

Physical Education 2021 -22



Term	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills	Invasion Games – through bench ball and other modified games	Invasion games— Attacking skills through Handball	Invasion games— Attacking/Defending skills through Netball	Invasion games— Attacking/Defending skills through Netball Indoor Athletics
Autumn 2	Fundamental Movement Skills	Dance	Dance	Dance	Dance Gymnastics	Dance Gymnastics	Dance Gymnastics
Spring 1	Fundamental Movement Skills	Gymnastics	Gymnastics	Gymnastics	Net and Wall Games through modified games with a racket (badminton/tennis)	Striking and Fielding Games	Net and Wall Games through spike ball and volleyball and racket sports
Spring 2	Fundamental Movement Skills	Net Games with and without rackets	Net Games with and without rackets	Dance	Striking and Fielding Games through rounders and softball	Striking and Fielding Games through rounders and cricket	Dance Striking and Fielding Games through baseball and cricket
Summer 1	Fundamental Movement Skills	Striking and Fielding games skills	Striking and Fielding games skills	Swimming Striking and Fielding skills in modified games	Swimming OAA - Trails	Net and Wall Games through modified games with a racket (badminton/tennis)	OAA - OAA - Orienteering Athletics
Summer 2	Fundamental Movement Skills	Athletics Invasion Games	Athletics Invasion Games	Athletics Invasion Games	Athletics Invasion Games	Athletics Invasion Games	Athletics Invasion Games