Lancashire

Kit List for your Visit

If you have Walking boots and Wellington Boots, please bring them with you. Otherwise will be provided for you. Hothersall will also provide: waterproof coat, waterproof rucksack, thick fleece, canoeing waterproof and all the technical equipment your child might need for each activity.

You must also bring with you a packed lunch for your first day. Try and think about things that you can throw away after - there is no need for a lunch box, a plastic bag is fine. If you would like to order a school packed lunch are entitled to free school meals, we will sort this closer to the trip.

All Visits

Clothing	<u>Footwear</u>
Clothes may get dirty and/or wet, therefore you should bring several changes of clothes	☐ Pair of trainers for activities
for doing activities	☐ Pair of old trainers for water sports
Tops and JacketsLots of T-shirtsSeveral Long sleeved shirt/T-	☐ Indoor footwear — slippers if you like
shirts	Other Items
 Waterproof Jacket (if you have 	$\ \square$ Towel for after activities
one)	☐ Towel for showers
 Lots of Fleeces / Jumpers 	☐ Reusable drinks bottle
☐ Trousers or Leggings	☐ Small rucksack/Bag (if you have one)
(not jeans as they get heavy and cold when wet)	 Labelled bin bag for wet and dirty clothing
☐ Plenty of Underwear and Socks (Socks will need to cover ankles to do some activities) (thick socks are great for cold weather)	
Extra Items for Residential visitors	
☐ 1 or 2 sets of clothes for the evening	☐ Pair of dry shoes for evening activities
☐ Suitable nightwear	 Washbag including soap, shampoo, toothbrush and toothpaste (please do
☐ Book, teddy etc	not bring aerosols)
Don't bring	Travelling in the winter
Phones, electrical items, aerosols, expensive	☐ Warm coat
clothes/trainers, toys.	☐ Hat and gloves



LANCASHIRE OUTDOOR EDUCATION