



Let Your Light Shine

Careers Parental/Carer Information Evening

Mr. Weaver/Mrs. McVey

Building the foundations to “Let our light shine”

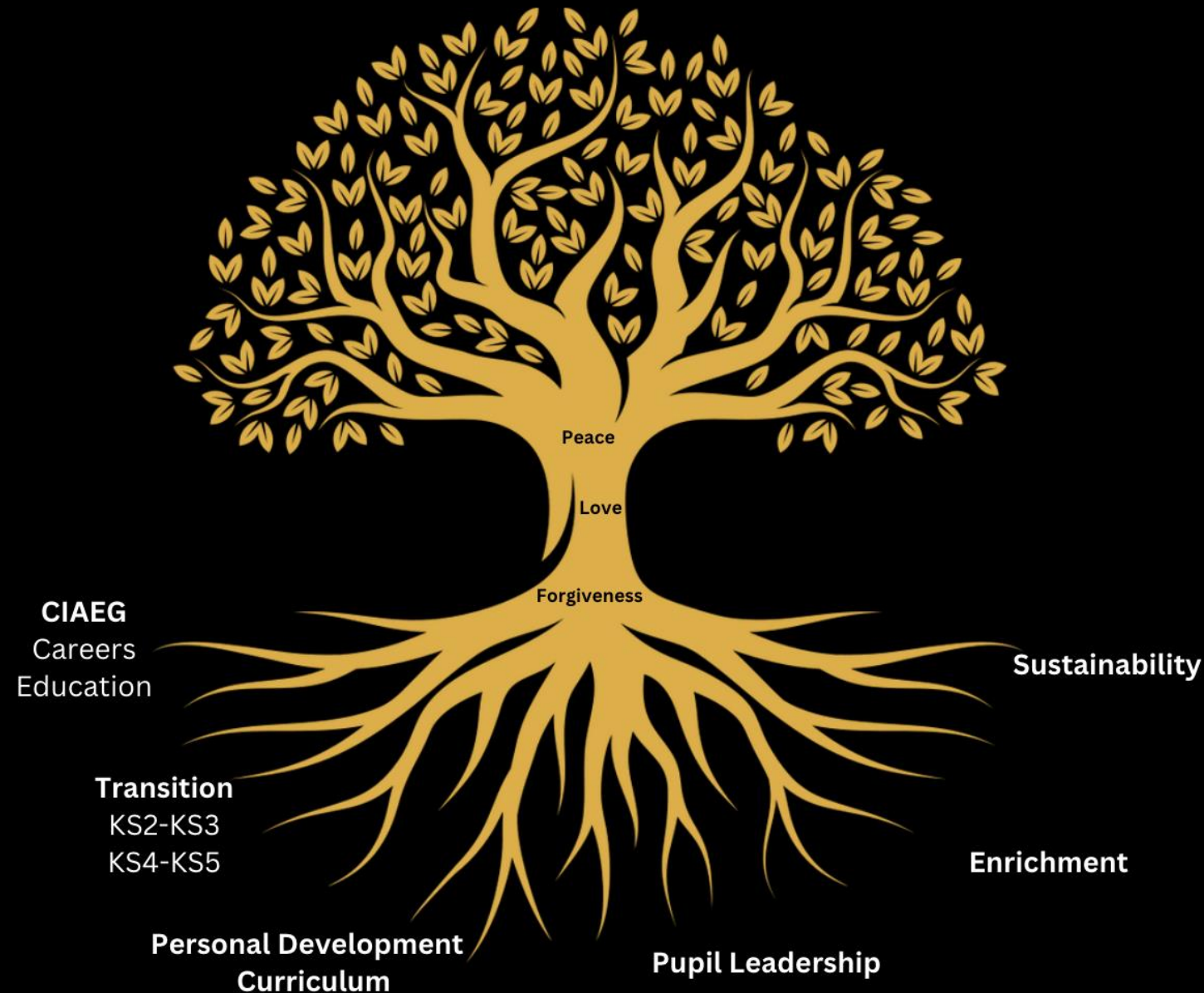


Let Your Light Shine

What is Personal Development?

At St. Mary's Catholic High School, it is our mission to educate young people in the Catholic, Christian way to become students of the modern world. Through our Personal Development programme, we instil the values of Love, Peace and Forgiveness, to allow our children to "let their light shine". From the moment our students transition from Primary school in Year 6, we strive to create resilient, confident and knowledgeable students to flourish and achieve their full potential.

Building the foundations to "Let Your Light Shine"

