



1decision Mapping Document

Supporting the new statutory changes to Relationships Education and Health Education



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Introduction

From September 2020, Health Education and Relationships Education became statutory in all schools across the UK.

Following this decision by the DfE, the 1decision team have created a mapping document to support schools. This document looks at how the 1decision resources are mapped against the new statutory framework. Please also refer to our progression route document. Our topics are also mapped to the PSHE programme of study. You can view the '1decision and the PSHE Programme of Study' document in the 'How it Works' tab.

Throughout this document, you will be able to see how the 1decision programme covers the new statutory requirements. You will find that every area of the new framework has been explored and referenced against our primary school resources.

1decision provides 17 modules, which are recommended for students in years 1-6. The core of the programme is a series of documentaries and videos with alternative endings, which enable children to explore various topics in a safe, educational environment. The 1decision videos feature within our collection of over 70 on-screen lesson guides and our workbooks allow students to document their learning and assess their own progress.

To view the full range of topics within each module, please see pages 40-41.

Every school has the right to choose the content which they feel is suitable for their students. This will be dependent on social need, maturity, and their environment. 1decision provides flexible content, which can be used as a standalone resource or alongside additional material, to fulfil the expectations of Health Education and Relationships Education. We look forward to supporting your school with our resources!

Reading this document

Within this document you will find that each of the DfE requirements are linked to 1decision topics. These are broken down into 5-8 and 8-11 links and we have also used acronyms for each of the module names please see below.

KSS	KSH	REL	GAC	BR	FAE	CS	OW	WW	HW	AWWJ	FS	FA
Keeping/ Staying Safe	Keeping/ Staying Healthy	Relationships	Growing and Changing	Being Responsible	Feelings and Emotions	Computer Safety	Our World	The Working World	Hazard Watch	A World Without Judgement	Fire Safety	First Aid

If you require any further assistance with our resources, please do not hesitate to contact us at: info@1decision.co.uk.

Relationships Education: Key stages 1 and 2

Topic 1: Families and people who care for me

By the end of primary school, pupils should know:

1. *that families are important for children growing up because they can give love, security and stability*

KS1 Links

5-8 - KSS Baseline Ass	5-8 - KSS Road Safety	5-8 - KSS Staying Safe	5-8 - KSS Summative Ass	5-8 - REL Baseline Ass	5-8 - FAE Worry	5-8 - FAE Grief/loss	5-8 - FAE Summative Ass	5-8 - CS Making Friends Online
5-8 - OW Growing in Our World	5-8 - OW Living in Our World	5-8 - HW Hazard Watch						

KS2 Links

5-8 - KSS Staying Safe	5-8 - KSS Summative Ass	5-8 - FAE Grief/loss	5-8 - FAE Summative Ass	5-8 - CS Making Friends Online	5-8 - HW Hazard Watch	8-11 - KSS Baseline Ass	8-11 - KSS Cycle Safety	8-11 - KSS Adult & Children's Views
8-11 - KSH Adult & Children's Views	8-11 - GAC Baseline Ass	8-11 - GAC Adult & Children's Views	8-11 - FAE Worry	8-11 - FAE Summative Ass	8-11 - WW Summative Ass			

2. *the characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other's lives.*

KS1 Links

5-8 - KSS Baseline Ass	5-8 - KSS Tying Shoelaces	5-8 - KSS Staying Safe	5-8 - KSS Leaning Out of Windows	5-8 - KSS Summative Ass	5-8 - REL Baseline Ass	5-8 - REL Touch	5-8 - BR Baseline Ass	5-8 - BR Water Spillage
5-8 - FAE Worry	5-8 - FAE Grief/loss	5-8 - CS Making Friends Online	5-8 - OW Growing in Our World	5-8 - OW Living in Our World	5-8 - HW Hazard Watch			

KS2 Links

5-8 - KSS Staying Safe	5-8 - KSS Leaning Out of Windows	5-8 - KSS Summative Ass	5-8 - REL Touch	5-8 - FAE Grief/loss	5-8 - CS Making Friends Online	5-8 - HW Hazard Watch	8-11 - KSS Cycle Safety	8-11 - KSS Adult & Children's Views
8-11 - KSH Adult & Children's Views	8-11 - GAC Appropriate Touch/ Relationships	8-11 - GAC Adult & Children's Views	8-11 - GAC Conception	8-11 - BR Baseline Ass	8-11 - BR Coming Home on Time	8-11 - FAE Anger	8-11 - FAE Worry	8-11 - FAE Summative Ass
8-11 - CS Online Bullying	8-11 - WW Chores at Home	8-11 - WW Enterprise	8-11 - AWWJ Inclusion and Acceptance					

Relationships Education: Key stages 1 and 2

Topic 1: Families and people who care for me

By the end of primary school, pupils should know:

3.

- that others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care for them.*

KS1 Links

5-8 - REL
Baseline Ass

5-8 - OW
Growing in Our World

KS2 Links

8-11 - GAC
Appropriate Touch/
Relationships

8-11 - GAC
Conception

8-11 - AWWJ
Baseline Ass

8-11 - AWWJ
Inclusion and Acceptance

8-11 - AWWJ
Adult & Children's Views

8-11 - AWWJ
British Values

8-11 - AWWJ
Summative Ass

4.

- that stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up*

KS1 Links

5-8 - KSS
Staying Safe

5-8 - KSS
Summative Ass

5-8 - REL
Baseline Ass

5-8 - OW
Growing in Our World

5-8 - HW
Hazard Watch

KS2 Links

5-8 - KSS
Staying Safe

5-8 - KSS
Summative Ass

5-8 - HW
Hazard Watch

8-11 - KSS
Cycle Safety

8-11 - GAC
Appropriate Touch/
Relationships

8-11 - GAC
Adult & Children's Views

8-11 - GAC
Conception

8-11 - GAC
Summative Ass

8-11 - BR
Coming Home on Time

8-11 - FAE
Worry

8-11 - FAE
Summative Ass

By the end of primary school, pupils should know:

5.

