

# 1decision Mapping Document

Supporting the new statutory changes to Relationships Education and Health Education



## Contents

Introduction
Relationships Education: Key stages 1 and 2 - <i>Families and people who care for me</i> 4-6
Relationships Education: Key stages 1 and 2 - <i>Caring friendships</i>
Relationships Education: Key stages 1 and 2 - <i>Respectful relationships</i>
Relationships Education: Key stages 1 and 2 - <i>Online relationships</i>
Relationships Education: Key stages 1 and 2 - <i>Being safe</i>
Physical health and mental wellbeing: Key stages 1 and 2 - <i>Mental wellbeing</i>
Physical health and mental wellbeing: Key stages 1 and 2 - <i>Internet safety and harms</i>
Physical health and mental wellbeing: Key stages 1 and 2 - <i>Physical health and fitness</i>
Physical health and mental wellbeing: Key stages 1 and 2 - <i>Healthy eating</i>
Physical health and mental wellbeing: Key stages 1 and 2 - <i>Drugs, alcohol, and tobacco</i>
Physical health and mental wellbeing: Key stages 1 and 2 - <i>Health and prevention</i>
Physical health and mental wellbeing: Key stages 1 and 2 - <i>Basic first aid</i>
Physical health and mental wellbeing: Key stages 1 and 2 - <i>Changing adolescent body</i>
Overview of the topics in the 1decision 5-8 programme
Overview of the topics in the 1decision 8-11 programme

## Introduction

From September 2020, Health Education and Relationships Education became statutory in all schools across the UK.

Following this decision by the DfE, the 1decision team have created a mapping document to support schools. This document looks at how the 1decision resources are mapped against the new statutory framework. Please also refer to our progression route document. Our topics are also mapped to the PSHE programme of study. You can view the '1decision and the PSHE Programme of Study' document in the 'How it Works' tab.

Throughout this document, you will be able to see how the 1decision programme covers the new statutory requirements. You will find that every area of the new framework has been explored and referenced against our primary school resources.

1decision provides 17 modules, which are recommended for students in years 1-6. The core of the programme is a series of documentaries and videos with alternative endings, which enable children to explore various topics in a safe, educational environment. The 1decision videos feature within our collection of over 70 on-screen lesson guides and our workbooks allow students to document their learning and assess their own progress.

To view the full range of topics within each module, please see pages 40-41.

Every school has the right to choose the content which they feel is suitable for their students. This will be dependent on social need, maturity, and their environment. Idecision provides flexible content, which can be used as a standalone resource or alongside additional material, to fulfil the expectations of Health Education and Relationships Education. We look forward to supporting your school with our resources!

## Reading this document

Within this document you will find that each of the Dfe requirements are linked to 1decision topics. These are broken down into 5-8 and 8-11 links and we have also used acronyms for each of the module names please see below.

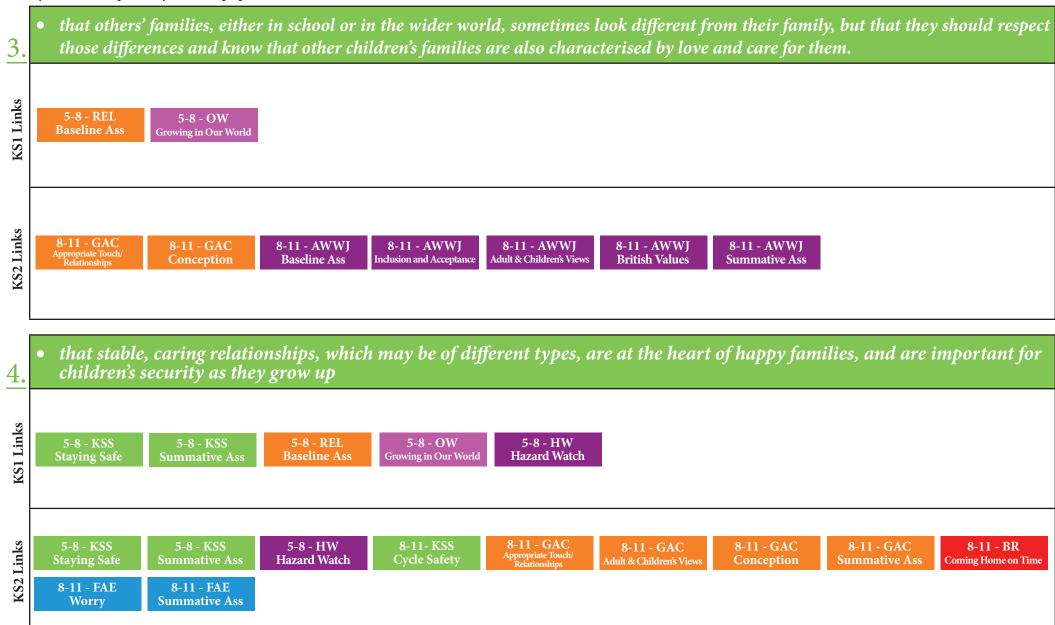
KSS	KSH	REL	GAC	BR	FAE	CS	OW	WW	HW	AWWJ	FS	FA
Keeping/ Staying Safe	Keeping/ Staying Healthy	Relationships	Growing and Changing	Being Responsible	Feelings and Emotions	Computer Safety	Our World	The Working World	Hazard Watch	A World Without Judgement	Fire Safety	First Aid

If you require any further assistance with our resources, please do not hesitate to contact us at: <a href="mailto:info@1decision.co.uk">info@1decision.co.uk</a>.

