

First Steps Nursery @ St Mary's



St Mary's Catholic Primary
School

Ayr drive, Jarrow

NE32 4AW

0191 4898336

**FIRST
STEPS**
@ St. Mary's



A very warm welcome to First Steps @ St Mary's. We hope you and your child enjoy your time spent with us here in Nursery.

Within our Nursery we aim to provide a happy, safe, nurturing and stimulating environment for your child to grow and learn. We would like all our children to reach their full potential and enjoy their time with us, and we will support them in every way possible. We provide a wide range of activities and experiences for our children to support their learning and development.

Our nursery is a very important part of St Mary's Catholic School as many of our children go on to join the reception class. Please be aware that you do not have to be part of the Catholic Faith to attend our school, so consider us when filling in your school application forms.

Together we flourish



Bishop Chadwick
Catholic Education Trust

Nursery sessions

Here at First Steps Nursery, we have 40 places for
2-year olds and 78 places for 3-4 year olds.

We currently offer half day and full day sessions. These can vary from 15-hour funded sessions to 30-hour full-time sessions. We can offer you a 15-hours funded place over 2.5 days to accommodate working families so please speak to a member of staff to chat about how we can support your requirements.

Our Nursery session core hours are:

Morning: 8:45am – 11:45am

Afternoon: 12:45pm – 3:30pm

Full day: 8:45am – 3:30pm

You can check eligibility for a 2-year funded place by visiting
[www.gov.uk/help-with-childcare-costs/free- childcare-2-year-olds](https://www.gov.uk/help-with-childcare-costs/free-childcare-2-year-olds)

For any children accessing a 30-hour place, parents should provide their eligibility code, DOB & NI number as soon as possible. It is the responsibility of parents / carers to keep these codes current, however nursery staff will give you a little reminder when your new code is required.

Extra Sessions

Additional sessions are available should you require them at a small charge. Please see details below for pricing for each session. It is advised that you book required sessions however we will try and accommodate families whenever possible.

Session	Cost
Morning session (8:45 - 11:45am)	£15.00
Afternoon session (12:45 - 3:45pm)	£15.00
Lunch time supervision for children who stay for a packed lunch or school meal.	£2.00
<u>Wrap Around:</u>	
Breakfast	£3.00
After school	
Option 1: (3:30 - 4:30pm)	£4.00
Option 2: (3:30 - 6pm)	£7.50
Breakfast & After school	£10.00

Please see a member of the nursery team to book your child in for extra sessions.

The Foundation Stage

The Nursery & Reception classes are referred to as the Early Years Foundation Stage of learning. This is an important stage, as it is during this time that attitudes to learning are formed and social skills develop, which lay out the foundations for future education.

A Unique Child	Positive Relationships	Enabling Environments	Children learn in different ways and at different rates
Every child is a unique, competent learner from birth who can be resilient, capable, confident and self-assured	Children learn to be strong and independent from a base of loving and secure relationships with parents and/or a key person	The environment plays a key role in supporting and extending children's development and learning	The EYFS Framework covers the education and care of all children in early years provision, including children with special educational needs and disabilities

Young children learn most effectively through a balance of structured and child-initiated play. Our team work together to plan for the children's learning to ensure that all areas of development are covered within an interesting, stimulating and supportive framework.

Early Years Foundation Stage

The EYFS curriculum is based around seven areas of learning and development.

There are three Prime Areas:

- Communication & Language
- Personal, Social & Emotional Development
- Physical Development

These areas cover the knowledge and skills required to form the foundations of formal learning. The Prime Areas develop through effective relationships and experiences, supporting learning in all other areas, and remain fundamental throughout the EYFS.

There are four Specific Areas of learning and development which grow from the Prime Areas and provide important opportunities for extending knowledge:

- Literacy
- Mathematics
- Understanding the world
- Expressive Arts & Design

Our 2-Year-old room

In our 2-year-old room we offer a wide range of age-appropriate activities and endless opportunities to support and develop all areas of learning.



We promote independence with our children throughout nursery and encourage them to make their own choices; selecting resources and activities that interest them, encouraging them to help to tidy away equipment, washing hands for snack and putting on their own coats for outdoor play. Staff are always there to help and support when needed.



We observe and record our children's progress and development. We follow the children's interests and provide opportunities to expand on these interests through their daily play.



Daily Routine

Our daily routine in the 2-year-old room is as follows:

Morning:

08:45 – 09:05	Free play as the children arrive
09:05 – 09:15	Registration & Welcome time
09:15 – 10:25	Free play with structure / support
10:25 – 10:35	Tidy up time
10:35 – 10:55	Wash hands/Snack / Recall
10:55 – 11:30	Outdoor play
11:30 – 11:35	Nursery rhymes / Home / Lunch.

