





PARENT & CARER PEER SUPPORT

Supporting YOU to support your Young Person with their Mental Health & Wellbeing

Connect with other parents/carers, share experiences, exchange practical advice, mutual support and signposting. Groups are professionally supported and held in relaxed & confidential spaces.



5:30pm - 7pm Duke Street Family Hub 51 Duke St. Chorley, PR7 3DU

> Monday 2nd June Monday 7th July

Parking at rear

PRESTON 2nd Monday of the Month

4:30pm - 6pm Foundations/Inn2 2 Oxford St, Preston, PR1 3SG Monday 14th April Monday 12th May Monday 9th June Monday 14th July Parking on-site

BAMBER BRIDGE 4th Monday of the Month

4:30pm - 6pm Walton Le Dale Family Hub Brindle Road, PR5 6YJ

> Monday 28th April Monday 23rd June Monday 28th July

Parking on Leisure Centre

ONLINE 3rd Monday of the Month

5:30pm - 7pm <u>Microsoft Teams</u>

Monday 19th May Monday 16th June Monday 21th July

<u>To register to attend email:</u> <u>nikih@keycharity.org.uk</u>

For more information email Niki (Facilitator) <u>nikih@keycharity.org.uk</u>



<u>Leyland ND Parent &</u> <u>Carer Peer Support</u> <- scan for details.





www.keycharity.org.uk Registered Charity Number 115477