



South Tyneside Council



Relationships Matter

South Tyneside's Relationships Matter programme is here for you...

We have new resources, online learning and practical support to help you have conversations about relationships and conflict.

Alongside a self-help programme and face-to-face courses for families who are:

- struggling to communicate with their partner
- having regular disagreement and arguments
- having arguments that aren't being resolved



SAVE THE DATE

No booking required.
Simply turn up and find out more.

Hebburn Family Hub
8th October 2025
1:00-3:00pm

If you would prefer to attend an online session
please email familyhubs@southtyneside.gov.uk

FOR every
FAMILY
SOUTH TYNESIDE FAMILY HUBS

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