- that marriage represents a formal and legally recognised commitment of two people to each other which is intended to be lifelong*

KS1 Links

There are no KS1 links for this area

KS2 Links

8-11 - GAC
Appropriate Touch/
Relationships

8-11 - AWWJ
Inclusion and Acceptance

6.

- how to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed.*

KS1 Links

5-8 - KSS
Baseline Ass

5-8 - REL
Touch

5-8 - REL
Summative Ass

KS2 Links

5-8 - KSS
Staying Safe

5-8 - REL
Touch

5-8 - REL
Summative Ass

8-11 - GAC
Appropriate Touch/
Relationships

8-11 - GAC
Summative Ass

8-11 - FAE
Adult & Children's Views

Relationships Education: Key stages 1 and 2

Topic 2: Caring friendships

By the end of primary school, pupils should know:

7. *how important friendships are in making us feel happy and secure, and how people choose and make friends*

KS1 Links

5-8 - REL
Friendship

5-8 - REL
Bullying

5-8 - REL
Body Language

5-8 - REL
Summative Ass

5-8 - CS
Image Sharing

KS2 Links

5-8 - REL
Summative Ass

8-11 - KSS
Peer Pressure

8-11 - GAC
Adult & Children's Views

8-11 - GAC
Summative Ass

8-11 - BR
Looking Out for Others

8-11 - FAE
Jealousy

8-11 - FAE
Adult & Children's Views

5-8 - AWWJ
Breaking Down Barriers

8-11 - AWWJ
Inclusion and Acceptance

8. *the characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties.*

KS1 Links

5-8 - KSH
Medicine

5-8 - REL
Friendship

5-8 - REL
Bullying

5-8 - REL
Body Language

5-8 - REL
Touch

5-8 - REL
Summative Ass

5-8 - BR
Helping Someone in Need

5-8 - BR
Stealing

5-8 - BR
Summative Ass

5-8 - FAE
Jealousy

5-8 - CS
Image Sharing

5-8 - CS
Making Friends Online

KS2 Links

5-8 - KSH
Medicine

5-8 - REL
Touch

5-8 - REL
Summative Ass

5-8 - BR
Summative Ass

5-8 - CS
Making Friends Online

8-11 - KSS
Peer Pressure

8-11 - KSH
Smoking

8-11 - KSH
Adult & Children's Views

8-11 - GAC
Adult & Children's Views

8-11 - GAC
Summative Ass

8-11 - BR
Looking Out for Others

8-11 - BR
Stealing

8-11 - BR
Summative Ass

8-11 - FAE
Baseline Ass

8-11 - FAE
Jealousy

8-11 - FAE
Adult & Children's Views

8-11 - CS
Online Bullying

8-11 - CS
Image Sharing

8-11 - AWWJ
Baseline Ass

8-11 - AWWJ
Breaking Down Barriers

8-11 - AWWJ
Inclusion and Acceptance

By the end of primary school, pupils should know:

9. • *that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded.*

KS1 Links

5-8 - REL
Friendship

5-8 - REL
Bullying

5-8 - REL
Body Language

5-8 - REL
Touch

5-8 - REL
Summative Ass

5-8 - FAE
Jealousy

5-8 - CS
Online Bullying

5-8 - CS
Image Sharing

KS2 Links

5-8 - REL
Touch

5-8 - REL
Summative Ass

8-11 - KSH
Adult & Children's Views

8-11 - GAC
Adult & Children's Views

8-11 - GAC
Summative Ass

8-11 - BR
Looking Out for Others

8-11 - FAE
Baseline Ass

8-11 - FAE
Jealousy

8-11 - CS
Online Bullying

8-11 - CS
Image Sharing

8-11 - AWWJ
Breaking Down Barriers

8-11 - AWWJ
Inclusion and Acceptance

10.

- *that most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right.*

KS1 Links

5-8 - REL
Friendship

5-8 - REL
Body Language

5-8 - REL
Summative Ass

5-8 - FAE
Jealousy

5-8 - FAE
Worry

KS2 Links

5-8 - REL
Summative Ass

8-11 - GAC
Summative Ass

8-11 - FAE
Jealousy

By the end of primary school, pupils should know:

11. *how to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed.*

KS1 Links

5-8 - KSS Baseline Ass	5-8 - KSS Staying Safe	5-8 - KSS Summative Ass	5-8 - KSH Medicine	5-8 - REL Bullying	5-8 - REL Body Language	5-8 - REL Touch	5-8 - REL Summative Ass	5-8 - BR Helping Someone in Need
5-8 - BR Stealing	5-8 - FAE Jealousy	5-8 - CS Online Bullying	5-8 - CS Making Friends Online					

KS2 Links

5-8 - KSS Staying Safe	5-8 - KSS Summative Ass	5-8 - KSH Medicine	5-8 - REL Touch	5-8 - REL Summative Ass	5-8 - BR Stealing	5-8 - CS Making Friends Online	8-11 - KSS Peer Pressure	8-11 - KSS Water Safety
8-11 - KSS Summative Ass	8-11 - KSH Smoking	8-11 - GAC Summative Ass	8-11 - BR Looking Out for Others	8-11 - BR Stealing	8-11 - FAE Jealousy	8-11 - CS Online Bullying	8-11 - CS Image Sharing	8-11 - CS Making Friends Online
8-11 - CS Summative Ass								

Relationships Education: Key stages 1 and 2

Topic 3: Respectful relationships

By the end of primary school, pupils should know:

- the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs.*

12.

