



Learning through faith

**Address:** St. Mary's C.E. Primary Academy  
Spenbrook Road, Burnley  
BB12 9JP

**Tel/Fax:** 01282 612191

**Date:** 3rd November 2021

Dear parents,

Your child has been chosen to represent school at a Youth Mental Health Champions Seminar on 9th November 2021. The seminar will be run by the Youth Sports Trust at Sacred Heart Parish Hall, Queen Street, Colne, BB8 9NB and starts at 9:30am until 3pm. Mrs Taylor will accompany the children and will also take part in the seminar and activities.

The Youth Sports Trust uses a Youth Sports Trust Mentor to work directly with the young people to provide training, support and resources for them to become Youth Mental Health Champions. The seminar will also provide the support for the lead member of staff - Mrs Taylor - supporting the Young Mental Health Champions and look at how the approach can be embedded at St Mary's.

The seminar culminates with time for the lead teacher and their Young Mental Health Champions to start a six week programme of peer mentor support, led by the Young Mental Health Champions back in school.

Your child will need a packed lunch. We have been advised that children do not need to be in PE kit, but should be in comfortable clothing (tracksuit bottoms) and should wear suitable footwear for light activity. Please can I ask that they wear their school jumper.

Mrs Taylor will transport the children to and from the venue.

If you authorise your child to attend the seminar, please sign the enclosed Parental Consent for a Child to Be Transported in another Adults Vehicle, as well as the consent at the bottom of the page and return to me as soon as possible. Thank you.

Best wishes,

Pauline Nightingale  
Headteacher



At St Mary's we believe that

choose to be extraordinary!

it is possible for ordinary people to

Youth Mental Health Champions Seminar 9th November 2021

I authorise me child \_\_\_\_\_ to participate in the above activity.

Signed \_\_\_\_\_ Parent



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