



PE Sport and Health Action Plan

School	St. Mary's Catholic Primary School and Nursery, Chorley			Year	2019-2020
NCMP Data	Reception = 14%	Extra curriculum participation	= One CSSP club per half term and various provided by staff (football, netball, cross country & cookery).	KS2 Competition participation	= AIM to go to all CSSP competitions this academic year (with the help of the PESG)
	Year 6 = 23%				
Budget	£16,000 per academic year and £10 per pupils based on Jan 2018 census (therefore <u>£18,150</u>)				

Area	Actions	Success Criteria	Who	Cost
PE Outcomes of Premium 1. The profile of PE & Sport being raised across the school as a tool for whole school improvement. 2. Increased confidence, knowledge and skills of all staff in teaching PE and sport.	Subject Leader; Network & Planning – E.g. Supply Cover a) Co-ord Release Time (as many times as necessary throughout the year). b) Attend PLT Days. c) Attend CSSP Steering Group Meetings. d) Ensure CSSP Service Level Agreement signed and school buys-in to appropriate level. All Teachers; Confidence & Competence – E.g. Team Teach e) Research Courses and CPD opportunities on co-ord days	a) Co-ord has time to spend on action planning, curriculum, budget, reviewing subject specific actions etc. b) PE Co-ord kept up-to-date with regional developments. c) PE Co-ord kept up-to-date with CSSP progression/developments and has impact on PE delivery locally in Chorley. d) Get most from CSSP offer. e) Keep staff and wider community CPD high.	a-d) PH e) All Staff and Wider	Advised 20% of Total Spend a) Full Day = £220 Half Day = £110 b-d) N/A e) £2000

	<p>and signpost relevant people.</p> <p>f) Complete and monitor assessment (in liaison with staff and CSSP).</p> <p>Swimming; Additional Pupils who do not meet 25m requirement sent in Years 5 and 6 to work on this. g) Research those pupils who underachieved and work out how many/how much it would cost to send these as extras.</p> <p>Active Learning / Numeracy & Literacy; Research the best way to implement at our school. h) Research Courses and CPD opportunities on co-ord days and signpost relevant people.</p>	<p>f) Knowledge and Understanding of pupil attainment in PE and progression.</p> <p>g) Year 5 and 6 non-swimmers given extra time to meet the Y6 expectation of 25m.</p> <p>h) Make school a more active learning environment through PE and Sport.</p>	<p>Community</p> <p>f) PH</p> <p>g) PH to discuss with SB (then cover) and then PS.</p> <p>h) PH, whole staff and PS.</p>	<p>f) N/A</p> <p>g) ***ACTION*** CONTACT JO!!!</p> <p>h) As part of staff CPD.</p>
<p>Sport Outcomes of Premium 1. Broader experience of a range of sports and activities offered to all pupils. 2. Increased participation in competitive sport.</p>	<p>Implement the Use of the Daily Mile Track; Research the best way to implement at our school. a) Give clear expectation to staff about its use and other additional ways to use it in curriculum time.</p> <p>Varied Extra Curriculum Activities – E.g. Specialist Coaches b) Ensure that a range of coaches and sporting experiences are offered to the pupils throughout the year by different people.</p> <p>Gifted & Talented provision; c) Once identified, send G&T pupils to camps to meet their needs/potential.</p>	<p>a) When clearly defined role and price in place – measure impact.</p> <p>b) Pupils attitudes to PE remain high (and increase) and a range of sports are catered for at our school.</p> <p>c) G&T pupils needs met.</p>	<p>a) PH and PS</p> <p>b) PH</p> <p>c) GS (CSSP) and PH</p>	<p>Advised 15% of Total Spend a) £4,000 (long term plan -2018-2019)</p> <p>b) As part of Health Week money.</p> <p>c) N/A</p>