Afternoon:

12:45 – 01:00	Free play as the children arrive
01:00 – 01:15	Registration & Welcome time
01:15 – 02:25	Free play with structure / support
02:25 – 02:35	Tidy up time
02:35 – 02:55	Wash hands/Snack time / Recall
02:55 – 03:20	Outdoor play
03:20 – 03:30	Nursery rhymes / Home time.

Our 3-year-old room

The children have access to lots of different areas within our 3-year-old room: role play, reading, creative & messy play, water play, playdough, writing equipment, small world and construction areas. All these provide opportunities to support and develop their interests and learning.



The children's interests are recorded and activities are planned for the children based on these, encouraging and supporting all areas of their development.



Children are given a wide range of opportunities to engage in lots of varied activities when in nursery.

Together they share experiences, helping and supporting each other to achieve their chosen goal with various activities.



Daily Routine

Our daily routine in the 3-year-old room is as follows:

Morning:

08:45 – 09:00	Welcome / greeting time
09:00 – 09:15	Circle time
09:15 – 09:30	Small group time
09:30 – 10:45	Work time - play with adult support
10:45 – 10:50	Tidy up time
10:50 – 11:05	Recall and story
11:05 – 11:25	Outdoor play
11:30 – 11:45	Rhymes/ prayers / home and lunch

Afternoon:

12:45 – 13:00	Circle time
13:00 – 13:15	Small group time
13:15 – 14:30	Work time - play with adult support
14:30 – 14:40	Tidy up time
14:40 – 14:55	Recall and story
14:55 – 15:20	Outdoor play
15:20 – 15:30	Rhymes/ prayers / get ready
15:30 – 15:45	Home time

Our Nursery Garden

We are very fortunate to have a lovely big outdoor space for the children to play and explore. We have our very own play equipment, with a slide, swings & climbing frame, all supporting our children's physical development. We also have a big yard where the children can play on bikes and scooters or simply just explore and socialize.



Our children have endless opportunities outdoors. Mud kitchens, water, gravel, role play, large blocks, investigation and diggers are just some of the things they can play with. The children use their own imagination when outside and we explore together.



Admissions

Once your child's place has been confirmed by a member of our team you will be invited in for an initial visit. This visit will be used to complete all the relevant paperwork, have a look around the nursery and meet our team. This visit will last for about one hour.

You will then be given a date to return for your child's next visit, during which you can leave your child should you feel comfortable doing so. If not, we can provide a place to sit whilst your child plays in the nursery room.

We take the lead from the child with further visits as all children are different; some will run into the room on their first visit and then happily start, whereas others will need more time to settle if they are a little upset or anxious about leaving parents/carers.

Please do not worry if your child is upset, we can arrange as many visits as they need. We completely understand that it is a difficult time for parents to see their children upset on visits and we will support you and your child through this transition.



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First Day at Nursery

On your child's first day at Nursery, we ask that you bring the following to keep on your child's coat peg:

- Nappies & wipes if required
- A change of clothes

(A full outfit if possible, as spare clothes in nursery is very limited)

- A comforter if required

We do not encourage children to bring dummies, blankets or toys into nursery in case they go missing, however if your child is upset and you feel that this will settle them, you can bring a comfort item on their first day.



Uniform

Although it is not compulsory to wear a uniform in nursery some families do choose to do so. Should you wish to purchase uniform please contact 'Initial Images' who will be more than happy to help.



2D&E Rekendyke

Eldon Street

South Shields

Tyne & Wear

NE33 5BZ

0191 4558128

The children have access to messy play throughout their session and are encouraged to explore the outdoors. We do encourage children to wear aprons during messy activities; however we do recommend you do not put your child's nice clothes on them for nursery.

Parent Partnership

We have an open-door policy in Nursery and it is important to us that parents/carers feel welcome and that they can communicate any queries or concerns they may have.

We try to involve parents/carers as much as we can in nursery. We hold termly Stay & Play sessions where you are invited into the nursery room to play with your child and discuss their development.

We also have a weekly library day and often provide the opportunity for adults to come in and share stories with the children or participate in workshops.

Throughout the year we have various celebrations and events during which we ask for parental involvement.

We look forward to you joining in with these experiences with us and making memories with your child.



Healthy

Eating

The children are offered health snacks during their nursery sessions, morning and afternoon. We provide a drink of milk or water (we only allow juice at lunch time) and a selection of fresh fruit and vegetables.



