

19th December 2024

Dear Parent Carers,

Weekly Update: 19/12/24

We hope this update finds you well. This week's update comes to you a day earlier than usual, as we wanted to ensure that families were able to look through the Christmas Support leaflet ahead of the last day on Friday, and book onto the activities advertised if they wish. The leaflet has lots of information, which we hope will be useful to you and your family. Please get in touch with the Family Support Team if you require any support before school finishes tomorrow.

This week has been busy with students running stalls at the Christmas Market on Tuesday, enjoying Christmas dinner on Wednesday and performing in or watching the Winter Wondershow today. It has been great to see so many of you over the week. We are sorry that we were not able to invite all families to the show, but trust that you understand the issues that we face with capacity, especially when we are not able to use a space at Noel-Baker Academy. Through sales at the Market and tickets for the show, we have been able to raise over £878 – thank you for your support!

Christmas Door Winner

We are pleased to announce that this year's Christmas Door Winner is KS3TM. The class worked together to create this fantastic design – well done!



Sabrina Hobbs **Executive Headteacher**

St Martins School, The Derwent Campus, Bracknell Drive, Alvaston, Derby, DE24 0BT
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Mini Monster Marathon Fundraising

Thank you to all who raised money for the school through the Mini Monster Marathon. We are pleased to let you know that the total amount raised is £3217.45!! This will go towards a whole-school reward, along with the money raised by the market and show. Jack raised £1,100 and Dillon raised £250. We had many other students that raised over £100 and over £50, too. Daniyal won the KS4 logo design and Alicia won the KS3 logo design.

Terrie is pictured with Dillon and Jack after presenting them with awards to celebrate their fundraising.



Autumn Progress Report

The Autumn Progress Report has been sent home with students in Years 7-13 today. This is the first time that we have sent an Autumn Progress Report home, and another report will follow at the end of the Spring Term. Please give us your feedback on this new report so that we can shape it to provide you with meaningful information. If you have not received a copy of your child/young person's report, please get in touch with the School Office.

Leaver

At the end of this term, we are saying goodbye to Sherrilea Allison, a Classroom Assistant. Sherrilea has worked at St Martins since the start of the year, and we have enjoyed having her work here. We wish Sherrilea the best for her next steps.

From all of us here at St Martins, we would like to wish you all a wonderful and peaceful Christmas and New Year.

We look forward to welcoming students back to school on Monday 6th January.

Best wishes,



Sabrina Hobbs
Executive Headteacher



Toni Beardmore
Head of School

Sabrina Hobbs Executive Headteacher

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CHRISTMAS

Support

Christmas can be a difficult time for many.
You are not alone.

Many find it difficult with the change of routine, noise and how busy it is this time of the year.

Social Care - 01332 641172

In an emergency please call 999

Please contact your GP for mental health concerns

Derby City and Derbyshire Mental Health line: 0800 020077

We hope you find this leaflet useful with information to support you and your family with activities available, advice, visuals and agencies that can support.



The National Autistic Society have a list of tips for the festive period.

www.Autism.org.uk

Support



Derby's Family Hub is there to help you find the right support at the right time for you and your family.

Derby and Derbyshire HUB offer Neurodevelopmental support

Neurodiverse community hubs have been set up to provide neurodevelopmental support for families. There are four hubs which can be found in Derby city, South Derbyshire, central Derbyshire and High Peak.

Derby city's neurodiversity hub is based out of the St James Centre, Malcolm Street, Derby, DE23 8LU.

Opening hours for calls, booked appointments and drop ins:
Monday to Thursday from 10am to 1:30pm
Friday 10am to 1:30pm

Contact details

Telephone: 01332 604080

Mobile: 07561 856320

Email: neurohub@stjamescentre.org



A large number of young people struggle with their mental health, especially without the routine of school. Please see below some tips on helping support your child with their mental health.

In an emergency please seek help at A+E

Ways to support a child or young person



Be there to listen

Regularly ask your child how they're doing, to help them get used to talking about their feelings, and know there's always someone there to listen. You can get tips on Young Minds: How to talk to your child about mental health -

<https://youngminds.org.uk/starting-a-conversation-with-your-child/>



Support them through difficulties

Pay attention to how your child is feeling or behaving and try to help them work through difficulties. It may not be easy facing challenging behaviour, but try to help them understand what they're feeling and why. Learn more from the Maudsley Charity on difficult behaviour -

<https://maudsleycharity.org/familiesunderpressure>



Stay involved in their life

Show interest in their life and what's important to them. It not only helps them value who they are but also makes it easier for you to spot problems and support them.



Encourage their interests

Support and encourage your child to explore their interests. Being active or creative, learning new things and being a part of a team helps connect us and boost our mental wellbeing.



Take what they say seriously

Listening to and valuing what they say makes them feel valued. Consider how to help them work through their emotions in constructive ways. Anna Freud Centre's guide on ways to support children and young people has more on this - <https://www.annafreud.org/schools-and-colleges/resources/7-ways-to-support-children-and-young-people-who-are-worried/>



Build positive routines

Try to have structure around regular routines, especially around healthy eating and exercise. A good night's sleep is also important, so have a fixed time for going to bed and getting up. The Sleep Charity has relaxation sleep tips for children -

<https://www.nhs.uk/live-well/sleep-and-tiredness/healthy-sleep-tips-for-children/>

The following apps/websites are useful to support young people and their mental health



Mental Health and wellbeing support for Parent Carers



Online counselors
(Please see next page with opening times over the Christmas period)



Online mental health support for young people and Parent Carers

We're still here

Supporting you over the festive period

Kooth's live chat hours over the holiday period

24th December	(Christmas Eve)	12pm – 8pm
25th December	(Christmas Day)	4pm – 8pm
26th December	(Boxing Day)	12pm – 8pm
31st December	(New Years Eve)	12pm – 8pm
1st January	(New Years Day)	4pm – 8pm

Other days over the holiday period will follow our usual live chat hours of 12pm – 10pm on weekdays and 6pm – 10pm on weekends.

kooth.com





WINTER HAF BABY PEOPLE

THE BEST WAY TO SPEND YOUR WINTER HOLIDAYS!!
ATTEND OUR WINTER HAF FOR AMAZING MEALS AND
FUN-FILLED ACTIVITIES. LEARN TO MAKE MUSIC,
DO ARTS, GRAFFITI, PLAY GAMES, DANCING AND SO
MUCH MORE.



