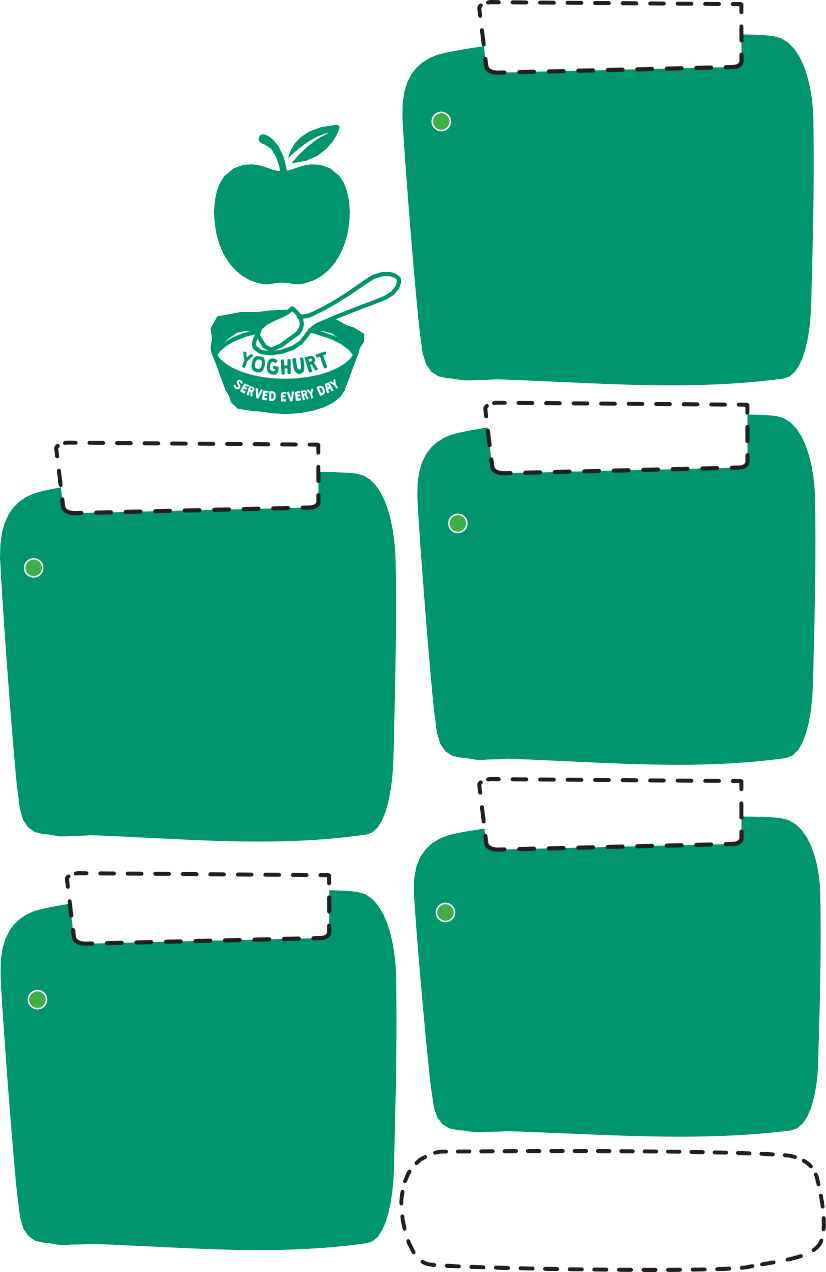
­ST. MARY’S SCHOOL MENU Option A – vegetarian/vegan Option B – non-vegetarian/vegan

All menu items are subject to change, based upon availability and in the event of unforeseen circumstances.



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WEEK 3

w/c:

04/03/24

08/04/24

29/04/24

03/06/24

24/06/24

15/07/24

WEEK 2

w/c:

26/02/24

18/03/24

22/04/24

13/05/24

17/06/24

08/07/24

**Our primary**

WEEK 1

w/c:

19/02/24

11/03/24

15/04/24

06/05/24

10/06/24

01/07/24

22/07/24

MONDAY

**CHOOSE FROM**

Vg **Plant-based burger in a bap with diced potatoes**

**Spaghetti bolognaise**

**ON THE SIDE**

**Vegetables of the day**

**TO FINISH**

**Yoghurt, fruit and freshly baked mini shortbread biscuit**

MONDAY

**CHOOSE FROM**

Vg **Meat-free hotdog with diced potatoes**

**Cottage pie**

**ON THE SIDE**

**Vegetables of the day**

**TO FINISH**

**Yoghurt, fruit and freshly baked mini shortbread biscuit**

MONDAY

**CHOOSE FROM**

V **Somerset cheddar cheese and tomato quesadilla with diced potatoes**

**Pork sausage roll with diced potatoes**

**ON THE SIDE**

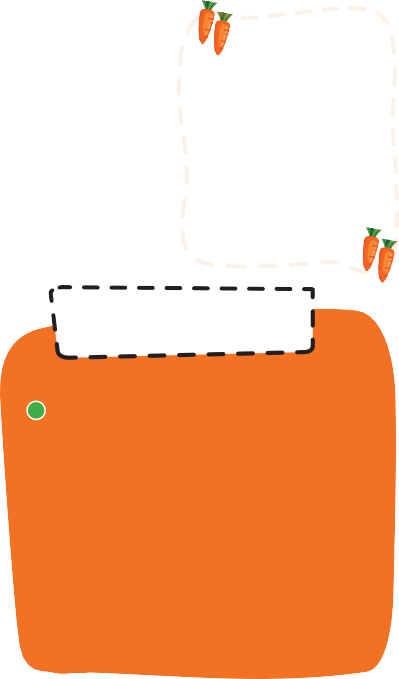
**Vegetables of the day**

**TO FINISH**

**Yoghurt, fruit and freshly baked mini shortbread biscuit**







**school menus comply with the Government’s food and nutritional standards, meeting an average of**

530 calories

**for each meal**

FRESH

FRUIT SALAD SERVED EVERY DAY

MADE

DAILY





WEDNESDAY

**CHOOSE FROM**

V **Handmade margherita pizza Bubble salmon**

**ON THE SIDE**

**Vegetables of the day and crinkle cut wedges**

**TO FINISH**

**Fruit and jelly**



TUESDAY

**CHOOSE FROM**

V **Macaroni cheese with Somerset cheddar**

**Chicken curry with a blend of brown and white rice**

**ON THE SIDE**

**Vegetables of the day**

**TO FINISH**

**Jam sponge**

TUESDAY

**CHOOSE FROM**

V **Tomato pasta**

**Italian style chicken goujons with diced potatoes**

**ON THE SIDE**

**Vegetables of the day**

**TO FINISH**

**Chocolate brownie**

WEDNESDAY

**CHOOSE FROM**

V **Handmade margherita pizza with crinkle cut wedges**

**Chicken and oriental style vegetable rice**

**ON THE SIDE**

**Vegetables of the day**

**TO FINISH**

**Fruit and jelly**

TUESDAY

**CHOOSE FROM**

V **Roasted vegetable lasagne**

**Chicken nuggets with diced potatoes**

**ON THE SIDE**

**Vegetables of the day**

**TO FINISH**

**Apple flapjack**

WEDNESDAY

**CHOOSE FROM**

V **Handmade margherita pizza with crinkle cut wedges**

**Ham carbonara with penne pasta**

**ON THE SIDE**

**Vegetables of the day**

**TO FINISH**

**Fruit and jelly**





FRIDAY

**CHOOSE FROM**

Vg **Vegetable and bean burrito Baked fish fingers and chips**

**ON THE SIDE**

**Vegetables of the day**

**TO FINISH**

**Freshly baked marble shortbread biscuit**





THURSDAY

**CHOOSE FROM**

V **Quorn chicken pieces in a Yorkshire pudding**

**Sliced beef and Yorkshire pudding**

**ON THE SIDE**

**Vegetables of the day, roast potatoes and gravy**

**TO FINISH**

**Lemon drizzle sponge**

FRIDAY

**CHOOSE FROM**

**Sweet potato and lentil curry with a blend of brown and white rice**

**Baked fish fingers and chips**

**ON THE SIDE**

**Vegetables of the day**

**TO FINISH**

**Ice cream topped with cream**

FRIDAY

**CHOOSE FROM**

V **Somerset cheddar cheese and potato frittata**

**Baked battered fish and chips**

**ON THE SIDE**

**Vegetables of the day**

**TO FINISH**

**Homemade cookies**



THURSDAY

**CHOOSE FROM**

Vg **Vegetable pastry crown**

**Roast chicken and Yorkshire pudding**

**ON THE SIDE**

**Vegetables of the day, roast potatoes and gravy**

**TO FINISH**

**Victoria sponge**

THURSDAY

**CHOOSE FROM**

V **Somerset cheddar cheese and tomato puff**

**Roast chicken and Yorkshire pudding**

**ON THE SIDE**

**Vegetables of the day, roast potatoes and gravy**

**TO FINISH**

**Chocolate orange sponge**





Vg

Light bite options available. Daily sandwiches, jacket potatoes with fresh daily fillings

v – vegetarian vg – vegan

School dinners are charged at £2.80 per day for children in Nursery and Years 3-6.

All children in Reception, Year 1 and Year 2 are entitled to Universal Infant Free School Meals. Your child may also be entitled to free school meals if you meet certain economic criteria: <https://www.staffordshire.gov.uk/Education/Educational-awards-benefits/FreeSchoolMeals/Apply-online.aspx>

If children are going on a school trip you may book them a school packed lunch, which will be charged at the usual price of £2.80 for Nursery and Years 3-6:

ham or cheese sandwich

homemade cake

plain crisps

carrot or cucumber sticks

fruit shoot drink

sausage roll

**Trip packed lunches must be ordered, by email or telephone, by 10am on the school day before the trip, (10am on Friday, if the trip is on Monday; last day of half-term if the trip is on the first day of half-term). No orders will be accepted after this time.**