

Unit 5 Eucharist

*Growing, Loving and Learning
in the arms of Mary*



Unit 5 Eucharist



EUCHARIST - RELATING

Early Years	GATHERING - Parish family gathers to celebrate Eucharist
Year 1	MEALS - Mass, Jesus' special meal
Year 2	THANKSGIVING - Mass, a special time to thank God
Year 3	LISTENING & SHARING - Jesus gives himself to us
Year 4	GIVING & RECEIVING - Living in communion
Year 5	MEMORIAL SACRIFICE - Eucharist as the living memorial of Christ's sacrifice
Year 6	UNITY - Eucharist enabling people to live in communion

EYFS

Gathering - Parish family gathers to celebrate Eucharist







Today the children started their new theme of gathering. They looked at images of people doing things together and things done, we spoke about how the people in the photos were doing, we talked about things we like to do with friends and family and things we might sometimes like to do alone. We played the farmers in his den, a game that needs to be played as a group. The children understood they couldn't play it on their own.





Today we set up the prayer altar with the green cloth to represent ordinary time with the church, the Book, Candles and cards to represent Jesus the light of the world.

Today we talked about gathering together and how we feel when we are alone and with others, words used to explain being alone, what we like and what we don't like to do about being together were happy, meet, excited and fun, we made a list of things we might do together. Some of the celebrations we have been learning about were suggested for example baptisms, birthdays, weddings and also simply just being at home with family.

We then gathered together to play 'The Farmer in his Den' and spoke about how important it is to be together. Then together we all sang 'The Lord - Biscuits'.



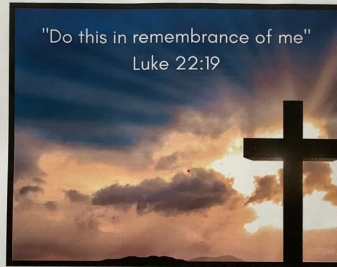
Year 1

Meals - Mass, Jesus' special meal

Year 1

Eucharist

Meals



Big Question—What makes some meals special?

Religious & Specialist Vocabulary

altar	blessing	bread
give thanks	Holy Communion	host
Last Supper	listen	Mass
Our Father	preparation of the Gifts	share
wine		
'This is my body and this is my blood'	'Blessed are you Lord God of all creation'	'Blessed be God forever'



When I have a special meal I feel loved.



Jesus washed the disciples feet



Take and eat.
Take and drink.
Do this in memory of me.



Jesus shared the meal with his disciples.



Jesus was arrested by the soldiers.

Thank you Lord for my family.

Blessed be God forever.

Thank you for the food we eat.

Blessed be God forever.

Thank you God for making the world.

Blessed be God forever.

LF1
Can I describe how Catholics share a special meal at Mass?
W.B. 26.02.24

LF3
Can I sequence what happens when preparing the special meal for the parish family?
W.B. 04.03.24

We talked about things that happen during Mass. We looked at some photographs that showed the different parts of Mass. We talked about all the different things that happen and we know that we share a special meal with Jesus during Mass. We acted out some of the parts and ordered the photographs to tell the story of Mass.

LF4
Can I say some of the words from The Our Father?
W.B. 11.03.24

Our Father

**Our Father,
Who art in heaven,
Hallowed be Thy name.
Thy Kingdom come,
Thy will be done,
on earth as it is in Heaven.
Give us this day our daily
bread.**

**And forgive us our
trespasses,
as we forgive those who
trespass against us.
And lead us not into
temptation,
but deliver us from evil.
Amen.**

LFS
Can I talk about the Holy
Communion at Mass?
W.B. 18.05.24



LFS
Can I talk about the Holy
Communion at Mass?
W.B. 18.05.24





LF6
Can I talk about celebrations
when the parish family gathers
together?
W.B. 18.03.24

The parish family gather
at mass to share Jesus
meal. They remember the
last supper. We gather
together for special meals
with our family and
friends.

Respond
Can I respond to the topic of
Eucharist - Special Meals?
W.B. 18.03.24

What can I do to make family meals happy times?








On the menu card write 3 things to help make meals
at home happy times.

