

Remember  
in Year 2  
we learned:

The basic  
needs of  
animals  
including  
humans

Year 3

**Animals  
including  
humans**

Later, in  
Year 4, you  
will learn:

The basic  
function of  
the  
digestive  
system

### Knowledge

By the end of this unit of study, pupils will be able to:

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| One | Identify that animals, including humans, need the right types and amount of nutrition, and that they cannot make their own food – they get nutrition from what they eat. |  |
| Two | Identify that humans and some other animals have skeletons and muscles for support, protection and movement.   |  |



### Key Learning

Animals, unlike plants which can make their own food, need to eat in order to get the nutrients they need. Food contains a range of different nutrients – carbohydrates (including sugars), protein, vitamins, minerals, fats, sugars, water – and fibre that are needed by the body to stay healthy. A piece of food will often provide a range of nutrients.

Humans, and some other animals, have skeletons and muscles which help them move and provide protection and support.

### Key Vocabulary

Nutrition, nutrients, carbohydrates, sugars, protein, vitamins, minerals, fibre, fat, water, skeleton, bones, muscles, joints, support, protect, move, skull, ribs, spine