## Relationships Education: Key stages 1 and 2 Topic 1: Families and people who care for me

<u>1.</u>	• that families are important for children growing up because they can give love, security and stability									
KS1 Links	5-8 - KSS Baseline Ass 5-8 - OW Growing in Our World	5-8 - KSS Road Safety 5-8 - OW Living in Our World	5-8 - KSS Staying Safe 5-8 - HW Hazard Watch	5-8 - KSS Summative Ass	5-8 - REL Baseline Ass	5-8 - FAE Worry	5-8 - FAE Grief/loss	5-8 - FAE Summative Ass	5-8 - CS Making Friends Online	
KS2 Links	5-8 - KSS Staying Safe 8-11 - KSH Adult & Children's Views	5-8 - KSS Summative Ass 8-11 - GAC Baseline Ass	5-8 - FAE Grief/loss 8-11 - GAC Adult & Children's Views	5-8 - FAE Summative Ass 8-11 - FAE Worry	5-8 - CS Making Friends Online 8-11 - FAE Summative Ass	5-8 - HW Hazard Watch 8-11 - WW Summative Ass	8-11 - KSS Baseline Ass	8-11- KSS Cycle Safety	8-11 - KSS Adult & Children's Views	
<u>2.</u>						er, including in				
KS1 Links										
	5-8 - KSS Baseline Ass 5-8 - FAE	n and other for 5-8 - KSS Tying Shoelaces 5-8 - FAE	5-8 - KSS Staying Safe 5-8 - CS	5-8 - KSS Leaning Out of Windows 5-8 - OW	5-8 - KSS Summative Ass	5-8 - REL Baseline Ass	er and sharin	g each other's	5-8 - BR	

## Relationships Education: Key stages 1 and 2 Topic 1: Families and people who care for me



Topic 1: Families and people who care for me



#### **Topic 2: Caring friendships**



## Relationships Education: Key stages 1 and 2 Topic 2: Caring friendships



**Topic 2: Caring friendships** 

By the end of primary school, pupils should know:

**Summative Ass** 

• how to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed.

5-8 - KSS Baseline Ass 5-8 - BR Stealing	5-8 - KSS Staying Safe 5-8 - FAE Jealousy	5-8 - KSS Summative Ass 5-8 - CS Online Bullying	5-8 - KSH Medicine 5-8 - CS Making Friends Online	5-8 - REL Bullying	5-8 - REL Body Language	5-8 - REL Touch	5-8 - REL Summative Ass	5-8 - BR Helping Someone in Need
5-8 - KSS	5-8 - KSS	5-8 - KSH	5-8 - REL	5-8 - REL	5-8 - BR	5-8 - CS	8-11- KSS	8-11- KSS
Staying Safe	Summative Ass	Medicine	Touch	Summative Ass	Stealing	Making Friends Online	Peer Pressure	Water Safety
8-11 - KSS	8-11 - KSH	8-11 - GAC	8-11 - BR	8-11 - BR	8-11 - FAE	8-11 - CS	8-11 - CS	8-11 - CS
Summative Ass	Smoking	Summative Ass	Looking Out for Others	Stealing	Jealousy	Online Bullying	Image Sharing	Making Friends Online
8-11 - CS								

#### Topic 3: Respectful relationships

By the end of primary school, pupils should know:

the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs. KS1 Links 5-8 - CS Computer Safety Documentary 5-8 - REL 5-8 - REL 5-8 - REL 5-8 - BR 5-8 - FAE 5-8 - CS 5-8 - REL 5-8 - REL Online Bullying Touch **Jealousy** Friendship **Summative Ass** Practice Makes Perfect **Baseline Ass Bullying** 8-11 - GAC Appropriate Touch/ Relationships 5-8 - REL 8-11 - GAC 8-11 - FAE 8-11 - CS 5-8 - REL 8-11 - BR 8-11 - BR 8-11 - FAE KS2 Links Looking Out for Others Online Bullying Touch **Summative Ass Summative Ass** Adult & Children's Views **Baseline Ass Jealousy** 8-11 - CS 8-11 - AWWJ **Image Sharing Baseline Ass** Breaking Down Barriers **Inclusion and Acceptance** Adult & Children's Views **British Values Summative Ass** practical steps they can take in a range of different contexts to improve or support respectful relationships. 13. 5-8 - FAE 5-8 - REL 5-8 - REL 5-8 - REL 5-8 - REL 5-8 - BR 5-8 - BR 5-8 - BR 5-8 - BR KS1 Links Water Spillage **Jealousy** Friendship **Bullying Body Language Summative Ass** Helping Someone in Need **Stealing Summative Ass** 5-8 - CS Computer Safety Documentary 5-8 - FAE 5-8 - CS 5-8 - OW **Online Bullying** Anger Living in Our World 8-11 - GAC 8-11- KSS 5-8 - REL 5-8 - BR 5-8 - BR 8-11 - GAC 8-11 - GAC 8-11 - BR 8-11 - BR Appropriate Touch/ Relationships Peer Pressure **Summative Ass Stealing Summative Ass** Adult & Children's Views **Summative Ass Baseline Ass** Coming Home on Time **KS2 Links** 8-11 - BR 8-11 - BR 8-11 - BR 8-11 - BR 8-11 - FAE 8-11 - CS 8-11 - WW 8-11 - FAE 8-11 - FAE **Looking Out for Others** Adult & Children's Views Stealing **Summative Ass Baseline Ass Jealousy** Anger **Image Sharing Summative Ass** 8-11 - AWWJ 8-11 - AWWJ