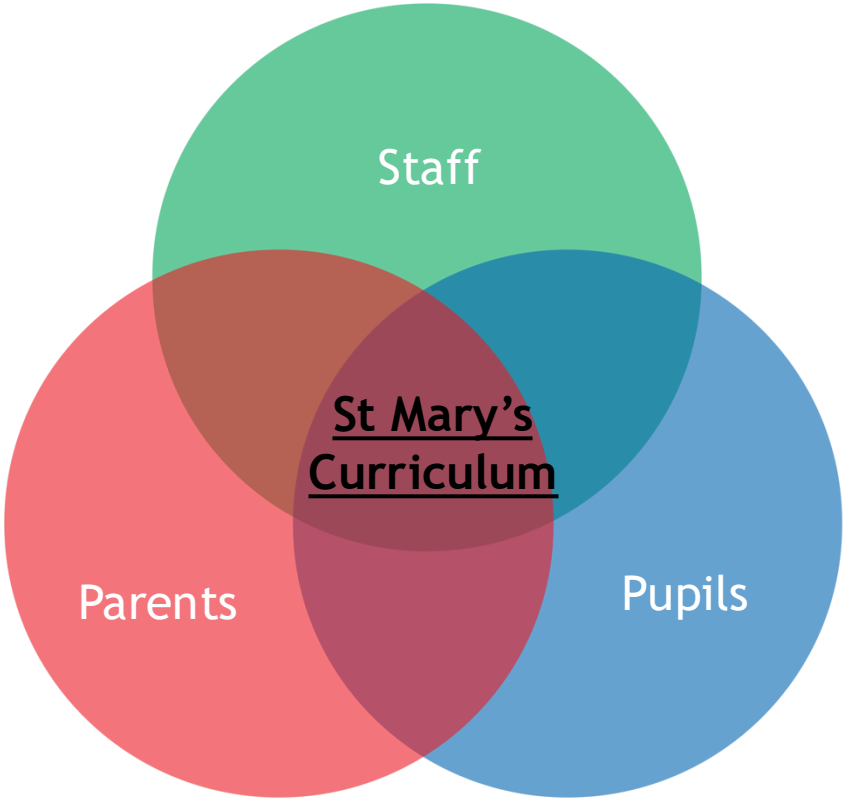


Personal Development Curriculum 2024/25

YEAR	<u>WIDER WORLD (1)</u>	<u>WIDER WORLD (2)</u>	<u>RELATIONSHIPS Ten Ten (RSHE For Catholic Schools)</u>	<u>HEALTH & WELLBEING (1)</u>	<u>HEALTH & WELLBEING (2)</u>	<u>Additional Module</u>	<u>LETTING YOUR LIGHT SHINE (Bespoke Module)</u>
7	<u>Careers Curriculum (Yr7)</u> An introduction to Careers, teamwork and enterprise skills, and raising aspirations (Morrisby Careers Platform)	<u>Financial decision making</u> Saving, borrowing, budgeting and making financial choices	<u>Life Live To The Full</u> Our core identify, changing bodies, healthy inside and out, changing bodies, where we come from, family and friends, my life on screen and living responsibly.	<u>Religion and Belief: Christ at the Centre & First Aid</u> Engage with the Catholic ethos and values of St. Mary's	<u>St Mary's & Me (Key Values Of Being A St Mary's Pupil)</u> The role pupils play within school. Contribution towards school, our school history,	<u>Year 7 British Citizenship</u> Democracy, parliament, liberties and improving communities.	<u>Welcome to St Mary's</u> Expectations and standards at St Mary's.
8	<u>Careers Curriculum (Yr8)</u> Equality of opportunity in careers and life choices, and different types and patterns of work (Morrisby Careers Platform)	<u>Digital literacy</u> Online safety, digital literacy, media reliability, and gambling hooks	<u>Life Live To The Full</u> Created and chosen, appreciating differences, feelings, before I was born, tough relationships, think before you share and the wider world.	<u>Drugs and alcohol</u> Alcohol and drug misuse and pressures relating to drug use	<u>Emotional wellbeing</u> Mental health and emotional wellbeing, including body image and coping strategies	<u>Protected Characteristics & Extremism</u> Pupils discuss equality, discrimination and investigate key aspects of extremism.	<u>St Mary's & Me (Protecting Our School)</u> What can you do to support the greater community at St Mary's (Sustainability)
9	<u>Careers Curriculum (Yr9)</u> Learning strengths, career options and goal setting. (Morrisby Careers Platform)	<u>Employability skills</u> Employability and online presence	<u>Life Live To The Full</u> The search for love, love people & use things, in control of my choices, fertility and contraception, marriage, one hundred percent and knowing my rights & responsibilities.	<u>Peer influence, substance use and gangs</u> Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation	<u>Healthy lifestyle</u> Diet, exercise, lifestyle balance and healthy choices, and first aid	<u>Functional IT Skills In Employment</u> Pupils developing key IT skills that are essential within employment... Word, Excel, Emails)	<u>Options (Preparing for KS4)</u> Discussion of options and pathways at KS4.
10	<u>Financial decision making</u> The impact of financial decisions, debt, gambling and the impact of advertising on financial choices	<u>Careers Curriculum (Yr10)</u> Preparing For Employment Personal Statement Writing (Morrisby Careers Platform)	<u>Life Live To The Full</u> Authentic freedom, self-image, beliefs, values & attitudes, parenthood, pregnancy & abortion, abuse and solidarity	<u>Mental health</u> Mental health and ill health, stigma, safeguarding health, including during periods of transition or change	<u>Exploring influence</u> The influence and impact of drugs, gangs, role models and the media	<u>Year 10 British Citizenship</u> The power of government, legislation, free press, human rights, international law,	<u>Work Experience</u> Preparing, completing and evaluating work experience placements.
11	<u>Moving Forward</u> Revision techniques/strategies and future opportunities	<u>Careers Curriculum (Yr 11)</u> Next Steps (Morrisby Careers Platform) CV Writing & Preparing for KS5	<u>Life Live To The Full</u> Self-worth, addiction, eating disorders, birth control, pornography, STIs and coercive control.	<u>Building for the future</u> Self-efficacy, stress management, and future opportunities	<u>Independence</u> Responsible health choices, and safety in independent contexts	<u>Budgeting For Later Life</u> Budgeting for a college/university pupil, what are taxes and how do mortgages work?	<u>Options (Preparing for Exams & KS5)</u> Pupil wellbeing, stress management and supporting applications at KS5.



