SEND AT ST MARY'S JARROW

Wednesday 23rd September 2026



WELCOME TO OUR AUTUMN NEWSLETTER DEDICATED SPECIFICALLY TO SPECIAL EDUCATIONAL NEEDS AT ST. MARY'S JARROW. WE PRIDE OURSELVES IN LISTENING TO YOUR VIEWS AND ACTING UPON YOUR REQUESTS. IF YOU HAVE ANY IDEAS ABOUT WHAT YOU WOULD LIKE TO SEE IN FUTURE NEWS LETTERS OR VISITORS THAT WOULD BE OF SUPPORT TO ATTEND OUR COFFEE MORNINGS PLEASE LET US KNOW.

Our last focussed SEND coffee morning in late June was a great success with Katherine and Alice from the Toby Henderson Trust visiting to share information about their transition resources and the upcoming events at the Autism Hub. The Toby Henderson Trust is a service for families with Autistic children up to 18 who live in South Tyneside. No diagnosis is needed to access support from this service and they provide a range of drop in sessions, in person workshops, advice about how to access specialist support, webinars and training for both parents and professionals. Please see some of the flyers attached for more information about the support they can provide in the coming season.

Please check out @The Toby Henderson Trust at the Autism Hub on Facebook for more information.

Useful contacts:

- SEND local offer- https://sendlocaloffer.southtyneside.gov.uk/
- The Autism Hub- autismhub@ttht.co.uk
- Rainbow guide- https://www.choicewellbeingservice.org/rainbowguide
- Speech and language uk- https://speechandlanguage.org.uk/
- The Toby Henderson Trust- https://www.ttht.co.uk/



YOU SAID - WE DID



Our aim at St. Mary's is a culture of co-production, where we listen to your views and opinions about what you need and provide this support through our SEND coffee mornings and SEND offer whenever possible. In the Summer term we listened to what you wanted and planned the following support.....

SEND coffee morning 30th April 2026:
A parent attended the coffee morning to share their positive experiences of the Epinay youth club. Parents requested that they would like more information about services and offers in the local area and about transition to support moving to KS3.

SEND coffee morning 21st May 2026:
Natalie Padget visited our session from the Local Family Hubs. She brought Rainbow booklets to share information about free and relaxed activities and sessions in the local area and we discussed The Max card, Kayaks support and workshops available at the family Hubs. You said that you would like to have a representative from the Toby Henderson Trust to learn more about this service.

SEND coffee morning 17th June 2026:
Katherine and Alice from the Toby Henderson Trust attended to talk about their shared experience of Autism and ADHD. We shared the challenges of long waiting lists and discussed the anxiety often caused by transitions. We also talked about the support that The Toby Henderson Trust can access in supporting and seeking a diagnosis with link clinicians.



M Walker

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Coming events







Our next SEND coffee morning will take places on Thursday 22nd October at 9:00-9:30.

Our Educational Psychologist Ryan Holmes will attend this session to answer your questions and give advice. All are welcome at our coffee mornings.

Parent views:

'The coffee mornings have a lovely supportive atmosphere and I never feel judged or alone.'

'I feel that a less formal cuppa and a chat is beneficial to develop relationships and we have the chance to share problems and get specialist information!'

Please see the attached information for a multi agency event that is being held at the Autism Hub on 20th October 2026. At this event, families and carers can meet representatives from a range of organisations and agencies face to face to ask questions and chat about the support your family needs.



The Toby Henderson Trust

MULTI-AGENCY EVENT!

AUTISM HUB
The Toby Henderson Trust

WHAT DOES MULTI-AGENCY EVENT MEAN?

It means families get the chance to meet multiple different services 'in person' in one place and are able to put a 'face to a name/organisation.' Feedback from families who attend our support groups, where we regularly have guests join us have shown the value in the opportunity to meet professionals/services in person and have a chat about individual support and needs available for your family. If you are a family living in South Tyneside please come along, have a chat and learn more about what is on offer for families in your local area. No need to book just drop in!

- WHERE: Autism Hub, Gordon st, South Shields
- DATE: Tuesday 20th October 2026
- TIME: 10am - 12pm

0191 816 0550 autismhub@ttht.co.uk ttht.co.uk

2026