**British Values** 

**Summative Ass** 

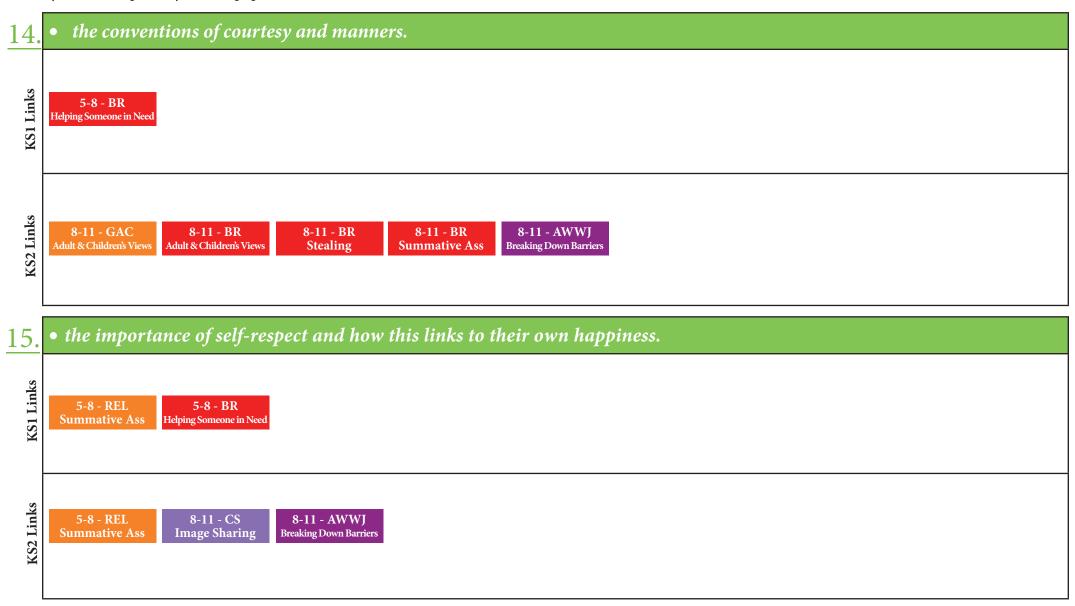
Adult & Children's Views

**Baseline Ass** 

Breaking Down Barriers

Inclusion and Acceptance

## Relationships Education: Key stages 1 and 2 Topic 3: Respectful relationships

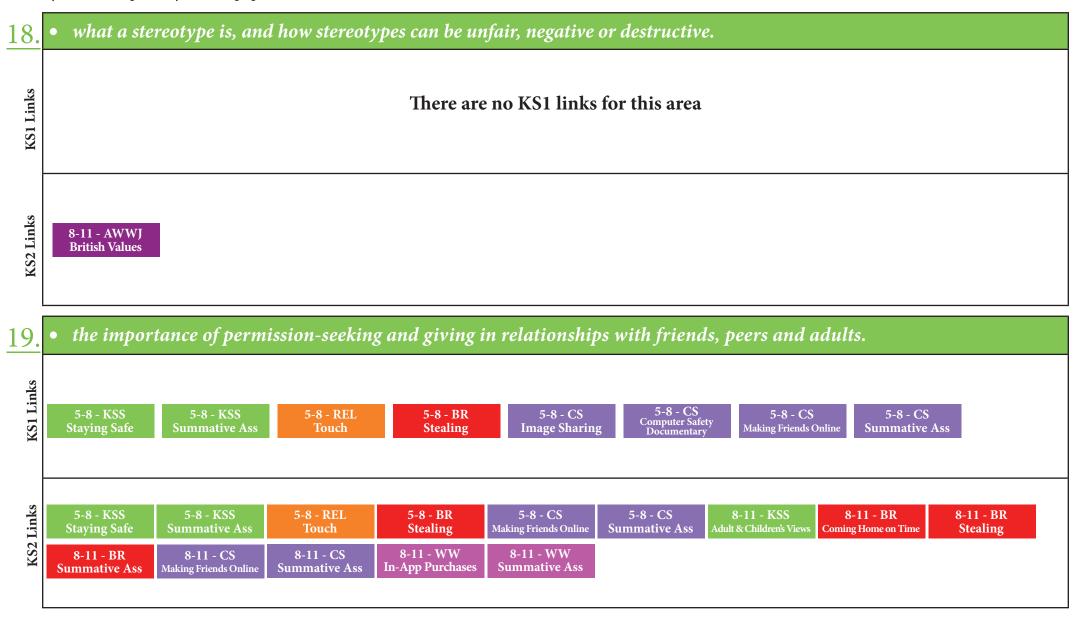


#### **Topic 3: Respectful relationships**



## Relationships Education: Key stages 1 and 2 Topic 3:

**Topic 3: Respectful relationships** 



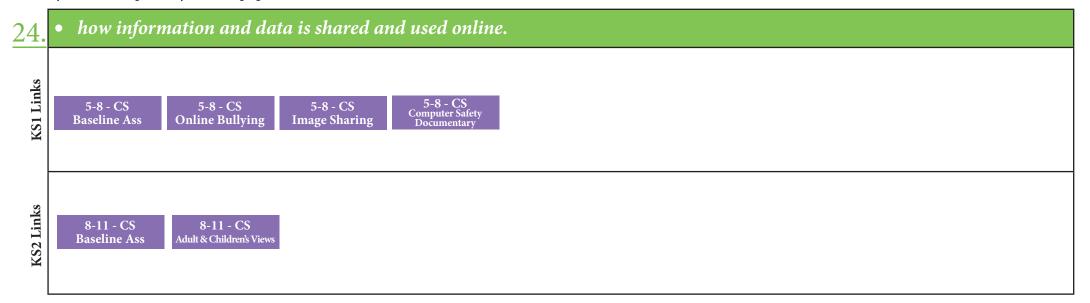
### **Topic 4: Online relationships**



#### **Topic 4: Online relationships**



## Topic 4: Online relationships



**Topic 5: Being safe** 



### **Topic 5: Being safe**

By the end of primary school, pupils should know:

that each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact. 27 **KS1 Links** 5-8 - KSS 5-8 - REL 5-8 - FAE 5-8 - REL **Jealousy Summative Ass** Touch **Summative Ass** KS2 Links 8-11 - GAC Appropriate Touch/ Relationships 5-8 - KSS 5-8 - REL 5-8 - REL 8-11 - BR **Summative Ass** Touch **Summative Ass Looking Out for Others** how to respond safely and appropriately to adults they may encounter (in all contexts, including online) whom they do not 28 know. KS1 Links 5-8 - CS Computer Safety Documentary 5-8 - KSS 5-8 - KSS 5-8 - KSS 5-8 - REL 5-8 - BR 5-8 - CS 5-8 - CS 5-8 - CS **Making Friends Online Summative Ass Baseline Ass Staying Safe Summative Ass Summative Ass** Helping Someone in Need **Baseline Ass** KS2 Links 5-8 - KSS 8-11 - GAC 5-8 - KSS 5-8 - REL 5-8 - CS 5-8 - CS 8-11 - KSS 8-11 - KSS 8-11 - CS Appropriate Touch/ Relationships **Staying Safe Summative Ass Making Friends Online Summative Ass Baseline Ass** Adult & Children's View Adult & Children's Views 8-11 - CS 8-11 - CS 8-11 - FA 8-11 - FA 8-11 - FA Making Friends Online **Summative Ass Baseline Ass** First Aid - Year 5 First Aid - Year 6 (Part 1)

