St Mary's Catholic Primary School

PSHE Policy

September 2026

Rationale and Ethos

At St Mary's Catholic Primary School, our PSHE curriculum is rooted in our Catholic faith and Mission Statement, supporting the development of the whole child: spiritually, morally, socially, emotionally, intellectually and physically. We recognise the dignity of every person as created and loved by God and seek to help all children grow in faith, confidence and character.

Christ is at the heart of all we do. Guided by His teaching to love God, ourselves and one another, we deliver PSHE within a framework of respect, compassion and positive relationships. Through this, pupils develop the knowledge, skills and values needed to lead healthy, safe and fulfilling lives and make a positive contribution to society.

This policy should be read alongside the school's R(S)HE Policy. Whilst R(S)HE forms an important part of our wider PSHE provision, the specific curriculum content and statutory requirements are outlined within the separate R(S)HE Policy.

Roles and Responsibilities

The Governing Body, Headteacher and staff share responsibility for ensuring that PSHE is delivered effectively and in accordance with statutory requirements, Catholic teachings and the school's ethos. The PSHE Lead is responsible for monitoring curriculum provision, supporting staff and leading the ongoing development of PSHE across the school.

Statutory Requirements

PSHE at St Mary's incorporates the statutory requirements for Relationships Education and Health Education. Further information regarding R(S)HE content and parental rights is outlined in the school's R(S)HE Policy.

Aims of PSHE

At St Mary's Catholic Primary School, PSHE aims to support pupils' personal development and wellbeing so that they can grow as confident, responsible and respectful individuals, created and loved by God.

Through PSHE, pupils will:

- develop the knowledge, skills and values needed to lead healthy, safe and fulfilling lives;
- build positive relationships based on respect, kindness and empathy;
- develop resilience, self-confidence and emotional wellbeing;

- understand how to stay safe, including online;
- appreciate diversity and respect the dignity of others;
- prepare for the opportunities, responsibilities and experiences of later life;
- make a positive contribution to the school, parish and wider community.

We are committed to ensuring that our PSHE curriculum is inclusive and accessible to all pupils, enabling every child to participate, achieve and flourish.

Teaching and Learning

PSHE is delivered through a range of engaging learning experiences, including curriculum lessons, assemblies and enrichment activities. Teaching promotes discussion, reflection and active engagement, enabling pupils to develop the knowledge, skills and values needed to lead healthy, safe and fulfilling lives.

Curriculum Organisation

At St Mary's Catholic Primary School, PSHE is delivered primarily through the *Ten:Ten Life to the Full* programme, supported by learning across the wider curriculum and the Catholic Life of the school. This includes opportunities within Religious Education, Science, PE, Computing, Collective Worship, assemblies and themed enrichment activities.

Through our BREW curriculum, pupils develop positive learning behaviours, resilience, personal responsibility and strong relationships, further supporting the aims of PSHE.

Additional PSHE content is taught through planned curriculum opportunities and dedicated focus weeks, ensuring coverage of statutory requirements and responding to the needs of our pupils.

Our Catholic ethos underpins all aspects of PSHE, promoting Gospel values, Catholic Social Teaching, service to others and respect for the dignity of every person, in line with our Mission Statement. Pupil voice, wellbeing monitoring and parental feedback help inform the ongoing development of our provision.

Early Years Foundation Stage

PSHE is an integral part of the Early Years curriculum and is delivered through the Personal, Social and Emotional Development (PSED) area of learning. Children are supported to develop positive relationships, emotional wellbeing, independence and self-regulation through daily interactions and planned learning experiences.

Inclusion and SEND

PSHE is taught inclusively at St Mary's, with learning appropriately adapted to meet the needs of all pupils, including those with SEND, enabling every child to access the curriculum and achieve success.

Safeguarding

PSHE may provide opportunities for pupils to share worries, concerns or experiences. All staff understand their safeguarding responsibilities and will respond to any concerns in accordance with the school's Safeguarding and Child Protection Policy. Concerns will be recorded and reported to the Designated Safeguarding Lead (DSL) or Deputy DSL as appropriate. All visitors supporting PSHE education are expected to follow the school's safeguarding procedures.

Confidentiality

Teachers will create a safe and respectful environment for PSHE learning. Pupils will be reminded that, whilst their views will be treated sensitively, staff cannot offer confidentiality where safeguarding concerns arise. Any disclosures will be dealt with in line with the school's Safeguarding and Child Protection Policy.

Assessment and Monitoring

Assessment in PSHE is primarily formative and focuses on pupils' knowledge, understanding, skills and personal development. Teachers use a range of assessment strategies to inform future learning and teaching.

The PSHE Lead and Senior Leadership Team monitor the quality of provision through activities such as pupil voice, planning scrutiny, learning walks and lesson visits to ensure a high-quality and progressive curriculum.

Policy Review

This policy will be reviewed annually by the PSHE Lead, Headteacher and Governing Body, or sooner if statutory guidance changes.