

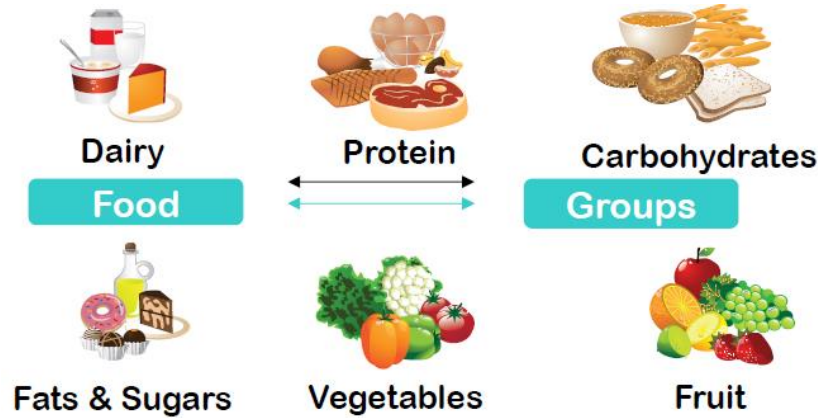
# Why should we celebrate the Platinum Jubilee?

## Animals including Humans

### Key knowledge:

- notice that animals, including humans, have offspring which grow into adults
- find out about and describe the basic needs of animals, including humans, for survival (water, food and air)
- describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene

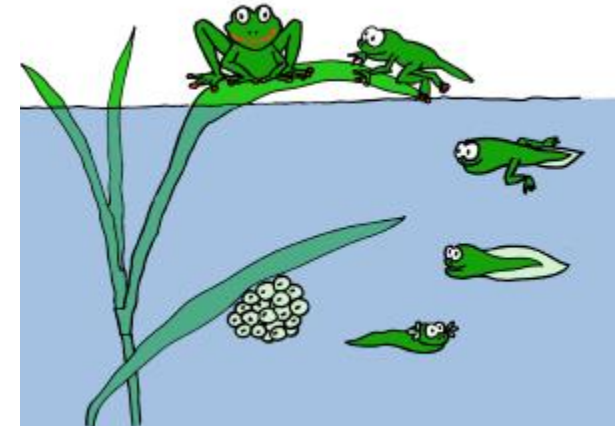
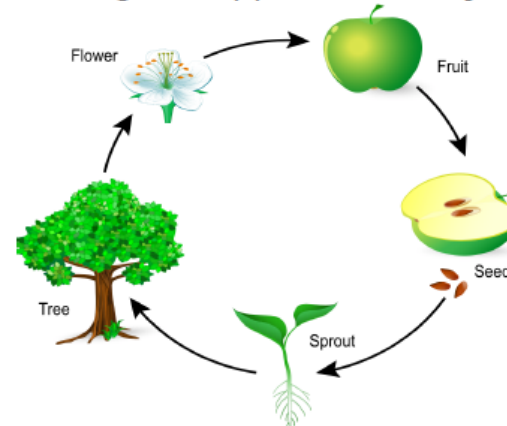
Key Word	Meaning
1. exercise	Activity requiring physical effort.
2. hygiene	The things that you do to keep you and your surroundings clean and healthy.
3. healthy	Being in a good condition with your body and mind.
4. nutrition	Having the right food needed for health and growth.
5. portion	The size or amount of food provided at one time.
6. balanced diet	Having different food and drink in equal or similar amounts.



### Lesson progression:

1. Animals and their offspring
2. Lifecycles
3. Looking after the basic needs of pets and babies
4. Understand animals and humans have needs to survive.
5. Food groups
6. Eating the right amounts of food
7. Exercise on the body
8. Importance of hygiene.

### A frog and apple tree life cycle



Key Word	Meaning
1. birth	The time when a baby or young animal comes out of it's mother's body, or hatches.
2. growth	When a person, animal or plant gets bigger or develops.
3. reproduction	The process of having babies or producing young.
4. death	The end of life.
5. life cycle	The changes that an animal or plant goes through during its life.
6. generation	A group who have been born and live at the same time.
7. child	A young human between infancy and youth.
8. adult	A person who is fully grown and developed.