

Key Learning in PSHE: Years 3 and 4

Understanding Self and Others	Working With Others	Speaking and Listening	Negotiation	Compassion and Empathy	Body Language - Verbal and Non-Verbal
<ul style="list-style-type: none">▪ Recognise their own likes / dislikes, traits and individual preferences.▪ Recognise other people's likes / dislikes, traits and preferences.	<ul style="list-style-type: none">▪ Demonstrate that they can work in a pair and a small group.	<ul style="list-style-type: none">▪ Demonstrate active listening skills.▪ Speak in front of others.	<ul style="list-style-type: none">▪ Negotiate in small groups.▪ Coming to a 'consensus'.	<ul style="list-style-type: none">▪ Demonstrate compassion, empathy and tolerance.	<ul style="list-style-type: none">▪ Recognise simple body language.▪ Understand verbal and non-verbal communication.▪ Demonstrate speaking and listening skills.
Assertiveness	Making Choices	Risk Taking	Influences	Making Decisions	
<ul style="list-style-type: none">▪ Understand the skill and can put it into practice.▪ Speak using the assertive 'I'.▪ Know that it is OK to make mistakes.▪ Say 'No' and mean it.▪ Ask for time to think things over.	<ul style="list-style-type: none">▪ Understand that they have choices.▪ Identify points of choice.▪ Explore factors which influence choosing.▪ Make more informed choices.	<ul style="list-style-type: none">▪ Understand that accidents happen and we don't always have to blame someone but we need to consider what the risks are before we do something.▪ Risk taking can be good when it means trying something new that we might like.	<ul style="list-style-type: none">▪ Recognise the influences over choice and decisions, both internal and external.▪ Understand where they can get help if something feels uncomfortable or if someone is trying to influence them in a negative way.	<ul style="list-style-type: none">▪ Demonstrate that they know the process for decision making.	