



Pendle's Family Hubs Newsletter



In this newsletter we will be sharing information on:

- **Family Hubs news and update**
 - What's on Guide May - June 2026
 - Spotlight on...
 - Half Term Activities
 - New CFW groups programmes
 - Have your Say!
- **Targeted Youth support updates**

- **7 minute Briefing - Educational Neglect**

- **Health**
 - water Safety
 - quite swimming
 - Pendle Schools Holiday Food Support
 - CANW update
 - New Cygnet Programme starting in Colne Family Hub

- **Training and resources**
 - Multi-agency Training Needs Survey
 - Multi-Agency Safeguarding Practice Week
 - Free Schools Webinars

- **Partner's News**
 - Arts for Wellbeing
 - Walk to School Challenge

PENDLE'S WHAT'S ON GUIDE -



What's On...

April - May 2026



Our Pendle Family Hubs & Centres



Brierfield Family Hub



Colne Family Hub



Whitefield Family Centre



Nelson Family Hub and The Zone



Barnoldswick Family Centre

Children and Family
Wellbeing
Service













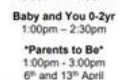







What's On...

Pendle Children & Family Wellbeing Service
Term Time April - May 2026



Scan to Book an Event



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Brierfield Family Hub Family Tree, Tunstall Square Brierfield, BB9 5GZ Tel: 01282 470534</p> <p>Free sensory room Bookable Mon-Fri Please ring for availability</p> 	<p>Baby Weigh drop-in Clinic 10.00am - 12.00pm</p> <p>Chat & Chat 0-5s 10.00am - 11.30am</p> 	<p>Burnley Midwife Clinic 9.00am - 5.00pm Appointments via Badger App</p> <p>*Chat, Play & Read 2-4yr* 1.00pm - 2.00pm</p> 	<p>Burnley Midwife Clinic 9.00am - 5.00pm Appointments via Badger App</p> <p>Development Matters 2-4yr 1.00pm - 2.30pm</p> <p>*Bump, Birth & Beyond* 5.30pm - 7.30pm 1st and 8th July 2nd and 9th Dec</p> 	<p>Baby and You 0-2yr 10.00am - 11.30am</p> 	<p>Burnley Midwife Clinic 9.00am - 5.00pm Appointments via Badger App</p> <p>Childminder Only Group 10.00am - 12.30pm Call 01282 470534 to enquire</p> <p>Groups marked with * can be booked by calling 01282 470909. Otherwise you can just turn up.</p>
<p>Colne Family Hub Walton Street Colne, BB8 0EL Tel: 01282 470830</p> <p>Free sensory room Bookable Mon-Fri Please ring for availability</p> <p>Family Zone open daily - drop in for a free brew and a chat</p>	<p>Registration Service 9.00am - 4.30pm Birth, death & marriage notices Appointment Only 0300 123 6705</p> <p>Baby Weigh drop-in Clinic 9.30am - 11.30am</p> <p>*Chat Play Read 2-4yr* 10.30am - 11.30am</p>	<p>Airedale Midwife Clinic 9.00am - 4.00pm 01535 292411 to book</p> <p>Busy Bees 0-5 SEND 9.30am - 11.00am</p> <p>Smokefree Lancs Drop-in 10.00am - 4.00pm 0908 1962 638</p> <p>NCT infant feeding support playgroup 1.00pm - 2.30pm</p> <p>Inside Out 5-12 yr 3.45pm - 5.00pm</p>	<p>Mini Move & Groove 2-4yr 1.00pm - 2.00pm</p> 	<p>Airedale Midwife Clinic 9.00am - 4.00pm 01535 292411 to book</p> <p>Citizens Advice Debt Drop-in 2nd & 4th Thursday of the month 10.00am - 1.00pm</p> <p>Park Playdays Playgroup 0-5yr 10.00am - 11.30am</p> <p>Development Matters 2-4yr 1.00pm - 2.30pm</p> 	<p>Registration Service 9.00am - 4.30pm Birth, death & marriage notices Appointment Only 0300 123 6705</p> <p>*Baby Massage* 10.00am - 11.30am next 16 weeks 17th April - 21st May</p> <p>Baby and You 0-2yr 1.00pm - 2.30pm</p> <p>Colourful Footsteps 5-11 3.45pm - 5.00pm SEND Family Group Also last Saturday of the month (0-11s) 10 - 11.30am</p>
<p>Nelson Family Hub The Zone Leeds Road Nelson BB9 8EL Tel: 01282 470877</p> <p>Parents must stay with their children at groups aged 5 and under</p>	<p>Homestart 0-5s Group 1.00pm - 2.30pm</p> <p>Move & Groove 5-12 yr 3.45pm - 5.00pm</p> <p>Colourful Voices 7.00pm - 9.00pm 12-25 SEND</p> 	<p>School admission drop-in 9.30am - 1.00pm (including help with transport, appeals & free school meals)</p> <p>Barnardos Include Me2 4.00pm - 7.00pm SEND 4-18yr Booking essential via Break Time 01772 629470 Lancashirebreaktime@barnardos.org.uk</p> <p>Girls' Club 12-19 yr 7.00pm - 9.00pm</p>	<p>Baby and You 0-2yr 1.00pm - 2.30pm</p> <p>Boys' Club 12-19 yr 3.30pm - 5.30pm</p> <p>Family Homework Club 3.45pm - 4.45pm 4-11yr with parents/carers</p> <p>Youth Council 12-19yr 7.00pm - 9.00pm</p>	<p>Development Matters 2-4yr 10.00am - 11.30am</p> <p>Calico Refugee Resettlement Drop-in 10.00am - 3.00pm</p> <p>Step Up (Transitions) 3.30pm - 5.30pm School Year 5 - 6</p> <p>Prism 7.00pm - 9.00pm LGBTQ+ 12-19</p> 	<p>SEND Parent Drop-in 4th Friday of the month 9.30am - 11.30am</p> <p>Safe Space 12-19 yrs 7.00pm - 9.00pm</p> 
<p>Whitefield Family Centre Maurice Street Nelson BB9 7HS Tel: 01282 470277</p> <p>Free soft play room Bookable Mon-Thurs Please ring to book.</p>	<p>Burnley Midwife Clinic 9.00am - 4.30pm Appointments via Badger App</p> <p>Development Matters 2-4yr 10.00am - 11.30am</p> <p>Baby and You 0-2yr 1.00pm - 2.30pm</p> <p>*Parents to Be* 1.00pm - 3.00pm 6th and 13th April</p> 	<p>Chat and Chat 0-5 yr 10.00am - 11.30am</p> <p>Baby Weigh drop-in Clinic 12.30pm - 2.30pm</p> 	<p>Sung Eucharist service 10.00am - 10.45am Parish of Little Marsden (CoE) - all welcome</p> 	<p>Burnley Midwife Clinic 9.00am - 4.30pm Appointments via Badger App</p> <p>Homestart Chat & Chat 0-5 10.00am - 11.30am</p> <p>Mini Move & Groove 2-4yr 1.00pm - 2.00pm</p> 	
<p>Barnoldswick Family Centre Gisburn Road School Dam Head Road Barnoldswick, BB18 5LS Tel: 01282 470670</p>	<p>Baby and You 0-2yr 10.00am - 11.30am</p> <p>*Parents to Be* 1.00pm - 3.00pm 11th and 18th May</p>	<p>Development Matters 2-4yr 10.00am - 11.30am</p> 			<p>Everything we do is FREE</p>

