



Monday



Pepperoni and Tomato Pasta Bake



Tomato Pasta Bake
Both made using whole wheat pasta, served with carrot



Sandwich Option
Hara or Cheese



Dessert
Homemade Fruit Salad - unsweetened cream optional



Tuesday



Sweet and Sour Chicken



Cheesy Bean Burrito
Both served with brown rice



Sandwich Option
Ham or Cheese



Dessert
Sugar Free Jelly



Wednesday

V VE GF DF

Pepperoni topped Cheese and Tomato Pizza Sub



Margherita Pizza Sub (V VE),
both options served with herby diced potatoes and sweetcorn



Sandwich Option
Tum or Cheese



Dessert
Chocolate sponge cake



Thursday



Roast Chicken, served with roast potatoes, yorkshire pudding, broccol and gravy



Vegetarian Sausage Roast Dinner



Sandwich Option
Ham or Cheese



Dessert
Fruit Crumble



Friday



Cod Bites (Breaded cod served with french fries and peas)



Tomato Pasta Bake (V VE DF)



Sandwich Option
Ham or Cheese



Dessert
Frozen yoghurt pot (Toffee or Strawberry flavour)

Daily Options



Jacket potatoes
Freshly baked with a choice of cheese or beans (V, VE, GF)



Fresh fruit and salad bar available daily.



SALAD AVAILABLE DAILY

Key to nutritional codes:



All of our food is made on site using the freshest ingredients and complies with all Government legislation for nutritional value for schools.