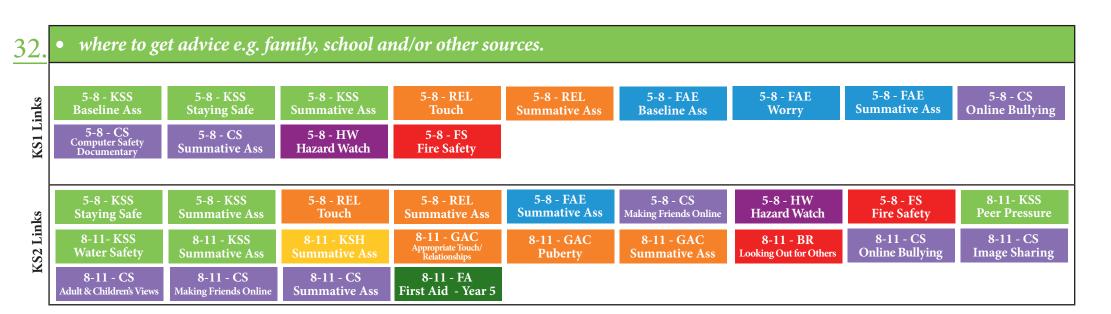
## Relationships Education: Key stages 1 and 2 Topic 5: Being safe

29.	• how to reco	gnise and rep	ort feelings of	being unsafe o	r feeling bad d	about any adul	lt.		
KS1 Links	5-8 - KSS Baseline Ass 5-8 - CS Summative Ass	5-8 - KSS Staying Safe 5-8 - HW Hazard Watch	5-8 - KSS Summative Ass 5-8 - FS Fire Safety	5-8 - REL Touch	5-8 - REL Summative Ass	5-8 - BR Helping Someone in Need	5-8 - FAE Summative Ass	5-8 - CS Computer Safety Documentary	5-8 - CS Making Friends Online
KS2 Links	5-8 - KSS Staying Safe 8-11- KSS Peer Pressure	5-8 - KSS Summative Ass 8-11- KSS Water Safety	5-8 - REL Touch 8-11 - KSS Adult & Children's Views	5-8 - REL Summative Ass 8-11 - KSS Summative Ass	5-8 - FAE Summative Ass 8-11 - GAC Appropriate Touch/ Relationships	5-8 - CS Making Friends Online 8-11 - GAC Summative Ass	5-8 - CS Summative Ass 8-11 - CS Adult & Children's Views	5-8 - HW Hazard Watch 8-11 - CS Making Friends Online	5-8 - FS Fire Safety 8-11 - CS Summative Ass
30.	• how to ask	for advice or	help for them	selves or other	rs, and to keep	o trying until t	they are heard	<i>l</i> .	
KS1 Links	5-8 - KSS Baseline Ass 5-8 - FS Fire Safety	5-8 - KSS Staying Safe	5-8 - KSS Summative Ass	5-8 - REL Touch	5-8 - REL Summative Ass	5-8 - FAE Summative Ass	5-8 - CS Computer Safety Documentary	5-8 - CS Making Friends Online	5-8 - HW Hazard Watch
KS2 Links	5-8 - KSS Staying Safe 8-11- KSS Peer Pressure	5-8 - KSS Summative Ass 8-11- KSS Water Safety	5-8 - REL Touch 8-11 - KSS Summative Ass	5-8 - REL Summative Ass 8-11 - GAC Appropriate Touch/ Relationships	5-8 - FAE Summative Ass 8-11 - GAC Summative Ass	5-8 - CS Making Friends Online 8-11 - FAE Summative Ass	5-8 - HW Hazard Watch 8-11 - CS Adult & Children's Views	5-8 - FS Fire Safety 8-11 - CS Making Friends Online	8-11 - KSS Baseline Ass 8-11 - CS Summative Ass
	8-11 - FA Baseline Ass	8-11 - FA First Aid - Year 4	8-11 - FA First Aid - Year 5	8-11 - FA First Aid - Year 6 (Part 1)					

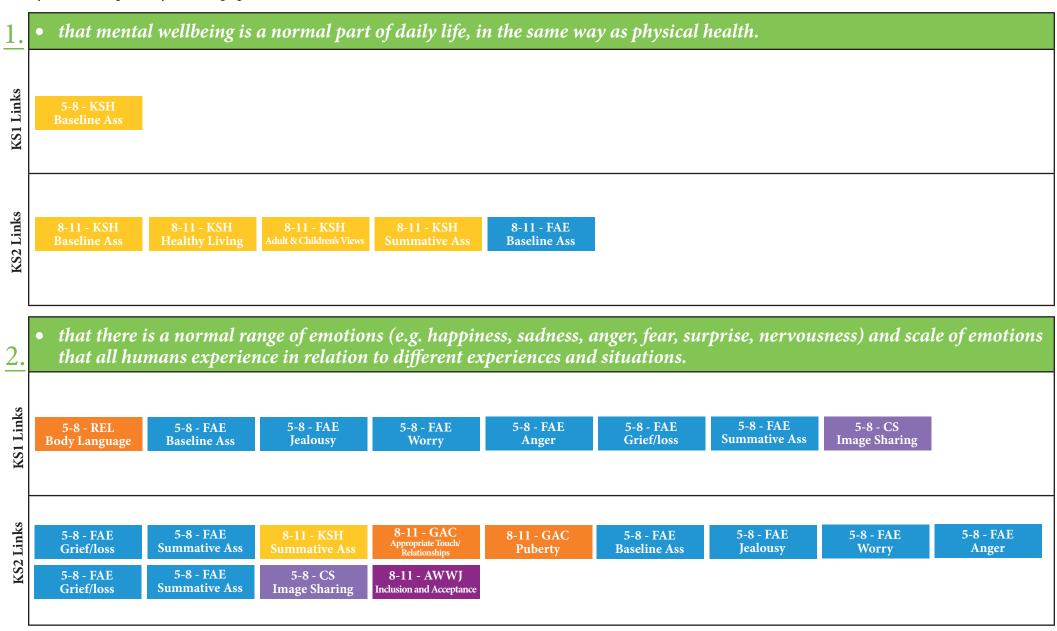
**Topic 5: Being safe** 

By the end of primary school, pupils should know:

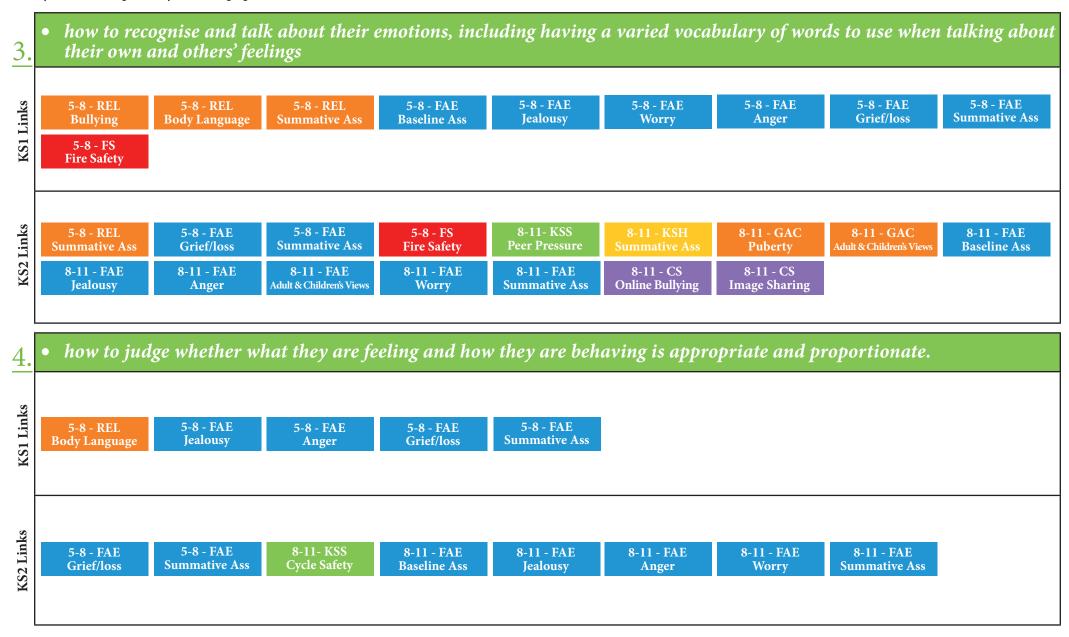
how to report concerns or abuse, and the vocabulary and confidence needed to do so. 31. 5-8 - CS Computer Safety Documentary KS1 Links 5-8 - KSS 5-8 - KSS 5-8 - KSS 5-8 - REL 5-8 - REL 5-8 - FAE 5-8 - CS 5-8 - FAE **Baseline Ass Staying Safe Summative Ass** Touch **Summative Ass** Worry **Summative Ass Making Friends Online** 5-8 - FS **Fire Safety** 5-8 - KSS 5-8 - KSS 5-8 - REL 5-8 - REL 5-8 - FAE 5-8 - CS 5-8 - FS 8-11 - KSS 8-11- KSS **Summative Ass** Making Friends Online Touch **Summative Ass Fire Safety Baseline Ass Peer Pressure Staying Safe Summative Ass** 8-11 - GAC 8-11- KSS 8-11 - CS 8-11 - KSS 8-11 - GAC 8-11 - BR 8-11 - CS 8-11 - CS Appropriate Touch/ Relationships **Water Safety** Looking Out for Others **Online Bullying Summative Ass Summative Ass** Adult & Children's Views **Making Friends Online** 8-11 - CS **Summative Ass** 