0-5 years old

Infant Massage	Suitable for babies from 6 weeks to crawling, these sessions support your baby's development and strengthen your attachment.
Baby and You	A fun and stimulating group that encourages positive play and interaction with your baby. Suitable for babies from birth to pre-walking stage.
Chat, Play and Read	A group for children under 5, which supports speech, language development, and listening skills in a fun and interactive way.
Development Matters	A wonderful session for children under 5 to learn, play, and make friends. It offers stimulating indoor and outdoor activities.
Mini Move and Groove	Develop social skills and make friends in this fun and upbeat group which encourages physical activity and a healthy lifestyle. For children under 5.
Transitions	Supporting children's development through learning, creative play and exploration as they prepare for early years provision or primary school.

5-11 years old

Inside Out	A group to build confidence, self-esteem, and friendships through creative and physical activities.
Move and Groove	Promotes physical play and a healthy lifestyle whilst building social skills and having fun.
Colourful Footsteps	A safe space for children with physical, learning, behavioural, or emotional difficulties to gain confidence, self-expression and make new friends.
Moving on	For children moving from primary to secondary school, this session uses interactive activities to help them prepare both practically and emotionally.

Parenting and Family Support – Parents and Carers

Bump, Birth and Beyond	A comprehensive course supporting expectant parents in preparing for their baby's arrival. Delivered in collaboration with Midwives and Health Visitors.
Nurture Programme	A 10-week course that helps parents and carers build positive relationships, encourage co-operative behaviour, and boost resilience.
Solihull	Helps parents understand their child's behaviour by focusing on emotional wellbeing, strong relationships, and how children's brains develop.
Triple P	Promotes positive parenting and supports managing challenges and improving communication (Group - 0-12, Teen - 12-16).
Riding the Rapids	For parents and carers of children with Autism, learning or neurodevelopmental disabilities, or complex physical needs. It supports understanding and managing challenging behaviour.
Positive Relationships, Stronger Families	This 4-week programme supports parents and carers facing ongoing conflict, helping them understand its impact on children and what healthy relationships look like.
Separated Parents	A 4-week course for separated parents, exploring the impact of separation on children, co-parenting positively and meeting children's needs while living apart.
DA Recovery	A supportive space for survivors to heal, rebuild confidence, and develop coping strategies after experiencing domestic abuse.

NHS **Lancashire County Council**

Lets get brushing

It's never too early to start brushing!

SCAN FOR MORE INFORMATION

NHS

Get your free Healthy Start vitamins here.

Use your NHS Healthy Start prepaid card to collect:

- Vitamins for women
- Vitamin drops for babies and young children

www.healthystart.nhs.uk

Ready to quit for good?

Call us today on **08081 962 638**

Smokefree Lancashire
Commit to Quit

talk zone

You can contact us from 2-10pm, 365 days a year.

Talk online lancashire.gov.uk/youthzone
Text 07786 51 11 11 Call 0800 51 11 11
Find us on Facebook @LancashireYZ
Find us on Twitter @LancashireYPS
Email talkzone@lancashire.gov.uk

lancashire.gov.uk

Lancashire County Council

NCT Lancashire Support Helpline
0208 752 9025 Monday – Friday, 9am – 5pm
Email: lancshiresupport@nct.org.uk

NCT Feeding Line
0300 330 0700

Free support is available every day from 8am to midnight, including bank holidays.

nct

Visit www.lancashire.gov.uk and search 'safer sleep for baby' for more information about the 'six steps' to safer sleep.



LANCASHIRE FAMILY HUBS NETWORK



SPOTLIGHT ON....

May half term activities..



