas, including access to festivals and competitive sports.	<ul style="list-style-type: none"> <li>• Continue to buy in to sports partnership SLA at 'gold' level.</li> <li>• Martin Rose to deliver high quality lessons throughout the school.</li> <li>• Subject specific coaching given by SSP staff – Walk and</li> </ul>	Partnership Gold level cost £7,200.00  Transport £250-£400 per coach trip (depending on destination)	All classes have received high quality PE coaching throughout the year from Martin Rose and apprentice Charlie McPhail, allowing all groups of children to achieve the most they possibly can. All year groups have been given the opportunity to have a go at extending their skills and knowledge by learning new sports such as New Age Kurling and Boccia. They have

		<p>Talk Program, Frisbee Day, Quidditch, New Age Kurling and Boccia.</p> <ul style="list-style-type: none"> <li>• Transport</li> <li>• EYFS support looking at new and innovative ways to develop gross and fine motor skills using children's books.</li> </ul>		<p>also had opportunities to take part in many different festivals organised by the SSP, such as invasion games festival and rugby festival. KS2 children have taken part in tennis, cricket skills, Zambia Fun run and ultimate frisbee.</p> <p>The children in EYFS carried out a six week block of sessions based on the book 'We're Going on a Bear Hunt' where they used physical activities to act out different parts of the story. EYFS staff reported back that this was excellent as the children really got into the activities because of the popular choice of story.</p>
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1, 2, 4	<p>Increase quantity and quality of provision for pupils across the school by providing them with a diverse set of physical activities.</p>	<ul style="list-style-type: none"> <li>• Look to include balance bike and cycling lessons into the curriculum for EYFS and KS1.</li> <li>• Introduction to new sports, including Boccia and New Age Kurling.</li> <li>• Continue to extend provision of Forest School activities.</li> <li>• Use of Sam Stanislaus high level athletics coach.</li> <li>• Use of Brandon Table Tennis Club for after school clubs.</li> </ul>	<p>£500 Forest School</p> <p>Transport £250-£400 per coach trip (depending on destination)</p> <p>£600 Stanislaus</p>	<p>See above re: new sports.</p> <p>Mrs White and Mr Rose are currently planning how and where we can fit balance bike sessions into the curriculum. We are going to speak to the Bikeability team when they come into school in November for ideas of how to do this.</p> <p>We haven't had Sam Stanislaus in school this year due to time constraints, however, we plan to get in touch with him next year again.</p> <p>Paul from Brandon Table Tennis Club carried out an after school club with year 3 and 4.</p>
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1	Promote health and participation in sport and physical activity across the school.	<ul style="list-style-type: none"> <li>• Buy into OPAL – Outdoor Play and Learning to give all children the opportunity to endlessly create and challenge themselves outdoors.</li> <li>• Provide all year groups with a range of different after school club activities.</li> <li>• Identify children who don't participate in regular exercise in and outside of school and invite them to take part in a club.</li> </ul>	OPAL - £4, 933.00	<p>OPAL is up and running and proving very successful with all year groups. This is giving all children the opportunity for outdoor learning. Throughout the year we have had various after school sports clubs going on. Every term the clubs are changed and there is always a club opportunity for every key stage, e.g. dance, Boccia, ping pong.</p> <p>SMART interventions have been going on this year to help certain children with their gross motor skills and EARTH interventions have been to help children with their fine motor skills.</p>
2	Raise the profile of PE throughout the school.	<ul style="list-style-type: none"> <li>• Give regular PE and sport updates and reports in newsletters to parents.</li> <li>• Playground leaders to undergo training and regularly deliver playground games to EYFS and KS1 children.</li> <li>• In Autumn term all children will complete a pupil voice questionnaire. School Council will feedback on results.</li> <li>• Elect two Sports Ambassadors who will attend School Council meetings and be responsible for promoting PESSPA (physical education, school sport and physical activity) throughout school.</li> </ul>	£0	<p>All PE and sport news goes on weekly newsletters and social media along with celebrating club victories and photographs of festivals that the children have taken part in, allowing the parents to keep up to date with what we have done and also what is coming up.</p> <p>Playground leaders from Year 5 had some playground leader training at the beginning of the year and then throughout the year they have assisted with many sessions in school with all year groups. They also set up their own games for the Infant and EYFS children to play at lunchtimes.</p> <p>We have secured two spots on the School Council for Sports Ambassadors for next academic year and these will be elected in September.</p>

