

Chorley St. Mary's Catholic Primary and Nursery Personal Development Programme 2025-2026

Personal Development at St. Mary's

At St Mary's, personal development is at the heart of our vision: *"With Christ, we live, love, learn and grow."* From their first day to their last, we support every child on a journey of learning and faith, nurturing not only academic achievement but also character, resilience, and spiritual growth.

Our approach to personal development is rooted in our Catholic ethos and shaped by Gospel values, which guide children to become thoughtful, loving, and considerate individuals. Through a rich and inclusive curriculum, we provide opportunities for children to grow in confidence, take risks, learn from mistakes, and reach their full potential.

We ensure that every child receives a personal development programme that equips them with the knowledge, skills, and attitudes needed to thrive in modern Britain. This includes:

- **Developing resilience and independence**
- **Building positive relationships and social skills**
- **Understanding physical and emotional wellbeing**
- **Exploring faith, values, and ethical decision-making**
- **Celebrating diversity and cultural awareness**

Our curriculum extends beyond academic subjects to offer meaningful experiences that enrich children's cultural capital and prepare them to be active, responsible citizens of the future. Whether through leadership opportunities, community engagement, creative arts, or spiritual reflection, personal development at St Mary's empowers children to grow into well-rounded individuals who live with purpose and compassion.

In everything we do, we aim to be a Catholic community that learns, improves, and achieves — supporting each child to flourish in life, learning, and faith.

School Values

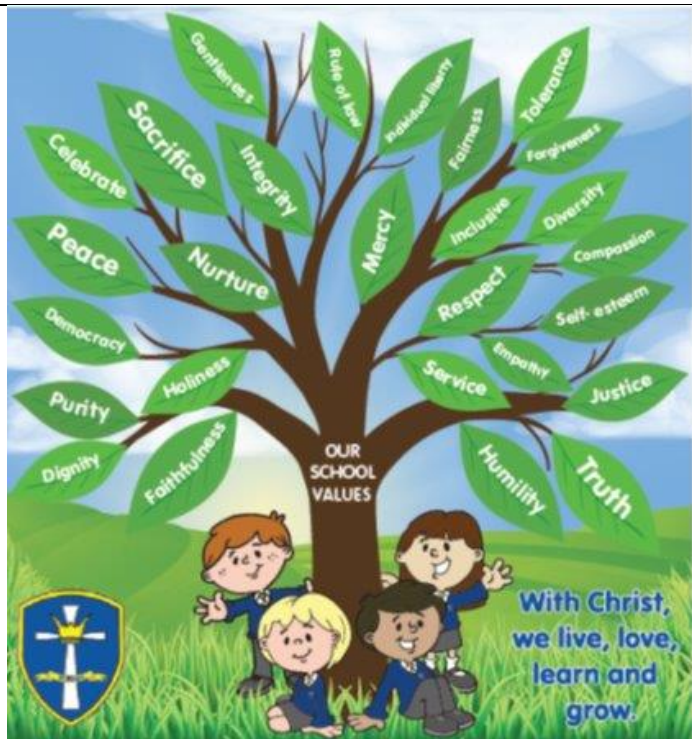
At St Mary's, our vision is to support every child on a journey of learning and faith, from their first day to their last. This journey is deeply enriched and guided by the integration of Gospel values, Global values, and British values, which together form the moral and cultural foundation of our school community.

Gospel values, rooted in the teachings of Jesus Christ, inspire our children to live with love, compassion, forgiveness, and integrity. These values underpin our commitment to helping children become thoughtful, caring, and considerate members of society. With Christ at the centre of all we do, Gospel values shape the attitudes, relationships, and decision-making of our pupils, supporting their spiritual growth and helping them flourish as individuals of faith.

Global values broaden our children’s understanding of the world and their place within it. By promoting respect for diversity, care for creation, and a sense of global responsibility, we encourage our pupils to become active, empathetic citizens who are aware of the challenges facing our shared world. These values support our vision for children to be well-rounded, socially conscious individuals who learn, improve, and achieve not only for themselves but for the good of others.