Eid-ul-Adha
**MAY HALF TERM
FAMILY SESSION**
Eid fun & Friends
BRIERFIELD FAMILY HUB
TUESDAY 26TH MAY
1-2:30PM

There will be fun, physical and craft activities, games as well as messy fun all related to Eid

Children aged 0-11yrs, parents & carers

Lancashire
County Council

NO NEED TO BOOK

Lancashire
County Council

Lancashire
FAMILY HUBS
Made in Lancashire

The poster features a light blue background with a subtle mandala pattern. At the top, there are colorful paper lanterns and stars. The text is arranged in a clear, hierarchical manner, with the event title in large, bold letters. Three circular inset photos show children playing under a colorful umbrella, a family smiling together, and a child with colorful paint on their face. The Lancashire County Council logo is in the bottom right corner, and the 'Family Hubs' logo is in the bottom left corner.

ages 0-11yrs, parents and carers

May Half Term

FAMILY FUN

Barnoldswick family Centre

Tuesday 26th May
10-11:30am

There will be craft activities, games & messy play.

LANCASHIRE FAMILY HUBS NETWORK

No need to book

Lancashire County Council

ages 0-11YRS, PARENTS AND CARERS

May Half Term

FAMILY FUN

Colne Family Hub

Thursday 28th May
1pm-2:30pm

THERE WILL BE FUN, PHYSICAL AND CRAFT ACTIVITIES, GAMES AS WELL AS MESSY FUN FOR ALL THE FAMILY.

LANCASHIRE FAMILY HUBS NETWORK

No need to book

Lancashire County Council

COLOURFUL FOOTSTEPS MAY DISCOVERY

★ **FRIDAY
29TH MAY** ★ **1-3PM**

NELSON FAMILY HUB

★ There will be fun, sports and craft activities, games as well as messy fun for all the family

ages 0-11yrs, parent's and carers

Lancashire
County Council

**LANCASHIRE
FAMILY
HUBS
NETWORK**

NO BOOKING NEEDED

Warm & Welcome back for May Half Term

Drop into one of our Family Hubs for free toast, porridge, a cup a soup & a brew.

Tuesday 26th to Friday 29th May

Drop in between 9:15- 4:30pm

Nelson family Hub/The Zone
Leeds Road, Nelson, BB9 8EL

Colne Family Hub
Walton Street, BB8 0EL

Brierfield Family Hub
Iunstill Square BB9 5GZ

Free WIFI

**LANCASHIRE
FAMILY
HUBS
NETWORK**

New CFW programmes



Side by Side

For Dad's, male carers and children aged 0-11yrs
Second Saturday of the month, Starting 13th June 2026,
10:00 - 11:30 at Nelson Family Hub, Leeds Road Nelson

LANCASHIRE
**FAMILY
HUBS**
NETWORK
PENDLE

For more information please contact: 01282 470877





YOUTH WORK

STEP UP TRANSITIONS GROUP

PRIMARY SCHOOL
YEAR 5 & 6

THURSDAY'S
3:30PM TILL 5:30PM

- BUILD CONFIDENCE
- EXPLORE PRACTICAL SKILLS FOR A SMOOTH TRANSITION
- GET READY FOR THE CHALLENGES AND OPPORTUNITIES OF HIGH SCHOOL

Give your child the support they need to start their next chapter feeling prepared and positive



NELSON FAMILY HUB AND THE ZONE
LEEDS ROAD, NELSON BB9 8EL

✉ PENDLEFAMILYHUB@LANCASHIRE.GOV.UK
☎ 01282 470 877

lancashire.gov.uk



Lancashire
County
Council



Have your say!



LANCASHIRE FAMILY HUBS NETWORK

Lancashire SEND IAS
Information, advice and support for Special Educational Needs and Disability

Lancashire Parent Carer Forum

Are you a parent or carer of a child or young person with special educational needs or disabilities?
Join us at one of our

Pendle Family Hub Drop ins

Share your concerns & get answers from:
Lancashire County Council, NHS providers & others.
Also stay updated on what's happening with services

Don't miss out, come along to make your voice heard!

Friday 27th Feb 9:30-11:30	Friday 27th Mar 9:30-11:30	Friday 24th Apr 9:30-11:30	Friday 22nd May 9:30-11:30
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**@ Nelson Family Hub, Leeds Road,
Nelson, BB9 8EL**
For more information follow LPCF Facebook page



Supporting children, young people and families to succeed in Lancashire



Be a Parent Carer Champion!

Join our Parent Carer Champions Forum at Family Hubs - a friendly and supportive space where parents and carers can come together, share experiences, and help shape the support we offer locally.

Your voice is important in helping us improve services for children, young people, and families in our community.

Together, we can make Family Hubs work better for everyone!

Nelson Family Hub
The Zone, Leeds Road, BB9 8EL

Monday 18th May 2026
5:00pm - 6:30pm

To confirm your attendance, please call 01772 537014
or email PendleFamilyHub@lancashire.gov.uk



TARGETED YOUTH SUPPORT OFFER MAY TO JULY 2026

PENDLE

May to July 2026

Monday: Colourful Voices (SEND) 7:00-9:00pm
Tuesday: Empire Fighting Chance - Box Champions (Girls - Referral Only) 3:30-5:30pm
Wednesday: Boys Group 3:30-5:30pm
Wednesday: Youth Council 7:00-9:00pm
Thursday: Step Up to Youth Work (Yr 5&6) 3:30-5:30pm
Thursday: Prism (LGBTQ+) 7:00-9:00pm
Friday: Safe Space 7:00-9:00pm @ Nelson Zone and Barnoldswick