KS1 Links

5-8 - REL Baseline Ass	5-8 - REL Friendship	5-8 - REL Bullying	5-8 - REL Touch	5-8 - REL Summative Ass	5-8 - BR Practice Makes Perfect	5-8 - FAE Jealousy	5-8 - CS Online Bullying	5-8 - CS Computer Safety Documentary
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KS2 Links

5-8 - REL Touch	5-8 - REL Summative Ass	8-11 - GAC Appropriate Touch/ Relationships	8-11 - GAC Summative Ass	8-11 - BR Looking Out for Others	8-11 - BR Adult & Children's Views	8-11 - FAE Baseline Ass	8-11 - FAE Jealousy	8-11 - CS Online Bullying
8-11 - CS Image Sharing	8-11 - AWWJ Baseline Ass	8-11 - AWWJ Breaking Down Barriers	8-11 - AWWJ Inclusion and Acceptance	8-11 - AWWJ Adult & Children's Views	8-11 - AWWJ British Values	8-11 - AWWJ Summative Ass		

13.

- practical steps they can take in a range of different contexts to improve or support respectful relationships.*

KS1 Links

5-8 - REL Friendship	5-8 - REL Bullying	5-8 - REL Body Language	5-8 - REL Summative Ass	5-8 - BR Water Spillage	5-8 - BR Helping Someone in Need	5-8 - BR Stealing	5-8 - BR Summative Ass	5-8 - FAE Jealousy
5-8 - FAE Anger	5-8 - CS Online Bullying	5-8 - CS Computer Safety Documentary	5-8 - OW Living in Our World					

KS2 Links

5-8 - REL Summative Ass	5-8 - BR Stealing	5-8 - BR Summative Ass	8-11 - KSS Peer Pressure	8-11 - GAC Appropriate Touch/ Relationships	8-11 - GAC Adult & Children's Views	8-11 - GAC Summative Ass	8-11 - BR Baseline Ass	8-11 - BR Coming Home on Time
8-11 - BR Looking Out for Others	8-11 - BR Adult & Children's Views	8-11 - BR Stealing	8-11 - BR Summative Ass	8-11 - FAE Baseline Ass	8-11 - FAE Jealousy	8-11 - FAE Anger	8-11 - CS Image Sharing	8-11 - WW Summative Ass
8-11 - AWWJ Baseline Ass	8-11 - AWWJ Breaking Down Barriers	8-11 - AWWJ Inclusion and Acceptance	8-11 - AWWJ Adult & Children's Views	8-11 - AWWJ British Values	8-11 - AWWJ Summative Ass			

By the end of primary school, pupils should know:

14. • *the conventions of courtesy and manners.*

KS1 Links

5-8 - BR
Helping Someone in Need

KS2 Links

8-11 - GAC
Adult & Children's Views

8-11 - BR
Adult & Children's Views

8-11 - BR
Stealing

8-11 - BR
Summative Ass

8-11 - AWWJ
Breaking Down Barriers

15. • *the importance of self-respect and how this links to their own happiness.*

KS1 Links

5-8 - REL
Summative Ass

5-8 - BR
Helping Someone in Need

KS2 Links

5-8 - REL
Summative Ass

8-11 - CS
Image Sharing

8-11 - AWWJ
Breaking Down Barriers

By the end of primary school, pupils should know:

16. *that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority.*

KS1 Links

5-8 - KSS Staying Safe	5-8 - REL Touch	5-8 - REL Summative Ass	5-8 - BR Helping Someone in Need	5-8 - BR Stealing	5-8 - FAE Jealousy	5-8 - CS Online Bullying	5-8 - FS Fire Safety
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KS2 Links

5-8 - KSS Staying Safe	5-8 - REL Touch	5-8 - REL Summative Ass	5-8 - BR Stealing	5-8 - FS Fire Safety	8-11 - GAC Baseline Ass	8-11 - GAC Summative Ass	8-11 - BR Looking Out for Others	8-11 - BR Stealing
8-11 - CS Online Bullying	8-11 - CS Image Sharing	8-11 - AWWJ Baseline Ass	8-11 - AWWJ Breaking Down Barriers	8-11 - AWWJ Inclusion and Acceptance	8-11 - AWWJ Adult & Children's Views	8-11 - AWWJ British Values	8-11 - AWWJ Summative Ass	

17. *about different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders (primarily reporting bullying to an adult) and how to get help.*

KS1 Links

5-8 - REL Bullying	5-8 - REL Summative Ass	5-8 - FAE Jealousy	5-8 - CS Online Bullying	5-8 - CS Computer Safety Documentary	5-8 - CS Summative Ass
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KS2 Links

5-8 - REL Summative Ass	5-8 - CS Summative Ass	8-11 - BR Looking Out for Others	8-11 - CS Online Bullying	8-11 - CS Adult & Children's Views	8-11 - CS Summative Ass
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By the end of primary school, pupils should know:

18. • *what a stereotype is, and how stereotypes can be unfair, negative or destructive.*

KS1 Links

There are no KS1 links for this area

KS2 Links

8-11 - AWWJ
British Values

19. • *the importance of permission-seeking and giving in relationships with friends, peers and adults.*

KS1 Links

5-8 - KSS
Staying Safe

5-8 - KSS
Summative Ass

5-8 - REL
Touch

5-8 - BR
Stealing

5-8 - CS
Image Sharing

5-8 - CS
Computer Safety
Documentary

5-8 - CS
Making Friends Online

5-8 - CS
Summative Ass

KS2 Links

5-8 - KSS
Staying Safe

5-8 - KSS
Summative Ass

5-8 - REL
Touch

5-8 - BR
Stealing

5-8 - CS
Making Friends Online

5-8 - CS
Summative Ass

8-11 - KSS
Adult & Children's Views

8-11 - BR
Coming Home on Time

8-11 - BR
Stealing

8-11 - BR
Summative Ass

8-11 - CS
Making Friends Online

8-11 - CS
Summative Ass

8-11 - WW
In-App Purchases

8-11 - WW
Summative Ass

By the end of primary school, pupils should know:

20.

- that people sometimes behave differently online, including by pretending to be someone they are not.

KS1 Links

5-8 - CS
Online Bullying5-8 - CS
Computer Safety
Documentary5-8 - CS
Making Friends Online

KS2 Links

5-8 - CS
Making Friends Online8-11 - CS
Baseline Ass8-11 - CS
Adult & Children's Views8-11 - CS
Making Friends Online8-11 - CS
Summative Ass

21.