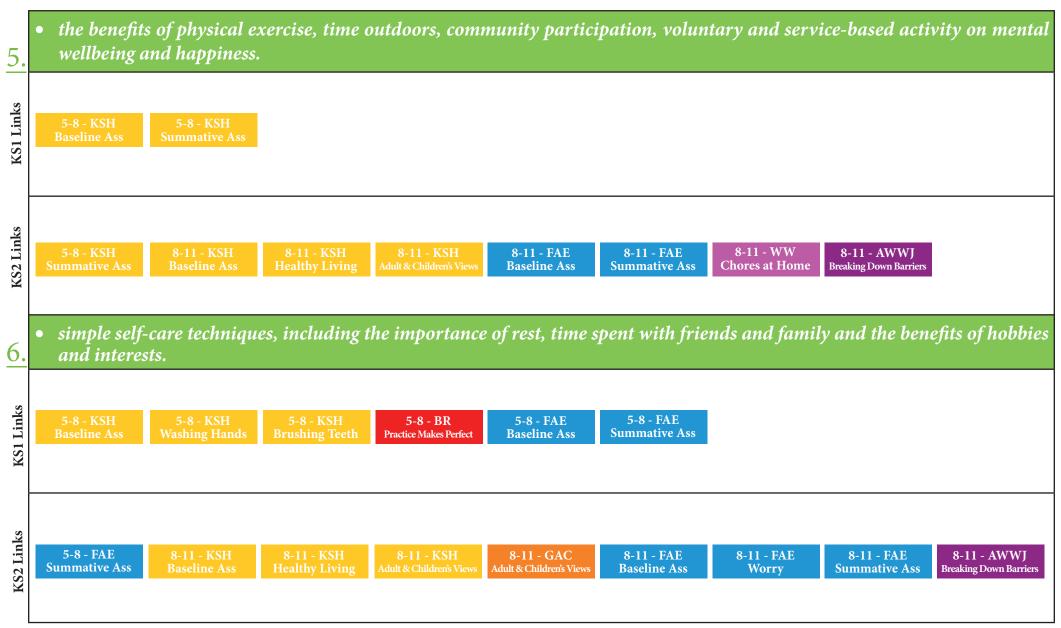
#### **Topic 6: Mental wellbeing**



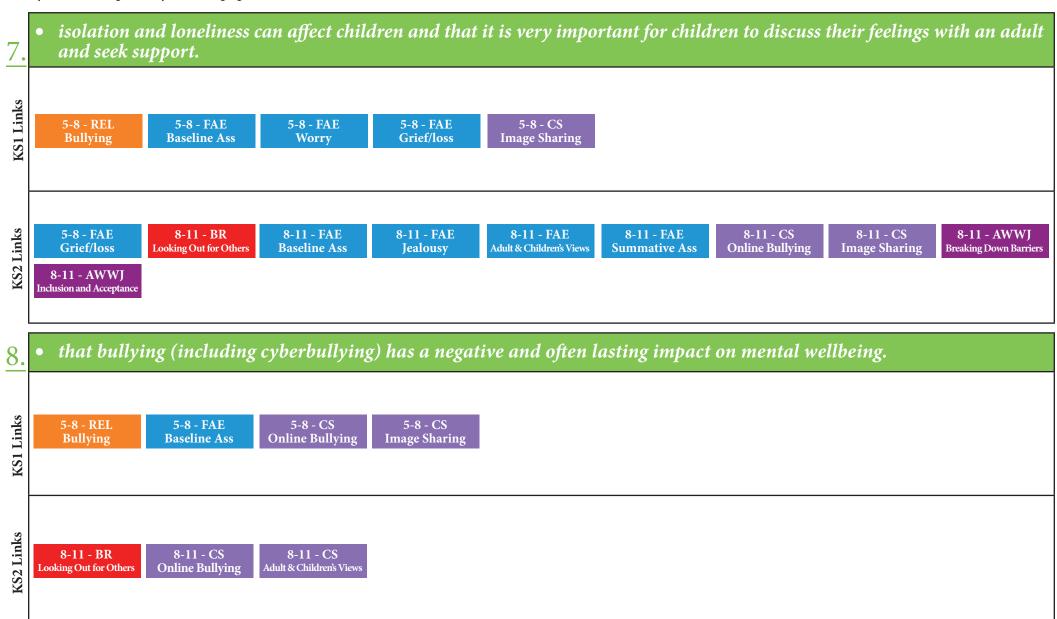
#### **Topic 6: Mental wellbeing**



#### **Topic 6: Mental wellbeing**



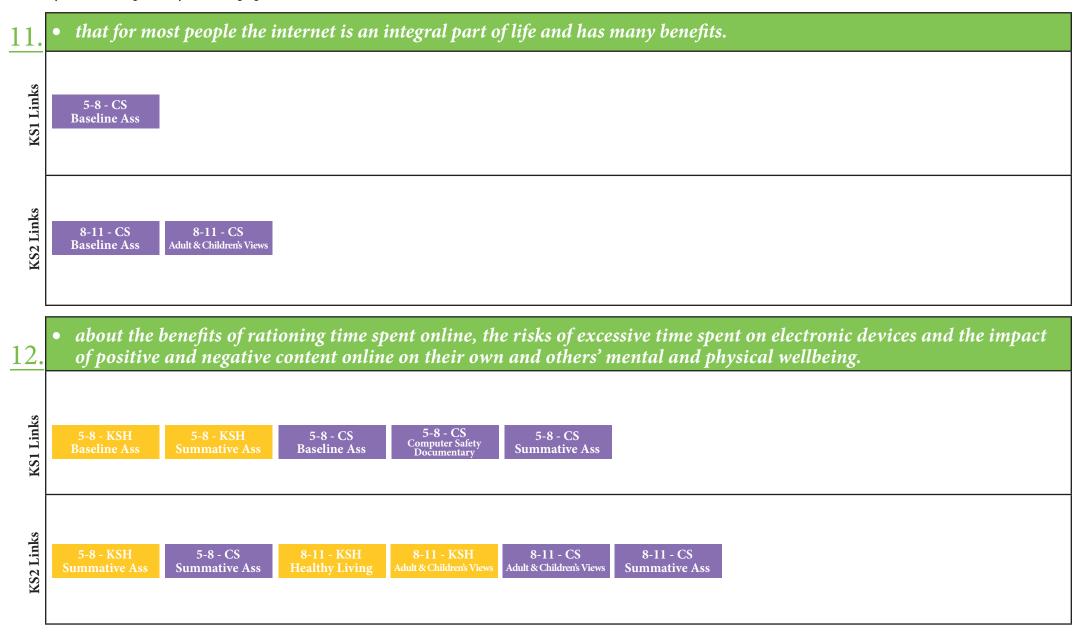
#### Topic 6: Mental wellbeing



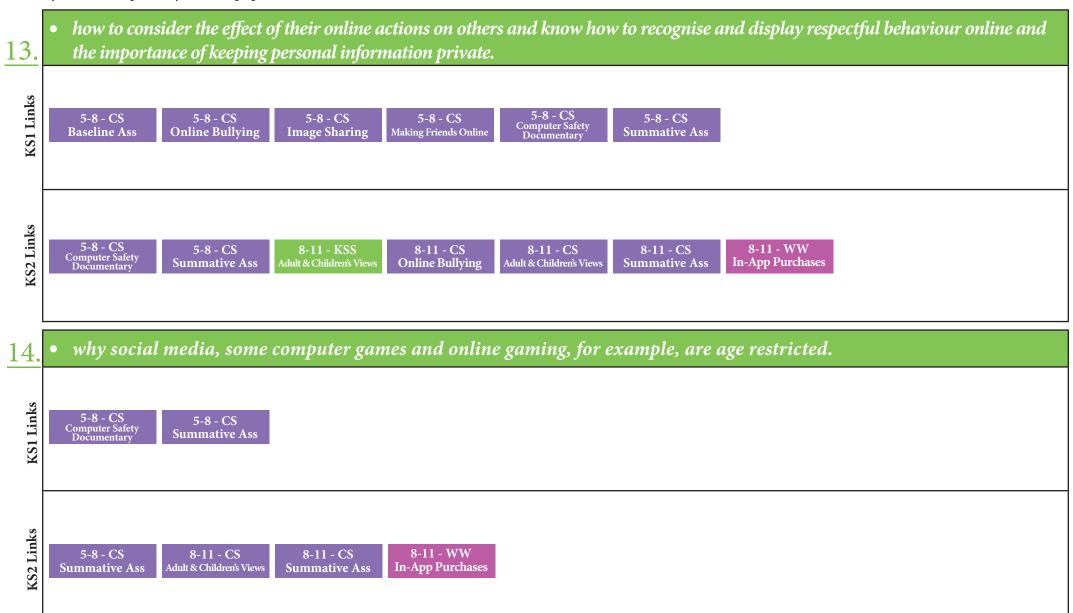
#### Topic 6: Mental wellbeing



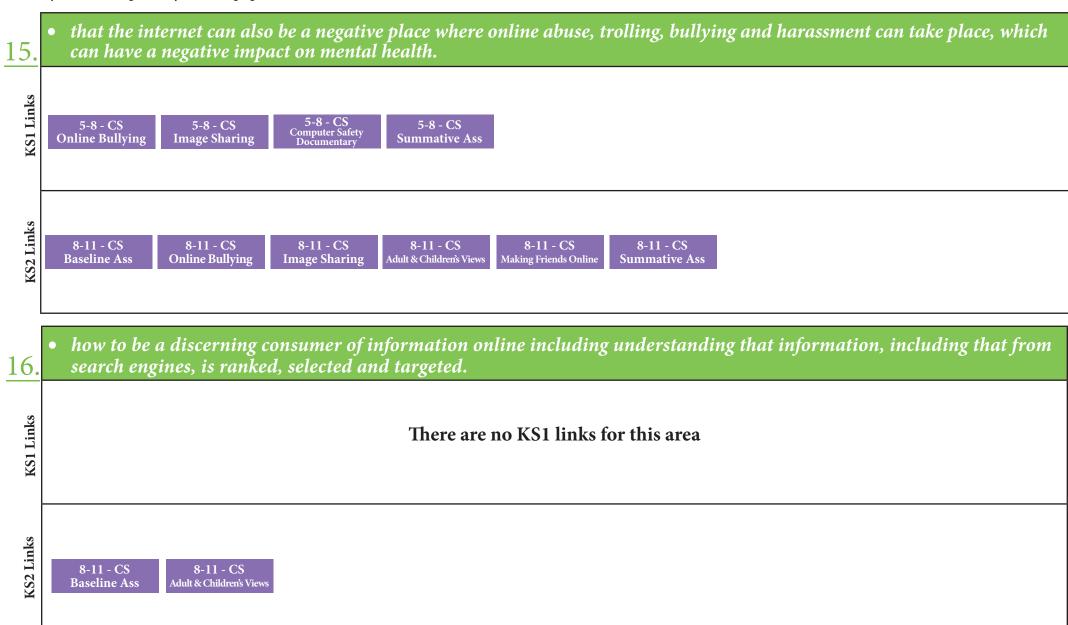
#### Topic 7: Internet safety and harms



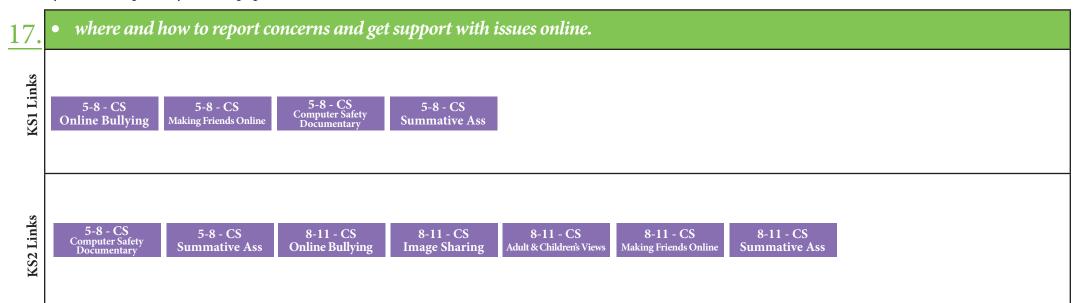
