

Mission Together Lenten Calendar 2026



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
We will soon begin our Lenten journey to Easter. We pray that we may use this time to grow in faith, hope, and love.	17 Shrove Tuesday Why do we eat pancakes the day before Lent starts? * 	18 Ash Wednesday Why are ash crosses traced on our forehead today? * 	19 Why does Lent last forty days? * 	20 With your class, reflect and pray with the 1st and 2nd Stations of the Cross. + 	21 In Lent, we give things up to put God and others first. What could you give up today? 	22 Find a quiet place and ask God to help you pray and share more this Lent. 
23 Sunday's Gospel (Mt 4:1-11) told us how Jesus spent time in the desert. Is there a still place you can go to be with God?	22 Many years ago, <i>Lent</i> was a name for <i>Spring</i> . Capture both in Mission Together's <i>Lent through a Lens</i> photo challenge.*	25 Jesus showed us how to be silent and still. Spend a minute being both now. 	26 Find out what the word <i>sacrifice</i> means and why we practice this in Lent. 	27 With your class reflect and pray with the 3rd & 4th Stations of the Cross. + 	28 Tell your family about the Stations of the Cross and why we pray them in Lent. 	1 Find a quiet place and spend a little time talking to Jesus, our God and our friend. 
2 Sunday's Gospel (Mt 17:1-9) told us how, on a mountain top, Jesus shone like the sun. Where can you see God's light?	3 The start of March marks the feast of St David . Find out why he is the patron of Wales.* 	4 Hear God speak to you today through: *Loved ones *The Bible *Creation 	5 In Lent, we listen to God and others more carefully. How can you listen well today? 	6 With your class reflect and pray with the 5th & 6th Stations of the Cross. + 	7 Tell a family member three things you have learnt about Lent this week. 	8 Find a quiet place and pray the <i>Our Father</i> for all hungry children in the world. 
9 Sunday's Gospel (Jn 4:5-42) spoke of the importance of welcome and dignity. How can you show respect to others?	10 Jesus taught us to respect and include everyone. Who can you invite to play today? 	11 In Lent we give more time to help others. Look for ways to help today. 	12 During Lent we share more of what we have. Why is sharing important? 	13 With your class reflect and pray with the 7th & 8th Stations of the Cross. + 	14 Tell a family member why we pray more in Lent. Teach them your favourite prayer. 	15 Mothering Sunday Ask God to bless mums and grandmas today. 
16 Sunday's Gospel (Jn 9:1-41) told us how Jesus healed a blind man. How can we help others to see their goodness today?	17 Today is the feast of St Patrick . Find out why he is the patron of Ireland.* 	18 Write a Lent prayer. Include the words: <i>mercy, pray, share, Jesus, God, Holy Spirit.</i> 	19 Today is the feast of St Joseph . Find out why he is the patron of workers.* 	20 With your class reflect and pray with the 9th, 10th and 11th Stations of the Cross. + 	21 Tell a family member about God's love and mercy and why it is important to trust in both. 	22 Find a quiet place and ask God to help you be someone who says sorry and forgives. 
23 Sunday's Gospel (Jn 11:1-45) told us how Jesus brought his friend back to life. How can we raise the spirit and hope of others?	24 In Lent we reflect on God's mercy. Why is it important to be sorry and to forgive? 	25 Pray a <i>Hail Mary</i> for people who feel worried today. Ask Mary to pray with us for them. 	26 We're coming closer to Holy Week. Why is it the most special week of the Church's year? 	27 With your class reflect and pray with the 12th, 13th and 14th Stations of the Cross. + 	28 Tomorrow is Palm Sunday. Tell a family member about the first Palm Sunday. 	29 Palm Sunday Find a quiet place and thank God for sending Jesus to love and guide us. 
30 Sunday's Gospel (Mt 21:1-11) told us how Jesus entered Jerusalem on a humble donkey. What kind of king does this?	31 Holy Week Today we recall Judas' bad choice. Ask God to help you make good choices this week. 	1 Today Jesus and his disciples planned the Last Supper. Thank God for the food you'll eat today. 	2 Maundy Thursday Why do Priests wash the feet of others at Mass tonight? 	3 Good Friday Sit quietly, be still, and thank Jesus for loving us all so much. 	4 Holy Saturday Today we wait as Jesus lies in the tomb. Say a prayer for those who are grieving today. 	5 Easter Sunday 

Calendar symbols: + refers to scriptures and reflections found in Mission Together's Lenten Celebrations of the Word, also to our Stations of the Cross. The * symbol refers to Lenten activities or Five Fact Saints Assemblies. These and additional Lent resources are available at missiontogether.org.uk Missio's registered Charity No. 1056651