



Personal Development

- Citizenship, Personal, Social and Health education provision
- Growth mindset and Metacognition
- Resilience development strategies
- Activities focused on building self-esteem
- Work to develop confidence
- Mental Health & wellbeing provision
- Transition support





Social Development

- Relationship, Social and Health Education provision
- Citizenship
- Charitable work
- Pupil Voice through School Council, Action Team, Mini Vinnies, Wellbeing Champions and Faith in Action
- Nurture and social groups
- Promotion of healthy lifestyles
- Provisions linked to the school's accreditation Gold Wellbeing Charter Mark
- Access to pastoral support and counselling





Physical Development

- Healthy Eating promotion
- Anti-bullying and safeguarding strategies
- Wellbeing promotion activities e.g. Five ways to wellbeing
- Extra-curricular activities e.g. Gardening Club
- The celebration of sporting achievement including personal fitness and competitive sport
- Cycling training and bikeability
- Activities available for unstructured time, including lunch and break times
- Outdoor education residential trips
- The curricular programme related to food preparation and nutrition
- Advice & guidance to parents on mental health and wellbeing
- The promotion of walking or cycling to school to reduce road congestion, encourage active travel, improve pupil's health and wellbeing and improve air quality.





Spiritual and Moral Development

- Our Religious Education and Philosophy Curriculum
- Our collective acts of worship and reflection
- Support for the expression of individual faiths
- Inter-faith and faith-specific activities and speakers
- Visits to religious buildings and centres
- School-linking activities, locally, nationally and internationally
- Behaviour policy and restorative framework
- Faith in Action
- Contributions to local and national charitable projects.





Cultural Development

- Citizenship Education
- Access to the Arts
- Involvement in Arts projects
- Music lessons, visitors and participation in music festivals and events
- Access to the languages and cultures of other countries through the curriculum
- Promotion of racial equality and community cohesion through the school's ethos and practice.