Menu

1. eat with family
2. pray to God
3. tasty food



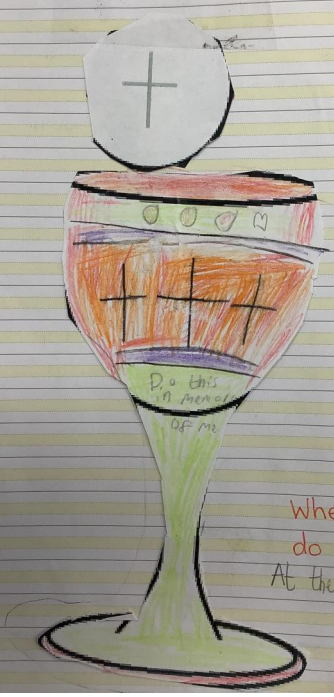
We discussed what we would need for our Celebration of the Word.

<p>Gather</p> 	<p>We come together as a part of God's family.</p> 	<p>Get into our circle to show the start of our Celebration of the Word.</p> <p>Sing a Gathering song.</p> <p>Make the sign of the cross. Light the candle as many people do during special meals. The candle reminds us that Jesus is with us as we celebrate the special meal.</p> <p>We have been thinking about all the special meals we have had.</p>
<p>Word</p> 	<p>God speaks to us and we listen.</p>  <p>Luke 22:19-22</p>	<p>The Gospel according to Luke</p> <p>Glory to you O Lord Jesus be in my thoughts, in my words and in my heart.</p> <p>The Gospel of the Lord</p> <p>Praise to you Lord Jesus Christ</p>
<p>Response</p> 	<p>We respond to the Word of God.</p> <p>We remember the people who have taken the time and trouble to prepare meals which we have enjoyed. Thank you Lord.</p>	<p>We thought about the Word. When do we remember the Last Supper every week? We read out our Litany.</p>
<p>Going Forth</p> 	<p>We want to share the Good News! We shared some special meals together.</p> 	<p>We thank you, God, for Jesus your Son. We thank you for the special meal he shares with us. Help us to grow into the kind of people you want us to be. Amen</p> <p>Let's remember to make our sharing of meals more special and remember how we can love and serve Jesus in a better way.</p>

Year 2

Thanksgiving - Mass, a special time to thank God.

Can I retell a narrative that corresponds to scripture?
S I ● ●



When did Jesus do this?
At the last supper ✓

LF 2 Can I describe some religious symbols and the steps involved in the religious actions and worship, including the celebration of the celebrations?
29.2.24
S I ● ●



We gather together in peace and think about Jesus at church. ✓



We listen and have thanks to God and listen to the priest. ✓



We give thanks to God and everyone around including Jesus. ✓



We go out and spread the word of God and go out in peace and love and be nice to others. ✓

Eucharistic Prayer

The eucharistic prayer is what Jesus said at the last supper this is what he said drink this this is my blood shed for you. This is my body made for you. The priest says that in memory of Jesus. I wonder what it was like for the disciples to eat and drink it. ✓

LF 3 Can I describe some religious symbols and the steps involved in the religious actions and worship, including the celebration of the celebrations?
(Holy, Holy)

1.3.24

S I ● ●



Holy, Holy, Holy, Lord, God of hosts

Heaven and earth are full of glory.



Hosanna in the highest.

Blessed is he who comes in the name of the lord, Hosanna in the highest.



We learned how to sign using makaton for the Holy Holy prayer.



8.3.24

LF4

Can I describe some religious symbols and the steps involved in religious actions and worship?
(Eucharistic Prayer)

S I ● ●

God our father ✓

We thank you for our world. We praise you for its beauty. We thank you for our lives on Earth. We praise you for our friends and family around us. We thank you for supporting us and spreading love from Heaven to Earth. ✓

We know that you are fantastic. You love us and do great things for us. ✓

We praise you for understanding us and you do. We thank you for our patience. ✓

Host and paten



This is the Host. It is broken in little pieces and is shared for people in holy communion and in the Eucharist. The Host represents the body of Christ.

Chalice



This is the Chalice. The Chalice represents the blood of Jesus and is poured out by the priest during the Eucharist in Mass.