Detached Youth Work Session
Tuesday: Brierfield 7:00-9:00pm
Wednesday: Barnoldswick 7:00-9:00pm

FOR LOCAL EVENTS VISIT: LANCASHIRE.GOV.UK/EVENTS. SELECT DISTRICT **PENDLE**. CHOOSE **YOUTH WORK** UNDER CATEGORIES, AND CLICK SEARCH. FIND US ON FACEBOOK SEARCH [FACEBOOK.COM/PENDLEYOUTHZONE](https://www.facebook.com/PENDLEYOUTHZONE)

Lancashire.gov.uk/events >>>>

Lancashire
County Council

Children and Family
Wellbeing
Service



P FOR PROFESSIONALS

TARGETED YOUTH SUPPORT
WHAT IS YOUTH WORK?

lancashire.gov.uk



**TARGETED
YOUTH
SUPPORT**

**What is
youth
work?**



Youth work helps young people learn about themselves, others and society. It is a developmental process that starts when young people are ready to get involved, learn and make use of it. Youth work is based on the belief that young people should choose voluntarily to take part. It accepts how young people view the world and treats young people with respect. The relationship between a youth worker and young person is central to this process. The four cornerstones of youth work are Education, Empowerment, Equality and Participation.

Youth work offers young people safe spaces to:

- Explore their identity
- Experience decision-making
- Increase their confidence
- Develop inter-personal skills
- Think through the consequences of their actions leading to better informed choices and changes in attitude/behaviour.

TARGETED YOUTH SUPPORT
WHAT IS YOUTH WORK?

Targeted Youth Support - Groupwork

- Targeted 'evidence based' group work provides young people with an opportunity to come together as a group for a defined purpose over a period of time.

The purpose of the group will be for young people to participate in informal, educational activities and discussions which focus on particular curriculum themes. Therefore, addressing identified needs, developing new skills/strategies and preventing escalation.

Targeted group work programmes will be delivered in schools/colleges as part of the 'Team Around the School' offer where there are identified groups of young people who share some common experiences or support needs e.g. a group of young women at risk of exploitation and in Neighbourhood Spaces for young people not in education, employment or training.



In relation to the programme aims and objectives, this will primarily be young people whose support needs fall into one or more of the groups below:

- Young people experiencing low mood, anxiety and/or self-harm which is impacting on their daily life and relationships.
- Young people who are at risk of or are presenting with signs of potential exploitation.
- Young people in relationships which are unhealthy and potentially abusive.
- Young people missing from education, repeated fixed term or permanent exclusions.
- Young people engaging in anti-social behaviour/criminal activity within the community.
- Young people engaging in risk taking behaviour and there are significant concerns regarding the potential impact of this on the young person's safety.

TARGETED YOUTH SUPPORT WHAT IS YOUTH WORK?

1:1 Targeted Support

The purpose of 1:1 intervention is to:

- Build a relationship with the young person that enables them to engage with support
- Listen to, understand and assess a young person's support needs
- Provide information and advice
- Offer techniques and strategies, including safety planning to reduce risk
- Complete youth work activities on support needs to increase understanding
- Provide support to access services, signposting and specialist referrals

The support offered to young people is designed as a bespoke package for that individual and will last for as long as it is needed. If required young people will also be offered support through the wider Targeted Youth Support programmes.



Curriculum menu

A number of programmes have been developed which include:

- Impact - Exploring risk taking behaviour
- Escape the trap - Teenage abusive relationships
- Youth for health - 5 ways to wellbeing
- Fearless - Coping strategies around anxiety and worry
- Children and sexual exploitation
- Children and criminal exploitation
- Bullying
- Online safety
- NEET programmes
- Body image
- Drugs and alcohol

We can also design programmes on a range of other topics.

TARGETED YOUTH SUPPORT WHAT IS YOUTH WORK?

Each district across Lancashire will offer a service, evenings and late afternoons throughout the week for young people aged from 12-19 or up to 25 for people with special educational needs and disabilities (SEND).

This offer is currently being delivered online and face to face.

This will include: SEND Groups

We are providing a safe and welcoming environment for young people aged (12 – 25 years) with special educational needs and disabilities. The group aims to work on life skills, improving communication skills, self-confidence & self-esteem in a group work setting.



Neighbourhood based safe spaces

- Providing Friday Night safe spaces in local neighbourhoods, for local young people to meet and access services. By opening the doors of a suitable building in a local neighbourhood and welcoming in those local young people who are in need of support and want to access positive activities.

Detached work

- 'Detached work' is principally targeted at young people with identified vulnerabilities. It is a method of working with young people which operates without the use of a building and takes place where young people "are at" both geographically and developmentally e.g. out on the streets, in parks, shopping centres and other public places where young people naturally meet and gather.

Needs based groups

- We offer groups both for young people who are LGBTQ+ and SEND, these groups provide young people with a safe space to explore the common issues that they may be experience, develop their social communication skills and build on their confidence, self-esteem and resilience.