- that the same principles apply to online relationships as to face-to-face relationships, including the importance of respect for others online including when we are anonymous

KS1 Links

5-8 - CS
Online Bullying5-8 - CS
Image Sharing5-8 - CS
Computer Safety
Documentary5-8 - CS
Summative Ass

KS2 Links

5-8 - CS
Summative Ass8-11 - CS
Online Bullying8-11 - CS
Adult & Children's Views8-11 - CS
Summative Ass

By the end of primary school, pupils should know:

22. • the rules and principles for keeping safe online, how to recognise risks, harmful content and contact, and how to report them

KS1 Links

5-8 - CS
Baseline Ass

5-8 - CS
Making Friends Online

5-8 - CS
Computer Safety
Documentary

5-8 - CS
Summative Ass

KS2 Links

5-8 - CS
Making Friends Online

5-8 - CS
Summative Ass

8-11 - KSS
Adult & Children's Views

8-11 - CS
Baseline Ass

8-11 - CS
Adult & Children's Views

8-11 - CS
Summative Ass

23. • how to critically consider their online friendships and sources of information including awareness of the risks associated with people they have never met

KS1 Links

5-8 - CS
Making Friends Online

5-8 - CS
Computer Safety
Documentary

5-8 - CS
Summative Ass

KS2 Links

5-8 - CS
Making Friends Online

5-8 - CS
Summative Ass

8-11 - CS
Baseline Ass

8-11 - CS
Online Bullying

8-11 - CS
Adult & Children's Views

8-11 - CS
Making Friends Online

8-11 - CS
Summative Ass

By the end of primary school, pupils should know:

24. • *how information and data is shared and used online.*

KS1 Links

5-8 - CS
Baseline Ass

5-8 - CS
Online Bullying

5-8 - CS
Image Sharing

5-8 - CS
Computer Safety
Documentary

KS2 Links

8-11 - CS
Baseline Ass

8-11 - CS
Adult & Children's Views

By the end of primary school, pupils should know:

25. • what sorts of boundaries are appropriate in friendships with peers and others (including in a digital context)

KS1 Links

5-8 - KSS Staying Safe	5-8 - KSS Summative Ass	5-8 - KSH Medicine	5-8 - REL Bullying	5-8 - REL Touch	5-8 - REL Summative Ass	5-8 - FAE Jealousy	5-8 - CS Online Bullying	5-8 - CS Image Sharing
5-8 - CS Making Friends Online	5-8 - CS Computer Safety Documentary	5-8 - CS Summative Ass						

KS2 Links

5-8 - KSS Staying Safe	5-8 - KSS Summative Ass	5-8 - KSH Medicine	5-8 - REL Touch	5-8 - REL Summative Ass	5-8 - CS Making Friends Online	5-8 - CS Summative Ass	8-11 - KSS Peer Pressure	8-11 - GAC Appropriate Touch/ Relationships
8-11 - GAC Summative Ass	8-11 - BR Looking Out for Others	8-11 - CS Online Bullying	8-11 - CS Image Sharing	8-11 - CS Adult & Children's Views	8-11 - CS Making Friends Online	8-11 - CS Summative Ass	8-11 - AWWJ British Values	

26. • about the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe

KS1 Links

5-8 - REL Summative Ass	5-8 - CS Computer Safety Documentary
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KS2 Links

5-8 - REL Summative Ass	8-11 - GAC Appropriate Touch/ Relationships	8-11 - GAC Summative Ass	8-11 - CS Image Sharing	8-11 - CS Adult & Children's Views
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By the end of primary school, pupils should know:

27. *that each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact.*

KS1 Links

5-8 - KSS
Summative Ass

5-8 - REL
Touch

5-8 - REL
Summative Ass

5-8 - FAE
Jealousy

KS2 Links

5-8 - KSS
Summative Ass

5-8 - REL
Touch

5-8 - REL
Summative Ass

8-11 - GAC
Appropriate Touch/
Relationships

8-11 - BR
Looking Out for Others

28. *how to respond safely and appropriately to adults they may encounter (in all contexts, including online) whom they do not know.*

KS1 Links

5-8 - KSS
Baseline Ass

5-8 - KSS
Staying Safe

5-8 - KSS
Summative Ass

5-8 - REL
Summative Ass

5-8 - BR
Helping Someone in Need

5-8 - CS
Baseline Ass

5-8 - CS
Computer Safety
Documentary

5-8 - CS
Making Friends Online

5-8 - CS
Summative Ass

KS2 Links

5-8 - KSS
Staying Safe

5-8 - KSS
Summative Ass

5-8 - REL
Summative Ass

5-8 - CS
Making Friends Online

5-8 - CS
Summative Ass

8-11 - KSS
Baseline Ass

8-11 - KSS
Adult & Children's Views

8-11 - GAC
Appropriate Touch/
Relationships

8-11 - CS
Adult & Children's Views

8-11 - CS
Making Friends Online

8-11 - CS
Summative Ass

8-11 - FA
Baseline Ass

8-11 - FA
First Aid - Year 5

8-11 - FA
First Aid - Year 6 (Part 1)

Relationships Education: Key stages 1 and 2 **Topic 5: Being safe**

By the end of primary school, pupils should know:

29. • *how to recognise and report feelings of being unsafe or feeling bad about any adult.*

KS1 Links

5-8 - KSS Baseline Ass	5-8 - KSS Staying Safe	5-8 - KSS Summative Ass	5-8 - REL Touch	5-8 - REL Summative Ass	5-8 - BR Helping Someone in Need	5-8 - FAE Summative Ass	5-8 - CS Computer Safety Documentary	5-8 - CS Making Friends Online
5-8 - CS Summative Ass	5-8 - HW Hazard Watch	5-8 - FS Fire Safety						

