



Relationships Education Curriculum Overview

Ten : Ten – Life to the Full

Through the study of Relationships Education, St. Mary's children will develop a knowledge and understanding of respect for themselves and others, learning about healthy and safe relationships within the special context of the identity of our school.

	Autumn	Spring	Summer
	<p>Created and Loved by God</p> <p>Created and Loved by God explores the individual. Rooted in the teaching that we are created by God out of love and for love, it helps children to develop an understanding of the importance of valuing themselves as the basis for personal relationships.</p>	<p>Created to Love Others</p> <p>Created to Love Others explores the individual's relationship with others. Building on the understanding that we have been created out of love and for love, this Module explores how we take this calling into our family, friendships and relationships, and teaches strategies for developing healthy relationships and keeping safe.</p>	<p>Created to Live in Community</p> <p>Created to Live in Community explores the individual's relationship with the wider world. Here we explore how human beings are relational by nature and are called to love others in the wider community through service, through dialogue and through working for the Common Good.</p>
	<p>Life to the Full is a fully resourced Scheme of Work in Relationships and Health Education (RHE) for Catholic primary schools which embraces and fulfils the statutory curriculum. Taught with a spiral approach to learning, in which pupils will revisit the same topics at an age-appropriate stage through their school life, the programme includes teaching about personal health, physical and emotional wellbeing, strong emotions, private parts of the body, personal relationships, family structures, trusted adults, growing bodies, puberty, periods, life cycles, the dangers of social media, where babies come from, an understanding of the Common Good and living in the wider world. The entire teaching is underpinned with a religious understanding that our deepest identity is as a child of God – created chosen and loved by God. The programme is fully inclusive of all pupils and their families. (Taken from the Ten:Ten website)</p>		
Reception	EYFS Module 1	EYFS Module 2	EYFS Module 3
Year 1 & 2	KS1 Module 1	KS1 Module 2	KS1 Module 3
Year 3 & 4	LKS2 Module 1	LKS2 Module 2	LKS2 Module 3
Year 5 & 6	UKS2 Module 1	UKS2 Module 2	UKS2 Module 3

The Life to the Full programme is a cyclical one and full details of the module content are available through the school and on the parent page of the Ten:Ten website.