

What makes a good friend?

Year 2 - Spring Term 1 - PSHE

Key Learning:

1. what makes a good friend
2. how to make friends with others
3. how to recognise when they feel lonely and what they could do about it
4. how people behave when others are being friendly
5. how to resolve arguments that can occur in friendships
6. how to ask for help if a friendship is making them unhappy

Key Vocabulary:

Friend
Lonely
Loneliness
Equal
Happy
Unhappy
Caring
Well-being
Compliment
Positive
Disagreement
Honesty

A good **friend** looks after our feelings, listens to our worries, helps us to feel safe and

Pay your friend a **compliment** if they are feeling down. It helps them cheer them up!

We can play **positively** with others by joining in and including others.

Caring for others is good for our **well-being**. It helps us to feel happier and calmer.

We understand what causes **disagreements** and can work them out with others positively.

When we are feeling **lonely** or unhappy, we should always tell a friend or a trusted adult.

A good **friend** is someone who looks after our feelings, listens to our worries, helps us to feel safe and someone who is **honest**.

Pay your friend a **compliment** if they are feeling down. It could even cheer them up!



We can play **positively** with others by joining in and including others.

Caring for others is good for our **well-being**. It helps us to feel happier and calmer.

We understand what causes **disagreements** and can work them out with others positively.

When we are feeling **lonely** or unhappy, we should always tell a friend or a trusted adult.