KS2 Links

5-8 - KSS Staying Safe	5-8 - KSS Summative Ass	5-8 - REL Touch	5-8 - REL Summative Ass	5-8 - FAE Summative Ass	5-8 - CS Making Friends Online	5-8 - CS Summative Ass	5-8 - HW Hazard Watch	5-8 - FS Fire Safety
8-11 - KSS Peer Pressure	8-11 - KSS Water Safety	8-11 - KSS Adult & Children's Views	8-11 - KSS Summative Ass	8-11 - GAC Appropriate Touch/ Relationships	8-11 - GAC Summative Ass	8-11 - CS Adult & Children's Views	8-11 - CS Making Friends Online	8-11 - CS Summative Ass

30. • *how to ask for advice or help for themselves or others, and to keep trying until they are heard.*

KS1 Links

5-8 - KSS Baseline Ass	5-8 - KSS Staying Safe	5-8 - KSS Summative Ass	5-8 - REL Touch	5-8 - REL Summative Ass	5-8 - FAE Summative Ass	5-8 - CS Computer Safety Documentary	5-8 - CS Making Friends Online	5-8 - HW Hazard Watch
5-8 - FS Fire Safety								

KS2 Links

5-8 - KSS Staying Safe	5-8 - KSS Summative Ass	5-8 - REL Touch	5-8 - REL Summative Ass	5-8 - FAE Summative Ass	5-8 - CS Making Friends Online	5-8 - HW Hazard Watch	5-8 - FS Fire Safety	8-11 - KSS Baseline Ass
8-11 - KSS Peer Pressure	8-11 - KSS Water Safety	8-11 - KSS Summative Ass	8-11 - GAC Appropriate Touch/ Relationships	8-11 - GAC Summative Ass	8-11 - FAE Summative Ass	8-11 - CS Adult & Children's Views	8-11 - CS Making Friends Online	8-11 - CS Summative Ass
8-11 - FA Baseline Ass	8-11 - FA First Aid - Year 4	8-11 - FA First Aid - Year 5	8-11 - FA First Aid - Year 6 (Part 1)					

By the end of primary school, pupils should know:

31.

- *how to report concerns or abuse, and the vocabulary and confidence needed to do so.*

KS1 Links

5-8 - KSS Baseline Ass	5-8 - KSS Staying Safe	5-8 - KSS Summative Ass	5-8 - REL Touch	5-8 - REL Summative Ass	5-8 - FAE Worry	5-8 - FAE Summative Ass	5-8 - CS Computer Safety Documentary	5-8 - CS Making Friends Online
5-8 - FS Fire Safety								

KS2 Links

5-8 - KSS Staying Safe	5-8 - KSS Summative Ass	5-8 - REL Touch	5-8 - REL Summative Ass	5-8 - FAE Summative Ass	5-8 - CS Making Friends Online	5-8 - FS Fire Safety	8-11 - KSS Baseline Ass	8-11 - KSS Peer Pressure
8-11 - KSS Water Safety	8-11 - KSS Summative Ass	8-11 - KSH Summative Ass	8-11 - GAC Appropriate Touch/ Relationships	8-11 - GAC Summative Ass	8-11 - BR Looking Out for Others	8-11 - CS Online Bullying	8-11 - CS Adult & Children's Views	8-11 - CS Making Friends Online
8-11 - CS Summative Ass								

32.

- *where to get advice e.g. family, school and/or other sources.*

KS1 Links

5-8 - KSS Baseline Ass	5-8 - KSS Staying Safe	5-8 - KSS Summative Ass	5-8 - REL Touch	5-8 - REL Summative Ass	5-8 - FAE Baseline Ass	5-8 - FAE Worry	5-8 - FAE Summative Ass	5-8 - CS Online Bullying
5-8 - CS Computer Safety Documentary	5-8 - CS Summative Ass	5-8 - HW Hazard Watch	5-8 - FS Fire Safety					

KS2 Links

5-8 - KSS Staying Safe	5-8 - KSS Summative Ass	5-8 - REL Touch	5-8 - REL Summative Ass	5-8 - FAE Summative Ass	5-8 - CS Making Friends Online	5-8 - HW Hazard Watch	5-8 - FS Fire Safety	8-11 - KSS Peer Pressure
8-11 - KSS Water Safety	8-11 - KSS Summative Ass	8-11 - KSH Summative Ass	8-11 - GAC Appropriate Touch/ Relationships	8-11 - GAC Puberty	8-11 - GAC Summative Ass	8-11 - BR Looking Out for Others	8-11 - CS Online Bullying	8-11 - CS Image Sharing
8-11 - CS Adult & Children's Views	8-11 - CS Making Friends Online	8-11 - CS Summative Ass	8-11 - FA First Aid - Year 5					

By the end of primary school, pupils should know:

1.

- that mental wellbeing is a normal part of daily life, in the same way as physical health.

KS1 Links

5-8 - KSH
Baseline Ass

KS2 Links

8-11 - KSH
Baseline Ass

8-11 - KSH
Healthy Living

8-11 - KSH
Adult & Children's Views

8-11 - KSH
Summative Ass

8-11 - FAE
Baseline Ass

2.

- that there is a normal range of emotions (e.g. happiness, sadness, anger, fear, surprise, nervousness) and scale of emotions that all humans experience in relation to different experiences and situations.

KS1 Links

5-8 - REL
Body Language

5-8 - FAE
Baseline Ass

5-8 - FAE
Jealousy

5-8 - FAE
Worry

5-8 - FAE
Anger

5-8 - FAE
Grief/loss

5-8 - FAE
Summative Ass

5-8 - CS
Image Sharing

KS2 Links

5-8 - FAE
Grief/loss

5-8 - FAE
Summative Ass

8-11 - KSH
Summative Ass

8-11 - GAC
Appropriate Touch/
Relationships

8-11 - GAC
Puberty

5-8 - FAE
Baseline Ass

5-8 - FAE
Jealousy

5-8 - FAE
Worry

5-8 - FAE
Anger

5-8 - FAE
Grief/loss

5-8 - FAE
Summative Ass

5-8 - CS
Image Sharing

8-11 - AWWJ
Inclusion and Acceptance

By the end of primary school, pupils should know:

3.

