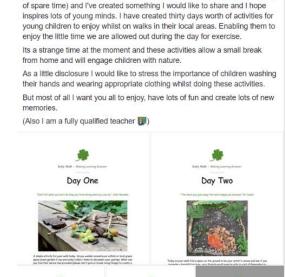
St. Mary's Catholic Primary and Nursery School EASTER ACTIVTIES



- Spending time on these various sites: Times Table Rockstars, Emile education, NumBots, Mymaths and Purple mash
- https://cafod.org.uk/Education/Children-s-liturgy Link to **Cafod's online liturgy** page for you to take a look at with the children in you own time. 'While we cannot gather together in person due to coronavirus, we can still come together as a community through prayer.'
- Joe Wicks Body Coach LIVE DAILY 9AM youtube
- Oti Mambuse LIVE themed dance classes daily on Facebook, Youtube or Instagram at 11.30am
- DD MIX Live Dance Fitness Class at 1.30pm daily on Facebook
- Andy Cope (Dr Happy) Wellbeing Videos on Youtube https://www.youtube.com/watch?v=2IPV8JmUMrU&feature=youtu.be (might be better if you have children in KS2)
- STEM ideas for homelearning https://www.stem.org.uk/home-learning/primary
- Geography activities from the Geographical association now free! https://www.geography.org.uk/teaching-resources/early-years-and-primary-resources
- Easter activities www.mykidstime.com
- Philopsophy style thinking questions https://www.thephilosophyman.com/brainsqueezersweek1
- Medicspot is calling all primary school children to share their creative ideas to help encourage frequent hand washing the best way to keep yourself and others safe from coronavirus. Find out how you can enter and win £500 for St Mary's Catholic Primary School and Nursery, Chorley here: www.medicspot.co.uk/handwash
- Using your imagination for writing daily updates on http://www.pobble365.com
- Extra FREE Reading Ebooks on: https://collins.co.uk/pages/support-learning-at-home and https://readon.myon.co.uk/ and www.getepic.com

• Useful ideas from facebook posts:





All parents/carers and teachers, over the past few days I set myself a little project (due to the small situation of being jobless and in isolation, I have lots

Gemma Louise





PARENTS, LISTEN UP

If you're kids are asking for snacks every 30mins and you're worried that they're going to eat you out of house and home

I have something for you...

Open a tuck shop

So here's the idea...

- Create a list of all the snacks that the kids like to eat.
- ✓ Price the snacks in accordance with their calorie content.
- Lowest in cals are the cheapest and the more calorie dense are the dearest.
- Give them a certain amount of money each day to spend at the tuck shop.

(Don't worry about having to spend money each day as you are the tuck shop owner, so you'll get it back each day).

This way, if the kids are savvy, they'll want more snacks for their money.

In this case it'll be the fruit and veggies that will be consumed more.

It's a game and they'll no doubt love the fact that they have money to spend how they please.

Now with this, the one thing I would strongly recommend is to NOT mention calories at all.

Kids don't and shouldn't need to know about this at their stage in life.

Just say they are more expensive due to manufacturing, packaging

or that the tooth fairy puts an extra surcharge on them to safeguard their teeth :-)

• Easter Fun Bingo Board - how many can you tick off?

Plant some seeds in the garden





Bake a cake with an adult at home



Create a housebound treasure hunt for someone at home.

Create a map of your home and hide small items around it. Mark each piece of hidden treasure on the map. Can someone find them?

Rock Painting

Make a quick dash outside to grab some rocks. Dry them off and practice painting them, or decorating them with markers.



Paper Mache

Making 3D art is great fun. Inflate a balloon, grab some newspaper and a PVA glue/water mix, and get creating!



Indoor picnic

Make a picnic for someone at home; it could even be a favorite toy.



Host an international dinner night

As a family, pick out a country you would like to learn more about. Find food that is unique to that country. Prepare a dinner that would be served there. The family can even find clothing that is worn in the country and wear it to dinner.



Enjoy a movie night







Play Charades



Make a family scrapbook



Create a Time Capsule

Put together a time capsule to hide away for the future. You can throw together some memorable items from your life now and put them in an airtight capsule



Read a book to someone at home



Sketching

Choose a household object and sketch it, maybe fruit from the fruit bowl or flowers in the garden.



Film a pretend cooking show or news night.

Ask someone at home to film you cooking or delivering some news. Pretend that this will be aired in television. We would love to watch it back at school.



PE Bingo Board

Complete as many activity challenges as you can before Easter in order to make BINGO. Have your parent or an adult sign or date each completed activity.

Remember you want at least 60 minutes of activity time or exercise each day!

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FAMILY CHALLENGE: Who can do the most push-ups?	No TV, video games or electronics for an entire day.	Play outside!	Show off your best dance moves for an entire song.	FAMILY CHALLENGE: Who can do the most sit-ups?
Play catch/pass with a friend or family member.	FAMILY ACTIVITY: Go on a walk, bike ride or hike.	CHALLENGE Balance a ball on your head	FAMILY ACTIVITY: Try a new activity or game together as a family.	Kick a ball back and forth with a friend or family member.
Speed bounce for 20 seconds Use a small object for the wedge	Do a star jumps for every letter of the alphabet.	FREE CHOICE! What did you do?	Play your favourite tag game.	Go on a walk or run with a friend or family member.
CHALLENGE How long can you balance on 1 leg	FAMILY ACTIVITY: Play a board game or card game.	Do five minutes of stretching or yoga.	FAMILY ACTIVITY: Read together as a family.	Build a tower out of lego, blocks, toothpicks or cups.
FAMILY CHALLENGE: Who can do the longest wall-sit?	Create your own game and play it with a friend or family member.	Skip with a rope, using as many different ways as possible	CHALLENGE How many Keepy Uppies can you do with a balloon, ball, racket & ball	FAMILY CHALLENGE: Who can do the longest plank?