If you are providing a packed lunch for your child's dinner, we do encourage healthy choices and ask parents not to put sweets, fizzy drinks or chocolate bars in their packed lunch bag. We are also a **nut-free** school and therefore ask you not to send in any nut products in your child's lunch box.



Behaviour Management

We encourage good behaviour with all children in nursery. We encourage them to respect themselves, each other, adults and nursery property. We apply some simple rules fairly and consistently throughout their session. Should a child display unacceptable

behaviour regularly, this will be discussed with parents/carers. We will put strategies in place to help and support the child in nursery and at home if needed.



- We have kind hands and feet.
- We listen to others.
- We take turns and share.
- We walk indoors.
- We help to keep our nursery tidy.

Special Educational Needs (SEN)

We track our children's progress regularly which helps us with early identification of children's individual needs. We work closely with parents/carers to develop effective strategies and development plans to support the children. We also work closely with outside agencies and professionals to ensure the best support possible for the family. Please speak to Mrs. Walker who is the school SENCO if you would like to discuss your child's need and support further. We

also hold a SEND coffee morning on the second last Thursday of each month from 9:00-9:30 where all are welcome.

Contact details

We ask that all parents/carers keep contact details up to date. If you do change your telephone number or address, please let us know as soon as possible. Please ensure that we have always at least one Emergency Contact up to date. Staff administer first aid and report incidents to parents / carers upon collection, however if there is a more serious matter regarding your child, we may need to contact you or a relative. It is therefore vital that these details are kept up to date in nursery.



Collecting Children

We have a collection policy by which if someone different is collecting your child whom staff have not met before we will ask you to arrange a password which they will be asked when they collect your child.

Should someone come to collect your child who we have not met or been informed about, we will not allow them to take your child. You will receive a telephone call from nursery to ask if this person can collect your child. Safeguarding our children is paramount.



Jewellery

We have a **NO** jewellery policy in nursery. We ask that for the safety of your child that you do not allow them to wear any jewellery for nursery.

Toilet Training

Children **do not** have to be toilet trained before coming into nursery. When the time comes to toilet train your child, we will work closely with you and your child to support them using the potty or toilet. We encourage

all our children to be independent when in nursery and when using the bathroom and washing their hands.

We ask that you provide multiple changes of clothes and a change of shoes daily if your child is toilet training as we can have a few accidents to begin with when they are learning.

Please speak to a member of staff if you need any help or advice on starting to toilet train your child.



Childhood Illnesses

As you are aware children do become poorly from time to time. We do have sickness policies in place within nursery and for some childhood illnesses we do have an exclusion period. Please see the details below for some of the more common illnesses.

Childhood Illness	Children can return
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Sickness & Diarrhoea	48hrs after the last episode
Conjunctivitis	24 hrs after starting drops
Slapped Cheek	Not infectious once the rash appears
Chicken Pox	Until spots scab over

We do ask that if your child is showing signs of being unwell and you feel they will not benefit from their nursery session, then please keep them at home until well enough to return. If your child is poorly, please ring and leave a message on the answer machine or give a message to the office manager in school.

School Readiness

We know it can be a very daunting time when you must consider 'big school' for your little one. We are here to support you and your child throughout.

Nursery will provide parents/carers with school admission forms when the time comes and we are here

to help complete forms, discuss concerns and answer questions should you need us.

Getting our children 'school ready' is very important to us. Helping them build the skills they need to take the big step into Reception.

We work closely with all schools in the area to pass on any relevant information with regards to children should they be joining a new school. We liaise with each other to make sure transition is as smooth as possible for you and your child.



Keeping you up to date:

Class Dojo



ClassDojo

We use the 'Class Dojo' app to send out messages, letters and to communicate with parents. After you have completed your contact information, you will receive a text explaining how to access your account.

[Check the website:](#)

We like to keep you all up to date with important information and about things we have planned. We post newsletters and information on the St. Mary's school website so please look out for any information.

[First Steps Nursery- St. Mary's Jarrow:](#)

We do have our own Facebook page where we like to share photos of the children so you can see what they have been doing in nursery weekly. Again, this platform is used to promote reminders of important dates coming up so please like our page.



The nursery team would like to take this opportunity to thank you for choosing First Steps Nursery for your child.

We hope you enjoy your time with us!



"I am in nursery, I'm not built to sit still, keep my hands to myself, take turns, be patient, stand in line, or keep quiet all of the time. I need: motion, novelty, adventure and to engage the world with my whole body. Let me play."