British values—including democracy, the rule of law, individual liberty, and mutual respect—complement our Catholic ethos by fostering a culture of inclusion, fairness, and civic responsibility. These values help children feel safe to take risks, express themselves, and grow in confidence, supporting their academic development and personal resilience. They ensure that our pupils are prepared to contribute positively to modern British society, while remaining grounded in their faith.

Together, these values create a nurturing and aspirational environment where children are supported to become literate, numerate, active, and healthy learners, and where their faith journey is honoured and encouraged. They allow our vision— “With Christ, we live, love, learn and grow”—to be lived out daily in every classroom, playground, and prayer.



Spiritual, Moral, Social and Cultural Development

At St Mary’s, our vision — “*With Christ, we live, love, learn and grow*” — is deeply aligned with the principles of Spiritual, Moral, Social and Cultural (SMSC) development. We believe that educating the whole child means nurturing not only academic success but also personal growth, character, and values.

Our commitment to supporting children on a journey of **learning and faith** ensures that SMSC development is woven into every aspect of school life.

- **Spiritual Development** is nurtured through our Catholic ethos, collective worship, and opportunities for reflection. Children are encouraged to explore their beliefs, develop a sense of awe and wonder about the world, and grow in their understanding of themselves and others. With Christ at the centre, we help children discover meaning and purpose in their lives.
- **Moral Development** is supported by our emphasis on Gospel values such as compassion, forgiveness, and justice. Children learn to recognise right from wrong, understand the consequences of their actions, and make reasoned, ethical decisions. Our vision encourages them to be courageous in doing what is right and to act with integrity.

- **Social Development** is fostered through collaborative learning, inclusive practices, and active participation in the school and wider community. We encourage children to work well with others, resolve conflicts peacefully, and understand the importance of belonging to and contributing to society. Our vision promotes confidence, resilience, and respect in all social contexts.
- **Cultural Development** is enriched by celebrating diversity, engaging with the arts, and exploring different traditions and perspectives. Children are taught to appreciate the richness of their own culture and that of others, developing respect and understanding in a multicultural world. Our vision supports this by encouraging openness, curiosity, and a love of learning.

By modelling these values in our teaching and relationships, we create a school environment where every child is supported to grow academically, spiritually, and socially — becoming well-rounded citizens who live out their faith with love and purpose.

PSHE and RSHE

At St Mary's, Personal Development is supported through a rich PSHE curriculum that nurtures the whole child — spiritually, morally, socially, emotionally, and physically. Through statutory Health and Relationships Education and our faith-based RSE programme A Journey in Love, children learn to build positive relationships, understand their own wellbeing, and grow in self-worth. They are taught to make informed decisions, recognise when to seek support, and appreciate their role in a diverse and global society. With Christ at the centre of their learning, pupils are guided to develop character, resilience, and a deep understanding of their responsibilities as members of both the school and wider community.

Chorley Sports Partnership



Personal Development Programme Overview

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Lead Values	Democracy	Peace	Nurture	Respect	Celebrate	Inclusive
Complimentary Values	Truth Individual Liberty Rule of Law	Service Sacrifice Holiness	Gentleness Empathy Faithfulness Forgiveness	Justice Mercy Integrity Purity	Self esteem Humility Dignity	Diversity Fairness Tolerance Compassion
	As part of the British Values framework we want pupils to understand their rights and responsibilities within a respectful, safe and inclusive school environment.	These values are deeply interconnected and driven through our Catholic ethos at St. Mary's. They create a calm, respectful environment where children feel safe and valued.	These values are key to ensuring St. Mary's is a 'family' that provides care, support, and encouragement to help children grow emotionally, socially, and academically. Nurturing is the soil in	These values form a strong foundation for character education and a positive school culture. It enables pupils to respect others fairly regardless of differences in a compassionate way.	At St. Mary's we want children's achievements, efforts, kindness, and growth to be seen and valued both in and outside of school.	At St. Mary's everyone is welcome in our 'family' regardless of their background, abilities, or differences so that everyone is able to succeed and achieve their potential.