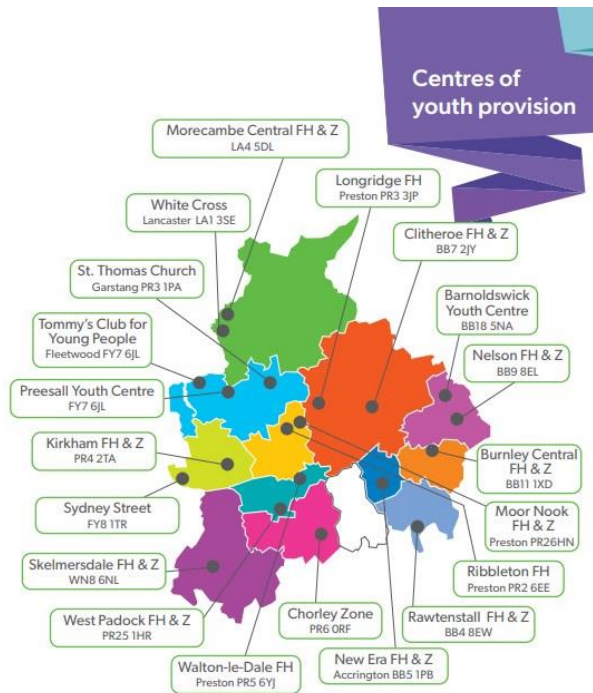
TARGETED YOUTH SUPPORT WHAT IS YOUTH WORK?

Participation Work

- Participation is a cornerstone of youth work, it is a way of working with young people that underpins the delivery model for Targeted Youth Support and our various approaches. Each groupwork programme we offer has elements of this built into the programme, as well as there being a Youth council group that runs in every district. Participation means working with young people to facilitate their own learning, feel confident in having a voice and influencing decisions that affect them and their peers.

The participation structures that the Children and Family Wellbeing Service will support and develop will include:

- Lancashire Youth Council, which is made up of representation from young people in the 12 District Youth Councils, Lancashire's Children In Care Council - LINX (Listen, Inform, Negotiate and Xpress), Lancashire's Special Educational Needs and Disability Forum for children and young people - POWAR (Participate, Opportunity, Win, Achieve, Respect).
- Young Advisors Programme.



For local events visit: lancashire.gov.uk/events, select your district (e.g. Preston), choose 'Youth Work' under categories, and click search. Find us on Facebook search your district 'Youth Zone' (e.g. [facebook.com/burnleyyouthzone](https://www.facebook.com/burnleyyouthzone)). Email us on: lancashirecftwys.enquiries@lancashire.gov.uk.

TYS Leadership Team

Lisa Harvey-Nebil
Senior Manager Targeted Youth Support
Tel: 07745 750 000
Email: Lisa.Harvey-Nebil@lancashire.gov.uk

Lancaster, Fylde & Wyre - Brian Wood
Tel: 07795 222 745
Email: Brian.Wood@lancashire.gov.uk

Burnley, Pendle & Talkzone - Carl Coughlan
Tel: 07795 497 315
Email: Carl.Coughlan@lancashire.gov.uk

Chorley & West Lancs - Debs Cardwell
Tel: 07919 227 476
Email: Deb.Cardwell@lancashire.gov.uk

Preston & South Ribble - Rowena Hayhurst
Tel: 07841 449 540
Email: Rowena.Hayhurst@lancashire.gov.uk

Hyndburn, Ribble Valley & Rossendale - Danny Coyle
Tel: 07977 056 101
Email: Daniel.Coyle@lancashire.gov.uk



Scan the QR code to get advice and support

www.lancashire.gov.uk/youthzone/get-in-touch/

TARGETED YOUTH SUPPORT
WHAT IS YOUTH WORK?

talk zone

Talkzone has been providing confidential advice and support to children and young people in Lancashire for 30 years.

We are just a text, web chat or phone call away for anyone aged 0-19 or up to 25 if you have a learning difficulty or disability.

- Someone to talk to
- What age can I?
- Problems at home or school
- Mental health
- Jobs and training
- Self harm
- Apprenticeships
- Bullying
- Staying safe online
- Drugs and alcohol
- Sex and health
- Things to do
- Relationships
- Housing, rights and money

Talk online lancashire.gov.uk/youthzone
Text 07786 51 11 11
Call 0800 51 11 11
Find us on Facebook @LancashireYZ
Find us on Twitter @LancashireYPS

You can contact us from 2-10pm, 365 days a year.

lancashire.gov.uk

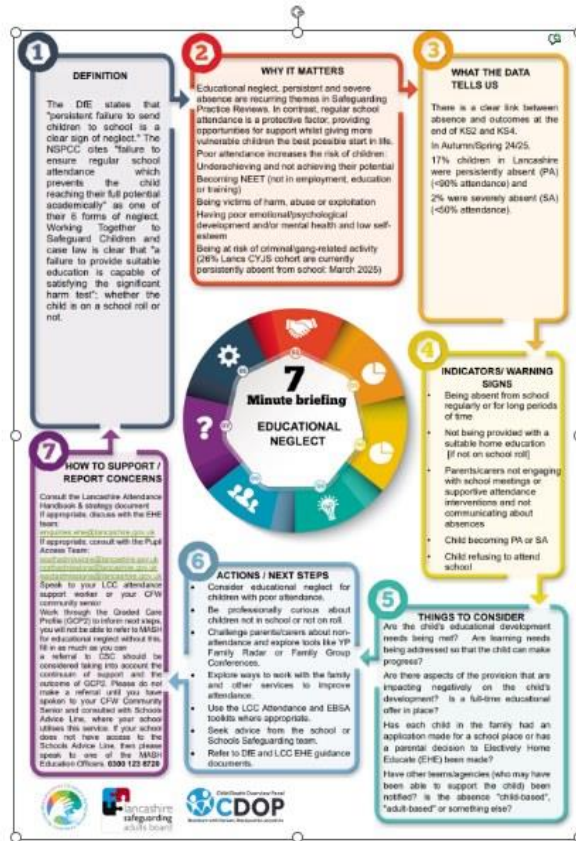


P FOR PROFESSIONALS

TARGETED YOUTH SUPPORT
WHAT IS YOUTH WORK?



