

4<sup>th</sup> April 2025

Dear Parent Carers,

**Weekly Update: 04/04/25**

I hope this update finds you well. The start of this week saw some of our school community observing Eid, we hope that those celebrating had a great time with their families. I want to thank our magnificent school community for another fabulous half term. Well done to all students and staff for working so hard over the last six weeks. I hope you all have a well-deserved rest and enjoy time with your family and friends over the Easter break.

Today, we had a whole-school focus on Culture and Diversity, with classes hosting activities from a range of cultures around the world. Being aware of the world around us and exploring other cultures helps us to understand our differences and appreciate each other. Over the day, we enjoyed experiences from Japan, China, Thailand, India, Spain, South Africa, Switzerland and Sweden. Look out for photos on our social media channels.

This week's update features some information on staff moving on, new teaching staff, as well as our termly Holiday Support information leaflet. I trust you will find this helpful.

**Farewell**

Today, we said farewell to Claire Greaves. Claire has been part of the St Martins team since January 2013, and over the years, Claire has made a positive contribution to the school in a variety of roles across the Key Stages. Claire's knowledge and expertise of how to support students on our Jet Pathway has been invaluable! Claire is moving on to a well-deserved role of Assistant Headteacher of the Lower Site at Alderwasley Hall School. We wish Claire all the best for this next stage of her career and look forward to hearing about her future successes at Alderwasley.

**New Teaching Staff**

After the Easter break, we are looking forward to welcoming two new teachers to St Martins; Aran Cadney who will join KS3CM, and Jane Winter who will join KS3EH - ahead of Emily's maternity leave. We hope that you will extend a warm welcome to them. Two current staff – Melissa Edwards and Lianne Harrison, will cover Claire's class over the summer term.

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Sabrina Hobbs **Principal**

St Martins School, The Derwent Campus, Bracknell Drive, Alvaston, Derby, DE24 0BT  
**Tel:** 01332 571151 **Email:** [admin@stmartins.set.org](mailto:admin@stmartins.set.org) **Online:** [www.stmartinsschoolderby.co.uk](http://www.stmartinsschoolderby.co.uk)



### **First Day Back**

We look forward to welcoming students back to school on Wednesday 23<sup>rd</sup> April! In the meantime, please refer to the Spring Holiday Support information leaflet included in the update to aid you in an enjoyable, safe and supported 2-week break.

With best wishes for a Happy Easter,

**Sabrina Hobbs**  
**Principal**

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As we welcome the spring holidays, we want to take a moment to wish all our families a joyful and restful break.

We have put together this leaflet with a focus on two areas of concern that students will often raise in school - Online safety and Mental health

If you have any concerns or worries and would like to speak to someone in school please contact the school office when we return on: 01332 571151 and ask to speak with a member of the safeguarding or family support team.

Stay safe, make the most of the time together, and we look forward to seeing everyone refreshed after the break. For those celebrating we wish you a Happy Easter!

## ONLINE SAFETY

During the holidays, a lot of children will likely spend more time online, whether for entertainment, gaming, or socialising with friends. It's important for parent carers to stay vigilant about internet safety by setting clear guidelines on screen time and monitoring content your child accesses.

Encourage open conversations about responsible online behaviour such as:

- **Not sharing personal information.** We have recently received information that some students have been sharing their school email on social media. Please can I urge parents/carers to check through any social media pages and discuss the importance of keeping personal information private.
- **Recognising scams** - This has been a topic we have explored in school recently with internet safety day having a big focus on this.
- **Stop and think before pressing send** - How may that message make the other person feel, is it appropriate to send?

There are lots of really good parenting controls to enhance online security. Remind children to be cautious when interacting online, and ensure they know they can come to you if they encounter anything unsettling.

To report a concern please visit: <https://www.ceop.police.uk/safety-centre/>

By staying engaged and informed, you can help create a safe and enjoyable online experience for your child.

## MENTAL HEALTH SUPPORT



Mental Health is something we all have and just like our physical health we also need to take care of how we think, feel and act. This helps enable us to be able to take on challenges and new experiences.

We know that growing up provides many challenges and we want to support our young people as best as possible. To help please find below a list of useful apps, websites and some activities to help promote good mental health.

### Useful Apps

HeadSpace - Mindful meditation

BBC Own it - Advice as you chat

Calm: sleep & meditation

Mindfulness activities

Yoga - lots of resources online

Breathing exercises i.e box breathing

Exercise and soaking up some of that lovely sunshine!



Online mental health support for young people and Parent Carers

Online counsellors

Mental Health and wellbeing support for Parent Carers

Specific support pages. Free phone 1:1 online counselling.

Text SHOUT to 85258 This is a free 24/7 crisis text service

## SUPPORT

Derby's Family Hub are in place to help you find the right support at the right time for you and your family.