I go forth and spread the news by

At home

- Make the bed ✓
- do the dishes ✓
- Help mom and dad ✓
- Get ready ✓
- Do your homework ✓
- Make your mom and dad bed ✓
- clean your room ✓
- clean the house ✓

At church

- Pray ✓
- listen to the priest ✓
- Think about Jesus ✓
- Think about God ✓
- listen to the word ✓
- listen to the Gospel ✓
- Communicate with others and talk ✓
- Share your thoughts ✓

At school

- Help somebody sad ✓
- Listen to the teacher ✓
- Be kind to everybody ✓
- Help your teachers ✓
- Be good ✓
- follow the rule ✓
- keep eye ✓
- Believe ✓

In class

- Don't make fun of any one ✓
- listen ✓
- Don't be cheaty ✓
- love one another ✓
- love teachers ✓
- Do your work ✓
- Help the teacher ✓
- Try and get a brown sticker ✓

15.3.24

Thanksgiving We will work together to plan our liturgy to celebrate the topic.

PLAN Draw or write our class plan

GATHER How will we gather? Gather in a circle. Sing praise. We make the sign of the cross.

WORD - GOSPEL Which Gospel story from the topic would you like to use? The Last Supper.

RESPONSE What action, prayer response would you like to include? Let's choose one that fits with giving thanks. I will pray at home, and do my homework more and try to get in the top numbers.

GOING FORTH How will we end and carry the message to others in some way? I will give thanks and kindness.

How can I find ways to say thank you today?
 I will do my homework 30 minutes each time. I will give kindness. I will share. I will give. I will be kind.

My Thank You Prayer

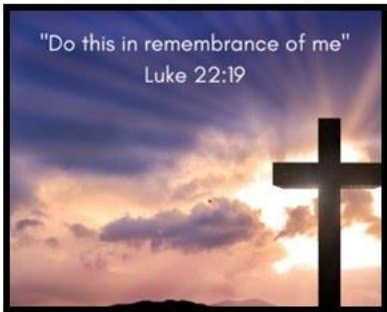
Thank you for such a lovely red nose and a lovely home with a lovely kind and respect others. Amen.

Year 3

Listening and Sharing - Jesus gives himself to us.

Year 3
Eucharist
Listening and sharing

"Do this in remembrance of me"
 Luke 22:19



Big Question—What's so important about listening and sharing?

Religious & Specialist Vocabulary		
ambo	Eucharist	gathering
Good News	Holy Communion	listening
Liturgy of the Eucharist	Liturgy of the Word	
Mass	preparation of the Gifts	sharing
words from the Gloria		
'And with your Spirit'	'The Lord be with you'	'Blessed be God for ever..'
'Take this all of you and eat of it, this is my Body'	'Do this in memory of me'	

Explore
Can I ask and
respond to
questions about
listening and
sharing?
5.2.24 ✓



PIC-COLLAGE

We listened to Andrea from the Sunderland Soup Kitchen. She asked for some sweets treats for the homeless, so as a school we brought in sweets and chocolates and we packaged them up and distributed them with homeless people.

EP: Can I describe some ways in which Christians share their faith with others?
2024

On Sunday, people from the church family come together to church to share and celebrate the sacrament of the Eucharist.

Gathering.
In church the welcome greets people and offer them hymn books or other miss books.

Other people will be preparing and setting up for the celebration like the altar and while the musicians will be playing a piece of music.

Soon after when everything is prepared they all sing a song while the altar servers and the priest enters. And the priest kisses the altar to show Jesus' love.



Then the priest says "Lord be with you!" And we reply with "And with your spirit."

LF2: Can I use religious words and phrases to describe why the Gloria is used?
26.2.24 ✓

Glory to God

Glory to God in the highest,
and on earth peace to people of good will.

We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world, have mercy on us;
you take away the sins of the world, receive our prayer;
you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit, in the glory of God the Father.
Amen.

The Gloria is a prayer praising and glorifying God.
I like this part because it shows Jesus love and greatness and we should love him back.




LF3: Can I use religious words and phrases to describe the actions and symbols used during the Liturgy of the Word?
27.2.24 ✓

On Sunday there are three readings in Mass. The first reading is from the Old Testament, the second reading is from the New Testament, and the third reading is the priest reading the gospel. Then everybody stands up and sings the Alleluia to greet the Gospel.

A reading from the Gospel according to Mark.


Glory to you O Lord


Sign of the cross

 share
 show we love
 believe his word, his word.
forehead. lips. heart.

