

Overview of PSHE at Chorley St Marys Catholic Primary and Nursery

Relationships Education Substantive Knowledge:							
Families and people who care for me	Caring Friendships	Respectful relationships	Online relationships	Being safe			
Physical Health and Mental Wellbeing Knowledge:							
Mental Wellbeing	Internet Safety and Harms	Physical Health and Fitness	Healthy Eating	Drugs, Alcohol and Tobacco	Health and Prevention	Basic First Aid	Changing Adolescent Body
<i>*See 1decision mapping document to see how 1decision covers the new statutory changes to Relationships and Health Education and therefore the above knowledge</i>							

Within this document you will find that each of the PSHE learning opportunities are linked to 1decision topics. These are broken down into 5-8 and 8-11 links and we have also used acronyms for each of the module names please see below.

KSS	KSH	REL	<small>Growing and Changing in 1decision is not used – instead we use Journey in Love</small>	BR	FAE	CS	OW	WW	HW	AWWJ	FS	FA
Keeping/Staying Safe	Keeping/Staying Healthy	Relationships		Being Responsible	Feelings and Emotions	Computer Safety	Our World	The Working World	Hazard Watch	A World Without Judgement	Fire Safety	First Aid

<u>NURSERY</u>	<u>AUTUMN TERM</u>		<u>SPRING TERM</u>		<u>SUMMER TERM</u>	
	AT1	AT2	SPT1	SPT2	SUMT1	SUMT2
	PSHE education is not a discrete curriculum subject within the statutory EYFS framework. However, EYFS is still a great place to start exploring the foundations of PSHE education. The EYFS statutory framework areas of Personal, Social and Emotional development, and Understanding the World, have close links to the PSHE education Programme of Study. Learning and development opportunities for these areas, as well as Communication and language, can be interwoven within the pupils' experience through daily EYFS play-based activities, role-play areas, quality children's fiction and reflective discussion to begin to build pupils' knowledge and understanding, skills, attitudes and attributes related to PSHE elements of education.					

Question, Link	<u>Myself</u> <ul style="list-style-type: none"> - My family - We are all unique - Homes in different places 	<u>Being Kind and caring</u> <ul style="list-style-type: none"> - Anti-Bullying week - Remembrance - Celebrating giving at Christmas - Being fortunate 	<u>Keeping ourselves safe.</u> <ul style="list-style-type: none"> - Safer internet week - Stranger danger - Keeping healthy - hygiene. 	<u>Keeping others safe</u> <ul style="list-style-type: none"> - Fairtrade - Animal habitats - Endangered and extinct species 	<u>Looking after the world</u> <ul style="list-style-type: none"> - Climate change - Food - Where it comes from farming - Eating Healthily & Oral health 	<u>Looking after the Oceans</u> <ul style="list-style-type: none"> - Plastic pollution - Sharks and whales being hunted - Seaside and coastlines around the world
No outsiders:	The family book - Todd Parr pg 81	Blue Chameleon - pg 83				

<u>RECEPTION</u>	<u>AUTUMN TERM</u>		<u>SPRING TERM</u>		<u>SUMMER TERM</u>	
	AT1	AT2	SPT1	SPT2	SUMT1	SUMT2
PSHE education is not a discrete curriculum subject within the statutory EYFS framework. However, EYFS is still a great place to start exploring the foundations of PSHE education. The EYFS statutory framework areas of Personal, Social and Emotional development, and Understanding the World, have close links to the PSHE education Programme of Study. Learning and development opportunities for these areas, as well as Communication and language, can be interwoven within the pupils' experience through daily EYFS play-based activities, role-play areas, quality children's fiction and reflective discussion to begin to build pupils' knowledge and understanding, skills, attitudes and attributes related to PSHE elements of education.						
Sharing	Safe in and outdoors	Healthy Eating	Feelings - Anger, worry, Fear	Being helpful at home and caring for our classroom	Transition and changing classes.	
Classroom routines	Keeping safe online	Healthy Mind	Takes steps to resolve conflicts with other children - saying sorry.	Respecting each other's differences & similarities	Friendship	
Working together	People who help to keep me safe	Move your Body			Caring for our world	
Behavioural expectations					Staying safe outdoors	

	<p>Awareness of boundaries set</p> <p>Listen to what others are saying in play</p> <p>Form positive relationships with peers and familiar adults</p> <p>Starting school</p> <p>Manage their own needs (toilet, dressing, eating)</p> <p>Feelings - Happy/Sad</p>	<p>Takes steps to resolve conflicts with other children. E.g. finding a compromise.</p> <p>Giving to others - kindness</p> <p>Respecting each other's differences & similarities - Black History</p>	<p>Expressing feelings and wishes</p> <p>See themselves as valuable individuals.</p> <p>Working together</p>	<p>Working together</p> <p>Friendship</p>	<p>Looking after our pets</p> <p>Caring for our world</p> <p>Staying safe outdoors</p>	
						<p>JOURNEY IN LOVE</p> <p>The wonder of being special and unique</p>
<p>No Outsiders Resource:</p>	<p>Hello Hello - pg 80</p>	<p>It's ok to like different things - Red rockets and rainbow - pg 79</p>			<p>You choose - what I like - pg 78</p> <p>Mommy, mama and me - pg 51</p>	
	<p>See themselves as a valuable individual. Build constructive and respectful relationships. Manage their own needs (toilet, dressing, eating.) Show resilience and perseverance in the face of challenge. Identify and moderate their own feelings socially and emotionally. Express their feelings and consider the feelings of others.</p> <p>Think about the perspectives of others. Giving focused attention and responding appropriately. Show sensitivity to their own and other's needs.</p>					

These statements will apply on an ongoing basis throughout the reception year. We use 1decision to support learning above and to help with any individual circumstances that occur throughout the year.

