

St Mary's Catholic High School, Leyland

Royal Avenue, Leyland, PR25 1BS

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June 2022,

Dear Parent /Carer,

Please find attached a copy of the new St Mary's PE and School Sport Uniform and Personal Protective Equipment (PPE) policy, which will come into effect from September 2022. These changes are due to a change in compulsory PE uniform and the implementation of PE specific Personal Protective Equipment as directed from Lancashire County Council.

Once you have read the policy, please complete the attached reply slip and return no later than **Thursday 7th July, 2022.**

We require parental/carers acknowledgement that you are aware of all items of PE uniform your child requires as well as both the mandatory and highly recommended PE Personal Protective Equipment items.

Yours faithfully,

Mrs J. Addison-Jones

(Curriculum Leader for PE)

St Mary's PE and School Sport Uniform and Personal Protective Equipment (PPE)

Policy – September 2022

The intended use of this policy is for the provision of information for parents/carers regarding PE and school sport uniform and Personal Protective Equipment (PPE) when playing sports in lessons, school fixtures and extra-curricular activities.

PE and School Sport Uniform

The following PE and school sport uniform has been designed in consultation with pupils to reduce the overall cost and provide kit appropriate for lessons, fixtures and extra-curricular activities.

The school's official supplier is Impressions www.impressionsuniform.co.uk. Orders may be placed online with Impressions. Alternatively, it may be purchased from Impressions Uniform shop on Leyland Lane in Leyland.

KS3 and KS4 Boys:

Compulsory

- Plain blue shorts
- Short sleeved blue & white polo shirt
- Long Blue socks
- Football/Rugby boots suitable for use on a 3G pitch for example, moulded or short screw in studs, short blades or hybrid studs and blades (no metal studs or metal blades)
- Trainers (Appropriate for use on the courtyard, Netball Courts, in the Sports Hall)

Optional Extras

- Unisex school branded slim-line tracksuit bottoms
- Long sleeved blue & white polo shirt (Rugby top)
- Unisex ¼ Zip jumper (Cannot be worn for contact sports such as Rugby due to zip)



KS3 and KS4 Girls:

Compulsory

- Short sleeved blue & white polo shirt
- From the waist - either a skort, school branded sports leggings or school branded slim-line tracksuit bottoms
- White socks (preferably long as these will be required when wearing shin pads)
- Football/Rugby boots suitable for use on a 3G pitch for example, moulded or short screw in studs, short blades or hybrid studs and blades (no metal studs or metal blades)
- Trainers (Appropriate for use on the courtyard, Netball Courts, in the Sports Hall)

Optional Extras

- Unisex school branded slim-line tracksuit bottoms
- School branded sports leggings
- Blue & white “skort” (skirt with shorts attached)
- Unisex ¼ Zip jumper



Examples of Trainers NOT allowed



Converse



Vans



Pumps

Examples of Boots NOT allowed



Metal Blades

Metal Studs



KS4 GCSE PE / Sports Studies Boys and Girls:

If your child is studying a KS4 PE options course, either GCSE PE or Sports Studies, compulsory and optional items stay the same as the KS3 and KS4 Boys/Girls. There are additional optional extra pupils are able to purchase.

Additional Optional Extras

- Joma ¼ Zip Royal Blue Jumper with embroidered school logo and printed initials on the front and course studied printed on the back
- Joma navy tracksuit bottoms with embroidered school logo and printed initials on the front



Please note: These additional optional extras can only be purchased during two occasions in the Year through Mrs Addison-Jones, Curriculum Leader for PE, due to being outsourced to a separate supplier.

These can be purchased:

- In the July of your child being in Year 9
- In the July of your child being in Year 10.

Mrs Addison-Jones, will send out letters providing information on cost and deadlines for payment for pupils wishing to purchase this additional optional kit. No kit can be ordered unless payment has been made.