LF4&5: Can I use religious words and phrases to describe the actions and symbols used during the celebration of the Eucharist?
4.3.24 ✓

Members of the parish bring the gifts over to the altar from the back of the church.

 The Priest holds the bread up and blesses it. We say "Blessed be God forever" ✓

 Then the Priest holds the wine up and blesses it too. We say "Blessed be God forever" ✓

Eucharistic Prayer

This is where the bread and wine are changed into Jesus's blood and body. This prayer reminds us of the last supper and God's goodness.

LO: Can I describe some ways in which Christians share God's love with others?
11.3.24 ✓



Share the word



Love one another



Be kind



Be helpful



Be like Jesus



Respect



Respond 12.3.24

RESPONSE	Use what you have remembered and your reflections to help to plan our class celebration of this topic.
LISTENING AND SHARING	
PLAN	
I want to include	prayer cloth, cross, CDs, candle and Bible
How will we gather? Why did you choose that way to gather?	Jesus the day gather us
WORD LINK	
Which scripture from the topic would you like to use?	The last supper
RESPONSE	
What action, prayer response would you like to include? Why is that a good way to respond?	Prayers to God to help us listen
GOING FORTH	
How will we end and carry the message to others in some way?	how can we share Gods word

As you listen to the music, think about these questions:
 What is easy and what is difficult about listening and sharing?
 How do your feelings affect how you want to listen and share?

Our Big Question—What's so important about listening and sharing?
 When the music stops we will share our thoughts by passing the holding cross.

Record below what you think is important and you want to hold on to from our LISTENING AND SHARING topic. It may be a picture, a prayer or some words from Scripture.

If you listen you will get far in life

Year 4

Giving and Receiving - Living in Communion

Year 4
Eucharist
 Giving and receiving

"Do this in remembrance of me"
 Luke 22:19

Big Question—Wha's more important—giving or receiving?

Religious & Specialt Vocabulary		
communion	community	communion rite
Concluding Rite	Eucharist	gathering
giving	introductory rite	Lamb of God,
Liturgy of the Word	Penitential rite	receiving
sign of peace		
'Behold the Lamb of God..'	'Lord I am not worthy.'	'Take this all of you and eat of it, this is my Body
'..all of you and drink from it, this is my Blood..'		

16.04.24

Explore: Can I describe with increasing detail and accuracy a range of religious beliefs?



Date: 16.04.24

LF1: Can I describe those actions of believers which arise as a consequence of their beliefs?

Cleaners - they clean the church to make sure everything is in order.

Stowerangers - they put flowers around the church.

Osser tree - prepare the suet and wine.

Readers - they practice their reading before to prepare.



Choir - they sing and before they practice and sing new hymns.

Welcomers - they welcome people with a warm smile.

23.4.24
Can I make links between beliefs and worship or actions?

How does the story help me become a good Christian?
The story helps Christians know because it says we need to be humble and reflect on our actions and other actions so we know if we have done something wrong or right.



23.4.24
Why is it important to say sorry at the beginning of mass?
Can I make links between beliefs and worship?

It is important to say sorry at the beginning of mass because we have done mistakes that we want our sins to be forgiven.

23.4.24
Can I make links between beliefs and worship giving reasons for actions?



24.4.24

LF4: Can I use a given source to support a point of view?

A girl named Mary (Luke)
In Nazareth there was a girl named Mary. She was not a special girl she was just normal. Then she saw a stranger. She said "I am Gabriel one of God." Mary could hardly believe her eyes.

It explaining to be obedient.

25.4.24

LF5: Can I use a given source to support a point of view?

The parable of the farmer and the seeds.

One day, a huge crowd went to see Jesus. He went in a raft and other stayed on the sand. We call stories like that parables.

Once on a farm a man was planting seeds. Some seeds landed on a footpath then 5 minutes later they had gone because the birds had eaten them. Then, some landed on the rock soil this time they grow then they died because it was too hot/warm. After, some went in a thorny bush and grew a bit bigger but still died because there was no sun and there was no water because it didn't reach the seeds.

After that, the best bit as seeds ended up in good soil were they follow and obey god. They are helpful to people to follow Jesus.

26.4.24

✓ Q: Can I make links between beliefs and worship giving reasons for actions and symbols?

I believe in Jesus.

I believe in the Holy Spirit.

I believe in God.

I know I like art.