Derby and Derbyshire HUB offer Neurodevelopmental support

Neurodiverse community hubs have been set up to provide neurodevelopmental support for families. There are four hubs which can be found in Derby city, South Derbyshire, central Derbyshire and High Peak.

Derby city's neurodiversity hub is based out of the St James Centre, Malcolm Street, Derby, DE23 8LU.

Opening hours for calls, booked appointments and drop ins: Monday to Thursday from 10am to 1:30pm, Friday 10am to 1:30pm

Contact details:

Telephone: 01332 604080, Mobile: 07561 856320

Email: [neurohub@stjamescentre.org](mailto:neurohub@stjamescentre.org)





# PLACES WHERE KIDS EAT FREE (OR FOR £1) EASTER HOLIDAYS 2025

[moneysavingcentral.co.uk/kids-eat-free](https://moneysavingcentral.co.uk/kids-eat-free)



## BURGER KING

From Monday 7th - Sunday 20th April 2025, Kids Eat Free with every adult meal, via the app.

## BILLS

Kids eat free Mondays - Fridays, from Monday 7th - Friday 25th April 2025.

## FARMHOUSE INNS

2 kids eat FREE with one paying adult, Monday 7th - Friday 25th of April. Sign Up Required

## TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase any adult meal (Via App)

## ZIZZI

Sunday 6th - Sunday 27th April 2025 kids eat free with every adult main. (excludes Saturdays)

## CAFE EIGHTY NINE @ THE RANGE

Kids eat free Sat 5th April - Mon 21st April 2025

## YO! SUSHI

Kids eat free all day (monday - friday) during all school holidays, when dining with an adult

## SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids eat for £1.

## ASDA

Kids eat for £1 every, with no adult spend.

## TRAVELODGE & PREMIER INN

2 kids eat for FREE with 1 adult breakfast

## GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day

## WHITBREAD INNS

2 kids eat for FREE with 1 adult breakfast

## BEEFEATER & BREWERS FAYRE

2 kids eat for FREE with 1 adult breakfast

## IKEA

Kids get a meal from 95p daily from 11am

## PREZZO

Kids receive a free, 3 course kids meal, everyday at Prezzo between 31st March - 27th April 2025

## COCONUT TREE

One child (under 10) eats free every day, 12pm - 6pm from Monday 7th - Sunday 27th April 2025

## PIZZA HUT

Kids eat free buffet from Monday 7th - Sunday 27th April, until 3pm daily with a £10 spend

## PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

## SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

## BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Sun to Weds. All Day Thursdays

## MORRISONS

Kids Eat FREE all day, every day with a £5 spend

## LAS IGUANAS

Kids under 12 eat FREE with 'My Las Iguanas' App

## TABLE TABLE

2 Kids Eat free breakfast daily with 1 paying adult!

## PAUSA CAFE @ DUNELM

Kids eat FREE with every £4 spend after 3pm

## HUNGRY HORSE

Kids eat for £1 on Mondays

## THE REAL GREEK

Kids under 12 eat FREE Sundays with £10 spend

## SA BRAINS PUBS

Kids eat for £1 on Wednesdays

## FUTURE INNS

Under 5s eat for free with any adult meal.

# AUTISM ACCEPTANCE WEEK: 22<sup>ND</sup> APRIL - 2<sup>ND</sup> MAY

EVERY BREAK TIME

01

## Activities Available

- Shelli Singing & Signing Makaton
- Lyndsey Sensory Room
- Laura Fidget Table
- Hayley R Team Games
- Tammy Mindfulness

02

## Daily True/ False Quiz

Students can submit their answers. Students who entered will be in with the chance to win a prize.

03

## Pledge Wall bricks

All classes will take part in creating bricks for our pledge wall.

FOCUS ON BEING KIND AND ACCEPTING  
OUR DIFFERENCES





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## **Term Dates for Academic Year 2024/2025**

### **Spring Term 2025**

School Starts Back – Monday 6<sup>th</sup> January 2025

School Breaks up for Half Term – Thursday 13<sup>th</sup> February

INSET Day – Friday 14<sup>th</sup> February

School Starts Back – Monday 24<sup>th</sup> February

School Breaks up for Easter – Friday 4<sup>th</sup> April

### **Summer Term 2025**

Bank Holiday – Monday 21<sup>st</sup> April

INSET Day – Tuesday 22<sup>nd</sup> April

School Starts Back – Wednesday 23<sup>rd</sup> April

Bank Holiday – Monday 5<sup>th</sup> May

School Breaks up for Half Term – Friday 23<sup>rd</sup> May

School Starts Back – Monday 2<sup>nd</sup> June

School Breaks up for Summer – Wednesday 23<sup>rd</sup> July

INSET Day – Thursday 24<sup>th</sup> July

St Martins follows Derby City Council's term dates. Dates for next year can be found on their website – please follow the link for these - <https://derby.gov.uk/education-and-learning/schools-and-colleges/term-holiday-dates/#>

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