



Learning through faith

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Date: 25th March 2024

Dear parents and carers,

On 17th April Simon Humphries, Education Mental Health Practitioner from the East Lancashire Mental Health Team, will be delivering a workshop called 'Children's Mental Health in the Digital Age.' to our junior children.

The workshop will cover both the positives and negatives of the use of technology such as phones and tablets. The main focus will be around social media including TikToc, Snapchat etc. These will be explored through discussion and a presentation.

Please see the attached flier which will give you more information about the parental workshop which will take place in August. If you are interested in attending the online parent version of the workshop, details on how to join are on the flier.

If you have any questions about the workshop, please do not hesitate to get in touch.

Kind regards,

Pauline Nightingale
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At St Mary's we believe that it is possible for ordinary people to choose to be extraordinary!