



PE

Overview of the Year 2025-2026



	EYFS (Resource to deliver = Lancashire Scheme of Work for PE)		KS1 (Resource to deliver = Lancashire Scheme of Work for PE)		KS2 (Resource to deliver = Lancashire Scheme of Work for PE)
Autumn 1st	<u>Nursery</u> Independent skills: dressing & listening. Ring games, dancing	<u>Reception</u> Ourselves	<u>YEAR 1</u> Fundamental Movement Skills (FMS)	<u>YEAR 2</u> Fundamental Movement Skills (FMS)	Athletics
Autumn 2nd	Moving in different ways Negotiating space Taking turns	Party Toys	Fundamental Movement Skills (FMS)	Dance	Gymnastics
Spring 1st	Ball skills	Journeys	Gymnastics	Games	Invasion Games
Spring 2nd	Balancing & climbing	Rumble in the Jungle / Elmer	Dance	Athletics	Dance
Summer 1st	Ball skills	Hungry Caterpillar / Three Little Pigs / Superworm	Striking and Fielding	Net and Wall	Net and Wall
Summer 2nd	Team games & group	Seaside	Invasion Games & Net/Wall Games	Gymnastics	Striking and Fielding

Outdoor and Adventure (OAA) - Year 2 and 4 Day in Summer 2 & Opportunities in Health Week. Year 6 - Residential. Year 4 - Swimming.