I know Poppy likes everything rainbow.

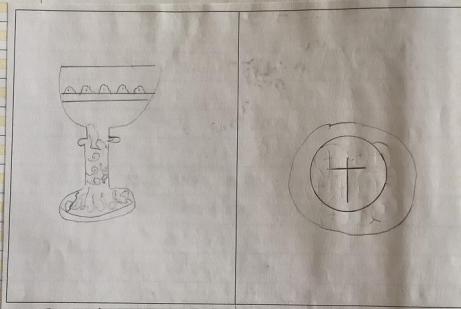
I know am in school.

My favourite part is I believe in God because I do.



26.4.24

LEI: Can I make links between beliefs and worship giving reasons for actions and symbols?

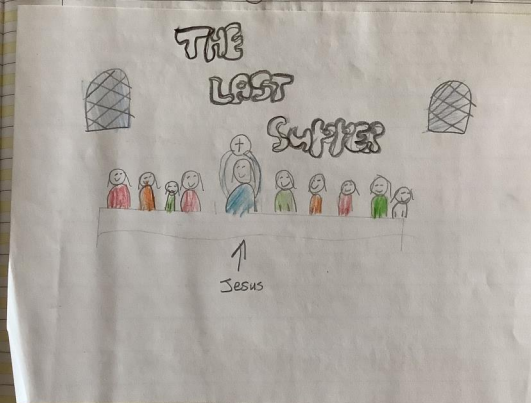


The Chalice holds the wine. It has to be made of gold or silver. The Priest wipes it with the Purificator. The Chalice veil and the Pall keeps it fresh and clean.

The paten holds the bread. The paten is made of gold only. The priest blesses the bread before we eat it.

30.4.24

LEI: Can I make links between the eucharist pray and the last supper?



The Eucharist pray is similar to the last Supper because they both pray to God.

30.4.24

LFO: Can I retell narrative about the ascension in its squares and details?

How does the Mass remind us of the Road to Emmaus?

The mass reminds us of the Road to Emmaus because the wine turns into the blood of Christ and the bread will turn into the Body of Christ.



4.5.24

LFO: Can I make links between beliefs & use generic reasons?

The Road to Emmaus

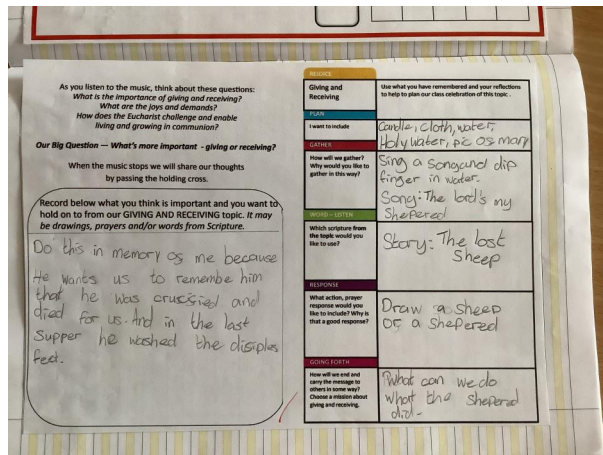
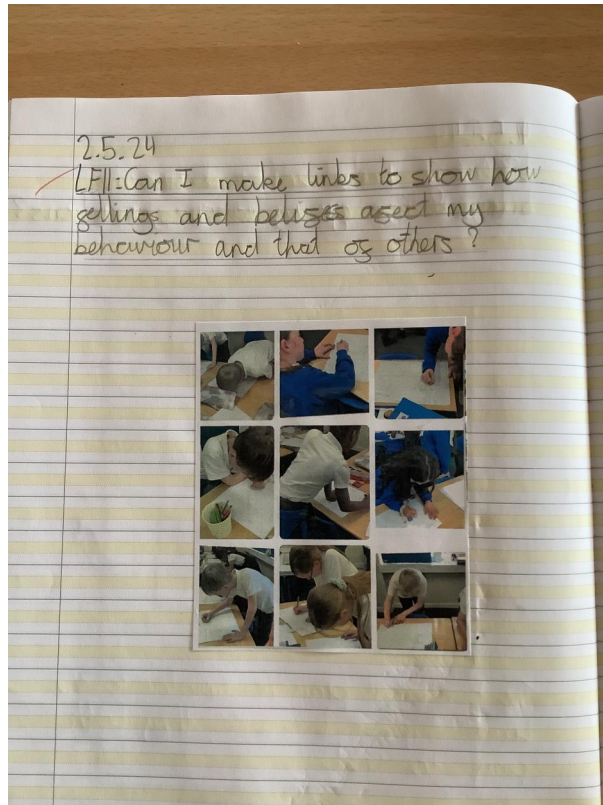
There was two men who travelled to Emmaus 5 days after Jesus was crucified. On the way they talked about Jesus. They thought he must be alive but his tomb was empty.



