

SEND AT ST MARY'S JARROW

Wednesday 16th September 2026



WELCOME TO OUR AUTUMN NEWSLETTER DEDICATED SPECIFICALLY TO SPECIAL EDUCATIONAL NEEDS AT ST. MARY'S JARROW. WE PRIDE OURSELVES IN LISTENING TO YOUR VIEWS AND ACTING UPON YOUR REQUESTS. IF YOU HAVE ANY IDEAS ABOUT WHAT YOU WOULD LIKE TO SEE IN FUTURE NEWS LETTERS OR VISITORS THAT WOULD BE OF SUPPORT TO ATTEND OUR COFFEE MORNINGS PLEASE LET US KNOW.

Our last focussed SEND coffee morning in late June was a great success with Katherine and Alice from the Toby Henderson Trust visiting to share information about their transition resources and the upcoming events at the Autism Hub. The Toby Henderson Trust is a service for families with Autistic children up to 18 who live in South Tyneside. No diagnosis is needed to access support from this service and they provide a range of drop in sessions, in person workshops, advice about how to access specialist support, webinars and training for both parents and professionals. Please see some of the flyers attached for more information about the support they can provide in the coming season.

Please check out @The Toby Henderson Trust at the Autism Hub on Facebook for more information.



Useful contacts:

- SEND local offer- <https://sendlocaloffer.southtyneside.gov.uk/>
 - The Autism Hub- autismhub@ttht.co.uk
 - Rainbow guide- <https://www.choicewellbeingsservice.org/rainbowguide>
- Speech and language uk- <https://speechandlanguage.org.uk/>
- The Toby Henderson Trust- <https://www.ttht.co.uk/>

YOU SAID - WE DID



Our aim at St. Mary's is a culture of co-production, where we listen to your views and opinions about what you need and provide this support through our SEND coffee mornings and SEND offer whenever possible. In the Summer term we listened to what you wanted and planned the following support.....

SEND coffee morning 30th April 2026:

A parent attended the coffee morning to share their positive experiences of the Epinay youth club. Parents requested that they would like more information about services and offers in the local area and about transition to support moving to KS3.

SEND coffee morning 21st May 2026:

Natalie Padget visited our session from the Local Family Hubs. She brought Rainbow booklets to share information about free and relaxed activities and sessions in the local area and we discussed The Max card, Kayaks support and workshops available at the family Hubs. You said that you would like to have a representative from the Toby Henderson Trust to learn more about this service.

SEND coffee morning 17th June 2026:

Katherine and Alice from the Toby Henderson Trust attended to talk about their shared experience of Autism and ADHD. We shared the challenges of long waiting lists and discussed the anxiety often caused by transitions. We also talked about the support that The Toby Henderson Trust can access in supporting and seeking a diagnosis with link clinicians.



SEND AT ST MARY'S JARROW



Coming events

The Toby Henderson Trust

MAKATON FAMILY WORKSHOP

Talk To The Hand
Makaton Training

Autism Hub | 10 Gordon Street
South Shields | NE33 4JP
Tuesday 6th Oct | 10-12.30pm

Start your Makaton journey and support your person on our bespoke workshop. In our friendly, practical session we will be covering 34 core concepts, signs and symbols in addition to concepts that support family and community day to day life. Suitable for parents, carers and family members (Over 14's only).

Spaces are limited. Register your interest now. Delivered by licensed Makaton Tutor Anna Metling.

BOOK YOUR PLACE

If you are interested in joining, please book your place by emailing autismhub@ttht.co.uk or calling 0191 816 0550. (Please leave a voice message, missed calls can not be replied to)

Please note: This workshop is for families living in the South Tyneside area.

NEW

PARENT & CARER GROUP AT THE AUTISM HUB

CUPPA AND CAKE GROUP FOR FAMILIES WITH AUTISTIC YOUNG ADULTS 18+

This monthly group is free to attend and is for parent & carers of autistic young adults 18+ who live in South Tyneside.

It is a chance to come along and meet and chat with other families as well as our experienced family support team.

To find out more and for upcoming dates or to book a place, please get in touch via email, telephone or through our website.

AUTISM HUB
The Toby Henderson Trust

Gordon St, South Shields | autismhub@ttht.co.uk | www.ttht.co.uk | 0191 816 0550

The Toby Henderson Trust at The Autism Hub

October SEND coffee morning: 22nd October 9:00-9:30.

Our Educational Psychologist Ryan Holmes will attend this session to answer your questions and give advice.

All are welcome at our coffee mornings.

SEND reviews: Thursday 5th November.

November SEND coffee morning: 19th November 9:00-9:30.

Parent views:

‘The coffee mornings have a lovely supportive atmosphere and I never feel judged or alone.’

‘I feel that a less formal cuppa and a chat is beneficial to develop relationships and we have the chance to share problems and get specialist information!’

THANK
YOU



The Toby Henderson Trust

MULTI-AGENCY EVENT!



WHAT DOES MULTI-AGENCY EVENT MEAN?

It means families get the chance to meet multiple different services 'in person' in one place and are able to put a 'face to a name/organisation.' Feedback from families who attend our support groups, where we regularly have guests join us have shown the value in the opportunity to meet professionals/services in person and have a chat about individual support and needs available for your family. If you are a family living in South Tyneside please come along, have a chat and learn more about what is on offer for families in your local area. No need to book just drop in!

- 💡 WHERE: Autism Hub, Gordon st, South Shields
- 💡 DATE: Tuesday 20th October 2026
- 💡 TIME: 10am - 12pm



0191 816 0550



autismhub@ttht.co.uk



ttht.co.uk