



Module: Being Responsible

Topic: Practice Makes Perfect and Helping Someone in Need

Key Facts

- It is important to have manners and be courteous
- Self-respect can enhance your own happiness
- It is important to respond safely and appropriately to people who you do not know very well

By the end of these topics, I should:

- be able to name ways you can improve in an activity or sport
- understand the importance of trying hard and not giving up
- be able to see the benefits of practising an activity or sport
- be able to learn ways to set goals and work to reach them
- know how you can help other people
- be able to recognise kind and thoughtful behaviours and actions
- understand the risks of talking to people you don't know very well in the community
- be able to identify the differences between being responsible and being irresponsible

I will learn the following new words/ phrases:

Abilities	<i>The physical or mental power or skill needed to do something.</i>
Thoughtful	<i>Caring about or showing consideration for others.</i>
Qualities	<i>The features or characteristics of a person or thing.</i>
Manners	<i>Polite social behaviour or habits.</i>
Courteous	<i>Polite, respectful, or considerate in manner.</i>
Appropriately	<i>Suitable or right for a particular situation or occasion.</i>
Self-respect	<i>Respect for yourself that shows that you value yourself.</i>
Improve	<i>To get better.</i>

Ask me a question!

- What are your best qualities?
- Can you name something you'd like to get better at?
- Who helps you at home, at school, and in the community?
- How can we be kind and thoughtful?