1, 2, 4, 5	Continued focus on offering additional teams in competitive interschool sports competitions.	<ul style="list-style-type: none"> <li>• Work by Martin Rose in role as league organiser to offer more competitive sport for Upper KS2 pupils in football, athletics, cross country and netball so more leagues can be accessed, more fixtures available esp. in girls football and that more teams can take part.</li> <li>• Purchase new football and athletics kit.</li> </ul>	<p>Cover time for staff organising and supervising competitive sport out of school hours - £600.</p> <p>Football kit - £350</p>	<p>We won a new Nike kit from a premier league primary stars competition. This will be arriving in Spring 2024. We also bought a new athletics kit in September 2022. We entered a 'B' Team in Durham SSP football competition which was new for 23/24 and we also entered a 'B' team in the Stingers netball league. Year 5 and year 6 teams both won the Chester-Le-Street leagues. Year 5 boys won County League. Year 5/6 girls team reached the County final. Mixed year 4 teams competed in the Year 4 Trophy. 3 players have played for the Chester-Le-Street district. We were county runners up in the sportshall athletics. Three teams won the County Championships in cross country and the Year 5/6 boys won the Chester-Le-Street Athletics Association (weekend cross country). We were county runners up in the swimming gala. We also won the year 5/6 tag ruby competition.</p>
1, 4	Make links and develop partnerships with local sport clubs and coaches.	<ul style="list-style-type: none"> <li>• Use Brandon Table Tennis Club to carry out an after school club in Autumn term.</li> <li>• Use Brandon Cricket Club to carry out an after school club.</li> <li>• Encourage children to join sporting clubs in the local area.</li> </ul>		<p>Years 3 and 4 had the opportunity in the Autumn term to take part in a table tennis club which was taught by Paul from Brandon Table Tennis Club. This was very successful and there were lots of positive feedback from children. We are currently in talks with County Durham sport exploring possible links to Durham archery lawn tennis club with new head coach. Potentially to run a Tennis festival/ afterschool club blocks. We had Cricket matches against other schools organised for Brandon CC but unfortunately this had to be cancelled due to bad weather.</p>
2, 4	Review and continue to improve quality, quantity and range of equipment for all sports and outdoor learning.	<ul style="list-style-type: none"> <li>• Continue to audit and renew/replace equipment for sport and activity.</li> <li>• Purchase and renew high quality resources which support learning and inspire pupils.</li> </ul>	<p>PE equipment £1000</p> <p>Forest School equipment £200</p> <p>OPAL resources approx. £10,000 – sheds £6,000 – 10,000 and welly racks £2,000</p>	<p>Athletics kit bought as mentioned above. We have purchased new football goals for use in skills area for OPAL and PE. Also various dance and gymnastics resources purchased primarily for PE but also for OPAL. Playground games equipment purchased to enrich physical activity during breaktimes.</p>

		<ul style="list-style-type: none"> <li>• Purchase new football and athletics kit.</li> <li>• Purchase resources, equipment and clothing for the OPAL project.</li> </ul>		Renewed expendable Forest School resources etc fire strikers and tools.
3	To involve class teachers in PE lessons, assessment and data.	<ul style="list-style-type: none"> <li>• Class teachers to liaise regularly with Martin Rose regarding PE and their pupils.</li> <li>• Class teachers will observe their class doing PE at least once a term.</li> <li>• Regularly update staff on PE and sporting developments.</li> </ul>	£0	<p>A minority of staff frequently liase with Mr. Rose regarding assessment and progress of their children in PE lessons. However, the majority of staff are not doing this. This is something that will need addressing again next year. Teachers are also going to be encouraged to regularly look at PE assessments of their class online and watch video clips of their children carrying out assessment tasks.</p> <p>Team meetings and staff meetings used to discuss PE as well as regular updates on newsletters, staff messages and emails.</p>

Swimming of pupils leaving year 6 in 2022/23, 97% were able to swim a minimum of 25 metres and used a variety of strokes to achieve this. The cohort also worked on survival skills of floating and treading water to a good standard and were all able to perform a self rescue.

See government expectations below.

1. National curriculum outcome: Swim competently, confidently and proficiently over a distance of at least 25 metres.

- Swimming at least 25 metres should be viewed as an absolute minimum. Every Year 6 child should achieve this distance, with an expectation that the majority of pupils

will swim significantly further.

- The swim should be continuous and completed without undue stress. The stroke or strokes used should be as strong at the end as at the start of the distance.

- In completing at least 25 metres some element of this must include in deep water, defined as greater than shoulder depth.

2. National curriculum outcome: Use a range of strokes effectively.

- The strokes used should be recognisable to an informed onlooker. The minimum expectation will be: - Alternative strokes: Front Crawl, Backstroke - Simultaneous strokes: Breaststroke, Butterfly

3. National curriculum outcome: Perform safe self-rescue in different water-based situations.

- Emphasis should be on young people being able to safely enter and exit the water. This includes falling in and using ladders to get out of pools.

- The ability to tread water and keep yourself afloat is vital for safe-self rescue, as is the ability to get back to the side.

- Schools should also ensure pupils have practical experience of using their skills in outdoor swimming environments, such as the sea, canals or rivers. The Swim Safe

schools programme run by Swim England and the RNLI provides practical water safety sessions for schools during the summer term and are committed to working with schools to ensure all pupils are able to access a session by 2020