



Learning through faith

Headteacher: Mrs P Nightingale
Tel: 01282 612191
Date: 20 October 2021

Residential visit to Low Mill Outdoor Centre

Dear Parents,

Thank you for taking the time to attend this evening's meeting. We hope that you find it useful. Here are some useful pieces of information for you to take away with you.

- Background information about Low Mill Activity Centre, taken from their website. You can find out more by visiting the website at www.lowmill.com
- A Ground Floor Plan showing the layout of the bedrooms. Boys and girls are separated at either end of the building with members of school staff in bedrooms at each end. Some of the Low Mill staff reside in a cottage adjoining the main building and there is a member of Low Mill staff on duty each night. We ask the children to nominate other members of the class that they would like share a dormitory with – but we reserve the right to pull rank on that one if necessary!
- A sample plan of a week, showing the types of activities that the children will be taking part in throughout the week. The activities are adventurous and will challenge the children at times but the instructors are very skilled in getting the best out of each child. It has been my experience that upon their return to school, the children overwhelmingly say that the 'best bit' was the sense of achievement.
- A sample menu. As you can see, we are well fed during our stay. All food is prepared on site using fresh, locally sourced produce. We cater for special diets. Low Mill has been awarded 5 Stars, which is the highest award, under the "Food Hygiene Rating Scheme" by Richmondshire District Council
- The Equipment List is there for you to cast your eyes over and consider what your child will need. Low Mill has wellies if the children do not want to take their own. All specialist clothing, for example caving suits, is provided by the Centre.

We ask that children do not bring any electric equipment, including games and mobile phones. It may seem harsh but we do not let the children phone home whilst they are at Low Mill. Experience tells us that it is after speaking to their parents that children become home-sick. I am sorry but 'out of sight, out of mind' seems to apply at Low Mill! Rest assured, however, that if there is something you need to know, we will ring you immediately.

The cost of the visit will be £308. If you would like your child to participate in this adventure, please complete the Consent Form and make a deposit of £50, both via ParentPay by 20th November.

Please do not hesitate to contact either me or Mrs Stephenson if you would like more information.

Best wishes,

Mrs P Nightingale