- how to recognise and talk about their emotions, including having a varied vocabulary of words to use when talking about their own and others' feelings*

KS1 Links

5-8 - REL Bullying	5-8 - REL Body Language	5-8 - REL Summative Ass	5-8 - FAE Baseline Ass	5-8 - FAE Jealousy	5-8 - FAE Worry	5-8 - FAE Anger	5-8 - FAE Grief/loss	5-8 - FAE Summative Ass
5-8 - FS Fire Safety								

KS2 Links

5-8 - REL Summative Ass	5-8 - FAE Grief/loss	5-8 - FAE Summative Ass	5-8 - FS Fire Safety	8-11 - KSS Peer Pressure	8-11 - KSH Summative Ass	8-11 - GAC Puberty	8-11 - GAC Adult & Children's Views	8-11 - FAE Baseline Ass
8-11 - FAE Jealousy	8-11 - FAE Anger	8-11 - FAE Adult & Children's Views	8-11 - FAE Worry	8-11 - FAE Summative Ass	8-11 - CS Online Bullying	8-11 - CS Image Sharing		

4.

- how to judge whether what they are feeling and how they are behaving is appropriate and proportionate.*

KS1 Links

5-8 - REL Body Language	5-8 - FAE Jealousy	5-8 - FAE Anger	5-8 - FAE Grief/loss	5-8 - FAE Summative Ass
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KS2 Links

5-8 - FAE Grief/loss	5-8 - FAE Summative Ass	8-11 - KSS Cycle Safety	8-11 - FAE Baseline Ass	8-11 - FAE Jealousy	8-11 - FAE Anger	8-11 - FAE Worry	8-11 - FAE Summative Ass
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By the end of primary school, pupils should know:

5.	<ul style="list-style-type: none"> <i>the benefits of physical exercise, time outdoors, community participation, voluntary and service-based activity on mental wellbeing and happiness.</i> 							
	<div> <div>5-8 - KSH Baseline Ass</div> <div>5-8 - KSH Summative Ass</div> </div>							
6.	<ul style="list-style-type: none"> <i>simple self-care techniques, including the importance of rest, time spent with friends and family and the benefits of hobbies and interests.</i> 							
	<div> <div>5-8 - KSH Summative Ass</div> <div>8-11 - KSH Baseline Ass</div> <div>8-11 - KSH Healthy Living</div> <div>8-11 - KSH Adult & Children's Views</div> <div>8-11 - FAE Baseline Ass</div> <div>8-11 - FAE Summative Ass</div> <div>8-11 - WW Chores at Home</div> <div>8-11 - AWWJ Breaking Down Barriers</div> </div>							
	<div> <div>5-8 - KSH Baseline Ass</div> <div>5-8 - KSH Washing Hands</div> <div>5-8 - KSH Brushing Teeth</div> <div>5-8 - BR Practice Makes Perfect</div> <div>5-8 - FAE Baseline Ass</div> <div>5-8 - FAE Summative Ass</div> </div>							
	<div> <div>5-8 - FAE Summative Ass</div> <div>8-11 - KSH Baseline Ass</div> <div>8-11 - KSH Healthy Living</div> <div>8-11 - KSH Adult & Children's Views</div> <div>8-11 - GAC Adult & Children's Views</div> <div>8-11 - FAE Baseline Ass</div> <div>8-11 - FAE Worry</div> <div>8-11 - FAE Summative Ass</div> <div>8-11 - AWWJ Breaking Down Barriers</div> </div>							

By the end of primary school, pupils should know:

7.

- isolation and loneliness can affect children and that it is very important for children to discuss their feelings with an adult and seek support.*

KS1 Links

5-8 - REL Bullying	5-8 - FAE Baseline Ass	5-8 - FAE Worry	5-8 - FAE Grief/loss	5-8 - CS Image Sharing
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KS2 Links

5-8 - FAE Grief/loss	8-11 - BR Looking Out for Others	8-11 - FAE Baseline Ass	8-11 - FAE Jealousy	8-11 - FAE Adult & Children's Views	8-11 - FAE Summative Ass	8-11 - CS Online Bullying	8-11 - CS Image Sharing	8-11 - AWWJ Breaking Down Barriers
8-11 - AWWJ Inclusion and Acceptance								

8.

- that bullying (including cyberbullying) has a negative and often lasting impact on mental wellbeing.*

KS1 Links

5-8 - REL Bullying	5-8 - FAE Baseline Ass	5-8 - CS Online Bullying	5-8 - CS Image Sharing
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KS2 Links

8-11 - BR Looking Out for Others	8-11 - CS Online Bullying	8-11 - CS Adult & Children's Views
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By the end of primary school, pupils should know:

9.

- where and how to seek support (including recognising the triggers for seeking support), including whom in school they should speak to if they are worried about their own or someone else's mental wellbeing or ability to control their emotions (including issues arising online).

KS1 Links

5-8 - FAE Anger	5-8 - FAE Grief/loss	5-8 - FAE Summative Ass
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KS2 Links

5-8 - FAE Grief/loss	5-8 - FAE Summative Ass	8-11 - KSH Baseline Ass	8-11 - KSH Healthy Living	8-11 - KSH Summative Ass	8-11 - GAC Puberty	8-11 - BR Looking Out for Others	8-11 - FAE Baseline Ass	8-11 - FAE Jealousy
8-11 - FAE Adult & Children's Views	8-11 - FAE Worry	8-11 - FAE Summative Ass	8-11 - CS Online Bullying	8-11 - WW In-App Purchases	8-11 - FA First Aid - Year 5			

10.

- it is common for people to experience mental ill health. For many people who do, the problems can be resolved if the right support is made available, especially if accessed early enough.

KS1 Links

There are no KS1 links for this area

KS2 Links

8-11 - KSH Summative Ass	8-11 - FAE Baseline Ass	8-11 - WW In-App Purchases
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By the end of primary school, pupils should know:

11.

- that for most people the internet is an integral part of life and has many benefits.*

KS1 Links

5-8 - CS
Baseline Ass

KS2 Links

8-11 - CS
Baseline Ass

8-11 - CS
Adult & Children's Views

12.