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Staff Feedback:

<u>"You Said"</u>	<u>"We did" (2024/25)</u>
Personal Statements/CV's in Year 10 & Year 11	Time has been allocated to Year 10 & Year 11 to write, update personal statements, create a CV and support when applying for college.
ICT In Employment	New module being introduced for 24-25 to support pupils in using word, excel - programs needed in employment & will support with <u>coursework based</u> subjects.
Living in Britain	New Citizenship modules in KS3 & KS4
Sustainability & Looking after our environment	Sustainability Project in KS3, increased awareness in assemblies & CAP project.
Careers Advice in Year 7	Careers advice now in EVERY year group.

Pupil Feedback:

<u>"You Said"</u>	<u>"We did" (2024/25)</u>
Catholic Understanding <u>Of</u> Key Issues	The use of the Ten <u>Ten</u> Resources.
Vaping/Drugs/Smoking	Lessons throughout KS3/KS4 & Bespoke assembly.
CV's For Part Time Jobs	Part of the Shining Light Module combined with mock interviews.
Mental Health & Healthy Lifestyles	Introduced within the curriculum in all year groups.
Getting A Job	Careers advice now in EVERY year group.

Parent Feedback:

<u>"You Said"</u>	<u>"We did" (2024/25)</u>
Personal Finance	KS3 & KS4 - including a new module in Year 11 discussing budgeting at college/uni. Including Mortgages & tax brackets.
Catholic Values	Ten <u>Ten</u> RSHE Curriculum. Introduced October 2023.
Mental Health & Social Media Influence	Lessons have now been embedded into every year group. (Increase from last year)
Interview Techniques	Added within Year 10 curriculum to support within mock interviews and college application
Extremism	Within 22-23 but for 24-25 it now appears as a <u>stand alone</u> module.

“Last year I mentioned 'coercive control' so I'm really pleased to see it feature.”
(Parent Voice May 2024)

