



Cambridge Nationals – Sports Studies (BTEC)

Specification = OCR (Grades: Pass, Merit, Distinction)

Sport qualifications offer students the chance to develop a wide range of highly desirable, transferable skills through practical means. Cambridge Nationals deliver these skills and understanding, effectively engaging and inspiring students of all abilities to achieve.

The Cambridge Nationals in Sport Studies take a more sector-based focus, whilst also encompassing some core sport/Physical Education themes. Students have the opportunity to apply theoretical knowledge about different types of sport and physical activity, skills development and sports leadership to their own practical performance. They will learn about contemporary issues in sport such as funding, participation, ethics and role models, and sport and the media. Students will develop an appreciation of the importance of sport locally and nationally, different ways of being involved in sport and of how this shapes the sports industry.

Component One: Sport Studies Unit R051: Contemporary issues in sport (25%)

What's assessed

- Learning Outcome 1: Understand the issues which affect participation in sport
- Learning Outcome 2: Know about the role of sport in promoting values
- Learning Outcome 3: Understand the importance of hosting major sporting events
- Learning Outcome 4: Know about the role of national governing bodies in sport

How it's assessed

- 1 hour written paper
- 60 marks
- Comprises short answer questions, extended response questions and some use of multiple choice questions - assesses the quality of written communication.
- Can re-sit exam once if not passed.

Component Two: Sport Studies Unit R052: Developing sports skills (25%)

What's assessed

- Learning outcome 1: Be able to use skills, techniques and tactics/strategies/compositional ideas as an individual performer in a sporting activity
- Learning Outcome 2: Be able to use skills, techniques and tactics/strategies/compositional ideas as a team performer in sporting activity
- Learning Outcome 3: Be able to officiate in a sporting activity
- Learning Outcome 4: Be able to apply practice methods to support improvement in a sporting activity



How it's assessed



- Approx 10 hours internal assessment Practical / Coursework
- 60 marks
- Comprises of centre assessed task(s).
- Internally marked and externally moderated

Component Three: Sport Studies Unit R053: Sports leadership (25%)

What's assessed

- Learning Outcome 1: Know the personal qualities, styles, roles and responsibilities associated with effective sports leadership
- Learning Outcome 2: Be able to plan sports activity sessions
- Learning Outcome 3: Be able to deliver sports activity session
- Learning Outcome 4: Be able to evaluate own performance in delivering a sports activity session

How it's assessed

- Approx 10 hours internal assessment Practical / Coursework
- 60 marks
- Comprises of centre assessed task(s).
- Internally marked and externally moderated

Component Four: Sport Studies Unit R055: Working in the sports industry (25%)

What's assessed

- Learning Outcome 1: Know the areas of employment within the sports industry
- Learning Outcome 2: Know the skills and knowledge required to work within the sports industry
- Learning Outcome 3: Be able to apply for jobs within the sports industry
- Learning Outcome 4: Understand the impacts which the sports industry has in the UK

How it's assessed

- Approx 10 hours internal assessment Coursework
- 60 marks
- Comprises of centre assessed task(s).
- Internally marked and externally moderated