YEAR 1	AUTUMN TERM		SPRING TERM		SUMMER TERM	
	AT1	AT2	SPT1	SPT2	SUMT1	SUMT2
Module Question	What is the same and different about us?	Who is special to us?	What helps us stay healthy?	What helps us to stay safe?	Who helps to keep us safe?	How can we look after each other and the world?
Module 1decision name	-Feelings and Emotions -Journey in Love	-Relationships -Journey in Love	-Keeping /Staying Healthy -Being Responsible	-Hazard Watch -Keeping /Staying Safe	-Computer Safety -Keeping /Staying Safe	-Our World
Topic Title / Lesson Guide	-Jealousy -RSE - Physical and intellectual	-Friendship -RSE - Social, emotional and spiritual	-Washing hands -Water spillage	- Is it safe to eat or drink...? - Is it safe to play with...? - Summative assessment	-Online bullying -Road safety	-Growing in Our World
Additional opportunities	N.O. text: Elemer - pg 84 Hair, it's a family affair - pg 87 Errol's Garden - pg 89 NOIOS text: Max the champion - pg 55	Building Bridges programme N.O. text: Want to play trucks? Pg 86 NOIOS text: Ten little pirates - pg 53			School crossing patrol Fieldwork in local area Road safety around school grounds Traffic monitoring 20 is plenty campaign NO text: Going to the volcano - pg 85	NO text: My world, your world - pg 88 NOIOS text: My grandpa is amazing - pg 54 My world, your world - pg 56

YEAR 2	AUTUMN TERM		SPRING TERM		SUMMER TERM	
	AT1	AT2	SPT1	SPT2	SUMT1	SUMT2
Module Question	How do we recognise our feelings?	Who helps to keep us safe in an emergency?	What makes a good friend?	What is bullying?	What roles do people play in our community?	What helps us grow and stay healthy?
Module 1 decision name	-Feelings and Emotions -Journey in Love	-Fire Safety	-Being Responsible	-Relationships -Computer Safety	-Our World -Journey in Love	-Keeping /Staying Healthy -Keeping /Staying Safe
Topic Title / Lesson Guide	-Worry -Anger -RSE Intellectual and Emotional -Change Talks	-Hoax Calling -Petty Arson -Texting whilst driving -Enya and Deedee at the Fire Station - Summative assessment	-Practice makes perfect -Helping someone in need	-Bullying -Body language -Image sharing - Computer safety documentary	-Living in Our World - Working in our world -RSE Physical, social and spiritual.	-Healthy eating -Brushing teeth -Tying shoelaces
Additional opportunities	CHANGE TALKS delivered by Mr Smyth Our Hidden chimp book NO text: How to be a lion - pg 91 NOIOS text: The odd egg - pg 59	Fire service visit - link to Bonfire night	NO text: Can I join your club? Pg 90 NO text: Amazing - pg 93 NO text: What the jackdaw saw - pg 95	NO text: All are welcome - pg 96 NOIOS text: Blown away - pg 61	Invite members of the community into school. Building Bridges programme NOIOS text: The first slodge - pg 58	Colgate teeth Invite dentist and nutritionist in

	Just because - pg 60					
--	----------------------	--	--	--	--	--

YEAR 3	AUTUMN TERM		SPRING TERM		SUMMER TERM	
	AT1	AT2	SPT1	SPT2	SUMT1	SUMT2
Module Question	How can we be a good friend?	What keeps us safe?	What are families like?	What makes a community?	How can we stay healthy and look after ourselves?	What can we do with money?
Module 1 decision name	-Computer Safety -Being Responsible	-Keeping /Staying Safe -Keeping /Staying Healthy	-Feeling and Emotions -Journey in Love	-Our World	-Relationships -Journey in Love	-Our World
Topic Title / Lesson Guide	-Making friends online -Summative assessment -Stealing -Summative assessment	-Leaning out of windows -Staying safe -Summative assessment -Medicine -Summative assessment	-Grief -Summative assessment -RSE Social, emotional and intellectual	-Looking After Our World -Summative assessment	-Touch -Summative assessment -RSE Physical and spiritual -Science Teeth Unit	-Working in Our World