#### Topic 7: Internet safety and harms



#### Topic 7: Internet safety and harms



## **Topic 7: Internet safety and harms**



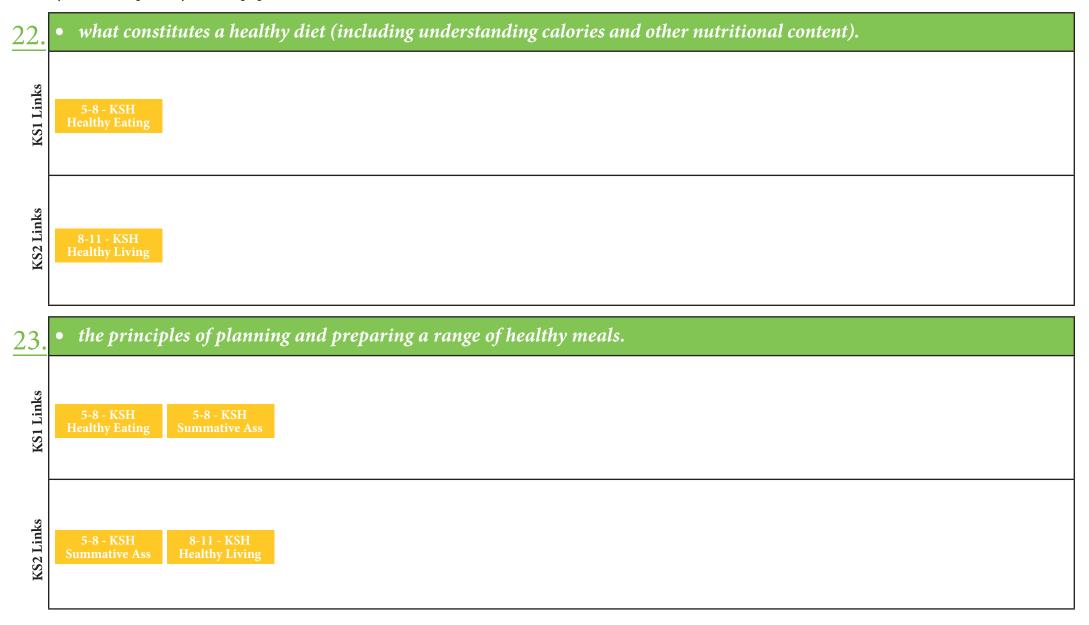
#### Topic 8: Physical health and fitness



## **Topic 8: Physical health and fitness**



Topic 9: Healthy eating



By the end of primary school, pupils should know:

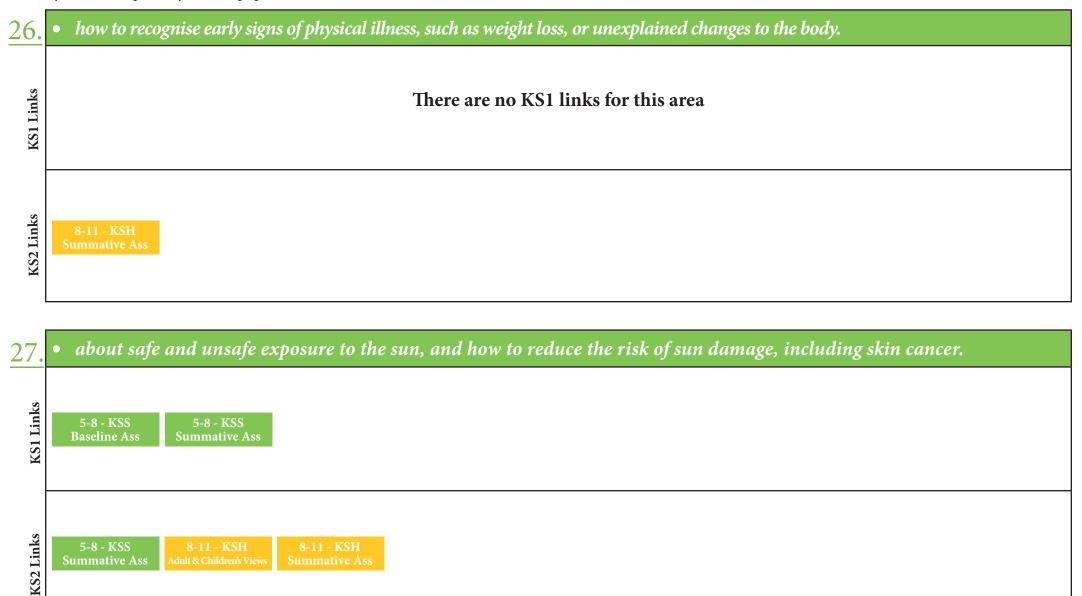
• the characteristics of a poor diet and risks associated with unhealthy eating (including, for example, obesity and tooth decay) and other behaviours (e.g. the impact of alcohol on diet or health).

