

Grab & Go

Monday	Tuesday	Wednesday	Thursday	Friday
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WEEK 1

Option 1 Pepperoni Pizza (H)	Option 1 Southern fried chicken wrap	Option 1 Cheese & pepperoni panini (H)	Option 1 Sausage roll	Option 1 Cheese burger (H)
Option 2 Cheese Pizza	Option 2 Falafel wrap	Option 2 Cheese & bean panini	Option 2 Vegan roll	Option 2 Quorn burger

WEEK 2

Option 1 Sausage roll	Option 1 Southern fried chicken wrap	Option 1 Hotdog	Option 1 Pepperoni pizza (H)	Option 1 Cheese burger (H)
Option 2 Vegan roll	Option 2 Falafel wrap	Option 2 Veggie hotdog	Option 2 Cheese Pizza	Option 2 Quorn burger