

28th March 2024

Dear Parent Carers,

Weekly Update: 28/03/24

I hope this update finds you well. I want to thank our magnificent school community for another fabulous half term. Well done to all students and staff for working so hard over the last few weeks.

This week's update features some information on events, as well as our termly Family Support information leaflet. I trust you will find this helpful.

Thank you and Goodbye

Today, we have said goodbye to Alistair Crawford. Alistair loves St Martins so much that he has worked here twice! Alistair came back to St Martins in January 2019, and has worked to promote SEND and upskill staff in schools across the country. Alistair is moving on to work for another academy trust in a staff development role. We wish Alistair the very best and thank him for working hard to raise the profile of young people with SEND, and we look forward to his third time return in the future.

Eid Celebrations

We are delighted to be hosting Eid celebrations in school on Thursday 18th April. A letter was sent home with students earlier this week, but please find more details on the flyer attached.



Project SEARCH go to Parliament!

Two of our interns at the Royal Derby Hospital are part of Project SEARCH's Youth Advisory Group. To mark Supported Internship Day on Wednesday 27th March, Josh and Ryan went to the Houses of Parliament to speak with MPs about the difference that a Supported Internship can make and how it empowers young people like themselves to be able to confidently seek employment. I look forward to sharing more about this with you after the Easter Break.



Sabrina Hobbs **Executive Headteacher**

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I hope you all have a well-deserved rest and enjoy time with your family and friends. I look forward to welcoming students back into school on Tuesday 16th April.

With best wishes for a Happy Easter,

A handwritten signature in black ink, appearing to be 'Sabrina Hobbs'.

Sabrina Hobbs
Executive Headteacher

An invitation card for Eid Mubarak at St Martins School. The card has a gold border and a light beige background. At the top, there are three gold icons: a hanging lantern, a crescent moon with a star, and another hanging lantern. Below these is the St Martins School logo and the text 'ST MARTINS SCHOOL'. The main heading is 'Eid Mubarak' in a gold cursive font. The body text, in a gold sans-serif font, reads: 'We would like to invite Parent Carers to join us to learn more about Eid and celebrate with each other. There will be music, crafts, dance and henna for students. There will also be a range of traditional food to purchase.' Below this, the event details are listed: 'When: Thursday 18th April' and 'Time: 13:30 - 14:15'. The closing text says 'We look forward to welcoming you!'. At the bottom, there is a gold line-art illustration of a mosque with a central dome and minarets, flanked by several lit candles.

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ST MARTINS

Spring

SUPPORT



Mental Health is something we all have and just like our physical health we also need to take care of how we think, feel and act. This helps enable us to be able to take on challenges and new experiences.



We know that growing up provides many challenges and we want to support our young people as best as possible. To help please find below a list of useful apps, websites and some activities which promote good mental health.

Useful Apps



HeadSpace - Mindful meditation

BBC Own it - Advice as you chat

Calm: sleep & meditation

Mindfulness activities

Yoga - lots of resources online

Breathing exercises i.e box breathing

Exercise and soaking up some of that lovely sunshine!



Online mental health support for young people and Parent Carers



Online counsellors



Mental Health and wellbeing support for Parent Carers



Specific support pages. Free phone 1:1 online counselling.



Text SHOUT to 85258
This is a free 24/7 crisis text service





PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING EASTER HOLIDAYS 2024

moneysavingcentral.co.uk/kids-eat-free



ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase an adult's main meal (App needed)

PUREZZA

Children under the age of 10 get free pizza at Purezza with every adult meal purchased

TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

COCONUT TREE

One child (10 & Under) eats free per paying adult. Valid from 23/03/2024 - 14/04/2024

MORRISONS

Spend £4.49 and get one free kids meal all day, every day.

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

YO! SUSHI

From March 25th - April 12th 2024, kids eat free all day at YO! Sushi when dining with a full-paying adult (minimum £10 spend).

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

BILLS

Two kids can eat free ALL DAY (Weekdays) from Monday 25th March - Friday 12th April 2024, with one adult main dish.

DOBBIES GARDEN CENTRES

At Dobbies, for every adult breakfast or lunch purchase, kids eat for FREE. Every Day!

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

IKEA

Kids get a meal from 95p daily from 11am

HUNGRY HORSE

Kids eat for £1 on Mondays

FUTURE INNS

Under 5s eat for free with any adult meal.



What are Family Hubs?

Get the advice and support you need whilst having fun as a family!

Derby's Family Hubs are here to welcome you and your family to find the help you need through support and friendship.

We offer a range of **free** activities, sessions, advice and support for families and young people aged from 0-19 years and up to 25 years for young people with Special Educational Needs and Disabilities.



Becket Family Hub

35 Stockbrook Street

Derby, DE22 3WR

01332 640250

BecketFamilyHub@derby.gov.uk



Sinfin Family Hub

345 Sinfin Lane, Sinfin Moor

Derby, DE24 9SF

01332 956967

SinfinFamilyHub@derby.gov.uk



Mackworth Morley Family Hub

Reigate Drive, Mackworth,

Derby, DE22 4EQ

01332 208175

MackworthMorleyFamilyHub@derby.gov.uk



Derwent Family Hub

Monmouth Street

Derby, DE21 6BD

01332 641010

DerwentFamilyHub@derby.gov.uk



Osmaston Allenton Family Hub

60 Cockayne Street North

Allenton, Derby, DE24 8XB

01332 956850

OsmastonAllentonFamilyHub@derby.gov.uk



Rosehill Family Hub

17-19 Lower Dale Road

Derby, DE23 6WY

01332 641315

RosehillFamilyHub@derby.gov.uk

ST MARTINS

Spring

SUPPORT



LGBT+
FAMILY GROUP

FREE, THEMED MONTHLY SESSIONS FOR LGBT+
FAMILIES OF ANY SHAPE AND SIZE TO CONNECT.

10-12PM ON THE LAST SUNDAY OF THE MONTH
AT 25 CURZON STREET, DERBY, DE1 1LH



TO BOOK ON, EMAIL US AT
SONIAT@DERBYSHIRELGBT.ORG.UK
OR CALL 01332 207 704





Term Dates for Academic Year 2023/2024

Autumn Term

INSET Day – Monday 4th and Tuesday 5th September

School Starts for the new Academic Year – Wednesday 6th September

School Breaks up for Half Term – Friday 27th October

School Starts Back – Monday 6th November

School Breaks up for Christmas – Friday 22nd December

Spring Term

School Starts Back – Monday 8th January 2024

School Breaks up for Half Term – Thursday 15th February

INSET Day – Friday 16th February

School Starts Back – Monday 26th February

School Breaks up for Easter – Thursday 28th March

Summer Term

INSET Day – Monday 15th April

School Starts Back – Tuesday 16th April

Bank Holiday – Monday 6th May

School Breaks up for Half Term - Friday 24th May

School Starts Back – Monday 3rd June

INSET Day – Monday 1st July

School Breaks up for Summer – Tuesday 23rd July

St Martins follows Derby City Council's term dates. Dates for next year can be found on their website – please follow the link for these - <https://derby.gov.uk/education-and-learning/schools-and-colleges/term-holiday-dates/#>

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