30TH DECEMBER
2024 - 2ND
JANUARY 2025

ENTRY I FREE FOOD AND HOT
DRINK I START 12 PM - 4 PM
3, Forman Street, DE1 1JQ

USE HAF CODE TO BOOK YOUR
PLACE NOW

Enquire at
office@babypeople.co.uk



Baby People Presents

WINTER

Engagement Activities

HAVE A FUN FILLED DAY FULL OF CREATIVE MUSIC
AND ART ACTIVITIES

21st December
for young people
(upto 16), families

23rd December
for young people
only (12- 16)

TIMINGS
11:00 am -
3:00 pm

AT 3,
FORMAN
STREET, DE1
1JQ, DERBY



Email office@babypeople.co.uk to sign up

Cotton Lane Youth Hub

SAFE & SOUND
Transforming young lives



Monday

Boys Club 5pm - 7pm (Table tennis, Pool, PS5)
Open space 7pm - 8pm



Tuesday

Girls Code (alternate weeks) - Arts, Crafts, Topics and Chats
@ 4:30pm - 6pm (Please contact the office for dates)
Girls Drop In 6pm - 8pm (Every Week)



Wednesday

Dance - Under 12's - 4:30pm - 5.30pm
Over 12's - 5.30pm - 6:30pm
Drop in - 6:30pm - 8pm



Thursday

Graffiti - 4.30 - 6pm
Boxfit - Under 13's 6 - 7pm
Boxfit - Over 13's 7 -8pm



Friday

Youth Club
Under 13's @ 4:30pm - 6pm
Under 17's @ 6:30pm- 8:30pm



All activities are FREE of charge

The Hub

50 Cotton Lane, DE24 8GG
01332 362120

SAFE & SOUND
Transforming young lives

SAFE AND SOUND

CHRISTMAS HAF



MONDAY 23RD DECEMBER 11AM - 3PM

CREATIVE ACTIVITIES AND BAKING

3PM - 4.30PM CHRISTMAS PARTY

JOIN US FOR A FUN AFTERNOON FULL OF GAMES, ACTIVITIES AND TREATS

TUESDAY 24TH DECEMBER 2024 10AM - 2PM

FUN ACTIVITIES AND ICE SKATING

THURSDAY 2ND JANUARY 2025 11AM - 3PM

NEW YEAR NEW YOU GAMES ACTIVITIES AND PIZZA

FRIDAY 3RD JANUARY 2025 11AM - 3PM

SPORTS AND SWIMMING AT MOORWAYS



THE OSMASTON HUB

50 COTTON LANE DE24 8GG

TO BOOK PHONE 01332 362120





 + 
Christmas and new year




The  Christmas  period can be a  fun and  enjoyable time, but can be  busy

and full of  different  activities. Sometimes,  we  might  feel  overwhelmed and

 stressed and these are  normal  feelings.

If  I  feel  overwhelmed or  stressed, it is  important  I  talk to  my  family

and do  activities that make  me  feel  happy. I  might  go to  a  different

 room that is  quiet,  listen to  relaxing music, use my  ear defenders or do some

 relaxing colouring.



Some Christmas visuals to cut and put up around the house to help with routine



Christmas
day



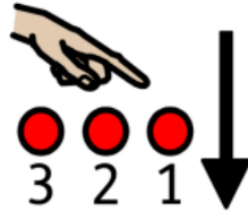
Get dressed



Eat Christmas
dinner



Eat breakfast



Count down



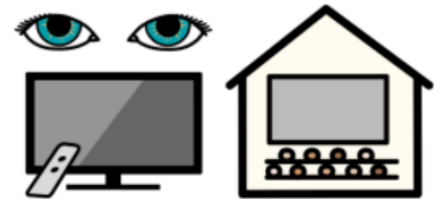
Set table



Get in the car



Watch the
fireworks



Watch a film



Open
presents



New years
day



Put away
decorations



Decorate



Open
presents



Visit family



Term Dates for Academic Year 2024/2025

Spring Term 2025

School Starts Back – Monday 6th January 2025
School Breaks up for Half Term – Thursday 13th February
INSET Day – Friday 14th February
School Starts Back – Monday 24th February
School Breaks up for Easter – Friday 4th April

Summer Term 2025

Bank Holiday – Monday 21st April
INSET Day – Tuesday 22nd April
School Starts Back – Wednesday 23rd April
Bank Holiday – Monday 5th May
School Breaks up for Half Term – Friday 23rd May
School Starts Back – Monday 2nd June
School Breaks up for Summer – Wednesday 23rd July
INSET Day – Thursday 24th July

St Martins follows Derby City Council's term dates. Dates for next year can be found on their website – please follow the link for these - <https://derby.gov.uk/education-and-learning/schools-and-colleges/term-holiday-dates/#>

Sabrina Hobbs **Executive Headteacher**

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