- about the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others' mental and physical wellbeing.*

KS1 Links

5-8 - KSH
Baseline Ass

5-8 - KSH
Summative Ass

5-8 - CS
Baseline Ass

5-8 - CS
Computer Safety
Documentary

5-8 - CS
Summative Ass

KS2 Links

5-8 - KSH
Summative Ass

5-8 - CS
Summative Ass

8-11 - KSH
Healthy Living

8-11 - KSH
Adult & Children's Views

8-11 - CS
Adult & Children's Views

8-11 - CS
Summative Ass

By the end of primary school, pupils should know:

13.

- *how to consider the effect of their online actions on others and know how to recognise and display respectful behaviour online and the importance of keeping personal information private.*

KS1 Links

5-8 - CS Baseline Ass	5-8 - CS Online Bullying	5-8 - CS Image Sharing	5-8 - CS Making Friends Online	5-8 - CS Computer Safety Documentary	5-8 - CS Summative Ass
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KS2 Links

5-8 - CS Computer Safety Documentary	5-8 - CS Summative Ass	8-11 - KSS Adult & Children's Views	8-11 - CS Online Bullying	8-11 - CS Adult & Children's Views	8-11 - CS Summative Ass	8-11 - WW In-App Purchases
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14.

- *why social media, some computer games and online gaming, for example, are age restricted.*

KS1 Links

5-8 - CS Computer Safety Documentary	5-8 - CS Summative Ass
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KS2 Links

5-8 - CS Summative Ass	8-11 - CS Adult & Children's Views	8-11 - CS Summative Ass	8-11 - WW In-App Purchases
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By the end of primary school, pupils should know:

15.

- that the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health.*

KS1 Links

5-8 - CS
Online Bullying

5-8 - CS
Image Sharing

5-8 - CS
Computer Safety
Documentary

5-8 - CS
Summative Ass

KS2 Links

8-11 - CS
Baseline Ass

8-11 - CS
Online Bullying

8-11 - CS
Image Sharing

8-11 - CS
Adult & Children's Views

8-11 - CS
Making Friends Online

8-11 - CS
Summative Ass

16.

- how to be a discerning consumer of information online including understanding that information, including that from search engines, is ranked, selected and targeted.*

KS1 Links

There are no KS1 links for this area

KS2 Links

8-11 - CS
Baseline Ass

8-11 - CS
Adult & Children's Views

By the end of primary school, pupils should know:

17.

- *where and how to report concerns and get support with issues online.*

KS1 Links

5-8 - CS Online Bullying	5-8 - CS Making Friends Online	5-8 - CS Computer Safety Documentary	5-8 - CS Summative Ass
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KS2 Links

5-8 - CS Computer Safety Documentary	5-8 - CS Summative Ass	8-11 - CS Online Bullying	8-11 - CS Image Sharing	8-11 - CS Adult & Children's Views	8-11 - CS Making Friends Online	8-11 - CS Summative Ass
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By the end of primary school, pupils should know:

18.

- the characteristics and mental and physical benefits of an active lifestyle.*

KS1 Links

5-8 - KSH
Baseline Ass

5-8 - KSH
Summative Ass

KS2 Links

5-8 - KSH
Summative Ass

8-11 - KSH
Baseline Ass

8-11 - KSH
Healthy Living

8-11 - KSH
Adult & Children's Views

8-11 - FAE
Baseline Ass

19.

- the importance of building regular exercise into daily and weekly routines and how to achieve this; for example walking or cycling to school, a daily active mile or other forms of regular, vigorous exercise.*

KS1 Links

5-8 - KSH
Baseline Ass

5-8 - KSH
Summative Ass

5-8 - BR
Practice Makes Perfect

KS2 Links

5-8 - KSH
Summative Ass

8-11 - KSH
Baseline Ass

8-11 - KSH
Healthy Living

8-11 - KSH
Adult & Children's Views

8-11 - FAE
Baseline Ass

By the end of primary school, pupils should know:

20. • *the risks associated with an inactive lifestyle (including obesity).*

KS1 Links

5-8 - KSH
Baseline Ass

5-8 - KSH
Healthy Eating

5-8 - KSH
Summative Ass

KS2 Links

5-8 - KSH
Summative Ass

8-11 - KSH
Baseline Ass

8-11 - KSH
Healthy Living

8-11 - KSH
Adult & Children's Views

21. • *how and when to seek support including which adults to speak to in school if they are worried about their health.*

KS1 Links

5-8 - KSH
Summative Ass

KS2 Links

5-8 - KSH
Summative Ass

8-11 - KSH
Baseline Ass

8-11 - KSH
Healthy Living

8-11 - KSH
Adult & Children's Views

8-11 - KSH
Summative Ass

8-11 - GAC
Puberty

By the end of primary school, pupils should know:

22.

- *what constitutes a healthy diet (including understanding calories and other nutritional content).*

KS1 Links

5-8 - KSH
Healthy Eating

KS2 Links

8-11 - KSH
Healthy Living

23.

- *the principles of planning and preparing a range of healthy meals.*

KS1 Links

5-8 - KSH
Healthy Eating

5-8 - KSH
Summative Ass

KS2 Links

5-8 - KSH
Summative Ass

8-11 - KSH
Healthy Living

By the end of primary school, pupils should know:

24.

- the characteristics of a poor diet and risks associated with unhealthy eating (including, for example, obesity and tooth decay) and other behaviours (e.g. the impact of alcohol on diet or health).