4.5.24

LFO: Can I make links between beliefs & use generic reasons for actions?





Year 5

Memorial Sacrifice - Eucharist as the living memorial of Christ's sacrifice

Year 5

Eucharist Memorial Sacrifice



Big Question—Why do we need memories?

Religious & Specialist Vocabulary

adoration	chalice	consecration
Eucharistic prayer	genuflect	host
Liturgy of the Eucharist	memorial sacrifice	memories
memorial	Mystery of Faith	Passover
Pesach	sacrifice	Seder meal
significant	Words of Consecration	

Wednesday 8th May

Explore: Can I understand how feelings and beliefs about memories can affect behaviour of others?

LF Explore:
My significant memory is eating Christmas dinner at the table with my family because it was my first Christmas.

Christmas

I keep this special memory alive by having funny photos with my family, who come from all over Europe to see my first Christmas, and watching a special teddybear which I got from my nanny at Christmas.

Q1: Can I understand Passover and its importance?

Moses said to the people "Remember this day - the day on which you left Egypt, the place where you were slaves. This is the day the Lord brought you out by his great power. No leavened bread is to be eaten."
Exodus 13:3

Passover (Pesach) is celebrated every year by Jews. Its importance because it remembers how Jews were tortured and some killed by Egyptians. Its making them see what it was like for people in that time. They keep this memory alive because they were free from all this torture.

Interviewing with a Jewish person for a local tv about Passover:

Edith: Hello, are you ok?

Peter: yes I'm fine now.

Edith: how does it feel to be free.

Peter: Its great it was such a hard time for me and my family, we are so happy.

Edith: well we are all glad you're ok now.



Q2: 13.5.24

Q10: Can I understand signs and signals from the last supper?



Jesus
Gets son and his
last supper with the
Apostles.

Jesus
The apostles
the head of Jesus
the bread

Jesus

The drink is
The drink is
called the Holy
grain and usually
put his elbow on the
table.

Jesus

The one who is going to
betray Jesus as he
put his elbow on the
table.

Jesus said to the apostles "The one who has those elbows on the table will betray me."

The disciples were shocked so Jesus carried on with his last supper. He broke the bread and shared with his Apostles. Next he drank the wine. Although the Apostles couldn't stop thinking about who would betray Jesus.

Saturday 15th May
 Q13 Can I understand the Eucharist as a memorial?

LF3: The Priest will say:

"Take this, all of you and eat of it, ~~for this is my body~~
~~which is given up for you~~

Take this, all of you, and drink from it: for this is the
 chalice of my blood, the blood of the new and eternal
 covenant, which will be poured out for you and for the
 forgiveness of sins. Do this in memory of me."

The Eucharist is celebrated because we want to keep
 Jesus alive. It is in memory of Jesus and his sacrifice
 for us. Christians are keeping this alive by celebrating it
 each year and remembering Jesus during the time it takes
 us just remembered by God and what he did for us. This
 is so important for Christians because it made the Last
 Supper real for Christians.

Monday 20th May
 Q14 Can I understand the Eucharist as a sacrifice?

LF4: Response to the words of consecration:

The first one is: We proclaim your death O Lord and profess your Resurrection until you come again.

The second is: When we eat this bread and drink this cup, We proclaim your Death O Lord, Until you come again.

The third is: Save us Saviour of the World. For by your Cross and Resurrection, You have set us free.

9. What do you think is the meaning of the words 'mystery of faith'?

10. What is the same about the 3 responses above?

11. What is different about the 3 responses above?

12. What sacrifice is the Eucharist a memorial of?

I believe that the words 'mystery of faith' means believe what you
 believe. In addition to this, I believe it means faithfulness.