7 MINUTE BRIEFING - EDUCATIONAL NEGLECT




HEALTH

water safety presentation for schools will be sent via email




Quiet Swim - sensory friendly!



Quiet Family Swim

Sensory friendly toys
Limited floats
No Music

A new 'more peaceful' session at Pendle Leisure Centre
Saturdays: 1pm - 3pm



Pendle Leisure Centre | Crown Way
Colne | BB8 9NP | 01282 661166

pendleisureplus.co.uk

Pendle School Holiday Food Support




Funded by
UK Government

Lancashire
County Council 

 Pendle
Borough Council

Emergency Food Support

West Craven Food Bank

Food parcels available for delivery on request - serving those who live in Barnoldswick, Earby, Salterforth and Kelbrook. Telephone: **07415 186651**. Line open on Wednesdays **1pm - 5pm and Thursday 8am - 5pm**.

Website: wcravenfoodbank.org Email: wcravenfood@gmail.com

Food parcel deliveries take place on Thursday morning.

St John with St Phillips Church, Leeds Road, Nelson, BB9 9XB

Tuesday **11am-1pm**. Church foodbank is open from 10am for soup and a hot drink - everyone is welcome.

Monday evenings - Lighthouse café - 2 course meal for those in need of support living in Nelson, Bradley and Barrowford.

Salvation Army Church, Stanley Street, Nelson, BB9 7EL

Salvation Army operate a basic emergency food bank on Tuesdays and Friday from **2pm - 3pm**. Luncheon club every Thursday from **12.30pm - 1.30pm**

Christ Church, Carr Road, Nelson, BB9 7EN

Christ Church offers a community food pantry from 1pm until 3pm on Wednesdays. Come along for access to a warm and welcome space, have a brew and meet your household needs for £4 per shop.

www.burnleyandpendlemethodistcircuit.com/christ-church

Email: aandjparker@gmail.com

Brierfield Methodist Church, Colne Road, Brierfield, BB9 5NS

Food bank is open from **10.30am-11.45am** every Thursday.

Food bank is sustained by food donations and monetary donations through the Church.

Warm and welcome space and extended family support

Pendle Family Hubs

Warm and welcome spaces continue to be open across all of our centres. You can help yourself to a drink, toast, soup and/or porridge.

See www.lancashire.gov.uk/children-education-families/family-hubs

or email pendlefamilyhub@lancashire.gov.uk for more information

For information about support available visit www.pendle.gov.uk/communitysupporthub

We understand that school holidays can put extra pressure on family budgets, especially when food costs increase and children are at home more often.



Many families in receipt of free school meals have previously accessed school holiday food vouchers to help them through the holidays. From April 2026, national changes mean that school holiday food vouchers can no longer be provided in this way.

This change affects councils across England, including Pendle. We know this may be worrying, and we want families to know that we recognise the impact this may have on households.

Pendle Borough Council has produced this booklet to help families access practical food support during school holidays. You will find a directory of local options including community cafés, food pantries, local supermarkets, low-cost food providers and digital apps such as *Too Good To Go*.

These are local services that families can use to help reduce food costs or access free or affordable meals for children.

We also want to reassure parents and carers that support is still available for families in crisis. If you are unable to feed your family or are facing immediate hardship, you may be able to apply for a Crisis Payment delivered locally through Citizens Advice East Lancashire. Support is also available through several community organisations throughout Pendle.

Pendle Borough Council is committed to supporting families through the cost of living pressures. Please reach out early if you are struggling.

Help is available, and this guide is here to support you.

Mobile App

Too good to go app

Mobile app to connect anyone to supermarkets and restaurants that have unsold or surplus food. Customers can purchase a 'goody bag' for a set price and are allocated a time to collect. You are unable to choose what is in the bag, however, our food vendor will usually state, breakfast items, or baked goods etc.

Users must register to use the service. A mobile phone with an Internet connection running Android or iOS is needed. www.toogoodtogo.com/en-gb

Supermarket Café

ASDA Colne Café

Children eat for £1 - no need for an adult to buy a meal. Available to all - see instore for opening times.

Morrisons Café, Nelson

Children under 16 eat for free when adults purchase a meal for over £5. Available to all - see in-store for opening times.

Community Café Emergency Food Support

Open Door Centre, 1 Great George Street, Colne, BB8 0SY

Children eat for free all year round. Adults who are struggling can also eat for free. Centre also provides emergency food support such as food parcels tailored to your needs, and can provide toiletries and other household essentials. Attend the centre, call **01282 860342** or www.opendoorcentre.org.uk

Curry on the Street, 58 Railway Street, Nelson, BB9 9EH

Children eat for free all year round. Adults who are struggling can also eat for free. Centre also provides emergency food support such as food parcels tailored to your needs, and can provide toiletries and other household essentials. Attend the centre or visit www.curryonthestreet.co.uk

Loaves and Fishes Café, 11 Church Street, Barnoldswick, BB18 5UR

Low cost hot food and emergency food parcels. Attend the café during opening hours **Monday – Friday 9.30am – 4.30pm** or visit www.cots-ministries.co.uk/whats-on/#barnoldswick

Community Grocery

Pendle Food For All- The Zone, Nelson, BB9 8EL

For £6 you can shop from the pantry for all of your household essentials.

Drop-in on Thursday morning from **10.30am – 12.30pm & 1pm – 2pm** (doors open from 9am for free warm drinks).

Pendle Family Hub (The Zone), Leeds Road, Nelson, BB9 8EL.