| Sanitarious | Sanitariou

## Topic 10: Drugs, alcohol and tobacco



## **Topic 11: Health and prevention**



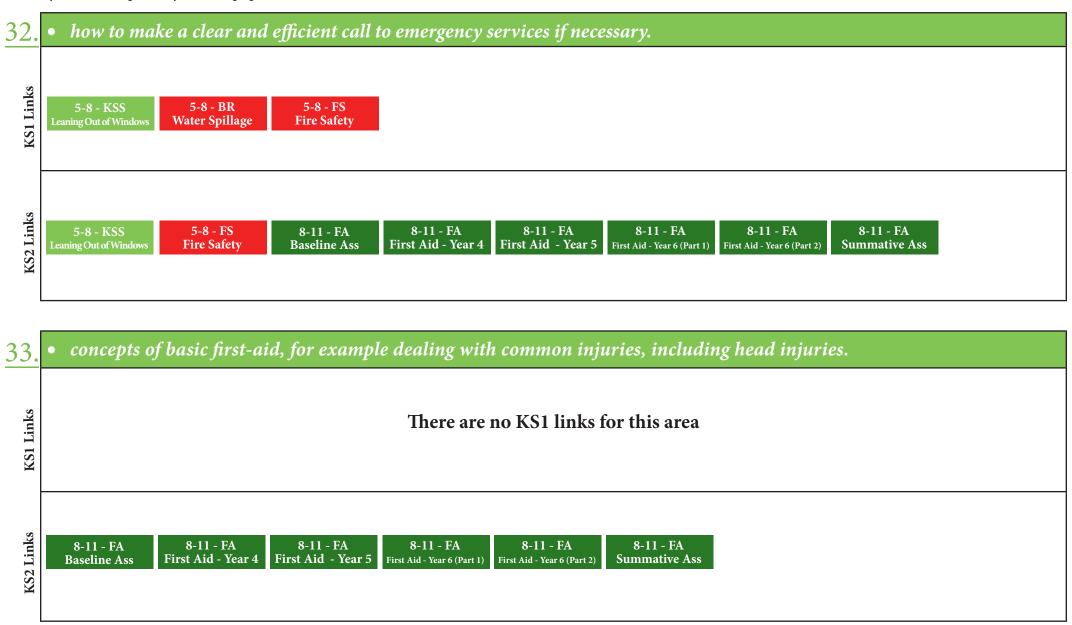
## **Topic 11: Health and prevention**



## **Topic 11: Health and prevention**



Topic 12: Basic first aid



**Topic 13: Changing adolescent body** 

By the end of primary school, pupils should know:

key facts about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical 34. and emotional changes. KS1 Links There are no KS1 links for this area KS2 Links 8-11 - GAC 8-11 - GAC Puberty **Summative Ass** about menstrual wellbeing including the key facts about the menstrual cycle. 35. There are no KS1 links for this area KS2 Links 8-11 - GAC 8-11 - GAC 8-11 - GAC Puberty Conception **Summative Ass** 

## Our 5-8 modules/topics

For more information on our resources, please visit: www.1decision.co.uk

### Keeping/Staying Safe

- Road Safety
- Leaning Out of Windows
- Staying Safe
- Tying Shoelaces

# Feelings and Emotions

- Jealousy
- Worry
- Anger
- Grief

## Keeping/Staying Healthy

- Healthy Eating
- Brushing Teeth
- Washing Hands
- Medicine

## Relationships

- Bullying
- Body Language
- Friendship
- Touch

## Being Responsible

- Practice Makes Perfect
- Helping Someone in Need
- Stealing
- Water Spillage

## **Computer Safety**

- Online Bullying
- Image Sharing
- Making Friends Online
- Computer Safety Documentary

### **Our World**

- Growing in Our World
- Living in Our World
- Working in Our World
- Looking After Our World

#### **Hazard Watch**

- Is it safe to eat or drink?
- Is it safe to play with?

## **Special Edition Module - Fire Safety**

Hoax Calling

- Petty Arson
- Enya and Deedee Visit the Fire Station

• Texting Whilst Driving

Please note, we also cover many other areas of each topic. Contact 1decision for more details.

## Our 8-11 modules/topics

For more information on our resources, please visit: www.1decision.co.uk

## Keeping/Staying Safe

- Cycle Safety
- Peer Pressure
- Water Safety
- Keeping/Staying Safe Documentary

## Feelings and Emotions

- Jealousy
- Anger
- Worry
- Feelings and Emotions Documentary

# Keeping/Staying Healthy

- Healthy Living
- Smoking
- Alcohol
- Keeping/Staying Healthy Documentary

## **Computer Safety**

- Online Bullying
- Image Sharing
- Making Friends Online
- Computer Safety Documentary

# Growing and Changing

- Relationships
- Puberty
- Conception
- Growing and Changing Documentary

## The Working World

- Chores at Home
- Enterprise
- In-App Purchases
- The Working World Documentary

## Being Responsible

- Coming Home on Time
- Looking Out for Others
- Stealing
- Being Responsible Documentary

# A World Without Judgement

- Breaking Down Barriers
- Inclusion and Acceptance
- British Values
- A World Without Judgement Documentary

## Special Edition Module - First Aid

• First Aid - Year 4

- First Aid Year 5
- First Aid Year 6 (Part 1)
- First Aid Year 6 (Part 2)

Please note, we also cover many other areas of each topic. Contact 1decision for more details.



www.1decision.co.uk