

Physical Education Whole School Overview St Maria Goretti Catholic Primary School 2022-23





	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	EYFS - FMS - Castles	EYFS - FMS - Elmer	EYFS - FMS - How to catch a star	EYFS - FMS - Hungry Caterpillar	EYFS - FMS - Jack and the Beanstalk	EYFS - FMS - Mini Beasts
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Reception	EYFS - Fundamental Movement Skills	EYFS - FMS - Transport	EYFS - FMS - Rumble in the jungle	EYFS - FMS - Superworm	EYFS - FMS - Space	EYFS - FMS - Seaside
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Year One	Year 1 FMS Baseline Unit - Supertato	KS1 FMS and Gym - Jack and the Beanstalk	KS1 - Y1 Dance - Toy Story	KS1 Y1 FMS - Zog	KS1 - Y1 Athletics	Year 1 FMS Baseline Unit - Lost and Found
	KS1 - FMS - Supertato	Year 1 Gymnastic Activities 1	Year 1 FMS - Catching and Bouncing a Ball	Year 1 FMS - Underarm Throw	KS1 Y1 FMS - Tri Throlf	Year 1 Gymnastic Activities 2
Year Two	KS1 - Y2 FMS Bounce Ball	Year 2 Gymnastics Activities 1	KS1 - Y2 Dance - Explorers	Year 2 - OAA - The Great Outdoors	KS1 - Y2 Athletics	Year 2 FMS end of KS1 Assessment
	Year 1 FMS - Overarm Throw	Year 2 - OAA - The Great Outdoors	Year 2 Games - Piggy in the Middle	Year 2 - Games - Net and Wall	Year 2 - Games - Striking and Fielding	KS1 FMS Kicking Unit

Year Three	Fundamental Skills Catch up - Year 1 FMS Overarm throw	Year 3 Gymnastics Activities 1	Year 3/4 Dance - Superheros	Year 3/4 OAA - Team Work & Problem Solving	Year 3/4 Athletic Activities	Year 3 Invasion Games - Rugby
	Year 3 Invasion Games - Netball	Swimming - Phase 2	Year 3/4 Games - Net and Wall Unit Core Task 1	Year 3/4 Striking and Fielding - Cricket	Fundamental Skills Catch up - KS1 Kicking Unit	Year 3/4 OAA - Trust and Trails
Year Four	Year 3/4 OAA - Team Work & Problem Solving	Year 4 Gymnastic Activities 1	Year 3/4 OAA - Trust and Trails	Year 3/4 Striking and Fielding - Cricket	Year 3/4 Athletics Activities	Year 4 Invasion Games - Rugby
	Year 4 Invasion Games - Basketball	Year 3/4 Dance - Superheros	Year 3/4 Games - Net and Wall Unit Core Task 2	Year 3/4 Target Games - Dodgeball	Year 3/4 OAA - Trust and Trails	Year 4 Gymnastic Activities 2

Year Five	Year 5/6 Invasion Games - Hockey	Year 5 Gymnastic Activities 1	Year 5/6 OAA	Year 5/6 Striking and Fielding Games - Cricket	Year 5/6 Athletics	Year 5/6 Invasion Games - Rugby 1
	Year 5/6 OAA - Teambuilding	Year 5/6 Dance - Earthlings	Year 5/6 Net and Wall Tennis	Year 5 Orienteering	Year 5/6 OAA	Year 5/6 - Creative Games
Year Six	Year 5/6 OAA - Teambuilding	Year 6 Gymnastic Activities 1	Swimming - Phase 6	Year 5/6 Badminton	Year 5/6 Striking and Fielding Games - Cricket	Year 5/6 Invasion Games - Rugby 2
	Year 5/6 Invasion Games - Netball	Year 5/6 Dance - Heroes and Villains	Year 5/6 Net and Wall Tennis	Year 5/6 Striking and Fielding Games - Cricket	Year 5/6 OAA	Year 6 Gymnastic Activities 2