Additional opportunities	NO text: This is our house - pg 97 No text: Beegu - pg 99 NO text: The Hueys in the new jumper - pg 101 NOIOS text: Oliver - pg 62 This is our house - pg 63 Two monsters - pg 64		NO text: Great big book of families - pg 92	Invite members of the community into school. Building Bridges programme NO text: We're all wonders - pg 98 NO text: The truth about old people - pg 100 NO text: Planet Omar - pg 102	Colgate teeth Invite dentist in PANTS - NSPCC	It's a no money day book
--------------------------	--	--	---	---	--	--------------------------

YEAR 4	AUTUMN TERM		SPRING TERM		SUMMER TERM	
	AT1	AT2	SPT1	SPT2	SUMT1	SUMT2
Module Question	What strengths, skills and interests do we have?	How do we treat each other with respect?	How can we manage our feelings?	How can our choices make a difference to others and the environment?	What makes up a person's identity?	How can we manage risk in different places?
Module 1decision name	-Keeping /Staying Healthy - First Aid -Journey in Love	-Computer Safety -A World Without Judgement	-Feelings and Emotions -Journey in Love	The Working World	- Journey in Love	- Keeping /Staying Safe -Being Responsible
Topic Title / Lesson Guide	- Healthy Living - First Aid Yr 4 -RSE Social and Emotional	-Online bullying - Breaking down barriers	-Jealousy -RSE Physical	-Chores at home	-RSE Spiritual	-Cycle safety -Coming home on time
Components	Journey in Love		Journey in Love		Journey in Love	

	To describe how we all should be accepted and respected		To describe how we should treat others making links with the diverse modern society we live in.		To celebrate the uniqueness and innate beauty of each of us.	
Additional opportunities	<p>Mini first aid - first aid classes for kids</p> <p>NO text: Dogs don't do ballet - pg 104 Red - A crayons story - pg 105</p>	<p>PCSO Building Bridges programme</p> <p>NO text - Aalfred and Aalbert pg 105</p>	NO text: When sadness comes to call - pg 108	NOIOS text: The flower - pg 70	<p>NO: Along came different - pg 103</p> <p>NO text: When sadness comes to call - pg 109</p> <p>NOIOS text: King and king - pg 68 The way back home - pg 69</p>	Bikeability?

YEAR 5	AUTUMN TERM		SPRING TERM		SUMMER TERM	
	AT1	AT2	SPT1	SPT2	SUMT1	SUMT2
Module Question	How can we help in an accident or emergency?	What jobs would we like? What decisions can people make with money?	How can friends communicate safely?	How can drugs common to everyday life, affect health?	How do we treat each other?	How will we grow and change?
Module 1decision name	-Being Responsible -First Aid	-The Working World	-Computer Safety	-Keeping /Staying Healthy	-Keeping /Staying Safe - Journey in Love -A World Without Judgement	-Journey in Love

					-Feelings and Emotions	
Topic Title / Lesson Guide	-Looking out for others - Adult's and children's views - First Aid Year 5	-Enterprise - Adult's and children's views	-Image sharing - Adult's and Children's views	- Smoking -Adult's and children's views	-Peer pressure - Adult's and Children's views RSE social and emotional -Inclusion and acceptance -Adult's and children's views Anger - Adult's and children's views	-RSE Physical and spiritual -
Additional opportunities	Mini first aid - first aid classes for kids NO text: how to heal a broken wing pg 114	Money matters programme NOIOS text: Where the poppies now grow - pg 72	NO text: The girls - pg 115	School nurse	CHANGE TALKS delivered by Mr Smyth Building Bridges programme NO text: Kenny lives with Erika - pg 111 Rose Blanche - pg 112 Mixed - pg 113 NOIOS text: The artist who painted a blue horse - pg 76	NO text - And tango makes three - pg 116

<u>YEAR 6</u>	<u>AUTUMN TERM</u>	<u>SPRING TERM</u>	<u>SUMMER TERM</u>
Module Question	How can we keep healthy and safe as we grow?	How can the media and social media and gaming influence people?	What will change as we become more independent? How do friendships change as we grow?
Module decision name	-Keeping/Staying Safe -Keeping/Staying Healthy -Being Responsible -First Aid	-Computer Safety -The Working World -Journey in Love	-Feelings and Emotions -A World Without Judgement -Journey in Love
Topic Title / Lesson Guide	-Water safety inc Summative assessment -Alcohol inc Summative assessment -Stealing inc Summative assessment -First Aid Year 6 - part 1 and 2 including summative assessment	-Making friends online inc Summative assessment -In-App purchases inc Summative assessment -RSE Emotional and social	-Worry inc Summative assessment -British Values inc Summative assessment -RSE physical and spiritual - Change Talks - Consent 1. Giving and seeking permission 2. Personal boundaries 3. Appropriate and inappropriate touch: Teaching about consent
Additional opportunities	Mini first aid - first aid classes for kids School nurse	NO text: King of the sky - pg 117 A day in the life of Marlon Bundo - pg 123 NOIOS text: My princess boy - pg 78 The whisperer - pg 79	PCSO Building Bridges programme NO text: The only way is badger - pg 118 Leaf - pg 120 The island - pg 121 Introducing Teddy - pg 122 NOIOS text: Love you forever - pg 82 Dreams of freedom - pg 83

--	--	--	--