Similarities between the three responses are that all of them
 say something about waiting for God to set them free.
 However, the differences are one talks about the bread and
 wine, one talks about Jesus and he is a saviour or
 the other one talks about his resurrection.

The Eucharist is a sacrifice of Jesus.

Wednesday 22nd May
 Q15: Can I remember the Eucharist prayer?

LPS: Eucharist prayer II

Therefore as we celebrate
 The memorial of his Death and Resurrection
 We offer you, Lord, the Bread of Life and the Chalice of
 salvation.
 Giving thanks that you have held us worthy
 To be in your presence and minister to you.
 Humbly we pray that, partaking of the Body and Blood of
 Christ
 We may be gathered into one by the Holy Spirit
 Either recite this prayer in your own words or compose
 your own thank remembering and thanking Jesus

We thank you Lord for giving us hope and peace in this world.
 We thank you Lord for your resurrection and we hope you return your holy spirits to the world.
 We thank you Lord for helping us follow your spirit through life.
 Finally we thank you for your sacrifice and giving us life so we may live.
 Amen

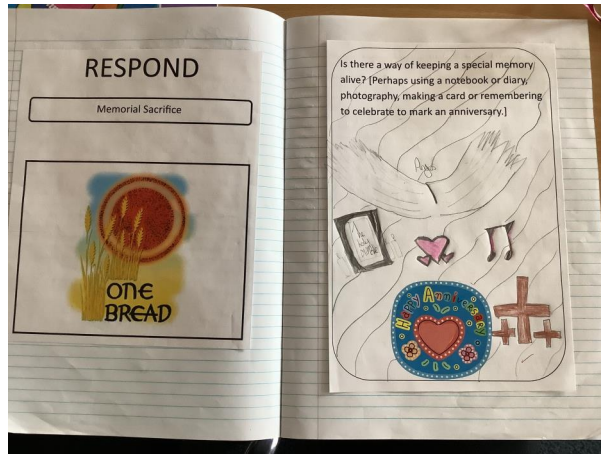
Thursday 23rd May
 Q16: Can I understand the impact of sacrifices in daily life?

LPS: Sacrifice in daily life

In 1964 (Jean) Vanier saw how people who had learning disabilities were excluded, kept in institutions and they were not living a normal life. He saw how unhappy they were. Jean was increasingly moved and invited two of the men he met, Raphael and Philippe, to leave their institutions and come and join him in his own home, neither of them had parents and had been put in hospital.

This was the beginning of life's work. John set up houses where such people could live together with those who could help them and feel they belonged, were included and worthwhile. Inspired by Noah's Ark, Jean named their house L'Arche (the Ark in French) because as he said, "We're all in the same boat".

A sacrifice is giving up something for the better. Sacrifice is so important because just the little thing can change someone's life. Not all sacrifices need to be huge, some can be so small as helping across the street and donate some clothes to charity. However, all sacrifices are equally important because they all mean so much to people. The rewards which sacrifices can bring are happiness in you and the person who you make a sacrifice for. John Vanier is following the example of Jesus by helping others. He looked everyone the same by taking them in as he would with his family. He is a significant man because he does what is right.

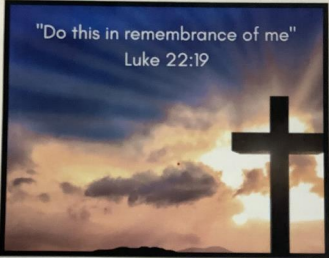


Year 6

Unity - Eucharist enabling people to live in communion

Year 6
Eucharist
Unity

"Do this in remembrance of me"
Luke 22:19



Big Question—Why are we happiest when we are united?

Religious & Specialist Vocabulary		
Amen	communion	Communion Rite
community	Eucharistic	Eucharistic prayers
Our Father	presence of Christ	Sign of Peace
unity	unity of the faithful	
'May they be one..'	'As there is one loaf, so we, although there are many of us..'	'Lamb of God'
'supper of the Lamb'	'Lord I am not worthy..'	

Explain: What qualities do you look for in a good friend?

Explain: The qualities of a good friend: the ability to be a good listener, the ability to be a good communicator, the ability to be a good supporter, the ability to be a good confidant, the ability to be a good partner, the ability to be a good friend.

Explain: What qualities do you look for in a good friend?

