

Safety Week at St Mary's

*Growing, Loving and Learning
in the arms of Mary*



Safety Week at St. Mary's has once again been highly informative and engaging for all our pupils.

We began this year's activities with a special visit from Sheonagh at the **Great North Air Ambulance Service**, who delivered a powerful assembly highlighting the importance of their life-saving work. The children were especially excited to meet **Miles the Bear**, the charity's friendly mascot!

Safety Week at St. Mary's has been highly informative and engaging for all our pupils. We kicked off the week with the NSPCC, who delivered crucial talks to Years 2, 5, and 6 about what to do if they don't feel safe. Additionally, all children were encouraged to participate in Walk to School Week. Each morning, pupils, accompanied by school staff, walked from Barnes Park to the school, promoting physical activity and road safety.

Year 5 pupils took part in a cycling proficiency course. Upon completion, these pupils are encouraged to cycle to school, which helps reduce traffic congestion around our school.

We also had the RNLI visiting to educate pupils on water safety, and Sergio Petrucci provided our pupils with essential basic first-aid skills.

At St. Mary's, safety is a top priority, and we are committed to ensuring that our pupils are well informed and prepared for various safety scenarios.

Great North Air Ambulance

























NSPCC





Walk to School Week









Bikeability



Why Bikeability?

Bikeability cycle training equips children with vital life skills. Pupils not only learn to cycle, they gain independence, social skills and a sense of wellbeing.

After Bikeability, children are better at responding to risk and report increased confidence. As a result, more children cycle to school which in turn improves mental health and wellbeing. This allows children to get more out of the classroom, improving their attention span and engagement. Healthier habits lead to increased attendance and improved academic results. Bikeability goes beyond a training course; it impacts children's lives.

RNLI - Water Safety



We had the pleasure of welcoming Martin Lightfoot, a dedicated volunteer with the Royal National Lifeboat Institution (RNLI), to our school. Martin provided invaluable lessons on water safety, ensuring our pupils understand the importance of staying safe around water. His presentation focused on four key messages:

1. **Stop and Think** Always assess the risks before entering the water. Look out for warning signs and be mindful of the conditions.
2. **Stay Together** Never swim alone. Always stay with a buddy to ensure mutual safety and support in case of an emergency.
3. **Float** If you find yourself in trouble in the water, float on your back to keep your airway clear and conserve energy. This can help you stay calm until help arrives.
4. **Call 999 or 112** In an emergency, call for help immediately. Dial 999 or 112 to reach the emergency services and provide them with as much information as possible.

We are grateful to Martin and the RNLI for their commitment to educating young people about water safety. Remembering these simple yet vital steps can make all the difference in ensuring a fun and safe experience near water.























At St Mary's Catholic Primary School, our pupils are committed to making a difference in their community and beyond. Recently, our pupils organised a successful cake sale to raise funds for the Royal National Lifeboat Institution (RNLI), a charity dedicated to saving lives at sea.

The event was a testament to our pupils' initiative and enthusiasm for supporting important causes. They took on various roles, from baking and decorating cakes to setting up the sale and managing the transactions. Their efforts not only showcased their creativity and organizational skills but also highlighted their dedication to contributing positively to society.

The cake sale was met with great enthusiasm from the school community, with pupils, staff, and families coming together to support this worthwhile cause. The funds raised will go towards the RNLI's vital work, ensuring that they can continue their life-saving operations and provide essential support to those in need at sea.

We are incredibly proud of our pupils for their hard work and commitment to helping others. This event is a wonderful example of how our school values are put into action, fostering a spirit of compassion, service, and social responsibility within our pupils.



First Aid Training with Sergio



Sergio Petrucci from Red Sky Foundation, came into our school to teach the children vital life-saving first aid skills. Thanks to the Red Sky Foundation, lives are being saved daily by placing defibrillators in public spaces and providing essential first aid training to schools and communities. Thank you Sergio!















