## Health, Relationships and Sex Education

## A Summary Grid for Journey in Love (including statutory HRE and non-statutory sex education)



## Chorley St. Mary's Catholic Primary and Nursery

	Theme	Social and	Physical	Spiritual
	The wonder of being special and unique  Learning Objective: To explore the wonder of being special and unique.	Emotional Recognise the joy of being a special person in my family.	To recognise that we are all different and unique.	To celebrate the joy of being a special person in God's family.
EYFS	Key words: Listening, sharing, speaking, respecting, observing, praying, relating, celebrating and creating.			raminy.
Year 1	We meet God's love in our family.  Learning Objective: To focus on families and specially growing up in a loving, secure and stable home.  Key Words: Unique, friend, respect, secure, God, love, care, commitment, stable, important, different, special, signs, healthy, safe, boundaries, kind, teasing, bullying, positive, negative, wrong, unacceptable, truth, lies, head, eyes, nose, mouth, teeth, tongue, throat, neck, shoulders, arms, breasts, nipple, waist, elbows, penis, vagina, vulva, bottom, anus, legs, knees, ankles, feet and toes.	Recognise signs that I am loved in my family.	Recognise how I am cared for and kept safe in my family.	Celebrate ways that God loves and cares for us.

Year 2	We meet God's love in our community.  Learning Objective: Children know and understand that they are growing and developing in a God-given community.  Key Words: God-given, community, local, global, impact, responsibility, harm, improve, belonging, family, diverse, father/mother, carer/guardian, feelings, emotions, recognise, friendships, relationships, secrets, stereotypes, respect, equal.	Recognise the joy and friendship of belonging to a diverse community.	Describe ways of being safe in communities.	Celebrate ways of meeting God in our communities.
Year 3	How we live in love.  Learning Objective:  Describe and give reasons for how we grow in love in caring, happy friendships where we are safe and secure.  Key Words:  Community, God-given, belonging, family, diverse, father/mother, carer/guardian, feelings, emotions, friends, loyalty, kindness, trust, selfless, generous, reasons, difficulties, positive, respectful.	Describe and give reasons how friendships make us feel happy and safe.	Describe and give reasons why friendships breakdown and how they can be repaired and strengthened.	Celebrate the joy and happiness of living in friendship with God and others.
Year 4	God loves us in our difference.  Learning Objective: To make links and connections to show that we are all different. To celebrate these differences as we appreciate that God's love accepts us as we are now and as we change.  Key Words: Gifts, talents, difference, development, change, conflict, stereotype, acceptance, cultural, biological, respect, courtesy, manners, sensitivity, religious belief, bullying, polite, uniqueness, innate, beauty and dignity.	To describe how we should all be accepted and respected.	Describe how we should treat others, making links with the diverse, modern society we live in.	Celebrate our uniqueness and innate beauty in each of us.

Year 5	Learning Objective: Show a knowledge and understanding of how we grow in awareness of the physical and emotional changes that accompany puberty- sensitivity, mood swings, anger, boredom etc. and grow further in their understanding of God's presence in their daily lives.  Key Words: God, sensitivity, puberty, presence, celebrate, external, internal, change, develop, menstrual cycle, ovulation, biological, respect, reproduction, hormones, pituitary gland, uterus, fertilised ovum, fallopian tube, vagina, vulva, cervix, womb, period.	To show knowledge and understanding of emotional relationship changes as we grow and develop.	To show knowledge and understanding of the physical changes in puberty.	To celebrate the joy of growing physically and spiritually.
Year 6	The wonder of God's love in creating new life.  Learning Objective: To develop a secure understanding of what stable, caring relationships are and the different kinds there may be. Focusing on Catholic teaching, children will also understand and know about the conception of a child within marriage.  Key Words: God, Christian, appropriate, dignity, sexuality, intercourse, fallopian, conceive, relationship, uterus, cervix, fiancé, fiancée, marriage.	To develop a secure understanding that stable and caring relationships, which may be of different types, are at the heart of happy families.	Explain how human life is conceived.	Show an understanding of how being made in the image and likeness of God informs decisions and actions when building relationships with others, including lifelong relationships.