St Bartholmews Community Grocery, Church Street, Colne, BB8 0LQ

For £5 you can shop from the pantry for all of your household essentials.

Open every Friday from **9.30am – 11.30am.**

Call: **07526 297991** or visit www.achurchnearyou.com

Letter To Partners - Capacity Update



Our Ref: LCC EHWB Commission
Date: 12/05/2026

Dear Colleagues,

We are writing to provide an important update regarding Lancashire's Emotional Health and Wellbeing (EHWB) Commission.

Due to very high demand, we have now reached full capacity across the service. As a result, we are no longer able to accept new referrals for immediate allocation. Any referral received will be placed on a wait list from this point forward.

Please note the following:

- The current estimated waiting time for support is a **minimum of 12 weeks**.
- This may increase further depending on demand and capacity.
- It is essential that **all other available support options are fully explored** prior to submitting a referral.
- **Parents/carers must be made aware of the expected waiting times** at the point of referral.

We recognise the impact this may have and appreciate your continued support in ensuring referrals are appropriate and that alternative support is considered where possible.

We will continue to monitor the situation and will provide further updates as capacity changes.

If you require any further support, please contact your local Family Hub and ask to speak to a Community Senior Family Support Worker.
<https://www.lancashire.gov.uk/children-education-families/family-hubs/>

Yours sincerely

LCC, Children and Family wellbeing Service.

Lancashire County Council
PO Box 100, County Hall, Preston, PR1 0LD

New Cygnet Programme

Cygnet Autism Training Course

Our free Cygnet Autism training programme has been developed by Barnardo's in collaboration with carers. The course is designed to create a supportive environment for carers, and a chance to meet other carers who may be experiencing similar challenges and to provide information that can help you to consider, adapt, and reinforce the way you support your child. If you book onto one of our training sessions we ask that you attend all sessions, and are open to participating in the course activities and remember to keep confidential the information shared by other attendees.

Burnley (April - May 2026)
Wednesdays 12:30pm - 3:30pm
Down Town,
Charter walk Shopping Centre,
Burnley, BB11 1PY

- 15th April 2026
- 22nd April 2026
- 29th April 2026
- 6th May 2026
- 13th May 2026
- 20th May 2026
- 27th May 2026

Colne (June - July 2026)
Wednesdays 10am - 1pm
Colne Library,
Market Street,
Colne, BB8 0AP

- 10th June 2026
- 17th June 2026
- 24th June 2026
- 1st July 2026
- 8th July 2026
- 15th July 2026
- 22nd July 2026

Ciltheroe (September - October 2026)
Ciltheroe Family Hub,
Wesleyan Row, Parson Lane,
Ciltheroe, BB7 2JY

- 16th September 2026
- 23rd September 2026
- 30th September 2026
- 7th October 2026
- 14th October 2026
- 21st October 2026
- 28th October 2026

Evening Course: Oswaldtwistle,
July - August 2026

Book a Place:

We now offer online booking forms for our courses, click on the link below and complete our online form, choosing which course you'd like to attend. You will receive an email to confirm your booking.

[Book Your Place](#)



"Very beneficial, helped to know I'm not alone with this journey".



Autism Support

Taking care of a person with autism can be emotionally and physically demanding. This is why self-care is also essential.

We can help you access information, advice and support including:

- Free Autism Training for carers
- Activities and workshops
- Information and guidance to help you in your caring role.



ASD Carers Meetups

You are welcome to join us once a month for a chat over a nice hot drink. Our staff are on hand to offer support, advice and answer any questions. It is also an opportunity to share experiences with other carers for someone with ASD and support one another.

Ribble Valley

3rd Friday of every month, 10am - 12pm
Colbourne House Cafe, 15 Wellgate, Clitheroe, BB7 2DP

Hyndburn

1st Thursday of every month, 10am - 12pm
Carers Link Lancashire Community Facility, Blackburn Road, Accrington, BB5 1LE

Burnley

1st Friday of every month, 10am - 12pm
Down Town, Charter Walk Shopping Centre, Burnley, BB11 1PY

Rossendale

2nd Thursday of every month, 10am - 12pm
The Maden Centre, Rochdale Road, Bacup, OL13 9NZ

Pendle

2nd Friday of every month, 1pm - 14:30pm
Colne Charity Shop, 59 Market Street, Colne, BB8 0LL

TRAINING AND RESOURCES



1 - Training and Resources

‘Strong multi-agency and multi-disciplinary working is vital to identifying and responding to the needs of children and families’

(Working Together to Safeguard Children. 2023: 16)

This multi-agency early help training programme offers a variety of training opportunities that enables partners to train and learn together.

Multi-agency Early Help Training Needs Survey...

We are committed to supporting our multi-agency partners with high quality learning opportunities that strengthen early help practice and improve outcomes for children, young people and families. Your feedback will help us understand what training, resources and development opportunities would be most valuable to you and your organisation. The information you provide will shape our future training offer ensuring it is relevant, accessible, and responsive to the needs of the workforce.

The deadline for returns is 5th June 2026

Thank you for your contribution and ongoing partnership.



[Free online training](#)

[Book Tickets for Strengthening Cybersecurity in Schools Webinar](#)

[New Resource: Understanding and Challenging Behaviours Associated with the Manosphere](#)

[What is Doomscrolling? – A Guide for Professionals, Parents and Carers](#)

[Roblox Releases Updated Parental Controls and Age-Appropriate Experiences](#)

[How Online Harm Impacts Women and Girls: Thoughts From Our Team](#)

PARTNERS NEWS.....

