



Physical Education Whole School Overview

St Maria Goretti Catholic Primary School

2023-24



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	EYFS - FMS - Rosies Walk	EYFS - FMS - Superworm	EYFS - FMS - How to catch a star	EYFS - FMS - Rumble in the Jungle	Dance - Nursery Rhymes	EYFS - FMS - Castles
	+	+	+	+	A Day on the Farm	+
	+	+	+	+	+	+
Reception	EYFS - Fundamental Movement Skills	EYFS - FMS - Hungry Caterpillar	EYFS - FMS - Space	EYFS - FMS - Jack and the Beanstalk	EYFS - FMS - Transport	An encounter with Pirates
	+	+	+	EYFS - FMS - Elmer	Dance - Jungle	EYFS - FMS - Seaside
	+	+	+	+	+	+
Year One	KS1 - Y1 - FMS Catching and Bouncing a ball	KS1 - Y1 Dance – Three Little Pigs	KS1 - Y1 - FMS Rolling a Ball	KS1 Y1 FMS - Zog	KS1 Y1 FMS - Tri Throlf	KS1 - FMS Kicking Unit
	KS1 - Y1 - FMS Underarm Throw	KS1 - Y1 - Gymnastics Activities Core Task 1	KS1 FMS and Gym - Jack and the Beanstalk	KS1 - Y1 Dance - Fire Fire	KS1 - Y2 - Games - Striking and Fielding	KS1 - Y1 Athletics
	+	+	+	+	+	+
Year Two	KS1 - Y2 - OAA The Great Outdoors	KS1 - Y2 Dance - Moving Along	KS1 - Y2 Dance - Explorers	KS1 - Y2 - Gymnastics Activities	KS1 - Y2 FMS Bounce Ball	KS1 FMS Kicking Unit
	KS1 - Y2 Games - Piggy in the Middle (Core Task)	KS1 - Y1 - Gymnastics Activities 2	KS1 - Y2 - Games - Net and Wall	KS1 - Y2 FMS Playground games in the 20th Century	KS1 - Y2 - Games - Striking and Fielding	KS1 - Y2 - FMS End of KS1 Assessment

Year Three	Year 3/4 OAA - Trust and Trails	Year 3/4 Dance - Superheros	Year 3/4 Target Games - Dodgeball	Year 3/4 - Net and Wall Unit Core Task 1	Year 3/4 Striking and Fielding - Rounders	Year 3/4 Health Related Fitness
	Year 3/4 Invasion Games - Basketball	Year 3 Gymnastics Core Task 1	Year 3/4 Dance - Rock and Roll	Year 3 Gymnastics Core Task 2	Year 3/4 Invasion Games - Rugby 1	Year 3/4 Invasion Games - Handball
	+	Year 3/4 Target Games - Boccia	+	+	+	Year 3/4 Athletic
Year Four	Year 3/4 OAA - Team Work & Problem Solving	Year 4 Gymnastics Core Task 1	Year 3/4 Target Games - Dodgeball	Year 3/4 Invasion Games - Basketball	Year 3/4 Striking and Fielding - Rounders	Year 3/4 Athletics
	Year 3/4 Invasion Games - Handball	Year 3/4 Dance - Ironman	Year 3/4 - Net and Wall Unit Core Task 2	Year 4 Gymnastics Core Task 2	Year 3/4 Invasion Games - Rugby 2	Year 3/4 Health Related Fitness
	+	Year 3/4 Target Games - Dodgeball	+	+	+	Year 3/4 Invasion Games - Netball
Year Five	Year 5/6 Invasion Games - Hockey	Year 5/6 Dance - Food, Glorious Food	Year 5/6 Net and Wall - Badminton	Year 5 Gymnastic Core Task 2	Year 5/6 Striking and Fielding - Rounders	Swimming - Phase 5
	Year 5/6 Orienteering	Year 5 Gymnastic Core Task 1	Dance - British Values	Year 5/6 Invasion Games - Rugby 1	Year 5/6 Invasion Games - Netball	Year 5/6 Invasion Games - Football
	+	+	+	+	+	Year 5/6 Athletics
Year Six	Year 5/6 OAA - Teamwork and Problem Solving 1	Year 5/6 Dance - Highway Man	Year 5/6 Net and Wall - Tennis	Year 5/6 - Creative Games	Year 5/6 Striking and Fielding Games - Rounders	Year 5/6 Athletics
	Year 5/6 Invasion Games - Netball	Year 6 Gymnastic Core Task 1	Year 6 Gymnastic Core Task 2	Year 5/6 Invasion Games - Rugby 2	+	Year 5/6 Invasion Games - Football
	+	+	Year 5/6 - Target Games	+	+	Swimming - Phase 6