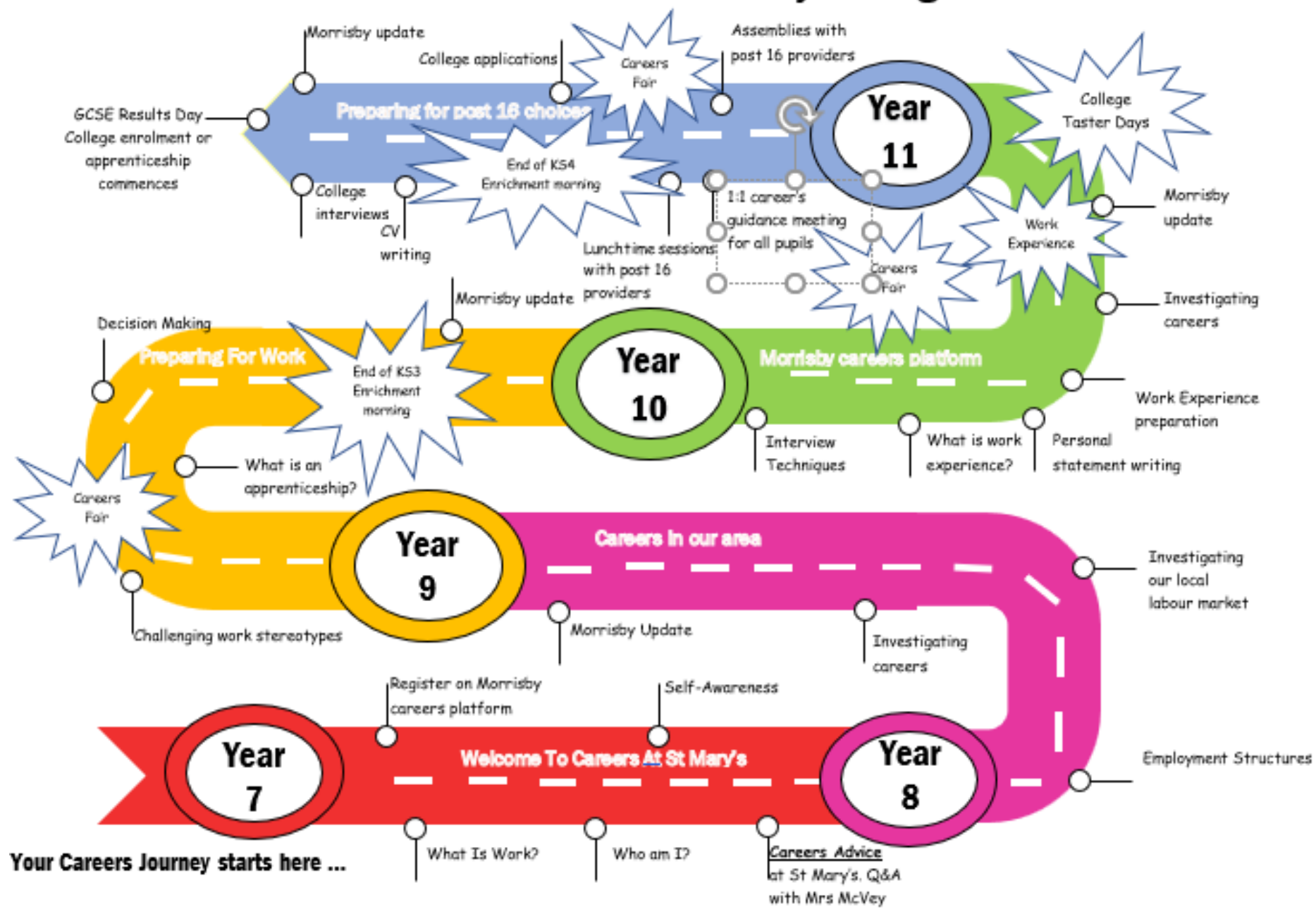


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St Mary's Catholic High School, Leyland

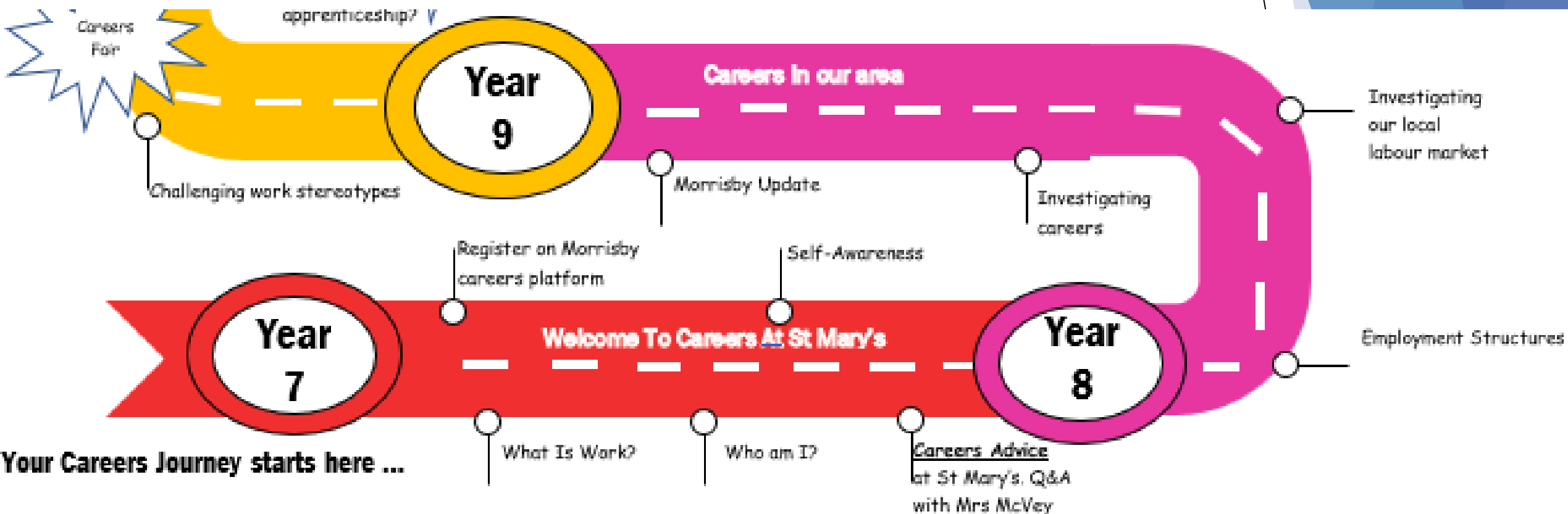
A Careers Journey Through School





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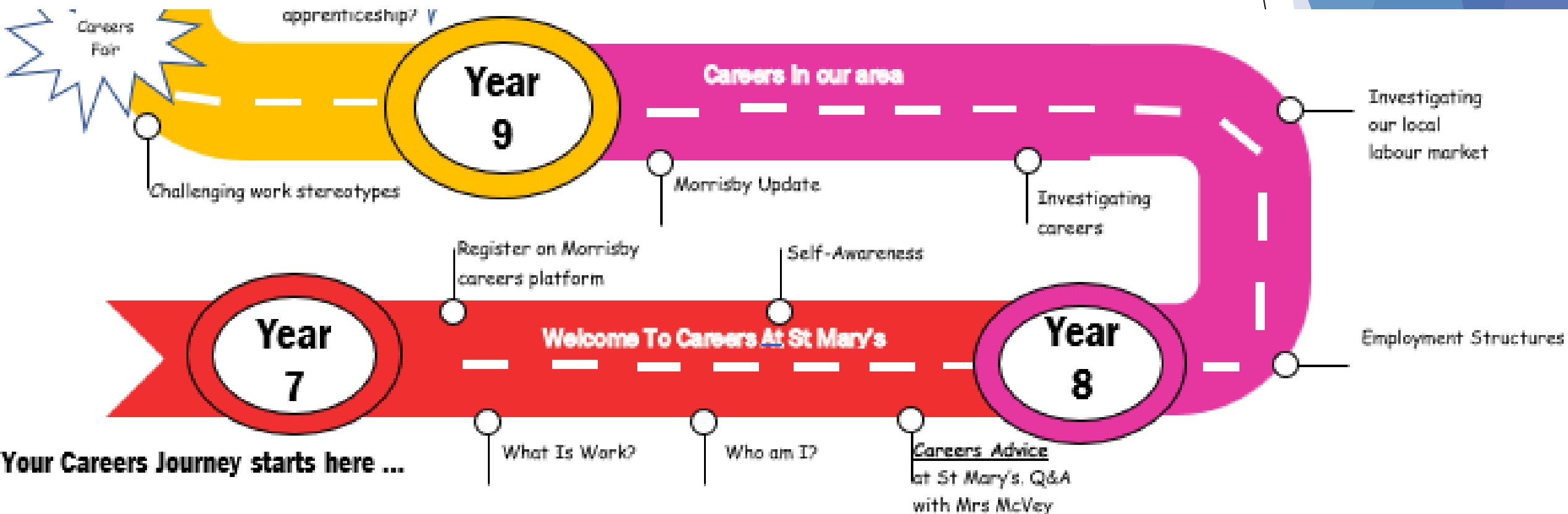
The journey so far.....