			which all the other values grow.			
Whole school enriched personal development	Building Bridges Burnley Interfaith Project Stepping Stones School, Malawi – Connecting Classrooms International Schools Link Chorley School Sport Partnership Pupil Parliament – Departments throughout the year BBC Ten Pieces Music Arrangements - A-Z of composers throughout the year Junior Duke Programme (undertaken by over half of the children at school this year) Christmas Performance – EYFS, KS1, KS2 Mr Baranek Musical live showcase Therapy Dog Compass Bloom – Early Intervention Mental Health and Wellbeing Cate Brassington – School Counselor					
	October - Month of the Rosary Black History Month Fairtrade Week (2026 onwards) FSC Friday Harvest – Brighten up the Harvest National Poetry Day	UK Parliament Week Anti-bullying week Remembrance Day Cultural Capital Theatre Visit Advent and Christmas Opticians Visit Lancashire Teaching Hospital Donations Shoebox appeal Chorley Buddies Toy Appeal Choir – visit at SVP local group	Safer Internet Day Chinese New Year	Science Week World Book Day Good Shepherd Work in Lent Whole school Good Shepherd Talent Show Lent Easter	Sports Day Health Week Dogs Trust Visit	Junior Duke Celebration Picnic First Holy Communion RED Dialogue and Encounter Unit Children’s Art Day RNLI visit Glovers Swim Safety World Music Day
Signs of the week (Makaton)	TBC	Fireworks Remembrance day International children’s day	3 kings Days of the week Feelings (happy, sad, angry) A-F	TBC	TBC	TBC

		Greetings, (hello, goodbye, please, thank you.) Christmas tree Baby Jesus Father Christmas	G-L M-S T-Z			
Assemblies, Prayer and Liturgy	International Day of Peace Pupil Parliament – linked to UK Parliament Week World Mental Health Day FSC Friday International Day for deaf people Macmillan Coffee Morning	Bonfire Night – Fire Safety Remembrance Anti-bullying week International Day for Abolition of Slavery Disability Awareness International Migrants Day – linked to Nativity Story Road Safety Week	World Religion Day Holocaust Memorial Day Rosa Parks Day	Multicultural Children's Book Day World Wildlife Day Sign Language Day Mother's Day	St George's Day Local History Month Sun Awareness Week	World Oceans Day World Music Day Allergy Awareness Father's Day Protected Characteristics
Key assembly texts						
Extra-Curricular Clubs	CSSP Athletics Y5/Y6 Fencing club KS2	CSSP	CSSP Choir Coding TBC Cookery Club Y6	CSSP Choir Mad Science Cookery Club Y6	CSSP Choir Mad Science Judo KS2	CSSP

Nursery

In the Early Years Foundation Stage development is retrospective of the previous year due to the way in which the curriculum is tailored to meet the children's needs and interests.

Core aspects of Personal Development	Personal Development in the curriculum	Enriched Personal Development
PSED Communication and Language Physical Development	People who help us topic?	Inspirational Individuals - Mummy and Daddy, Grandparents , Tim Peak

Characteristics of Effective Learning Online Safety	Cultures and Communities: Bonfire Night, Shrove Tuesday, Diwali Diversity and Difference – all unique Stranger Danger Farms Singing songs PE - FMS	Nativity Performance NSPCC Pants Growing food Looking after our environment Mother's Day & Father's Day Story-teller Visit Food tasting Farm visit Experts of the week based on children's own interests Mystery guest Dentist Graduation ceremony performance Stay and Play sessions with parents – half termly
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Reception

In the Early Years Foundation Stage development is retrospective of the previous year due to the way in which the curriculum is tailored to meet the children's needs and interests.

Core aspects of Personal Development	Personal Development in the curriculum	Enriched Personal Development
PSED Communication and Language Physical Development Characteristics of Effective Learning Online Safety	Cultures and Communities: Chinese New Year R.E. – Creation and Covenant, Dialogue and Encounter Local area walk PE - FMS	Inspirational Individuals - Ade Adepitan, Anne Frank, Mary Earps Buddies with Year 6 Postbox visit Letters to Santa – linked to being fortunate Shoebox appeal Plastic pollution Gardening day Blackpool Zoo visit Local playground park visit Experts of the week based on children's own interests Mystery guest Balance Bikes CSSP – Virtual Competitions

