



## St Mary's Catholic Primary School Lunch Menu

## Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Margherita Pizza & Wedges	Spaghetti Bolognese	Chicken Thighs & Rice	Roast of the day	Cod fillet & chips
Hot Vegetarian Dish	Baked Potatoes with beans or tuna or cheese	Vegetable Curry	Macaroni cheese	Cheese and Tomato Flan	Vegetarian Tortilla Wraps
Salads	Bean Salad	Mixed Green salad	Sliced peppers, cucumbers & carrot sticks	Mixed Green Salad	Sliced peppers, cucumbers & carrot sticks
Vegetables	Peas & Sweetcorn	Mixed Vegetables	Green Beans & Carrots	Broccoli & cauliflower florets	Baked Beans & coleslaw
Desserts	Apple Sponge Vanilla Custard	Yogurt with seasonal fruits	Fruit Crumble with custard  Fresh Fruit: sliced	Chocolate Cake Custard	Strawberry Jelly & Ice cream
	Fresh Fruit: sliced apple and oranges	Fresh Fruit: sliced apple and oranges	apple and oranges	Fresh Fruit: sliced apple and oranges	Fresh Fruit: sliced apple and oranges

Cool Water, Fresh Seasonal Fruit, Fresh Vegetables and Wholegrain Bread served daily

(All dishes are subject to delivery and may vary from time to time)