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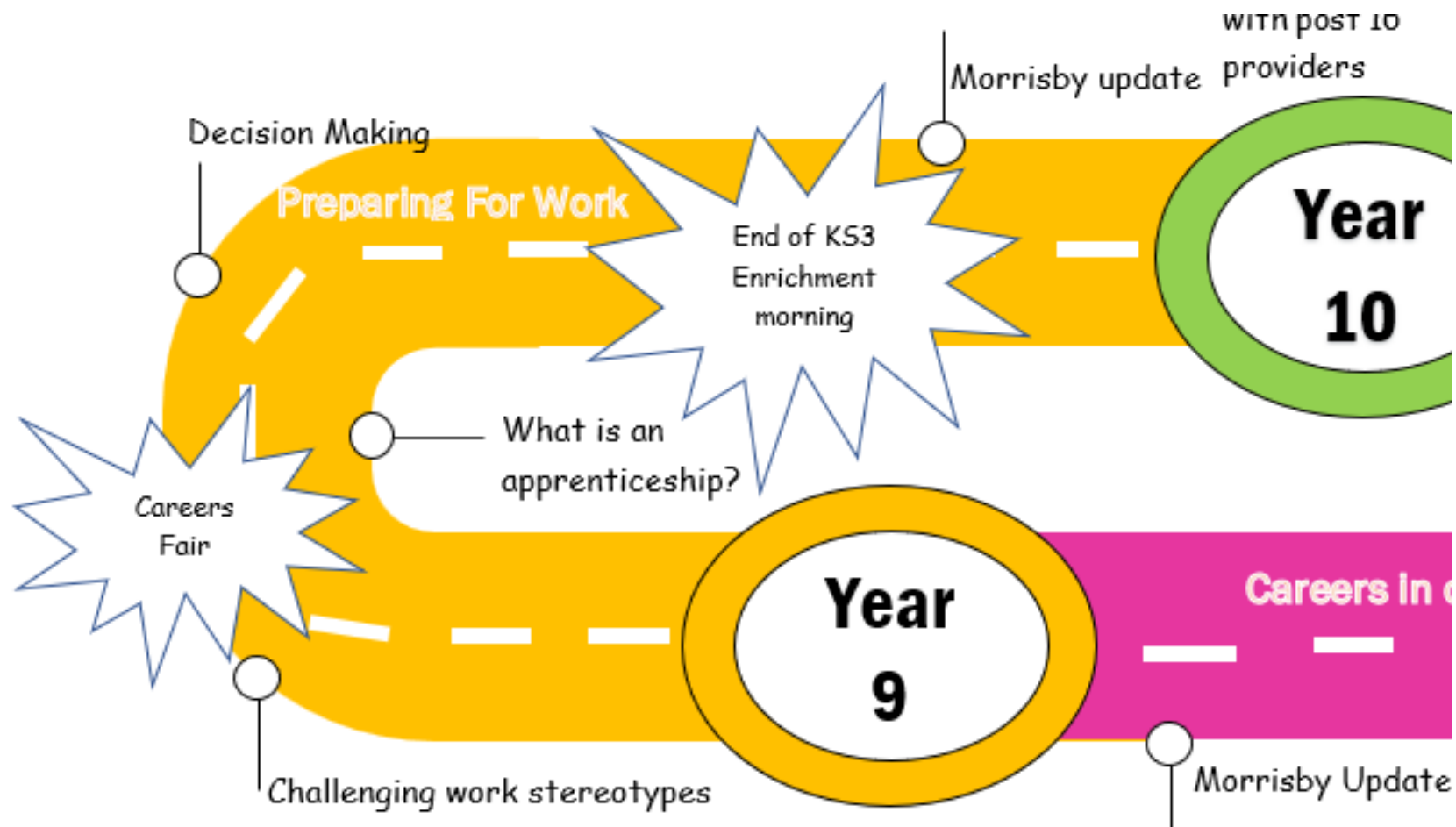
The journey so far.....





