

Overview of PSHE at Chorley St Marys Catholic Primary and Nursery

<u>Relationships Education Substantive Knowledge:</u>							
Families and people who care for me	Caring Friendships	Respectful relationships	Online relationships	Being safe			
<u>Physical Health and Mental Wellbeing Substantive Knowledge:</u>							
Mental Wellbeing	Internet Safety and Harms	Physical Health and Fitness	Healthy Eating	Drugs, Alcohol and Tobacco	Health and Prevention	Basic First Aid	Changing Adolescent Body
<i>*See 1decision mapping document to see how 1decision covers the new statutory changes to Relationships and Health Education and therefore the above knowledge</i>							

Within this document you will find that each of the PSHE learning opportunities are linked to 1decision topics. These are broken down into 5-8 and 8-11 links and we have also used acronyms for each of the module names please see below.

KSS	KSH	REL	<u>Growing and Changing in 1decision is not used – instead we use Journey in Love</u>	BR	FAE	CS	OW	WW	HW	AWWJ	FS	FA
Keeping/Staying Safe	Keeping/Staying Healthy	Relationships		Being Responsible	Feelings and Emotions	Computer Safety	Our World	The Working World	Hazard Watch	A World Without Judgement	Fire Safety	First Aid

<u>NURSERY</u>	<u>AUTUMN TERM</u>		<u>SPRING TERM</u>		<u>SUMMER TERM</u>	
	AT1	AT2	SPT1	SPT2	SUMT1	SUMT2
	PSHE education is not a discrete curriculum subject within the statutory EYFS framework. However, EYFS is still a great place to start exploring the foundations of PSHE education. The EYFS statutory framework areas of Personal, Social and Emotional development, and Understanding the World, have close links to the PSHE education Programme of Study. Learning and development opportunities for these areas, as well as Communication and language, can be interwoven within the pupils' experience through daily EYFS play-based activities, role-play areas, quality children's fiction and reflective discussion to begin to build pupils' knowledge and understanding, skills, attitudes and attributes related to PSHE elements of education.					

Question, Link	<u>Myself</u> <ul style="list-style-type: none"> - My family - We are all unique - Homes in different places 	<u>Being Kind and caring</u> <ul style="list-style-type: none"> - Anti-Bullying week - Remembrance - Celebrating giving at Christmas - Being fortunate 	<u>Keeping ourselves safe.</u> <ul style="list-style-type: none"> - Safer internet week - Stranger danger - Keeping healthy - hygiene. 	<u>Keeping others safe</u> <ul style="list-style-type: none"> - Fairtrade - Animal habitats - Endangered and extinct species 	<u>Looking after the world</u> <ul style="list-style-type: none"> - Climate change - Food - Where it comes from farming - Eating Healthily & Oral health 	<u>Looking after the Oceans</u> <ul style="list-style-type: none"> - Plastic pollution - Sharks and whales being hunted - Seaside and coastlines around the world
Assessment						

RECEPTION	<u>AUTUMN TERM</u>		<u>SPRING TERM</u>		<u>SUMMER TERM</u>	
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Learning focus	Classroom routines Working together Behavioural expectations Awareness of boundaries set Listen to what others are saying in play Form positive relationships with peers and familiar adults Starting school	Keeping safe online People who help to keep me safe Takes steps to resolve conflicts with other children. E.g. finding a compromise. Giving to others - kindness Respecting each other's differences & similarities - Black History	Healthy Mind Move your Body Expressing feelings and wishes See themselves as valuable individuals. Working together	Takes steps to resolve conflicts with other children - saying sorry. Working together Friendship	Respecting each other's differences & similarities Looking after our pets Caring for our world Staying safe outdoors	Friendship Caring for our world Staying safe outdoors

	Manage their own needs (toilet, dressing, eating) Feelings - Happy/Sad					
Assessment						

YEAR 1	AUTUMN TERM		SPRING TERM		SUMMER TERM	
	AT1	AT2	SPT1	SPT2	SUMT1	SUMT2
Module Question	What is the same and different about us?	Who is special to us?	What helps us stay healthy?	What helps us to stay safe?	Who helps to keep us safe?	How can we look after each other and the world?
Module 1decision name	-Feelings and Emotions -Journey in Love	-Relationships -Journey in Love	-Keeping /Staying Healthy -Being Responsible	-Hazard Watch -Keeping /Staying Safe	-Computer Safety -Keeping /Staying Safe	-Our World
Topic Title / Lesson Guide	-Jealousy -RSE - Physical and intellectual	-Friendship -RSE - Social, emotional and spiritual	-Washing hands -Water spillage	- Is it safe to eat or drink...? - Is it safe to play with...? - Summative assessment	-Online bullying -Road safety	-Growing in Our World
Additional opportunities		Building Bridges programme			School crossing patrol Fieldwork in local area Road safety around school grounds Traffic monitoring 20 is plenty campaign	
Assessment						

