

LOOK OUT FOR
OUR THEMED DAYS!

WEEK ONE

- 4TH NOVEMBER
- 2ND DECEMBER
- 6TH JANUARY
- 3RD FEBRUARY
- 10TH MARCH

WEEK TWO

- 11TH NOVEMBER
- 9TH DECEMBER
- 13TH JANUARY
- 10TH FEBRUARY
- 17TH MARCH

WEEK THREE

- 18TH NOVEMBER
- 16TH DECEMBER
- 20TH JANUARY
- 24TH FEBRUARY
- 24TH MARCH

WEEK FOUR

- 25TH NOVEMBER
- 30TH DECEMBER
- 27TH JANUARY
- 3RD MARCH
- 31ST MARCH

WEEKLY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Cheese & Bean Lasagne 1,3,4,7,9 V</p> <p>Sweet Potato & Chick Pea Curry VG</p> <p>Jackets with a Choice of Toppings 7,8,9</p> <p>Rice, Sweetcorn, Peppers</p> <p>Rice Pudding & Syrup 7</p> <p>Mr Nourish Biscuit 1VG</p> <p>Fruit Pots VG</p>	<p>Beef Stew & Dumpling 1</p> <p>Pesto Pasta Bake 1,7V</p> <p>Jackets with a Choice of Toppings 7,8,9</p> <p>Herby Bread 1,3,7,9, Green Beans, Carrots</p> <p>Apple Crumble 1VG & Custard 7</p> <p>Mr Nourish Biscuit 1VG</p> <p>Fruit Pots VG</p>	<p>Roast Gammon & Gravy</p> <p>Falafel Burger 1,5 VG</p> <p>Jackets with a Choice of Toppings 7,8,9</p> <p>Rustic Roast Potatoes</p> <p>Cauliflower, Broccoli</p> <p>Fruit Jelly VG</p> <p>Mr Nourish Biscuit 1VG</p> <p>Yoghurt 3,7, Fruit Pots VG</p>	<p>Chicken Arrabiatta Pasta 1</p> <p>Biryani Balls in a Curry Sauce 1,5 VG</p> <p>Jackets with a Choice of Toppings 7,8,9</p> <p>Seasonal Vegetables</p> <p>Chocolate & Vanilla Cake 1,7</p> <p>Mr Nourish Biscuit 1VG</p> <p>Yoghurt 3,7, Fruit Pots VG</p>	<p>Fish Fingers 1,8</p> <p>Cheese & Tomato Puff 1,7V</p> <p>Jackets with a Choice of Toppings 7,8,9</p> <p>Chips, Peas, Baked Beans, Coleslaw 9</p> <p>Ginger Biscuit 1,15 VG</p> <p>Yoghurt 3,7</p> <p>Fruit Pots VG</p>
<p>Chicken & Sweetcorn Pie 1</p> <p>Herby Tomato Pasta Twists 1VG</p> <p>Jackets with a Choice of Toppings 7,8,9</p> <p>New Potatoes, Carrots, Peas</p> <p>Ice Cream 7</p> <p>Mr Nourish Biscuit 1VG</p> <p>Fruit Pots VG</p>	<p>Mild Chilli Beef 4</p> <p>Pesto & Pea Penne 1,7V</p> <p>Jackets with a Choice of Toppings 7,8,9</p> <p>Rice, Seasonal Vegetables</p> <p>Toffee Apple Pudding 1VG & Custard 7</p> <p>Mr Nourish Biscuit 1VG</p> <p>Fruit Pots VG</p>	<p>Roast Chicken & Gravy</p> <p>Vegan Sausage Roll 1VG</p> <p>Jackets with a Choice of Toppings 7,8,9</p> <p>Rustic Roast Potatoes</p> <p>Cabbage, Sweetcorn</p> <p>Chocolate Crispy Cake 1,3,7,16</p> <p>Mr Nourish Biscuit 1VG</p> <p>Yoghurt 3,7, Fruit Pots VG</p>	<p>Macaroni Cheese 1,7V</p> <p>Rice & Bean Burrito 1VG</p> <p>Jackets with a Choice of Toppings 7,8,9</p> <p>Baked Wedges</p> <p>Green Beans, Cauliflower</p> <p>Fruit Loaf 1,3,7,9</p> <p>Mr Nourish Biscuit 1VG</p> <p>Yoghurt 3,7, Fruit Pots VG</p>	<p>Salmon Fish Cake 1,7,8</p> <p>Margherita Pizza 1,3,7,9 V</p> <p>Jackets with a Choice of Toppings 7,8,9</p> <p>Chips, Peas, Baked Beans, Carrot Sticks</p> <p>Jaffa Biscuit 1VG</p> <p>Yoghurt 3,7</p> <p>Fruit Pots VG</p>
