

PSHE – 'Journey In Love': How will we grow and change? – Keeping and Staying Healthy

Key Learning: God loves me in my changing and development

- To show knowledge and understanding of emotional relationship changes as we grow and develop.
- To show knowledge and understanding of the physical changes in puberty.
- To celebrate the joy of growing physically and spiritually.



Vocabulary:

God, sensitivity, puberty, presence, celebrate, external, internal, change, develop, menstrual cycle, ovulation, biological, respect, reproduction, hormones, pituitary gland, uterus, fertilised ovum, fallopian tube, vagina, vulva, cervix, womb, period