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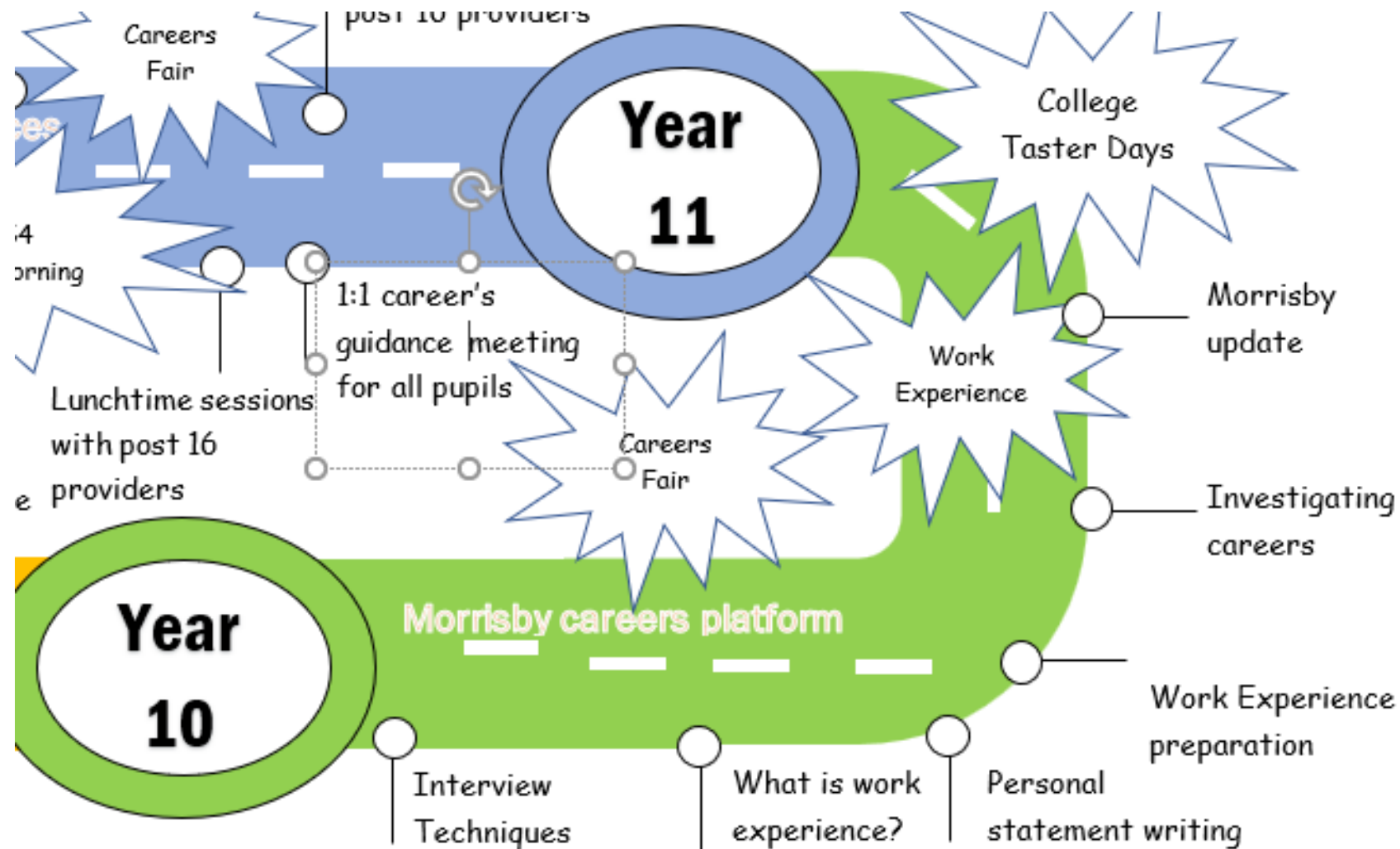
Year 9





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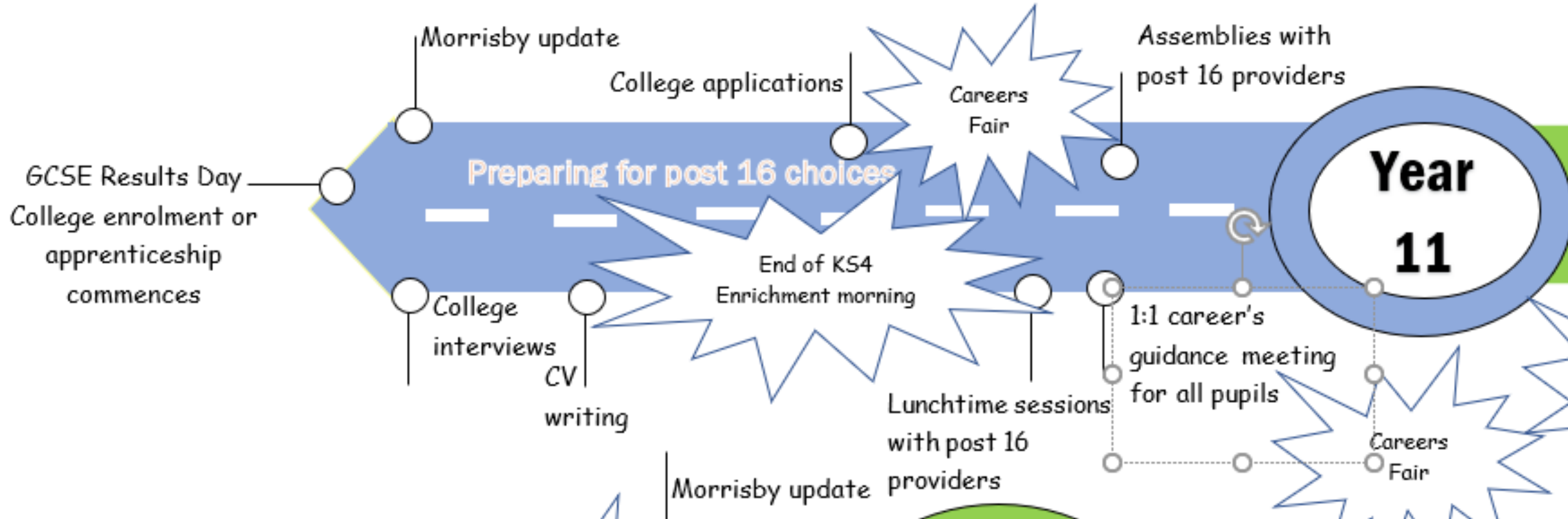
Year 10