YEAR 2	AUTUMN TERM		SPRING TERM		SUMMER TERM	
	AT1	AT2	SPT1	SPT2	SUMT1	SUMT2
Module Question	How do we recognise our feelings?	Who helps to keep us safe in an emergency?	What makes a good friend?	What is bullying?	What roles do people play in our community?	What helps us grow and stay healthy?
Module 1decision name	-Feelings and Emotions -Journey in Love	-Fire Safety	-Being Responsible	-Relationships -Computer Safety	-Our World -Journey in Love	-Keeping /Staying Healthy -Keeping /Staying Safe
Topic Title / Lesson Guide	-Worry -Anger -RSE Intellectual and Emotional	-Hoax Calling -Petty Arson -Texting whilst driving -Enya and Deedee at the Fire Station - Summative assessment	-Practice makes perfect -Helping someone in need	-Bullying -Body language -Image sharing - Computer safety documentary	-Living in Our World - Working in our world -RSE Physical, social and spiritual.	-Healthy eating -Brushing teeth -Tying shoelaces
Additional opportunities	Our Hidden chimp book	Fire service visit - link to Bonfire night			Invite members of the community into school. Building Bridges programme	Colgate teeth Invite dentist and nutritionist in
Assessment						

YEAR 3	AUTUMN TERM		SPRING TERM		SUMMER TERM	
	AT1	AT2	SPT1	SPT2	SUMT1	SUMT2
Module Question	How can we be a good friend?	What keeps us safe?	What are families like?	What makes a community?	How can we stay healthy and look after ourselves?	What can we do with money?
Module 1decision name	-Computer Safety -Being Responsible	-Keeping /Staying Safe	-Feeling and Emotions	-Our World	-Relationships -Journey in Love	-Our World

		-Keeping /Staying Healthy	-Journey in Love			
Topic Title / Lesson Guide	-Making friends online -Summative assessment - Stealing - Summative assessment	-Leaning out of windows - Staying safe - Summative assessment -Medicine - Summative assessment	-Grief - Summative assessment -RSE Social, emotional and intellectual	-Looking After Our World - Summative assessment	-Touch - Summative assessment -RSE Physical and spiritual -Science Teeth Unit	-Working in Our World
Additional opportunities				Invite members of the community into school. Building Bridges programme	Colgate teeth Invite dentist in PANTS - NSPCC	It's a no money day book
Assessment						

YEAR 4	AUTUMN TERM		SPRING TERM		SUMMER TERM	
	AT1	AT2	SPT1	SPT2	SUMT1	SUMT2
Module Question	What strengths, skills and interests do we have?	How do we treat each other with respect?	How can we manage our feelings?	How can our choices make a difference to others and the environment?	What makes up a person's identity?	How can we manage risk in different places?
Module decision name	-Keeping /Staying Healthy - First Aid -Journey in Love	-Computer Safety -A World Without Judgement	-Feelings and Emotions -Journey in Love	The Working World	- Journey in Love	- Keeping /Staying Safe -Being Responsible
Topic Title / Lesson Guide	- Healthy Living - First Aid Yr 4 -RSE Social and Emotional	-Online bullying - Breaking down barriers	-Jealousy -RSE Intellectual	-Chores at home	-RSE Physical, intellectual and spiritual.	-Cycle safety -Coming home on time

Additional opportunities	Mini first aid - first aid classes for kids	PCSO Building Bridges programme				Bikeability?
Assessment						

YEAR 5	AUTUMN TERM		SPRING TERM		SUMMER TERM	
	AT1	AT2	SPT1	SPT2	SUMT1	SUMT2
Module Question	How can we help in an accident or emergency?	What jobs would we like? What decisions can people make with money?	How can friends communicate safely?	How can drugs common to everyday life, affect health?	How do we treat each other?	How will we grow and change?
Module 1decision name	-Being Responsible -First Aid	-The Working World	-Computer Safety	-Keeping /Staying Healthy	-Keeping /Staying Safe - Journey in Love -A World Without Judgement -Feelings and Emotions	-Journey in Love
Topic Title / Lesson Guide	-Looking out for others - Adult's and children's views - First Aid Year 5	-Enterprise - Adult's and children's views	-Image sharing - Adult's and Children's views	- Smoking -Adult's and children's views	-Peer pressure - Adult's and Children's views RSE social and emotional -Inclusion and acceptance -Adult's and children's views Anger	-RSE Physical and spiritual -

					- Adult's and children's views	
Additional opportunities	Mini first aid - first aid classes for kids	Money matters programme		School nurse	Building Bridges programme	
Assessment						

<u>YEAR 6</u>	<u>AUTUMN TERM</u>	<u>SPRING TERM</u>	<u>SUMMER TERM</u>
Module Question	How can we keep healthy and safe as we grow?	How can the media and social media and gaming influence people?	What will change as we become more independent? How do friendships change as we grow?
Module 1 decision name	-Keeping/Staying Safe -Keeping/Staying Healthy -Being Responsible -First Aid	-Computer Safety -The Working World -Journey in Love	-Feelings and Emotions -A World Without Judgement -Journey in Love
Topic Title / Lesson Guide	-Water safety inc Summative assessment -Alcohol inc Summative assessment -Stealing inc Summative assessment -First Aid Year 6 - part 1 and 2 including summative assessment	-Making friends online inc Summative assessment -In-App purchases inc Summative assessment -RSE Emotional and social	-Worry inc Summative assessment -British Values inc Summative assessment -RSE physical and spiritual
Additional opportunities	Mini first aid - first aid classes for kids School nurse		PCSO Building Bridges programme
Assessment			