Explain: The qualities of a good friend: the ability to be a good listener, the ability to be a good communicator, the ability to be a good supporter, the ability to be a good confidant, the ability to be a good partner, the ability to be a good friend.

1. Can I express a point of view and give reasons for it? Then 17-11

1) Why do you think Jesus prayed his prayer at this time?
 Jesus knew they would be separated more effectively together. Jesus knew he was going to be crucified and would leave them. Jesus knew they would have a better chance together.

2) How do you think the disciples may have felt?
 The disciples may have felt confused as they didn't know why Jesus was leaving them. Some of the disciples may have felt strong because no matter what God would be with them.

3) How do you think the prayer might have influenced the disciples' beliefs and behavior?
 They will believe that God was with them and inside them. I think they would have believed that they would have God and Jesus' support.

4) What can you learn from the Gospel reading?
 We should have faith in God and Jesus. We should have the courage to spread God's word. We should work together and be more like Jesus.

12. Why do you think we have communion with Jesus and the Christians around the world because we remember what Jesus has done for human kind. I can remember the love of Jesus. What gifts do we have?

Me family community World

155! Can I make links between beliefs and sources!

May I be at peace
May my heart remain open
May I be aware of my true nature
May I be Healed
May I be a source of healing to others
May I dwell in the Breath of God
May I have peace of mind
May I always be calm and collected
Saint Teresa of Avila



156! Can I make links between beliefs and sources?
According to the Catholic Church, the Eucharist is the true presence of Jesus Christ.
The same is true of other religions through the act of transubstantiation. The bread and
wine actually change and are no longer bread and wine. They become the Body and
Blood of Christ. The bread and wine do not change appearance but because
the Holy Spirit is at work, they are truly the Body and Blood of Christ. (Catechism of the
Catholic Church, 1375-1376)

157! Can I make links between beliefs and sources?
With my pleasure to explain what happens during Eucharist/Knowledge
Bible scriptures!

John 6:35
Jesus said: "I am the bread of life; he who comes to Me will not hunger
and he who believes in Me will not thirst."

John 6:53-57
For I have said to the world: "Truly, truly, I say to you, unless you eat the flesh of my
Son and drink his blood, you have no life in yourselves. He who eats my flesh
and drinks my blood has eternal life, and I will raise him up on the last day. For my flesh is true food, and my blood is true
drink."

John 6:58
Whoever eats my flesh and drinks my blood remains in me, and I in him. Whoever
eats my flesh and drinks my blood will have eternal life, and I will raise him up
on the last day. For my flesh is true food, and my blood is true drink."




John 6:51
I am the living bread that came down from heaven. Whoever eats of this bread
will live forever. My flesh is true food, and my blood is true drink. Whoever
eats my flesh and drinks my blood will remain in me, and I will remain in him. I
will raise him up on the last day. For my flesh is true food, and my blood is true
drink."

Why are we happiest when we are united? Belong, friends and family. In Catholic beliefs, we are taught that we are like one big family. When we support and care for each other, it makes us happy. Just like how we love having friends and family that make us feel loved and joyful.

Human Rights: Imagine if everyone treated each other nicely and had the same rights. This is what human rights are about. When people are treated fairly and kindly, it creates a happy and safe atmosphere.

Environment - Taking care of our earth! We live on a beautiful planet called Earth. When we all work together to take care of it, like picking up trash or planting trees, it makes us happy because we know we are helping our home.

Well-being - Feeling safe and loved. Well-being: Being united means we have friends and a community. When we feel safe and loved, it makes us happy. It's like having a big group of friends who care about us and support us, so we can go together, help each other, take care of the Earth and bring joy and peace. These are the reasons why we are happiest when we are united.

REFLECT	
Unity	Use what you have remembered and your reflections to help to plan our class celebration of this topic.
PLAN	
I want to include	Purple cloth
GATHER	
How will we gather? Why?	Stand by me
WORD - LISTEN	
Which scripture from the topic would you like to use? Why?	Mark 14:22-24
RESPONSE	
What action, prayer response would you like to include? Why?	A - Adoration - I love you because you died for us C - Confession - I'm sorry I have sinned T - Thanksgiving - Thank you for bringing us S - Supplication - Please keep us on the right path
GOING FORTH	
How will we end and carry the message to others in some way? Why?	All you need is love