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Year 11





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Key Dates

Date	Careers Event	Yr 9	Yr 10	Yr 11
16/10/24	College – lunchtime drop in sessions	Y	Y	Y
20/11/24	Careers Fair	Y	Y	Y
4/12/24	College – lunchtime drop in sessions	Y	Y	Y
Dec 2024	College application deadline			Y
9/12/24	College Speed Meet			Y
11/2/25	Year 10 Mock Interviews		Y	
4/3/25	Year 11 Runshaw/Preston Interviews			Y
17/3/25	5 Days – Year 10 Work Experience		Y	
24/6/25	Runshaw/Preston Taster Day		Y	
1/7/25	Newman College Taster Day		Y	

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Things to consider when making your choices



- Find it interesting
- Enjoy and want to succeed in it
- Think it might provide you with life skills, you may want to take Food Technology as you want to learn to cook when you move out of home or live away at university. You might want to learn Spanish as you plan to travel when you are older or it might be a good asset to your future career not because you want to be a translator
- It is something you might want to study in 6th Form/College
- Relates to a career you are interested in (if you already know)
- Taking things that you are good at
- Think 'outside of the box' although we may not offer some subjects for careers you may want to do they may have transferrable skills such as studying History can help you gain skills for areas such as Law.

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Some thoughts on your subject choices for your future



- If you are wanting a career in Art & Design in the future and want to study it at college then you will need to have taken it for GCSE
- If you are thinking of Architecture then a combination of Science, Maths & Art would be good to consider
- If you are thinking of taking a language at college/6th form then you must have studied this for GCSE and attain a Grade 6 in it to study it for A-level
- If medicine or dentistry may be an option you can still study these if you take Combine Science, however you may want to take triple science to get a greater depth of understanding for A-levels.

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edexcel 

What's the difference? BTEC/Vocational V GCSE

- A GCSE is an academic qualification in a particular subject. They focus on studying the theory of subjects with some practical work. Exams for these take place at the end of Year 11 where you will be assessed on the information you have learnt in both Year 10 & 11
- BTEC's are more practical and can be more focussed on a specific industry or job area. BTEC's are a mix of coursework and assessments and are these are carried out throughout Year 10 and Year 11
- Both these qualifications are recognised by employers, colleges and universities

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What's next?

- Talk to Teachers, Head of Year and Tutors
- Talk to parents and older students
- Think about what careers you might be interested in
- Talk to careers advisor
- Attend the options evening where you can ask questions about the different subjects and chat to the local colleges who will be also be attending
- Read the subject information online on our website
- Do your research - career searching on the internet - using Buzz Quiz Wales, National Skills Assessment on the National Careers Service website, Morrisby, BBC Bitesize Careers



