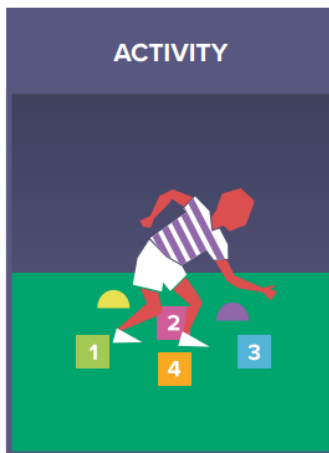


Rugby Challenge

Colour/Number Sequence

STAGE 3

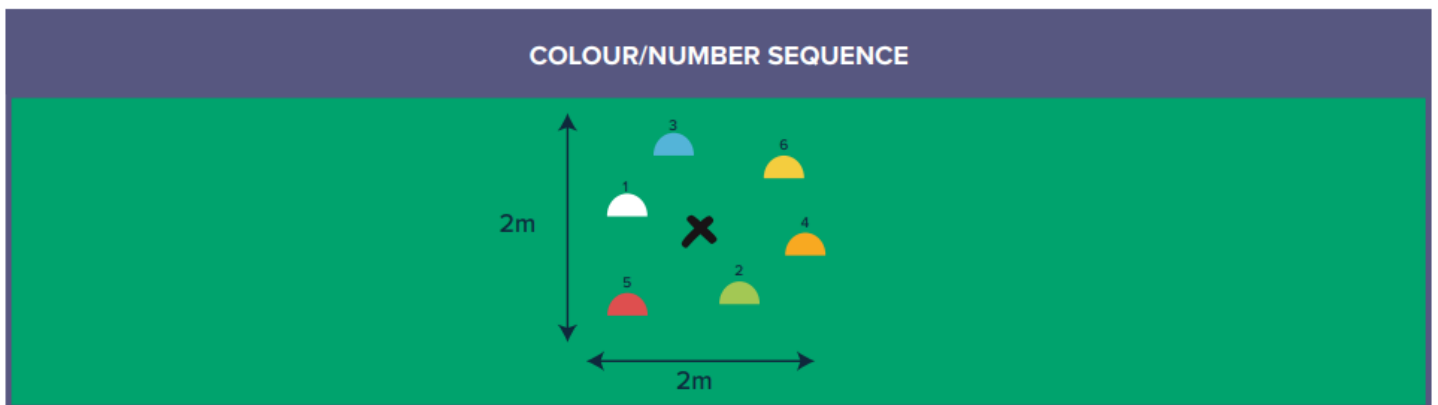


COLOUR/ NUMBER REACTION (SEQUENCE)

LOCOMOTION

- Scatter 6 coloured or numbered cones around the pupil in a 2 x 2m area. Call out a sequence before the activity starts and the player has to lift and replace the cones in the correct sequence. Prepare 3, 5, 7 & 9 cone sequences. All pupils start with a 3 cone sequence. If the pupil is successful they can choose to attempt the next one up.

SCORING | Points awarded according to the number of correct sequences they complete.



Video Link

https://youtu.be/lj4QYD_HMzk

Equipment

6 Different coloured cones or numbers
1 Rugby ball (or any ball/object)

