



## **PSHE Curriculum Intent**

Through the Personal, Social, Health Education (Health and Well-being) curriculum we intend to provide children with learning and experiences that enable them to build skills, attitudes, self-esteem, perseverance and confidence. The teaching of these are all taught explicitly as well as nurtured implicitly. Our whole school community and value intent is to enable all children, regardless of background, ability and additional needs to flourish to become the very best version of themselves.

We intend for the teaching of values to be interwoven across our curriculum so that all children develop an understanding of our diverse school community and have the skills to achieve in all aspects of life.

We aim to provide children with appropriate vocabulary so that they can confidently express their values, interact with others and express their views and understanding.

We aim to improve students' capacity to learn, resilience and their emotional well-being and mental health and thereby enhance their life-chances.

## **PSHE Implementation**

At St Mary & All Saints we follow the PSHE Jigsaw scheme and is taught across the school on a weekly basis. Jigsaw is a whole school approach which provides a spiral and progressive comprehensive PSHE programme in which the statutory elements sit and are embraced.

There are six Puzzles in Jigsaw that are designed to progress in sequence from the start of each academic year:

Term 1: Being Me in My World

Term 2: Celebrating Difference (including anti-bullying)

Term 3: Dreams and Goals

Term 4: Healthy Me

Term 5: Relationships

Term 6: Changing Me (including Sex Education)

Each Puzzle has six Pieces (lessons) which work towards an 'end product'. Each Piece has two learning intentions. One is based on specific PSHE learning and the other is based on emotional literacy and social skills development.