PE and School Sport Personal Protective Equipment (PPE)

In a recent case against Lancashire County Council, the Court presiding found that the Authority had breached their Statutory Duty in failing to warn a pupil about the use of mouthguards in Hockey as this is a contact sport. This failure caused the student to have a serious mouth injury whilst not wearing a mouthguard, resulting in the loss of two front teeth. The individual concerned will need non routine dental treatment throughout their life.

Lessons learned for all activities where the Governing body of sport sets recommendations and mandatory requirements relating to Personal Protective Equipment (PPE)

The wearing of PPE will not guarantee protection from injury. It can though, in many cases, **mitigate** the severity of injury by reducing a high-risk situation to one of reasonable or acceptable risk.

It is a **parental responsibility** to provide PPE where the school has suggested it. However, where the amount and cost of kit is extensive, such as that for a hockey goalkeeper, or for reasons of convenience, such as cricket helmets and batting pads/gloves, then schools often provide equipment for communal use.

Staff cannot exclude pupils from taking part on the basis that they do not have the correct PPE. In such cases the member of staff in charge will establish a **safe playing environment**, and adaptations will need to be made in terms of how pupils without the required PPE take part in the practical aspects of the lesson.

Table: National Governing Body recommendations and mandatory requirements relating to PPE for sports pupils may be taking part in. The sports listed below may be taught whilst your child is at St Mary's.

Governing Body of Sport	PPE Requirements
England and Wales Cricket Board	<ul style="list-style-type: none">• Helmets with a face guard, pads, gloves and, for pupils, an abdominal protector (box) are mandatory when batting against a hard ball.
England Hockey	<ul style="list-style-type: none">• Mouth guards and shin/ankle pads are recommended at all levels of participation.• Specialist protection for goalkeepers is mandatory.
Football Association (England)	<ul style="list-style-type: none">• Shin pads are mandatory in practice and training at all levels of participation.
Rugby League	<ul style="list-style-type: none">• Mouth guards are recommended.• Shoulder pads are permitted at all levels of participation.• Padded helmets are permitted.• Glasses should not be worn beyond the under-eight age band.
Futsal (The FA)	<ul style="list-style-type: none">• All players, including the goalkeeper, are recommended to wear shin pads.

From September 2022:

Due to these new requirements as set out by Lancashire County Council, from September 2022 the following PPE will come into effect in all PE lessons, fixtures and extra-curricular activities.

- We highly recommend the wearing of mouth guards (gum shields) for high impact sports lessons for both boys and girls, in particular in Rugby and Hockey lessons.
- Shin pads are now compulsory for both boys and girls in KS3 and KS4. These will be required for sports such as football. Pupils should ensure they have these in their PE bag every lesson to ensure they are available as and when needed.

As we highly recommend mouth guards, if pupils choose not to wear them, they will still be allowed to play. However, please be aware that the school accepts no liability for injuries sustained as a result of not wearing a mouth guard.

St Mary's PE and School Sport Uniform and Personal Protective Equipment (PPE)

Policy – September 2022

(FAO Mrs Addison-Jones)

Pupil name (full name): _____

Year 7

The terms of the new St Mary's PE and School Sport Uniform and Personal Protective Equipment (PPE) policy, will come into effect from September 2022. We require parental acknowledgement that you are aware of all items of PE uniform your child requires as well as both the mandatory and highly recommended PE Personal Protective Equipment items.

Please can you tick the options below and sign to confirm acknowledgement.

Your acknowledgement is required on the following:

- ☐ I am fully aware of the compulsory PE uniform my child requires.
- ☐ I am fully aware of the optional PE uniform my child is entitled to purchase.
- ☐ I am fully aware that mouth guards are highly recommended and that school are not liable for injuries sustained as a result of my child not wearing a mouth guard.
- ☐ I am fully aware that shin pads are mandatory for all pupils and will ensure my child has them.

Signed:

Date:

Please return on Thursday, 7th July.

