



St Mary's long-term plan – PE – 2024-25

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
External Coaching – blocks					Golf – Little sticks? Year group (TBC)	Golf – Little sticks? Year group (TBC)
External coaching – whole day all school						
After school clubs	Football 5/6			Football ¾ Netball		
Other	Active schools online – 3x 15 minutes of activities 25 th October					Sports Day (TBC)
Reception	FMS Move with Max: Aliens love Underpants	FMS Move with Max: Aliens love Underpants	FMS Move with Max: The Gruffalo	FMS Move with Max: The Gruffalo	FMS Move with Max: Tiny Whale a Fishy Tale	FMS Move with Max: Tiny Whale a Fishy Tale
Year 1	FMS- Coaching	Dance- Get set	Gymnastics- Coaching	Invasion Games	Athletics	Athletics (prep) Striking and fielding
Year 2	FMS- Coaching	Dance- Get Set	Gymnastics- Coaching	Invasion Games	Athletics	Athletics (prep) Striking and fielding
Year 3	Fundamentals (Get Set)	Gymnastics- Coaching	Dance- Get Set	Football – Coaching	Athletics	Athletics (prep)
Year 4	Fundamentals (Get Set)	Gymnastics- Coaching	Swimming ? Dance- Get Set	Football- Coaching	Athletics	Athletics (prep)
Year 5	Swimming- OAA Get- Set	Swimming Gymnastics Get- Set	Dance -Get Set	Football Get-Set	Tag Rugby – Coaching	Athletics Get Set Cricket/Rounders
Year 6	Swimming – OAA- Get-Set	Swimming – Gymnastics- Get-Set	Dance-Get Set	Football Get-Set	Tag Rugby- Coaching	Athletics Get Set Cricket/Rounders