		Stay and Play sessions with parents – half termly
Year 1		
Core aspects of Personal Development	Personal Development in the curriculum	Enriched Personal Development
PSHE RSE Online Safety	History – Rosa Parks PE - FMS R.E. – A promise to God to look after his world. Christ’s community. Geography – Fieldwork in the school grounds Science – fieldwork journals Music appreciation: marching music, Saint-Saens, chants DT: Fruit smoothies	Inspirational Individuals: Rosa Parks, Frida Kahlo, Chris Packham NSPCC Pants Christmas Performances Educational Visits - Bring yer’ Wellies Collection for Living Water’s Food Bank as part of poverty work CSSP – Virtual Competitions and Summer Multiskills Dentist Visit Members of Pupil Parliament
Year 2		
Core aspects of Personal Development	Personal Development in the curriculum	Enriched Personal Development
PSHE RSE Online Safety	History – significant people and events in local community – Chorley PALS soldiers in WWI Geography – Fieldwork in Chorley compared to small area in Kenya PE - R.E. – Dialogue and Encounter Science – Human Health Music appreciation: DT: Healthy Wrap	Inspirational Individuals – Nelson Mandela, Greta Thunberg, Olivia Broome Fire brigade visit Dentist Visit Christmas Performances Educational Visits – Chorley Remembers Soldier Walk and Titanic Museum Members of Pupil Parliament End of Key Stage assessment CSSP Outdoor Adventures Educational Visit
Year 3		
Core aspects of Personal Development	Personal Development in the curriculum	Enriched Personal Development
PSHE RSE Online Safety	R.E. – Dialogue and Encounter Geography - Where I live – Chorley, Lancashire (fieldwork) Science – Healthy Food and Nutrition	Inspirational Individuals - Princess Di , Sir Thomas Moore , Mary Anning , Jamie Oliver , Jonathan Edwards , Mo Salah Musical instrument tuition

	Music appreciation: P.E. – DT: Cooking unit	Educational Visits - Chester - Romans French Members of Pupil Parliament Musical Instrument tuition Diane Moss – Highschool PE transition
Year 4		
Core aspects of Personal Development	Personal Development in the curriculum	Enriched Personal Development
PSHE RSE Online Safety	R.E. Dialogue and Encounter Music appreciation: P.E. – Swimming & Life Saving Outdoor Adventures Educational Visit DT: Making biscuits Geography – Food and farming linked to sustainability	Inspirational Individuals - Taylor Swift, Malala Yousafza, Lewis Hamilton, Marcus Rashford Educational Visits – Brockholes and Outdoor Adventure Educational Visit Members of Pupil Parliament Musical Instrument tuition French Engineering Competition Spelling Bee
Year 5		
Core aspects of Personal Development	Personal Development in the curriculum	Enriched Personal Development
PSHE RSE Online Safety	R.E. – Ourselves, Life choices, Mission, Freedom and Responsibility, Stewardship P.E. – Music appreciation: Geography – Climate Zones and Trade DT: Spaghetti Bolognese	Inspirational Individuals - William Kamkwamba, David Attenborough, Daniel Radcliffe, Warwick Davies, Jessica Ennis Hill and William Wright Members of Pupil Parliament Educational Visits – World Museum Liverpool Money Matters Bikeability Musical instrument tuition Holy Cross Transition Visits – Year 5 retreat and Science Day PALS playground leaders French Engineering Competition Maths - Thomas Martland Competition Diane Moss – Highschool PE transition Remembrance Walk

		Additional swimming lessons for some Y4s Wellbeing champions
Year 6		
Core aspects of Personal Development	Personal Development in the curriculum	Enriched Personal Development
PSHE RSE Online Safety	R.E. – P.E. – Geography – Coasts and sustainability Music appreciation: DT: Digital World Science – Human body	Inspirational Individuals - Mother Theresa, JRR Tolkien and Alan Turing Members of Pupil Parliament – house captains Residential Visit – Tower Wood Educational Visit – London Prefects Buddies with Reception Recycling / litter picking. End of year production Musical instrument tuition French PALS Playground leaders Sports leaders Wellbeing Champions Gifted and talented assessment Engineering Competition Money Matters Diane Moss – Highschool PE transition Additional swimming lessons for some Y4s Reading ambassadors

Strategic development of Personal Development at St. Mary's.