Arts for Theatre - Journey through the 12 Steps

ARTS Well-being PENDLE THE MUNI THEATRE ELSHA HOUSE RECOVERY

THEATRE OF HOPE JOURNEY THROUGH THE 12 STEPS

STORYTELLING | MOVEMENT
SONGS | FORUM THEATRE | LIVED EXPERIENCES

Wednesday 01 July 2026
Starts: 7pm Tickets: £10

Box Office: 01282 661234
www.themuni.co.uk

18+ YEARS

The Muni Theatre | Albert Rd | Colne | BB8 0AE | Box Office Opening: Tue - Fri, 10am - 2pm

pendle leisure trust Committed to your health & wellbeing Pendle Borough Council

Pendleside Hospice

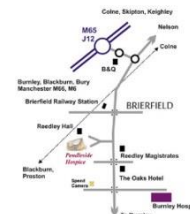
Pendleside Hospice exists to promote and enhance quality of life for people with life-limiting illnesses, their families, and carers; by delivering specialist and holistic palliative care, which addresses their individually assessed physical, psychological, social, and spiritual needs.

Our multi-disciplinary approach facilitates integrated support in our inpatient, day service and outpatients and community services; in collaboration with other local care providers.

Our care is free of charge to those we serve.



Pendleside Hospice
Colne Road
Reedley
Burnley
BB10 2LW



<p>INPATIENT UNIT Accepting referrals for patients from Burnley, Pendle & Rossendale with a life limiting illness (cancer & non-cancer)</p>	<p>SYMPTOM CONTROL END OF LIFE CARE REHABILITATION</p>
<p>EMOTIONAL SUPPORT SYMPTOM MANAGEMENT ADMISSION AVOIDANCE CRISIS SUPPORT RESPIRE VISITS NIGHT SITS ADVANCE CARE PLANNING EXTENDED SERVICE 24HR CARE IN LAST DAYS OF LIFE</p>	<p>HOSPICE AT HOME Many people, when faced with a life limiting illness (cancer & non-cancer), wish to be cared for in their own home. Our hospice at home team work in the Burnley and Pendle communities, providing care and support to people aged 17 years and over according to their individual needs and family circumstances.</p>
<p>SINGLE POINT OF ACCESS Processing and allocation of all community fast track applications</p>	<p>FAST TRACK APPLICATIONS NIGHT SIT ALLOCATION</p>
<p>CREATIVE & WELLBEING GROUPS FOR PATIENTS, CARERS BEREAVED COMPLEMENTARY THERAPY REHABILITATION PRE & POST BEREAVEMENT COUNSELLING ADULTS & CHILDREN PSYCHOTHERAPY PATIENTS ONLY</p>	<p>HEALTH, WELLBEING & REHABILITATION Providing a range of services to patients, carers and bereaved people who live in Burnley & Pendle. Patient services available to those with a life limiting condition e.g Cancer, Non-Cancer including Dementia, Neurological, Respiratory & Frailty</p>

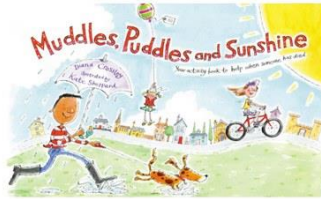


- **Family Support**
- **Pre + Post Bereavement Counselling:**
- **Psychoeducation.** Working with parents of Primary School children to support children in distress.
- **Grief Pebble**
- **Therapeutic Play.** Feeling normal/feel safe.
- **Worry Monsters.** Scale worries
- **Sand Play:** Psychodynamics of loss



Resources

Diana Crossley



Doris Stickney



When Someone Very Special Dies – Marge Heegard

Winstons Wish – Charity supporting Children through Grief – Website/Resources

Memories on the Lake 2026

16th May 2026



Entertainment and Refreshments are available in Thompson Park from 6.30pm
Funfair will be on in the park running all day until 6pm.
Thompson Park Railway will be running until 3.50pm and then will run again from 6pm - 8pm, the railway will be donating all proceeds to the Hospice.
The Memorial Service will take place from 8.20pm

Referrals will be accepted from any patient, relative, carer or health care professional and can only be made with your consent. You can speak to your nurse, social worker or GP who can call us or complete a referral form for you.

Alternatively, if you want to speak to a member of the Hospice clinical team, you can telephone:

- [Inpatient Unit](#) 01282 440101 (24 hours)
- [Hospice at Home](#) 01282 440106 (7.30am - 10pm daily)
- [Health, Wellbeing & Rehabilitation](#) 01282 440110 (9am - 5pm Monday to Friday)
- [Family Support & Bereavement](#) 01282 440102 (confidential voicemail available)
- Main reception 01282 440100 (diverts to Inpatient Unit when reception closed)

[Welcome to Pendleside Hospice](#)

- Jennifer.sagar@pendleside.org.uk
- pendlesidehosp.referrals@nhs.net
- [Pendleside Hospice Referral Form](#)



Multi-agency Safeguarding Practice Week



Walking To School Challenge

Walking To School Challenge

Previous uptake of the free WOW! places has been strongest in the Preston and Burnley areas. Because of this, I wanted to open up conversations with schools across East Lancashire first, before news of the new free places becomes more widely known, as places have to be allocated on a strict first come, first served basis.

Please find below two links along with my direct contact details. I'd really appreciate it if you could share them with as many primary schools across East Lancashire as possible.

[digital QR code](#)

[Join WOW](#)

Thanks again,

Simon

Simon Harrison

School Coordinator - Lancashire

simon.harrison@livingstreets.org.uk | 07921 383782