KS1 Links

5-8 - KSH
Healthy Eating

5-8 - KSH
Brushing Teeth

5-8 - KSH
Summative Ass

KS2 Links

5-8 - KSH
Summative Ass

8-11 - KSH
Baseline Ass

8-11 - KSH
Healthy Living

8-11 - KSH
Adult & Children's Views

By the end of primary school, pupils should know:

25.	• <i>the facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drug-taking.</i>			
KS1 Links	<div>5 - 8 - KSH Medicine</div> <div>5 - 8 - HW Hazard Watch</div>			
KS2 Links	<div>5 - 8 - KSH Medicine</div> <div>8 - 11 - KSH Smoking</div> <div>8 - 11 - KSH Alcohol/Drugs</div> <div>8 - 11 - KSH Summative Ass</div>			

By the end of primary school, pupils should know:

26. • *how to recognise early signs of physical illness, such as weight loss, or unexplained changes to the body.*

KS1 Links

There are no KS1 links for this area

KS2 Links

8-11 - KSH
Summative Ass

27. • *about safe and unsafe exposure to the sun, and how to reduce the risk of sun damage, including skin cancer.*

KS1 Links

5-8 - KSS
Baseline Ass

5-8 - KSS
Summative Ass

KS2 Links

5-8 - KSS
Summative Ass

8-11 - KSH
Adult & Children's Views

8-11 - KSH
Summative Ass

By the end of primary school, pupils should know:

28.

- the importance of sufficient good quality sleep for good health and that a lack of sleep can affect weight, mood and ability to learn.*

KS1 Links

5-8 - KSH
Baseline Ass

KS2 Links

8-11 - KSH
Baseline Ass

8-11 - KSH
Healthy Living

29.

- about dental health and the benefits of good oral hygiene and dental flossing, including regular check-ups at the dentist.*

KS1 Links

5-8 - KSH
Baseline Ass

5-8 - KSH
Brushing Teeth

KS2 Links

8-11 - KSH
Baseline Ass

8-11 - KSH
Healthy Living

By the end of primary school, pupils should know:

30. • *about personal hygiene and germs including bacteria, viruses, how they are spread and treated, and the importance of handwashing.*

KS1 Links

5-8 - KSH
Baseline Ass

5-8 - KSH
Washing Hands

KS2 Links

8-11 - KSH
Baseline Ass

8-11 - KSH
Healthy Living

31. • *the facts and science relating to allergies, immunisation and vaccination.*

KS1 Links

5-8 - KSH
Medicine

KS2 Links

5-8 - KSH
Medicine

By the end of primary school, pupils should know:

32. • *how to make a clear and efficient call to emergency services if necessary.*

KS1 Links

5-8 - KSS Leaning Out of Windows	5-8 - BR Water Spillage	5-8 - FS Fire Safety
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KS2 Links

5-8 - KSS Leaning Out of Windows	5-8 - FS Fire Safety	8-11 - FA Baseline Ass	8-11 - FA First Aid - Year 4	8-11 - FA First Aid - Year 5	8-11 - FA First Aid - Year 6 (Part 1)	8-11 - FA First Aid - Year 6 (Part 2)	8-11 - FA Summative Ass
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33. • *concepts of basic first-aid, for example dealing with common injuries, including head injuries.*

KS1 Links

There are no KS1 links for this area

KS2 Links

8-11 - FA Baseline Ass	8-11 - FA First Aid - Year 4	8-11 - FA First Aid - Year 5	8-11 - FA First Aid - Year 6 (Part 1)	8-11 - FA First Aid - Year 6 (Part 2)	8-11 - FA Summative Ass
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By the end of primary school, pupils should know:

34.

- *key facts about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical and emotional changes.*

KS1 Links

There are no KS1 links for this area

KS2 Links

8-11 - GAC
Puberty

8-11 - GAC
Summative Ass

35.

- *about menstrual wellbeing including the key facts about the menstrual cycle.*

KS1 Links

There are no KS1 links for this area

KS2 Links

8-11 - GAC
Puberty

8-11 - GAC
Conception

8-11 - GAC
Summative Ass

Our 5-8 modules/topics

For more information on our resources, please visit: www.1decision.co.uk

Keeping/Staying Safe

- Road Safety
- Leaning Out of Windows
- Staying Safe
- Tying Shoelaces

Keeping/Staying Healthy

- Healthy Eating
- Brushing Teeth
- Washing Hands
- Medicine

Relationships

- Bullying
- Body Language
- Friendship
- Touch

Being Responsible

- Practice Makes Perfect
- Helping Someone in Need
- Stealing
- Water Spillage

Feelings and Emotions

- Jealousy
- Worry
- Anger
- Grief

Computer Safety

- Online Bullying
- Image Sharing
- Making Friends Online
- Computer Safety Documentary

Our World

- Growing in Our World
- Living in Our World
- Working in Our World
- Looking After Our World

Hazard Watch

- Is it safe to eat or drink?
- Is it safe to play with?

Special Edition Module - Fire Safety

- Hoax Calling
- Petty Arson
- Enya and Deedee Visit the Fire Station
- Texting Whilst Driving

Please note, we also cover many other areas of each topic. Contact 1decision for more details.

Our 8-11 modules/topics

For more information on our resources, please visit: www.1decision.co.uk

Keeping/Staying Safe

- Cycle Safety
- Peer Pressure
- Water Safety
- Keeping/Staying Safe Documentary

Keeping/Staying Healthy

- Healthy Living
- Smoking
- Alcohol
- Keeping/Staying Healthy Documentary

Growing and Changing

- Relationships
- Puberty
- Conception
- Growing and Changing Documentary

Being Responsible

- Coming Home on Time
- Looking Out for Others
- Stealing
- Being Responsible Documentary

Feelings and Emotions

- Jealousy
- Anger
- Worry
- Feelings and Emotions Documentary

Computer Safety

- Online Bullying
- Image Sharing
- Making Friends Online
- Computer Safety Documentary

The Working World

- Chores at Home
- Enterprise
- In-App Purchases
- The Working World Documentary

A World Without Judgement

- Breaking Down Barriers
- Inclusion and Acceptance
- British Values
- A World Without Judgement Documentary

Special Edition Module - First Aid

- First Aid - Year 4
- First Aid - Year 5
- First Aid - Year 6 (Part 1)
- First Aid - Year 6 (Part 2)

Please note, we also cover many other areas of each topic. Contact 1decision for more details.



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