



PE

Overview of the Year 2022-2023



	<u>EYFS</u> (Resource to deliver = <u>Lancashire Scheme of Work for PE</u>)	<u>KS1</u> (Resource to deliver = <u>Lancashire Scheme of Work for PE</u>)		<u>KS2</u> (Resource to deliver = <u>Lancashire Scheme of Work for PE</u>)
Autumn 1st	"Ourselves" Independent skills; dressing and listening Ring games and dance	<u>YEAR 1</u> Fundamental Movement Skills (FMS)	<u>YEAR 2</u> Games	Athletics
Autumn 2nd	"Party and Toys" Moving in different ways Negotiating space Taking turns	Fundamental Movement Skills (FMS)	Gymnastics	Gymnastics
Spring 1st	"Journeys" Ball skills	Gymnastics	Gymnastics	Invasion Games
Spring 2nd	"Rumble in the Jungle" & "Elmer" Balancing and climbing	Gymnastics	Dance	Dance
Summer 1st	"Hungry Caterpillar", "Three Little Pigs" and "Superworm" Balls skills	Striking and Fielding	Athletics	Net and Wall
Summer 2nd	"Seaside" Team games and group work	Invasion Games & Net/Wall Games	Athletics	Striking and Fielding

Outdoor and Adventure (OAA) - Year 2 and 4 Day in Summer 2 & Opportunities in Health Week. Year 6 - Residential. Year 4 - Swimming.