	<p>Enter Competitions – E.g. Level 1 (Virtual), 2 & 3 & Leagues</p> <p>d) Enter as many (all if possible with support from staff, TAs and Parental Volunteers from the PESG).</p> <p>Organise Sports Health Week / Day;</p> <p>e) With CSSP support (as part of the buy-in) arrange a week of activities raising the awareness of PE and Health in school.</p> <p>Club Links;</p> <p>f) Ensure we keep up-to-date with local club developments and continue to signpost relevant materials via the school newsletters.</p> <p>Pupil Leadership – E.g. PALS</p> <p>g) Year 5 and 6 to receive PALS training through the CSSP (as part of buy-in) and encourage other classes to use leadership role in PE and in Lessons (e.g. Wake and Shake, 'Go Noodle' and Class Dojo Mindfulness).</p> <p>h) Appoint x4 Sports Leader Linked to the School Housepoint Teams.</p> <p>Varied Curricular Activities; Outdoor and Adventure (e.g. Rock and River (or similar)) for Year 2 & 4.</p> <p>i) Book and Outdoor and Adventure Day for continuity (2, 4, 6 = week long Outdoor and Adventure Residential).</p>	<p>d) Pupils offered the chance to represent school.</p> <p>e) Pupils are physical and healthy minded.</p> <p>f) Club Links are easy for parents to find and they are signposted.</p> <p>g) Leadership given high status in school.</p> <p>h) PE Leaders provide role models to others.</p> <p>i) Outdoor and Adventure delivery expectations met for KS2.</p>	<p>d) PH (help of staff, TAs and parental volunteers)</p> <p>e) PH, PS and CSSP</p> <p>f) PH, PS and whoever sends them.</p> <p>g) PH</p> <p>h) PH/LH</p> <p>i) PH (to book – January 2020 and PS to approve).</p>	<p>d) N/A (this is part of our buy-in and the CBC comps are free).</p> <p>e) £2500</p> <p>f) N/A</p> <p>g) N/A</p> <p>h) N/A</p> <p>i) £2000 (approx.)</p>
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<p>Health Outcomes of Premium 1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles.</p>	<p>Implement ‘Active’ Curriculum Approach Options (Maths/English) Research the best way to implement at our school. a) See Sport part a).</p> <p>30 active minutes – daily mile / fitness classes; Research the best way to implement at our school. b) Equipment needed as a result of our new Daily Mile Running Track?</p> <p>Pupil Leadership – E.g. PALS c) See Sport part g).</p> <p>Cycling – Balance, Learn 2 Ride & Bikeability; d) Book Cycling activities as part of CSSP buy-in through Mark Sheffield.</p> <p>Food; TBC? e) Research on next co-ord day (in February 2020).</p>	<p>a) See Sport part a).</p> <p>b) PH to research needs.</p> <p>c) See Sport part g).</p> <p>d) Cycling requirements through school met.</p> <p>e) Increases the awareness for children of healthy food choices.</p>	<p>a) See Sport part a).</p> <p>b) PH</p> <p>c) See Sport part g).</p> <p>d) PH</p> <p>e) PH (and ???)</p>	<p>Advised 60% of Total Spend a) See Sport part a).</p> <p>b) ***ACTION*** £4000 towards running track.</p> <p>c) See Sport part g).</p> <p>d) N/A (through CSSP buy-in).</p> <p>e) ***ACTION*** Research for 2019/2020. As part of Health Week money?</p>
<p>Tracking & Monitoring</p>	<p>Tracking Spend/Budget Planning; a) Co-ord time out of class to plan/action/implement.</p> <p>Tracking Pupil Progress in PE / Extra Curriculum / Competition; b) Co-ord time out of class to plan/action/implement.</p>	<p>a) Money is spent correctly on the right things aimed at our targets.</p> <p>b) Pupils progress is monitored and impacted upon.</p>	<p>a) PH (with approval from PS)</p> <p>b) as above</p>	<p>Advised 5% of Total Spend a) Half day = £110 and full day = £220</p> <p>b) as above</p>

	<p>Analysis of CSSP School Report and Questionnaire Data (PE Participation, Attitude and Staff Skills Audit); c) Co-ord time out of class to plan/action/implement.</p> <p>Updated Reports on Website and Newsletter; d) Co-ord time out of class to plan/action/implement.</p>	<p>c) The school report is upon to date, analysed and questionnaire data monitored and impacted upon.</p> <p>d) Website provides details of spend and targets (and this is up to date) and our school newsletter has PE features on it.</p>	<p>c) as above</p> <p>d) as above</p>	<p>c) as above</p> <p>d) as above</p>
Accreditation	<p>School Games Mark Application/AfPE Quality Mark /Lancashire Healthy School Standards; a) Co-ord time out of class to plan/action/implement.</p>	<p>a) effort and achievements recognised and celebrated.</p>	<p>a) CSSP & LCC Universal Offer (with PH)</p>	<p>N/A</p>