**National
Careers
Service**

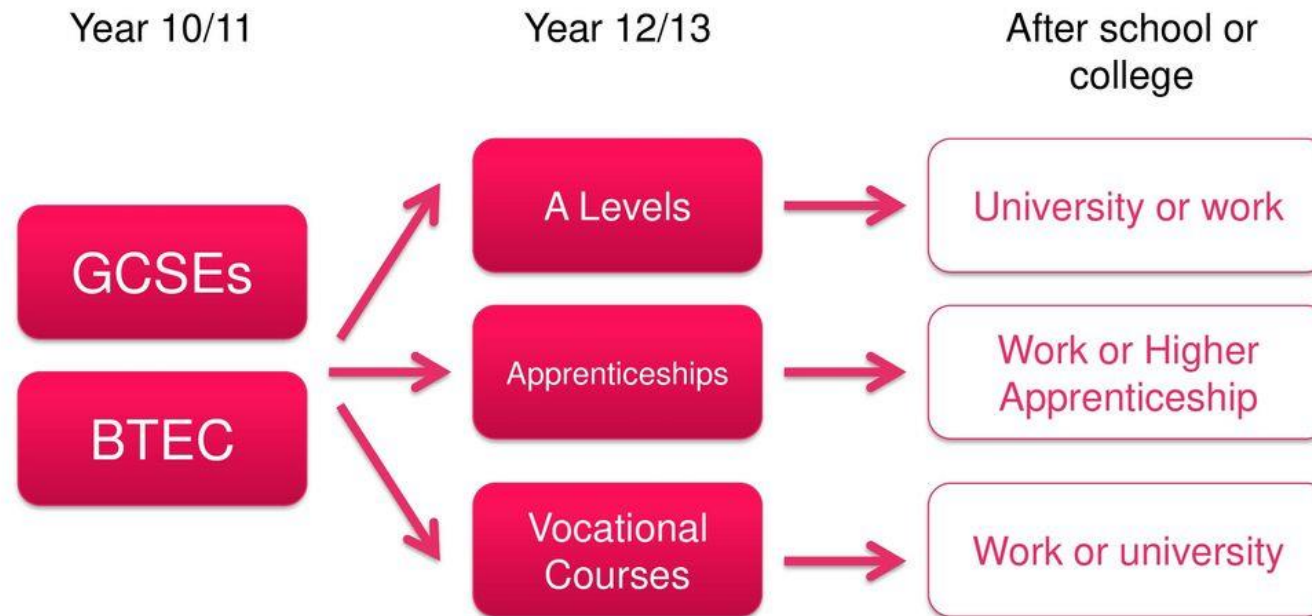


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What happens after GCSEs?



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A LEVELS

A-Levels (Advanced Level qualifications) are a UK subject-based qualification for students aged 16 and above. They are usually studied over two years, leading to qualifications recognised for entrance to higher education institutes in the UK and many others worldwide.

Grades you need to take A levels

You should check with the school or college where you'd like to study to find out exactly what you'll need.

You normally need at least:

- 5 GCSEs at grades 9 to 4
- grade 6 in the subjects you want to study



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Vocational technical qualifications (VTQs)

Types of VTQs

There are a few different types and levels of VTQs, including:

- [BTECs](#): level 1 to 7 qualifications
- [Cambridge Nationals](#): level 1 and 2 qualifications
- [Cambridge Technicals](#): level 2 and 3 qualifications
- [T Levels](#): level 3 qualifications

After your VTQ

After completing a VTQ, you can:

- [get a job](#) in your chosen career
- go on to [further study](#), such as getting a degree
- do an [apprenticeship](#)
- [volunteer](#) to help build your skills and experience

VTQs focus on a specific job or a broad employment area, such as childcare, engineering or IT.

They're usually taken at a school or college. They might be for you if you have a strong interest in working in a particular industry.

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T LEVELS

What you'll do on a T Level course

You'll spend 80% of your time in the classroom and 20% on a minimum 9-week placement with an employer. This means you'll learn what a real career is like while you continue your studies.

After your T Level

A T Level is worth the same [UCAS points](#) as 3 A levels. You can use UCAS points to apply to university or another type of [higher education](#). You can also use your T Level to do a related higher level [apprenticeship](#) or to [get a job](#).



Careers with a T Level

These are some of the careers that a T Level can lead to:

- [laboratory technician](#)
- [computer games developer](#)
- [dental nurse](#)
- [electrical engineering technician](#)
- [healthcare science assistant](#)
- [teaching assistant](#)

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Apprenticeships

Apprenticeships

Apprenticeships are real jobs that allow you to earn a wage while you learn. They can take between 1 and 5 years to complete, depending on the level.

What you'll do as an apprentice

An apprenticeship is a job where you'll:

- earn a wage and get holiday pay
- work alongside experienced staff
- gain job-specific skills
- get time for training and study related to your role

The training might be at your place of work, a college, a training provider or online.



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RUNSHAW
COLLEGE

Sat 21st Sept 2024 (10 a.m. – 2 p.m.)
Sat 16th Oct 2024 (10 a.m. – 2 p.m.)
Wed 5th Mar 2025 (4 p.m. – 8 p.m.)

PRESTON
COLLEGE

Wed 2nd Oct 2024 (4 p.m. – 7 p.m.)
Sat 2nd Nov 2024 (10 a.m. – 2 p.m.)
Thurs 6th Mar (4 p.m. – 7 p.m.)



Sat 5th Oct 2024 (10 a.m. – 1 p.m.)
Sat 16th Nov 2024 (10 a.m. – 1 p.m.)
Sat 8th Feb 2025 (10 a.m. – 1 p.m.)
Sat 29th Mar 2025 (10 a.m. – 1 p.m.)



Hutton Grammar
6th Form

Thurs 17th Oct 2024
(6 p.m. – 8 p.m.)

CARDINAL
NEWMAN
COLLEGE

Sat 5th Oct 2024 (10 a.m. – 1 p.m.)
Sat 9th Nov 2024 (10 a.m. – 1 p.m.)
Sat 1st Feb 2025 (10 a.m. – 1 p.m.)



Wigan & Leigh
College

Mon 7th Oct (4.30 p.m. – 7 p.m.)
Mon 4th Nov (4.30 p.m. – 7 p.m.)
Mon 27th Jan (4.30 p.m. – 7 p.m.)

OPEN
DAYS



Future Events:

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Title	Date
Careers (KS3 & KS4)	5pm Wednesday 18 th September
Personal Development Curriculum	5pm Thursday 3 rd October
Anti Bullying (Anti Bullying Week)	5pm Thursday 14 th November
SEND Support Evening (KS3)	5pm Thursday 12 th December
Vaping (Smokefree Lancashire)	January - TBC
Internet Safety (Internet Safety Week)	Thursday 13 th February
SEND Support Evening (KS4)	Thursday 24 th April
Family Support	June/July (TBC)
Sustainability (Environmental Awareness Week)	Thursday 5 th June

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Q & A with Mr Weaver and Mrs McVey

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