

STREATERIES LUNCH MENU



WEEK 1

2/9, 23/9, 14/10, 4/11,
25/11, 16/12, 6/1, 27/1



MON



TUE



WED



THU



FRI

MAINS

MEATBALL MARINARA PASTA BAKE
topped with Cheesy Garlic Crumbs

NASHVILLE CHICKEN THIGH BURGER
with Ranch Slaw

ROAST PORK, STUFFING & APPLE SAUCE
with Gravy

GARLIC CHILLI CHICKEN CURRY

Choose from:
BATTERED FISH MARGHERITA PIZZA V

ASPENS LOADED MAC & CHEESE V
with Spring Onion, Pepper & Garlic

CAJUN SPICED BAKED VEGGIE BURGER V
with Ranch Slaw

Either as a classic roast dinner or loaded into a ½ baguette
ROASTED ROOTS FILO STRUDEL V

SWEET & SOUR CHICKPEA VEGETABLE PATHIA CURRY V

Chips V

SIDES

CRUNCHY RAINBOW SALAD V

CRISPY BAKED HOME FRIES V

SKIN ON ROASTIES CARROTS & BROCCOLI V

CARDAMOM RICE & GREEN BEANS V

MUSHY PEAS, BAKED BEANS, GRAVY OR CURRY SAUCE V

- PASTA & NOODLE POTS -

ITALIAN TOMATO PASTA

BOLOGNESE PASTA

CARBONARA PASTA

BOLOGNESE PASTA

CHINESE CHICKEN CHOW MEIN NOODLES

ITALIAN TOMATO PASTA - DAILY V

BEANS - CHEESE - **JACKET POTATOES** - TUNA MAYO - SIMPLY PLAIN

BIG BOWL SALAD

DAILY SALADS

DAILY SALADS

DAILY SALADS

DAILY SALADS

DAILY SALADS

DESSERTS

ASPENS HOMEMADE COOKIES

SELECTION OF HOMEBAKES

SELECTION OF HOMEBAKES

SELECTION OF HOMEBAKES

SELECTION OF HOMEBAKES

Daily Meal Deals
Regular
Chef's Specials

Freshly Made from Scratch
DAILY!

Fresh Cut Fruit & Yogurt Pots
Available Daily

HANDCRAFTED DELI SANDWICHES, BAGUETTES, WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO

STREATERIES LUNCH MENU



WEEK 2
9/9, 30/9, 21/10, 11/11,
2/12, 23/12, 13/1, 3/2

GERMAN HAUS
MON

INCREDIBLE INDIA
TUE

Home STYLE
WED

HACIENDA MEXICANA
THU

Chips & More
FRI

MAINS

CURRYWURST
with a crusty baguette

PULLED CHICKEN TIKKA PIE

BRITISH PORK SAUSAGE TOAD IN THE HOLE
with Onion Gravy

SMOKED CHILLI BEEF OVER RICE
with Smashed Nachos, Spring Onion & Sour Cream

Choose from:
BATTERED FISH MARGHERITA PIZZA

CAULIFLOWER SCHNITZEL V

CHANA MASALA STUFFED PIE V

QUORN SAUSAGE TOAD IN THE HOLE V
with Onion Gravy

VEGGIE BEAN CHILLI LOADED NACHOS V
with Spring Onion & Sour Cream

Chips V

SIDES

POTATO SALAD BRAISED CABBAGE

CRISPY BOMBAY POTATOES, CUMIN ROAST CARROTS & PARSNIPS

SKIN ON GARLIC ROASTIES GREEN BEANS

SMOKY CORN

MUSHY PEAS, BAKED BEANS, GRAVY OR CURRY SAUCE V

- PASTA & NOODLE POTS -

ITALIAN TOMATO PASTA

BOLOGNESE PASTA

CARBONARA PASTA

BOLOGNESE PASTA

CHINESE CHICKEN CHOW MEIN NOODLES

ITALIAN TOMATO PASTA - DAILY V

BEANS - CHEESE - **JACKET POTATOES** - TUNA MAYO - SIMPLY PLAIN

BIG BOWL SALAD

DAILY SALADS

DAILY SALADS

DAILY SALADS

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DAILY SALADS

DESSERTS

ASPENS HOMEMADE COOKIES

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HOT GRAB & GO

STREATERIES LUNCH MENU



WEEK 3
16/9, 7/10, 28/10, 18/11,
9/12, 30/12, 20/1, 10/2



MON

TUSCAN SAUSAGE LASAGNE

PROVENÇAL VEGETABLE LASAGNE V

GARLIC WEDGES
HOUSE CHOP SALAD



TUE

KUNG PAO
PULLED PORK

BANG BANG
CAULIFLOWER V

5 SPICE RICE
& STIR FRIED GREENS



WED

CREAMY CHICKEN &
PUFF PASTRY PIE

SMOKY SWEET POTATO &
RED PEPPER PIE V

CHIVE MASH
PEAS, GREEN BEANS
SAVOY CABBAGE



THU

SMOKY ALBONDIGAS
(Meatballs)

SPANISH VEGETABLE
TORTILLA V

SPANISH RICE
TOMATO & GREEN BEAN
SALAD



FRI

Choose from:
BATTERED FISH
MARGHERITA PIZZA V

Chips V

MUSHY PEAS, BAKED
BEANS, GRAVY OR CURRY
SAUCE V

MAINS

SIDES

- PASTA & NOODLE POTS -

ITALIAN TOMATO PASTA

BOLOGNESE PASTA

CARBONARA PASTA

BOLOGNESE PASTA

CHINESE CHICKEN
CHOW MEIN NOODLES

ITALIAN TOMATO PASTA - DAILY V

BEANS - CHEESE - **JACKET POTATOES** - TUNA MAYO - SIMPLY PLAIN

**BIG BOWL
SALAD**

DAILY
SALADS

DAILY
SALADS

DAILY
SALADS

DAILY
SALADS

DAILY
SALADS

DESSERTS

ASPENS HOMEMADE
COOKIES

SELECTION
OF HOMEBAKES

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SANDWICHES, BAGUETTES,
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DELI KITCHEN
HOT GRAB & GO