<p>Katsu Chicken Nugget 1</p> <p>Cheesy Pasta Bake 1,7V</p> <p>Jackets with a Choice of Toppings 7,8,9</p> <p>Rice, Sweetcorn, Peppers</p> <p>Chocolate Whip 7</p> <p>Mr Nourish Biscuit 1VG</p> <p>Fruit Pots VG</p>	<p>Cheese & Onion Pinwheel 1,7V</p> <p>Spaghetti Vegetable Bolognaise 1VG</p> <p>Jackets with a Choice of Toppings 7,8,9</p> <p>New Potatoes, Green Beans, Carrots</p> <p>Syrup Sponge 1VG & Custard 7</p> <p>Mr Nourish Biscuit 1VG</p> <p>Fruit Pots VG</p>	<p>Roast Pork & Gravy</p> <p>Samosa Puff 1VG</p> <p>Jackets with a Choice of Toppings 7,8,9</p> <p>Rustic Roast Potatoes, Cabbage, Peas</p> <p>Fruit Jelly VG</p> <p>Mr Nourish Biscuit 1VG</p> <p>Yoghurt 3,7, Fruit Pots VG</p>	<p>Sweet Chilli Chicken Noodles 1,3,16</p> <p>Potato & Vegetable Cake with Tomato Sauce VG</p> <p>Jackets with a Choice of Toppings 7,8,9</p> <p>Garlic Bread 1,3,7,9, Seasonal Vegetables</p> <p>Cinnamon Roll 1,3,7,9</p> <p>Mr Nourish Biscuit 1VG</p> <p>Yoghurt 3,7, Fruit Pots VG</p>	<p>Fish Fingers 1,8</p> <p>Quorn Sausage 1VG</p> <p>Jackets with a Choice of Toppings 7,8,9</p> <p>Chips, Peas</p> <p>Baked Beans, Roasted Onions</p> <p>Apple Flapjack 1,15 VG</p> <p>Yoghurt 3,7, Fruit Pots VG</p>
<p>Margherita Pizza 1,3,7,9 V</p> <p>Meatfree Meatballs in Tomato Sauce VG</p> <p>Jackets with a Choice of Toppings 7,8,9</p> <p>Rainbow Pasta 1VG, Sweetcorn, Peppers</p> <p>Strawberry Mousse 7</p> <p>Mr Nourish Biscuit 1VG</p> <p>Fruit Pots VG</p>	<p>Chicken Curry</p> <p>Tomato Spaghetti 1VG</p> <p>Jackets with a Choice of Toppings 7,8,9</p> <p>Rice, Seasonal Vegetables</p> <p>Banana Loaf 1VG & Chocolate Custard 7</p> <p>Mr Nourish Biscuit 1VG</p> <p>Fruit Pots VG</p>	<p>Roast Chicken & Gravy</p> <p>Chinese Tofu Wrap 1,3,16 VG</p> <p>Jackets with a Choice of Toppings 7,8,9</p> <p>Rustic Roast Potatoes</p> <p>Green Beans, Carrots</p> <p>Ice Cream 7</p> <p>Mr Nourish Biscuit 1VG</p> <p>Yoghurt 3,7, Fruit Pots VG</p>	<p>Beef Bolognaise Penne Pasta 1</p> <p>Cheesy Cajun Wedges 4,7V</p> <p>Jackets with a Choice of Toppings 7,8,9</p> <p>Cauliflower, Broccoli</p> <p>Jam & Vanilla Cake 1VG</p> <p>Mr Nourish Biscuit 1VG</p> <p>Yoghurt 3,7, Fruit Pots VG</p>	<p>Fish Fingers 1,8</p> <p>Bruschetta 1,7V</p> <p>Jackets with a Choice of Toppings 7,8,9</p> <p>Chips, Peas</p> <p>Baked Beans, Coleslaw 9</p> <p>Coconut Cookie 1,7</p> <p>Yoghurt 3,7, Fruit Pots VG</p>

AVAILABLE DAILY: Selection of Salads 9, Homemade Bread 1,3,7,9. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

VG Vegan V Vegetarian
1Wheat Gluten 2Crustaceans 3Soybean 4Mustard 5Sesame 6Sulphites/Sulphur Dioxide 7Milk
8Fish 9Egg 10Peanuts 11Molluscs 12Celeriac/Celery 13Nuts 14Lupins 15Oat Gluten 16Barley Gluten



EAT YOUR VEGGIES! Come, Lord Jesus, be our guest. May this food by you be blessed. Amen